



A Message from Murielle, Executive Director



sombreros. Olé!

Buenos días a todos! If you didn't know that means "good morning, everyone," you're in luck on two counts. For starters, we're bringing back Spanish 101 to CityView, so you can pick up basics of the language right here in our building. *Es maravilloso!* (Translation hint: what English word does *maravilloso* sound like?)

In addition, one of the most famous holidays in Mexican culture is in May, Cinco de Mayo. We're celebrating early so we'll have Quatro de Mayo (4th of May), which gives us a head start on tamales, tacos and guacamole along with festive Mexican music and dancers to get us snapping our fingers and waving our

That's not our only fiesta this month. We're also hosting a Mother's Day afternoon rooftop party with tasty hors d'oeuvres, fresh spring flowers and moms. Sharyn Scott will sing beloved classics by Frank Sinatra, Dean Martin and other favorites. Enjoy this [clip from their movie Robin and the Seven Hoods](#), and get ready to croon along May 13 at 2:30pm.

Later in the month we'll launch summer with a traditional Memorial Day BBQ that includes a Boy Scout ceremony and music by Marc Bosserman.

CityView is right here in Hollywood so if you don't have your star on the Walk of Fame already, please join our new theater workshop starting this month. We'll be doing impromptu improvisation and acting out scenes, so connect with your inner movie star starting May 2, 10:30am.

We're moving all entertainment events to the rooftop (including snacks from Chef Agabid) and who knows, maybe we'll have our own in-house performers one of these days.

Happy springtime to all! Remember to "stop and smell the flowers" as you go through your day.

Warmly,

Murielle Chocron

Featured this month...

Works by
Shakespeare



Urban Adventures

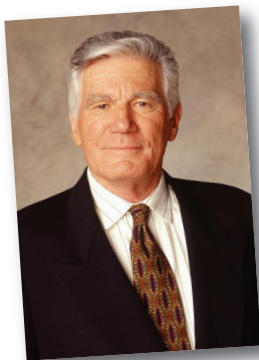


Arts & Crafts

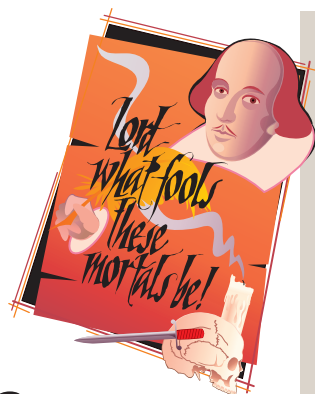


Flower Arranging





"To Be
or
Not to
Be"



with Actor Mitchell Ryan

CityView's presentation of works by William Shakespeare is definitely going "to be", on Wednesday, May 16 at 10:30 am. We are having a special presentation by actor Mitchell Ryan (alumna of *Dharma & Greg*, among many other credits). He'll be reading some of the bard's famous works, followed by discussion and history of Shakespeare. Don't miss this very special theatrical event!



Please be sure
to attend our
Special Music
Concerts and other
Live Performances
in May.

5/06	Hugo the Jazz Singer	3:00 p.m.
5/09	Rooftop Concert Noral Twins	3:00 p.m.
5/13	Rooftop Mother's Day Party	3:00 p.m.
5/20	Winfield Sings & Plays Guitar	3:00 p.m.
5/23	Comedy w/Michael	3:00 p.m.
5/27	Stan Plays Guitar	3:00 p.m.
5/30	Ladan Sings Jazz	3:00 p.m.

Religious Services and Study

Shabbat Services - Friday at 6:30 p.m.

Bible Study - Saturdays at 1:30 p.m.

May 2018



CityView University

CityView offers many interesting and varied educational experiences for those interested in brushing up or learning

new things. Want to learn Spanish? Explore contemporary poetry? Find out more about former presidents? These and other classes are offered every month right here at CityView.

Group Discussions

Indy 500	5/06	10:30 a.m.
Mother's Day	5/13	10:30 a.m.
Florence Nightingale	5/21	10:30 a.m.
Memorial Day	5/28	10:30 a.m.

Acting Workshop w/Richard

5/02 10:30 a.m.

Spanish 101

5/09 10:30 a.m.
5/30 10:30 a.m.

TED Talks

"Celebration of Female Friendship
Jane Fonda & Lily Tomlin"

5/03 11:00 a.m.

Adventures with Stephanie

Creative Zone	5/04	2:00 p.m.
TED Talk: "Why Helmets Don't Prevent Concussion, and What Does?"	5/11	3:00 p.m.
Poetry Corner - Lucille Clifton	5/18	3:00 p.m.
Book Club - <i>The Immortal Life of Henrietta Lacks</i> by Rebecca Skloot	5/25	3:00 p.m.

Culinary Creations

Every week on Monday and Tuesdays, you can learn more about the fine art of cookery with our CV chef. On these appetizing afternoons, you not only get to see how the craft gets done, but you make it yourself and then eat it too! This month, we'll be making a couple of tarts including an Upside Down Banana tart and a Sugar Glazed Apple tart, Homemade Cinnamon Rolls, and a tempting Creme Brulee Cheesecake. If you like cooking, please be sure to attend!



Tuesday, May 1 **View Live the Steve Harvey Talk Show**

Produced by Universal Studios, Steve's show format is more like a late-night talk show and focuses on celebrities and his comedy. It's easier for him to secure guests in Los Angeles than it was in Chicago, and that's why he moved the show here.



Tuesday, May 8 **Farmers Market**

If you're in the mood for a delicious apple, or a ripe pineapple, a trip to the world-renowned Farmers Market is just the thing for you. Enjoy fresh seasonal produce which can always be found here. Browse the aisles for anything that suits your fruit or vegetable fancy!



Tuesday, April 24 **Your Surprise is Waiting at Marshall's**

With over 1000 American stores, this popular off-price retail chain offers fashionable, high-quality designer items at prices 20 to 60 percent less than those of the department stores. The popular T.J. Maxx is a sister store, and Marshalls differentiates itself by featuring a larger emphasis on family footwear, and larger mens and juniors departments.



Tuesday, May 15 **Nail Pampering at its finest**

If you think it's time for a top-notch mani pedi Nailvana on Melrose, you'd be correct! Throw in a great massage chair and a sugar scrub, and you'll think you're in nail heaven.



Pots & Plants

Stroll through the garden section at Target or Home Depot and you'll notice lovely pots for indoor and outdoor plants, but the prices can be daunting. Here at CityView, however, we have Stephanie joining us May 4 at 2pm in the Creative Zone to help us make our own. She's bringing pots for us to paint and decorate, as well as soil and seeds so we can plant flowers. Is there any better way to celebrate spring?



Staff Spotlight

John McMahon, Wellness Director

CityView welcomes John McMahon, originally from New York City and proud father to two teenage boys. John has worked as a charge nurse and wound care specialist in skilled nursing facilities and rehabilitation centers, and most recently served as both assisted living director and marketing director for assisted living communities. A graduate of the Musicians College of Contemporary Music in Los Angeles, John also enjoys performing a concert series he developed highlighting music of the '60s and '70s. Now leading our care team, John is dedicated to providing the best possible service for our residents.



Birthdays this Month

Nola Irvin	5/10
Sally Kelly	5/10
Daniel Levitt	5/29



The art of Flower Arranging



With so many trees and flowers in bloom right now, we have great inspiration. Do you remember dancing to “**Cherry Pink and Apple Blossom White**”? Or if you’re in the Boomer generation, maybe you’ll recognize **this classic** from the Grateful Dead. Either way, please join us Wednesday afternoons and learn how to make your own beautiful flower arrangements.

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