

February 2018

The Court Activities Calendar

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Month of February

Birthstone: Amethyst
(Sincerity)
Flowers: Violet
(Alt. Primrose)
Colors:
Light Blue and Yellow



<p>9:00 Freshen Up 9:30 Morning Stretch 10:30 Snack 10:30 Bowling 11:30 Lunch 1:30 Happy Feet Walking Club 1:30 Snack 2:30 Chair Yoga 3:30 Bingo 4:30 Dinner 5:30 Documentary 6:30 One on One</p> <p>4</p>	<p>9:00 Freshen Up 9:30 Muscle Fitness 10:30 Snack 10:30 Volleyball 11:30 Lunch 1:30 Happy Feet Walking Club 2:30 Snack 2:30 Trivia Time 3:30 Afternoon Stretch 4:30 Dinner 5:30 Comedy Movie 6:30 One on One</p> <p>5</p>	<p>9:00 Freshen Up 9:30 Rooftop Walk 10:30 Snack 10:30 Memory Scent 11:30 Lunch 1:30 Happy Feet Walking Club 2:30 Snack 2:30 Tea Party 3:30 Cranium Crunches 4:30 Dinner 5:30 Romance Movie 6:30 One on One</p> <p>6</p>	<p>9:00 Freshen Up 9:30 Sit & Be Fit 10:30 Snack 10:30 Watercolors 11:30 Lunch 1:30 Happy Feet Walking Club 2:30 Culinary Creations w/Chef Apple Strudel 3:30 Aromatherapy 4:30 Dinner 5:30 Musical Movie 6:30 One on One</p> <p>7</p>	<p>9:00 Freshen Up 9:30 Rooftop Walk 10:30 Snack 10:30 Outing: Hello Hollywood Scenic Drive 11:30 Lunch 1:30 Happy Feet Walking Club 2:30 Snack 2:30 Sing Along 3:30 Hangman 4:30 Dinner 5:30 Classic Movie 6:30 One on One</p> <p>8</p>	<p>9:00 Freshen Up 9:30 Musical Workout 10:30 Snack 10:30 Name That Tune 11:30 Lunch 1:30 Happy Feet Walking Club 2:30 Snack 3:30 Puzzle Mania 4:30 Dinner 5:30 Travel Movie 6:30 Shabbat Service</p> <p>9</p>	<p>9:00 Freshen Up 9:30 Walking Club 10:30 Snack 10:30 Parachute 11:30 Lunch 1:30 Happy Feet Walking Club 1:30 Prayer Group 2:30 Snack 2:30 Afternoon Stretch 4:30 Dinner 5:30 Golden Oldies 6:30 One on One</p> <p>10</p>
<p>9:00 Freshen Up 9:30 Morning Stretch 10:30 Snack 10:30 Bowling 11:30 Lunch 1:30 Happy Feet Walking Club 1:30 Snack 3:30 Bingo 4:30 Dinner 5:30 Documentary 6:30 One on One</p> <p>11</p>	<p>9:00 Freshen Up 9:30 Muscle Fitness 10:30 Snack 10:30 Volleyball 11:30 Lunch 1:30 Happy Feet Walking Club 2:30 Snack 2:30 Trivia Time 3:30 Afternoon Stretch 4:30 Dinner 5:30 Comedy Movie 6:30 One on One</p> <p>12</p>	<p>9:00 Freshen Up 9:30 Rooftop Walk 10:30 Snack 10:30 Memory Scent 11:30 Lunch 1:30 Happy Feet Walking Club 2:30 Snack 2:30 Tea Party 3:30 Cranium Crunches 4:30 Dinner 5:30 Romance Movie 6:30 One on One</p> <p>13</p>	<p><i>Valentine's Day</i></p> <p>9:00 Freshen Up 9:30 Sit & Be Fit 10:30 Snack 10:30 Watercolors 11:30 Lunch 1:30 Happy Feet Walking Club 2:30 Culinary Creations w/Chef Vanilla Fruit Pie 2:30 Bingo 4:30 Dinner 5:30 Musical Movie 6:30 One on One</p> <p>14</p>	<p>9:00 Freshen Up 9:30 Rooftop Walk 10:30 Snack 10:30 Outing: Pet Park 11:30 Lunch 1:30 Happy Feet Walking Club 2:30 Snack 2:30 Sing Along 3:30 Hangman 4:30 Dinner 5:30 Classic Movie 6:30 One on One</p> <p>15</p>	<p>9:00 Freshen Up 9:30 Musical Workout 10:30 Snack 10:30 Name That Tune 11:30 Lunch 1:30 Happy Feet Walking Club 2:30 Snack 3:30 Puzzle Mania 4:30 Dinner 5:30 Travel Movie 6:30 Shabbat Service</p> <p>16</p>	<p>9:00 Freshen Up 9:30 Walking Club 10:30 Snack 10:30 Parachute 11:30 Lunch 1:30 Happy Feet Walking Club 1:30 Prayer Group 2:30 Afternoon Stretch 4:30 Dinner 5:30 Golden Oldies 6:30 One on One</p> <p>17</p>
<p>9:00 Freshen Up 9:30 Morning Stretch 10:30 Snack 10:30 Bowling 11:30 Lunch 1:30 Happy Feet Walking Club 1:30 Snack 3:30 Bingo 4:30 Dinner 5:30 Documentary 6:30 One on One</p> <p>18</p>	<p><i>President's Day</i></p> <p>9:00 Freshen Up 9:30 Muscle Fitness 10:30 Snack 10:30 Volleyball 11:30 Lunch 1:30 Happy Feet Walking Club 2:30 Snack 2:30 Trivia Time 3:30 Afternoon Stretch 4:30 Dinner 5:30 Comedy Movie 6:30 One on One</p> <p>19</p>	<p>9:00 Freshen Up 9:30 Rooftop Walk 10:30 Snack 10:30 Memory Scent 11:30 Lunch 1:30 Happy Feet Walking Club 2:30 Snack 2:30 Tea Party 3:30 Cranium Crunches 4:30 Dinner 5:30 Romance Movie 6:30 One on One</p> <p>20</p>	<p>9:00 Freshen Up 9:30 Sit & Be Fit 10:30 Snack 10:30 Watercolors 11:30 Lunch 1:30 Happy Feet Walking Club 2:30 Culinary Creationsw/Chef Apple Pie & Apple Crumble 3:30 Aromatherapy 4:30 Dinner 5:30 Musical Movie 6:30 One on One</p> <p>21</p>	<p>9:00 Freshen Up 9:30 Rooftop Walk 10:30 Snack 10:30 Outing: Picnic in the Park 11:30 Lunch 1:30 Happy Feet Walking Club 2:30 Snack 2:30 Sing Along 3:30 Hangman 4:30 Dinner 5:30 Classic Movie 6:30 One on One</p> <p>22</p>	<p>9:00 Freshen Up 9:30 Musical Workout 10:30 Snack 10:30 Name That Tune 11:30 Lunch 1:30 Happy Feet Walking Club 2:30 Snack 3:30 Puzzle Mania 4:30 Dinner 5:30 Travel Movie 6:30 Shabbat Service</p> <p>23</p>	<p>9:00 Freshen Up 9:30 Walking Club 10:30 Snack 10:30 Parachute 11:30 Lunch 1:30 Happy Feet Walking Club 1:30 Prayer Group 2:30 Afternoon Stretch 4:30 Dinner 5:30 Golden Oldies 6:30 One on One</p> <p>24</p>
<p>9:00 Freshen Up 9:30 Morning Stretch 10:30 Snack 10:30 Memory Lane 11:30 Lunch 1:30 Happy Feet Walking Club 1:30 Snack 2:30 Chair Yoga 3:30 Bingo 4:30 Dinner 5:30 Documentary 6:30 One on One</p> <p>25</p>	<p>9:00 Freshen Up 9:30 Muscle Fitness 10:30 Snack 10:30 Volleyball 11:30 Lunch 1:30 Happy Feet Walking Club 2:30 Snack 2:30 Trivia Time 3:30 Afternoon Stretch 4:30 Dinner 5:30 Comedy Movie 6:30 One on One</p> <p>26</p>	<p>9:00 Freshen Up 9:30 Rooftop Walk 10:30 Snack 10:30 Memory Scent 11:30 Lunch 1:30 Happy Feet Walking Club 2:30 Snack 2:30 Tea Party 3:30 Cranium Crunches 4:30 Dinner 5:30 Romance Movie 6:30 One on One</p> <p>27</p>	<p>9:00 Freshen Up 9:30 Sit & Be Fit 10:30 Snack 10:30 Watercolors 11:30 Lunch 1:30 Happy Feet Walking Club 2:30 Culinary Creationsw/Chef Blueberry Crumble 2:30 Bingo 3:30 Aromatherapy 4:30 Dinner 5:30 Musical Movie 6:30 One on One</p> <p>28</p>	<p>The month of February is...</p> <p>Alzheimer's Awareness Month Book Blitz Month Celebration of Life Month Financial Wellness Month International Change Your Stars Month International Creativity Month International Quality of Life Month National Be On-Purpose Month National Book Month National Get Organized Month</p> <p>National Glaucoma Awareness Month National Hot Tea Month National Mentoring Month National Skating Month National Soup Month Oatmeal Month Rising Star Month Shape Up US Month Thyroid Awareness Month</p>		<p>SNACKS</p> <p>After every scheduled activity and at 8:00 p.m. for those who wish it</p> <p>This calendar is subject to change.</p> <p>lic: 19708030</p>