



## A Message from Murielle, *Executive Director*



Have you heard of speed dating? It's a matchmaking process that enables people to meet lots of potential partners in a short period of time. In our CityView version of speed dating — a pop-up of our popular Sages & Seekers program — we pair residents with a series of bright and engaging high school students, then use exercises and prompts to stimulate interesting conversations and lively new connections. It's tons of fun but lasts only a few hours on August 3, so put it on your calendar right now so you don't miss it!

Want to make sure you'll have the energy to go the distance?

Book a time slot in our beautiful new gym. Seriously, it's gorgeous and no matter what level of skill or experience you start with, we can help you get stronger and more flexible. Our very own Barry Malin is here to assist you, and Cesar, our professional personal trainer, also leads a 10:30am class designed to prevent or cope with arthritis. (See calendar for dates.)

Maybe you'd like to balance all that activity with some exercises for the imagination. This month Sharon brings us the art of Van Gogh. (Who could forget his famous painting [Starry Night](#), or his midnight blue [Irises](#)?) Sharon is also taking us to Japan this month... in our armchairs of course. August in Japan includes five large [summer festivals](#), all featuring singing, dancing and colorful costumes.

You can write about it all in Jasmyne's Creative Writing Group (see article). The weather forecast is balmy 70s and 80s all month, so take a laptop or pen and paper and head for the roof!

Whatever you do, enjoy the sweet days of summer.

Murielle Chocron

## Featured this month...

### New Gym



### Art with Sharon



### Urban Adventures



### Creative Writing





## Introducing Elvira Chavez

In our great city of transplants, Elvira Chavez is one of that rare breed: a Los Angeles native. Born in West L.A., she's always loved our

majestic mountains curving along the beautiful Pacific Ocean coast. One of nine children herself, Elvira adopted her niece when the little girl was eight years old. In her early adult life in the 1940s, Elvira worked in fields. Later she was employed for nearly 40 years at City Bank in New York, doing research and testing with ATM machines. Elvira must be a lively mom cause she loves to dance, read, and go to movies, museums (the Getty is a favorite) and libraries. She also enjoys yoga and many kinds of exercise, and has fun with jewelry-making and other crafts. Her advice to her daughter was undoubtedly the same as her advice to us: "If you have a dream, don't give up. Don't ever lose faith."



Please be sure  
to attend our  
Special Music  
Concerts and other  
Live Performances  
in August.

8/02	Rooftop Concert	
	Entertainment by Jack Bastian	7:00 p.m.
8/04	Jukebox Hootenanny	3:00 p.m.
8/05	Rex Perry Sings Jazz	3:00 p.m.
8/09	Happy Hour w/Entertainment	7:00 p.m.
8/11	Concert w/Freddy	3:00 p.m.
8/12	Landan Sings Jazz	3:00 p.m.
8/16	Rooftop Happy Hour	7:00 p.m.
8/19	Jimmy the Las Vegas Singer	3:00 p.m.
8/23	Rooftop Happy Hour w/Entertainment	7:00 p.m.
8/26	Rooftop Entertainment -Yasha Plays Violin	3:00 p.m.



## CityView University

CityView offers many interesting and varied educational experiences for those interested in

brushing up or learning new things. Want to learn Spanish? Explore contemporary poetry? Find out more about former presidents? These and other classes are offered every month right here at CityView.

### Adventures with Stephanie

Creative Zone	8/03	3:00 p.m.
Decorating Summer Hats		
Book Club - <i>Our Souls at Night</i> by Kent Haruf	8/25	3:00 p.m.

### Around the World Japan

8/20 3:30 p.m.

### Classes w/Karen

Crafts	8/01, 08, 15, 22	11:00 a.m.
Dance	8/17	3:00 p.m.

### Creative Writing Class

8/08 3:00 p.m.

### French w/Yohan

8/06 3:00 p.m.  
8/23 3:30 p.m.

### Poetry Corner w/Lorna W.H. Auden

8/18 3:00 p.m.

### TED Talks

<i>Does Language Shape the Way We Think?</i>	8/10	3:00 p.m.
<i>Want to change the world?</i>	8/12	11:00 a.m.

### Religious Services and Study

Shabbat Services - Friday at 6:30 p.m.

Bible Study - Saturdays at 1:30 p.m.





Tuesday, August 7

### Time for bargain hunting

You'll find all your favorite brands from the big store chains, but at prices anyone can afford. Initially founded to liquidate slow-selling wine from the owner's liquor stores, the stores eventually grew into the bargain outlets they are today.

Tuesday, August 14

### See it on the Big Screen

*Mamma Mia! Here We Go Again*

Here is the follow up to the 2008 film *Mamma Mia!*, based on the musical of the same name. The plot of the film follows the events of the first film, but also features flashbacks to 1979 to tell how Donna (Meryl Streep) ended up on the island of Kalokairi and who her father might be.



Tuesday, August 28

### Bargain Shopping at Ross

Known for helping their customers dress for less, this large retail chain has a great deal of purchasing power, and passing that savings on to you.



Tuesday, August 21

### Mani-Pedis for All

With hands and feet more exposed in summer, it's nice to have brightly painted nails. If you enjoy a nice foot or hand massage and getting your nails professionally done, this is your opportunity to do that at a to-be-determined Nail Salon.



### Find the Write Words

Have you always secretly wanted to be a writer? Did you keep a diary when you were young, or write poems for your mom on Mothers Day? Were term papers in school actually fun for you? Come explore your desire to be creative in a writing workshop with Jasmyne Boswell, author, writing teacher and editor. Her inspirational writing exercises will get your imagination juices flowing. Just bring a computer or pen and paper and your desire to be creative, and have fun with the gift of words. If you're stuck in a manuscript, you can get it moving again. If you can't find the right words,

you'll find something better. And if you think you have nothing to say, trust us on this, you'll find something. August 8, 2:30 pm.



## Staff Spotlight - Tony Salguero

Born into a family of seven siblings in El Salvador, Tony Salguero was separated from his family for many years, until they were joyfully reunited in Los Angeles in 2012. He's "not really a pet person," but his cocker spaniel Darla is also part of the family. Tony really enjoys his job at CityView. He loves "how peaceful the work environment is, [and] coworkers are always looking out for each other. You'll always see a smile on their faces, and even on your bad days they always cheer you up." Tony dreams of having a wife and two kids some day, and a happy family life filled with travel. In the meantime he enjoys going to movies, taking late night walks by the beach, and his very favorite: attending musical events. A very diverse guy, Tony also likes working on cars, has a passion for the culinary arts, and his favorite sport is basketball. We're grateful to have such an interesting and interested person on our staff!

## Birthdays this Month

Gene Markley	8/01
Barry Malin	8/02
Barbara Weitzman	8/03
Leon Specter	8/15
Mercedes Garcia	8/16
Marylin Mooradian	8/28



## Mad Hatters

The British have always been more interested in hats than we are on this side of "the pond," and nobody has more elaborate headwear than the royal family. Now that a lovely young American has married Prince Harry, maybe it's time to revive that tradition. Please join us for hat-decorating in the Creative Zone August 3. We'll supply decorations; you supply imagination.

## Our Staff



### Susan Glaser

Regional Director  
Susang@CityView.Care



### Murielle Chocron

Executive Director  
Director@CityView.Care



### John McMahon

Wellness Director  
Wellness@CityView.Care



### Rosie Julinek

Executive Assistant  
RosioJ@CityView.Care



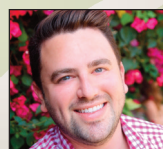
### Mark Mullen

Chief Engineer  
Maintenance@CityView.Care



### Arcadio Quijada

Maintenance Director  
Maintenance@CityView.Care



### Judah Cohen

Activity Director  
Activities@CityView.Care



### Natalie Janbakhsh

Assistant Activity Director  
ActivitiesAsst@CityView.Care