

CITY VIEW MENU

CITYVIEW PREPARES OUR MENU WITH NO ADDED SALTS OR SUGARS.

June 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div>MENU ALTERNATIVES</div> <div>Hamburger</div> <div>Chicken Salad</div> <div>Plain Omelet</div> <div>Fruit &amp; Cottage Cheese Platter</div> <div>Assorted Sandwiches including</div> <div>Tuna Salad, Turkey, Ham,</div> <div>Peanut Butter &amp; Jelly</div> <div>Grilled Chicken Breast</div>	<div>BEVERAGES</div> <div>Breakfast</div> <div>Cranberry, Apple,</div> <div>Orange Juices</div> <div>Coffee - Hot Tea</div> <div>Hot Chocolate</div> <div>Milk - Water</div> <div>Lunch &amp; Dinner</div> <div>Coffee - Hot Tea</div> <div>Water - Ice Tea</div> <div>Lemonade</div>	<div>Happy Fathers Day</div>	<div>THE MONTH OF JUNE IS...</div> <div>African-American Music</div> <div>Appreciation Month</div> <div>Aquarium Month</div> <div>Candy Month</div> <div>Dairy Month</div> <div>Fight the Filthy Fly Month</div> <div>Gay Pride Month</div> <div>Men's Health Month</div> <div>National Accordion Awareness Month</div> <div>National Adopt a Cat Month</div> <div>National Candy Month</div> <div>National Camping Month</div> <div>National Country Cooking Month</div> <div>National Dairy Month</div> <div>National Great Outdoors Month</div> <div>National Iced Tea Month</div> <div>National Papaya Month</div> <div>Rose Month</div> <div>National Safety Month</div> <div>Turkey Lovers Month</div>	<div>1</div> <div>BREAKFAST</div> <div>Oatmeal, Sausage and Cheese Omelet</div> <div>Hash Browns, Meat and Fruit</div> <div>LUNCH</div> <div>Matzo Ball Soup</div> <div>Turkey Burger w/Mushroom &amp; Onions</div> <div>Grilled Vegetable Salad, Fresh Fruit</div> <div>Spumoni Ice Cream</div> <div>DINNER</div> <div>Chicken Cordon Bleu</div> <div>Baked Sweet Yam</div> <div>Sautéed Spinach and Tomatoes</div> <div>Carrot Cake</div>	<div>2</div> <div>BREAKFAST</div> <div>Oatmeal, Coffee Cake, Choice of Eggs</div> <div>Meat and Fruit</div> <div>LUNCH</div> <div>Clam Chowder Soup</div> <div>Fish and Chips or Crispy Chicken Tenders</div> <div>Side of Watermelon</div> <div>Chocolate Eclairs</div> <div>DINNER</div> <div>Rib Steak, Au Gratin Potatoes</div> <div>California Blend Vegetables</div> <div>Banana Cake</div>	
<div>3</div> <div>BREAKFAST</div> <div>Oatmeal, Bagel Blast, Lettuce, Tomato</div> <div>Cucumber, Capers</div> <div>LUNCH</div> <div>Turkey Rice Soup, Club Sandwich</div> <div>Potato Salad, Side of Watermelon</div> <div>Sunday Sundae</div> <div>DINNER</div> <div>Veal Parmigiana, Garden Wild Rice</div> <div>Steamed Mixed Vegetables</div> <div>Yellow Cake w/Chocolate Frosting</div>	<div>4</div> <div>BREAKFAST</div> <div>Oatmeal, Fresh Pancakes</div> <div>Choice of Eggs, Meat, and Fruit</div> <div>LUNCH</div> <div>Potato Leek Soup</div> <div>Italian Chop Salad</div> <div>Pesto Pita Bread, Tiramisu</div> <div>DINNER</div> <div>Spaghetti Bolognese</div> <div>Garlic Bread, Steamed Broccoli</div> <div>Apple Pie</div>	<div>5</div> <div>BREAKFAST</div> <div>Oatmeal, Fresh Baked Muffin,</div> <div>Choice of Eggs, Meat, and Fruit</div> <div>LUNCH</div> <div>Lentil Soup, Pesto Chicken Flatbread</div> <div>Side of Mixed Green Salad</div> <div>Cake of the Day</div> <div>DINNER</div> <div>Cranberry Pork, Baked Potato</div> <div>Mixed Blend Vegetable</div> <div>Fruit Cobbler</div>	<div>6</div> <div>BREAKFAST</div> <div>Oatmeal, Fresh Waffles</div> <div>Choice of Eggs, Meat and Fruit</div> <div>LUNCH</div> <div>Chicken Noodle Soup</div> <div>Fish and Chips</div> <div>Side of French Fries</div> <div>Sponge Cake</div> <div>DINNER</div> <div>London Broil, Corn on the Cob</div> <div>Sautéed Spinach</div> <div>Strawberry Short Cake</div>	<div>7</div> <div>BREAKFAST</div> <div>Oatmeal, French Toast</div> <div>Choice of Eggs, Meat and Fruit</div> <div>LUNCH</div> <div>Italian Wedding Soup</div> <div>Turkey Pasta Salad, Fruit Jell-O</div> <div>DINNER</div> <div>Veal Scaloppini Marsala</div> <div>Garden Wild Rice</div> <div>Grilled Zucchini &amp; Yellow Squash</div> <div>Peach Pie</div>	<div>8</div> <div>BREAKFAST</div> <div>Oatmeal, Denver Omelet</div> <div>Choice of Meat and Fruit</div> <div>LUNCH</div> <div>New England Clam Chowder</div> <div>Philly Cheese Steak Sandwich</div> <div>Crispy Onion Rings, Fresh Fruit</div> <div>Orange Cake</div> <div>DINNER</div> <div>Mustard Chicken, Baked Sweet Yam</div> <div>Steamed Vegetable Capri</div> <div>German Chocolate Cake</div>	<div>9</div> <div>BREAKFAST</div> <div>Oatmeal, Cinnamon Rolls</div> <div>Choice of Eggs Meat and Fruit</div> <div>LUNCH</div> <div>Garbanzo Bean Soup</div> <div>Macaroni and Cheese with Shrimp</div> <div>Steamed Broccoli, Banana Cream Cake</div> <div>DINNER</div> <div>Pot Steak, Mashed Potatoes</div> <div>Steamed Green Beans</div> <div>Carrot Cake</div>
<div>10</div> <div>BREAKFAST</div> <div>Oatmeal, Bagel Blast</div> <div>Lettuce, Tomato, Cucumber, Capers</div> <div>LUNCH</div> <div>Cream of Butternut Soup</div> <div>Chicken Enchiladas, Refried Beans, Fresh</div> <div>Guacamole, Pico de Gallo, Sour Cream</div> <div>Chocolate Cake</div> <div>DINNER</div> <div>Poached White Fish, Garden Wild Rice</div> <div>Sautéed Spinach, Fruit Cobbler</div>	<div>11</div> <div>BREAKFAST</div> <div>Oatmeal, Buttermilk Pancake</div> <div>Choice of Eggs, Meat and Fruit</div> <div>LUNCH</div> <div>Split Peas Soup, Club Sandwich</div> <div>Carrot Slaw Salad, Fruit, Egg Custard</div> <div>DINNER</div> <div>Rib Eye Steak Au Jus</div> <div>Baked Sweet Yam</div> <div>California Blend Vegetable</div> <div>Pie of the Day</div>	<div>12</div> <div>BREAKFAST</div> <div>Oatmeal, Banana Muffin</div> <div>Choice of Eggs, Meat and Fruit</div> <div>LUNCH</div> <div>Vegetable Noodles Soup</div> <div>Shrimp Stir-Fried Vegetables</div> <div>Steamed Rice, Banana Cake</div> <div>DINNER</div> <div>BBQ Pork Ribs, Garden Brown Rice</div> <div>Sautéed Swiss Chard and Tomatoes</div> <div>Pie of the Day</div>	<div>13</div> <div>BREAKFAST</div> <div>Oatmeal, Buttermilk Waffles</div> <div>Choice of Eggs, Meat and Fruit</div> <div>LUNCH</div> <div>Cream of Spinach Soup, Chef's Salad</div> <div>Dinner Roll, Pistachio Ice Cream</div> <div>DINNER</div> <div>Roasted Turkey, Bread Stuffing</div> <div>Sautéed Green Beans Almondine</div> <div>Tapioca Pudding</div>	<div>14</div> <div>Flag Day</div> <div>BREAKFAST</div> <div>Oatmeal, French Toast</div> <div>Choice of Eggs, Meat and Fruit</div> <div>LUNCH</div> <div>Matzo Ball Soup, Pepperoni or Cheese</div> <div>Pizza, Side of Mixed Green Salad</div> <div>Ice Cream Sandwich</div> <div>DINNER</div> <div>London Broil, Paprika Potatoes</div> <div>Steamed Broccoli, Red Velvet</div>	<div>15</div> <div>BREAKFAST</div> <div>Oatmeal, Poached Eggs</div> <div>Choice of Meat and Fruit</div> <div>LUNCH</div> <div>Mushroom and Barley Soup</div> <div>Portobello Mushroom Ravioli &amp; Grilled</div> <div>Chicken, Mixed Vegetable Succotash</div> <div>Banana Split</div> <div>DINNER</div> <div>Lamb Vegetable Stew, Rice Pilaf</div> <div>Mixed Blend Vegetables, Fruit Cobbler</div>	<div>16</div> <div>BREAKFAST</div> <div>Oatmeal, Cinnamon Roll</div> <div>Choice of Eggs, Meat and Fruit</div> <div>LUNCH</div> <div>Cream of Potato Chowder</div> <div>Vegetable Quiche, Mixed Green Salad</div> <div>Angel Food Cake</div> <div>DINNER</div> <div>Artichoke Chicken, Corn on the Cob,</div> <div>Steamed Carrots and Cauliflower</div> <div>Orange Cake</div>
<div>17</div> <div>Father's Day</div> <div>BREAKFAST</div> <div>Oatmeal, Bagel Blast, Lettuce, Tomato</div> <div>Cucumber, Capers</div> <div>FATHER'S DAY CELEBRATION</div> <div>Rib Eye Steak w/Brandy Mushroom Sauce</div> <div>Au Gratin Potatoes, Sautéed Green Beans</div> <div>Apple Upside Down Cake</div> <div>DINNER</div> <div>Turkey Salad Croissant Sandwich, Tomato</div> <div>Cucumber Salad, Side of Watermelon</div> <div>Assorted Cake of the Day</div>	<div>18</div> <div>BREAKFAST</div> <div>Oatmeal, Fresh Pancakes</div> <div>Choice of Eggs, Meat and Fruit</div> <div>LUNCH</div> <div>Corn Chowder Soup</div> <div>Stuffed Avocado Choice: Tuna or Egg</div> <div>Salad, Dinner Roll, Pie of the Day</div> <div>DINNER</div> <div>Spaghetti and Meatballs</div> <div>Garlic Bread, Steamed Broccoli</div> <div>Blueberry Cobbler</div>	<div>19</div> <div>BREAKFAST</div> <div>Oatmeal, Fresh Baked Muffin</div> <div>Choice of Eggs, Meat and Fruit</div> <div>LUNCH</div> <div>Lentil Soup, Crispy Chicken Tenderloin</div> <div>Potato Salad, Fruit, Banana Split</div> <div>DINNER</div> <div>Wrap Baked Saloman</div> <div>Steamed Wild Rice</div> <div>Sautéed Asparagus</div> <div>Bread Pudding</div>	<div>20</div> <div>BREAKFAST</div> <div>Oatmeal, Fresh Waffles</div> <div>Choice of Eggs, Meat and Fruit</div> <div>LUNCH</div> <div>Mushroom and Barley Soup</div> <div>Grilled Vegetable and Steak Salad</div> <div>Fruit Jell-O</div> <div>DINNER</div> <div>Roasted Leg of Lamb</div> <div>O'Brien Potatoes, Sauteed Green Beans</div> <div>Pineapple Cake</div>	<div>21</div> <div>BREAKFAST</div> <div>Oatmeal, French Toast</div> <div>Choice of Eggs, Meat and Fresh Fruit</div> <div>LUNCH</div> <div>Zucchini Cilantro Soup</div> <div>Shrimp Pad Thai</div> <div>Ice Cream Sandwich</div> <div>DINNER</div> <div>Pork Rib Eye Steak</div> <div>Corn on the Cob, Baked Beans</div> <div>Pumpkin Pie</div>	<div>22</div> <div>BREAKFAST</div> <div>Oatmeal, Turkey and Cheese Omelet</div> <div>Choice of Meat and Fruit</div> <div>LUNCH</div> <div>Matzo Ball Soup</div> <div>Southwest Chicken Salad</div> <div>Crispy Tortilla Chips</div> <div>Strawberry Cake</div> <div>DINNER</div> <div>Pot Roast, Mashed Potatoes</div> <div>Sautéed Brussel Sprouts, Banana Cake</div>	<div>23</div> <div>BREAKFAST</div> <div>Oatmeal, Assorted Danish</div> <div>Choice of Eggs, Meat and Fruit</div> <div>LUNCH</div> <div>Cream of Tomato Soup</div> <div>Grilled Cheese, Turkey and Grilled</div> <div>Tomatoes, Broccoli Cole Slaw Salad</div> <div>Fresh Fruit</div> <div>DINNER</div> <div>Veal Parmigiana, Rice Pilaf</div> <div>Sautéed Lima Beans</div> <div>Cookies ala Mode</div>
<div>24</div> <div>BREAKFAST</div> <div>Oatmeal, Bagel Blast</div> <div>Lettuce, Tomato, Cucumber, Capers</div> <div>LUNCH</div> <div>Tortilla Soup, Taco Salad, Spanish Rice</div> <div>Refried Beans, Guacamole, Pico de Gallo,</div> <div>Sour Cream, Sunday Sundae</div> <div>DINNER</div> <div>Chicken Pot Pie</div> <div>Side of Bulgur Wheat Salad</div> <div>Sliced Orange, Boston Cream Pie</div>	<div>25</div> <div>BREAKFAST</div> <div>Oatmeal, Waffles, Link Sausage</div> <div>One Egg Over Easy</div> <div>LUNCH</div> <div>Split Peas, Memorial Day Buffet Style</div> <div>BBQ Pork Baby Back Ribs</div> <div>Corn on the Cob, Baked Beans</div> <div>Pineapple Upside Down Cake</div> <div>DINNER</div> <div>Egg or Chicken Salad Croissant Sandwich</div> <div>Cole Slaw Salad, Side of Watermelon</div> <div>Assorted Cake</div>	<div>26</div> <div>BREAKFAST</div> <div>Oatmeal, Fresh Baked Muffin</div> <div>Choice of Eggs, Meat and Fruit</div> <div>LUNCH</div> <div>Italian Wedding Soup, Chef's Salad</div> <div>Pesto Flatbread, Lemon Cake</div> <div>DINNER</div> <div>Cranberry Pork Steak, Baked Potato</div> <div>Sautéed Blend Vegetable Succotash</div> <div>Strawberry Cake</div>	<div>27</div> <div>BREAKFAST</div> <div>Oatmeal, Fresh Pancakes</div> <div>Choice of Eggs, Meat and Fruit</div> <div>LUNCH</div> <div>Cream of Broccoli Soup, Pepperoni or</div> <div>Cheese Pizza, Side of Mixed Green</div> <div>Salad, Spumoni Ice Cream and Cookies</div> <div>DINNER</div> <div>Rib Eye Steak, Baked Squash</div> <div>Sautéed Spinach, Tomato and Onions</div> <div>Lemon Meringue Pie</div>	<div>28</div> <div>BREAKFAST</div> <div>Oatmeal, French Toast</div> <div>Choice of Eggs, Meat and Fresh Fruit</div> <div>LUNCH</div> <div>Lentils Soup, Shrimp Lo Mein</div> <div>Wild Rice Pilaf and Mixed Vegetables</div> <div>Fruit Jell-O</div> <div>DINNER</div> <div>Veal Tenderloin Steak, Side of Wheat</div> <div>Bulgur, Grilled Asparagus</div> <div>Red Velvet Cake</div>	<div>29</div> <div>BREAKFAST</div> <div>Oatmeal, Sausage and Cheese Omelet</div> <div>Hash Browns, Meat and Fruit</div> <div>LUNCH</div> <div>Matzo Ball Soup</div> <div>Turkey Burger w/Mushroom &amp; Onions</div> <div>Grilled Vegetable Salad, Fresh Fruit</div> <div>Fruit Parfait</div> <div>DINNER</div> <div>Chicken Cordon Bleu, Baked Sweet Yam</div> <div>Sautéed Snow Peas, Bread Pudding</div>	<div>30</div> <div>BREAKFAST</div> <div>Oatmeal, Coffee Cake</div> <div>Choice of Eggs, Meat and Fruit</div> <div>LUNCH</div> <div>Chicken Noodle Soup, Teriyaki Salmon</div> <div>Crispy French Fries, Steamed Broccoli</div> <div>Chocolate Eclairs</div> <div>DINNER</div> <div>Beef Brisket, Braised Cabbage</div> <div>Steamed Red Potatoes</div> <div>Banana Cake</div>