



## A Message from Murielle, *Executive Director*



If we had to choose a color to represent June in Los Angeles, purple would be a strong contender, because this is when the stunning jacaranda trees generally come into bloom. Even lingering “June gloom” can’t dim their vibrant hue. If you’ve been thinking about joining our Walking Club, this would be a perfect time to begin.

Walking Club is particularly recommended June 4, because that Monday we’ll be featuring Brownie Cheesecake as our Culinary Creations event, and you may want to work up an appetite. Later in the month we’ll make and sample such delectables as Crème Brulee, Tiramisu and French Apple Tart. Do you notice a pattern?

Fathers Day is coming up June 17 and we’ve planned a special fun entertainment surprise that dads are sure to enjoy. You’ll want to be alert for this one, so be sure to eat a hearty breakfast. Don’t say we didn’t warn you!

Do you remember the film *Mary Poppins*, and how wonderful Dick Van Dyke was as **Bert with his one-man band**? Our own Jukebox Hootenanny is scheduled for June 13 with Brian playing guitar, harmonica and cymbals on his ankles. Come on up to the rooftop at 3 p.m. and enjoy the show as well as our gorgeous view.

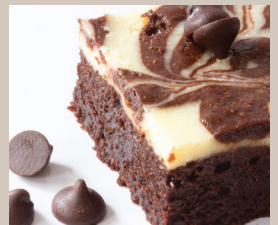
Dick Van Dyke, by the way, is still dynamic at age 92, living proof that singing and dancing are a great tonic for heart and mind. Indeed, experts tell us music **provides a total brain workout** and can reduce anxiety, blood pressure, and pain as well as improve sleep quality, mood, mental alertness and memory. All good reasons to come to our frequent CityView concerts!

Hoping to see you there,

Murielle Chocron

## Featured this month...

### Culinary Creations



### Urban Adventures



### Pottery Painting



### Father's Day Crafts



## Skin & Cancer Awareness



After a lifetime of exposure to sun and environmental toxins, our skin, which filters so much of what comes into and out of our bodies, is likely to show some damage. OnSite Dermatology, a Medicare participating provider, will be here May 16 at 2:30pm to help us identify skin ailments and advise us about treatment of pre-skin cancers and more serious conditions. This is a full mobile service and highly recommended.



Please be sure to attend our Special Music Concerts and other Live Performances in June.

6/03	Mike Chamberlin - Rooftop	3:00 p.m.
6/06	Shalom Plays Accordion - Rooftop	3:00 p.m.
6/09	Concert w/Freddie	3:00 p.m.
6/10	Elayne Kessler Sings the Hits - RT	3:00 p.m.
6/13	Jukebox Hootenanny - Rooftop	3:00 p.m.
6/17	Ladan Sings Jazz - Rooftop	3:00 p.m.
6/20	Comedy w/Michael - Rooftop	3:00 p.m.
6/24	Tom Sings Broadway - Rooftop	3:00 p.m.
6/27	Irby Sings Jazz - Rooftop	3:00 p.m.
6/30	Concert w/Freddie	3:00 p.m.

## Religious Services and Study

Shabbat Services - Friday at 6:30 p.m.

Bible Study - Saturdays at 1:30 p.m.

June 2018



## CityView University

CityView offers many interesting and varied educational experiences for those interested in

brushing up or learning new things. Want to learn Spanish? Explore contemporary poetry? Find out more about former presidents? These and other classes are offered every month right here at CityView.

### Group Discussions

Theater of Life	6/03	10:30 a.m.
Art History Presentation	6/13	10:30 a.m.
Florence Nightingale	6/17	10:30 a.m.
Indy 500	6/21	10:30 a.m.

Acting Workshop w/Richard	6/06	10:30 a.m.
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Spanish 101	6/05	10:30 a.m.
	6/22	3:00 p.m.

### TED Talks

Help discover ancient ruins -		
Before it's too late (with Lorna)	6/02	3:00 p.m.
Life Lessons from Big Cats	6/18	11:00 a.m.
TBD	6/25	11:00 a.m.
A Theory of Everything	6/27	10:30 a.m.

### Adventures with Stephanie

Crafts	6/08	3:00 p.m.
Poetry Corner - Lucille Clifton	6/15	3:00 p.m.
Book Club - <i>Orphan Train</i>		
by Christina Baker Kline	6/29	3:00 p.m.

Around the World w/Mary	6/26	3:30 p.m.
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### Tuesday, June 5 **Farmers Market**

If you're in the mood for a delicious apple, or a ripe pineapple, a trip to the world-renowned Farmers Market is just the thing for you. Enjoy fresh seasonal produce which can always be found here. Browse the aisles for anything that suits your fruit or vegetable fancy!



### Tuesday, June 19 **Pottery Painting**

Time to exercise your creative talents at the Glaze Fire pottery painting studio. Paint something special that you can use in your lovely apartment or give as a gift to a friend or beloved family member.



### Tuesday, June 12 **Hunting for Antiquities**

The Getty Villa was actually built because J.Paul Getty had run out of room in the gallery next to his home in Pacific Palisades. He then built this museum, the architectural design for it inspired by the Villa of the Papyri at Herculaneum. It opened in 1974, but it was never visited by Getty, who died in 1976. The Getty Villa features collections of Greek, Roman and Etruscan antiquities. In a current special exhibition, Plato in L.A., some of today's most celebrated artists consider the renowned philosopher's impact on the contemporary world.



### Tuesday, June 26 **Mani-Pedis for All**

Join us on this opportunity to have your nails professionally done at a to-be-determined Nail Salon.



### *Introducing Bernie Rothman, Resident*

Some people have jobs for their working lives; others have a passion. **Bernie Rothman** had such a passion for the entertainment field that he moved here from Montreal, Canada at age 30 to pursue greater opportunities. He's won three Emmy Awards (and had 11 nominations), two Christopher Awards, a Peabody Award, several Worldfest Awards and two Canadian Gemini awards for some of his prolific work as a producer and writer. His projects have spanned genres, from *Danny Kaye at the Metropolitan Opera*, to *Son-Rise*, a film about autism, to long-running family musicals, and include dozens of films, videos and TV shows. Bernie's wife was a psychotherapist, but three of his five children have followed in dad's footsteps and are also in the entertainment business. Bernie loves to cook almost as much as he's loved "cooking up" exciting projects, and one of his very favorite things to do is talk to people. He's got great stories to share so do yourself a favor and take the time to listen.

## Staff Spotlight on Shaquan Jette' Lewis

That happy song you've been hearing around CityView, even on a cloudy day? You won't have to look far to find its origin. Shaquan Jette' Lewis is not just a caregiver here, she also helps with activities and pinch-hits at the front desk, so she could be anywhere, always with a smile and a song. A native of Los Angeles and alumna of Fairfax High School, Shaquan was the oldest child of seven. She's proud mom to a 10-year-old dog who is a breast cancer survivor, and she has big dreams: She'd like to travel the world, go back to school to become an R.N., and write and publish a book of poetry and short stories. Writing is her

hobby and those songs you hear may well have been penned by her; she wrote her first song in the 5th grade. She explains, "Writing gives me the freedom to express myself cause I could be very shy at times but when I write from the heart I feel confident, phenomenal." And Shaquan has an unusual hobby: collecting money. In her collection are half of the alphabet in one-dollar bills, a 10-dollar bill from the year she was born, a dozen two-dollars bills, half dollars, silver dollars, gold dollars... you name it! Shaquin believes that "happiness is what you make it and if you can find something that makes you smile through the pain, you make even the bad days good again." We are grateful to have her positive vibrations at CityView.

## Birthdays this Month

Anne Marie Sniderman	6/19
Barbara Howard	6/24
Estelle Naftal	6/27
Annelie Piccino	6/29



## Craft a Gift for Dad

Truth is, a lovely mosaic drink coaster would be a great gift to yourself or anyone in your life. On Friday June 8 we'll work with Stephanie using mini glass tiles to make useful and beautiful works of art. They can be simple or intricate, and if you feel inspired, you can even recreate a painting or landscape. Because they're small and flat, coasters are easy to wrap and ship anywhere in the world.

## Our Staff



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