



AL ACTIVITIES

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		10:30 Sit & Sway Zumba Class ¹ 11:15 Prize Bingo 1:30 New Resident Happy Hour 3:45 Family Game Hour: Dominoes 6:30 Movie: <i>Maid in Manhattan</i>	10:30 Gentle Tai Chi ² 11:15 Activities Discussion 2:00 Holy Communion 2:30 Candle Making Workshop 3:45 Bullseye Darts Challenge 6:30 Movie: <i>The Sound of Music</i>	8:30 CV Full Day Outing: Morongo Casino ³ 3:00 Bubbies and Babies 6:30 Movie: <i>The World's Fastest Indian</i>	10:30 Resistance Bands Workout ⁴ 11:15 Prize Bingo 1:00 Beading with Juniper! 3:00 Weekly Grocery Run: Target 6:30 Movie: <i>Megan Leavey</i>	1:30 Shabbat Kiddush Social 3:45 Salsa Dancing with Chips and Salsa! 6:30 Movie: <i>The Wrestler</i> 8:30 Havdalah Ceremony
1:30 Sunday Self Care Special: Anti Aging Face Masks ⁶ 6:30 Movie: <i>Trap</i>	10:30 Cardio with Curtis ⁷ 11:15 "Get Well" Volunteer Committee 1:30 Sip & Paint: Masking Tape Mosaic Art 3:45 Family Game Hour: Scrabble! 6:30 Movie: <i>Sweet Home Alabama</i>	10:30 Punch & Persevere: Boxing ⁸ 11:15 Prize Bingo 1:30 March Birthday Celebration 3:45 Family Game Hour: Spot It! 6:30 Movie: <i>Runaway Jury</i>	10:30 Serenity Yoga Flow ⁹ 11:15 Tech Talk 2:00 Holy Communion 2:30 Traditional Seder Experience 3:45 Beach Ball Volleyball 6:30 Movie: <i>Little Miss Sunshine</i>	10:30 Fit Forever Weight Lifting ¹⁰ 11:15 Chef Chat 1:30 CV Outing: LA Zoo! 4:00 Floral Arrangements! 6:30 Movie: <i>Everest</i>	10:30 Band-Flex Fusion ¹¹ 11:15 Prize Bingo 1:00 Beading Workshop 3:00 Weekly Grocery Run: Trader Joe's 6:30 Movie: <i>The Notebook</i>	1:30 Shabbat Kiddush Social 3:45 Salsa Dancing with Chips and Salsa! 6:30 Special Passover Movie: <i>Moses</i> 8:30 Havdalah Ceremony Passover Begins
1:30 Sunday Self Care Special: Nail Care Spa Hour ¹³ 6:30 Special Passover Movie: <i>Prince of Egypt</i> Palm Sunday	10:30 Golden Cardio Moves ¹⁴ 11:15 "Get Well" Volunteer Committee 1:30 Sip & Paint with Anabel: Cherry Blossoms 3:45 Family Game Hour: Apples to Apples 6:30 Movie: <i>I Can Do Bad All By Myself</i>	10:30 Zumba Workout ¹⁵ 11:15 Prize Bingo 1:30 Charcuterie Board Social with Trivia Jeopardy 3:45 Family Game Hour: Jenga! 6:30 Movie: <i>Me, Earl, and The Dying Girl</i>	10:30 Gentle Tai Chi ¹⁶ 11:15 Tech Talk 2:00 Holy Communion 2:30 Composer Class by Elizabeth! 3:45 Toss & Score Cornhole 6:30 Movie: <i>The Founder</i>	10:30 Seated Weights Class ¹⁷ 11:15 Resident Council Meeting 1:30 CV Outing: The Farmer's Market (At The Grove) 4:00 Egg Dying! 6:30 Movie: <i>Brooklyn</i>	10:30 Resistance Band Power Hour ¹⁸ 11:15 Prize Bingo 1:00 Beading Workshop 3:00 Weekly Grocery Run: Ralph's 6:30 Movie: <i>The Dig</i>	1:30 Shabbat Kiddush Social 3:45 Salsa Dancing with Chips and Salsa! 6:30 Movie: <i>The Help</i> 8:30 Havdalah Ceremony
9:30 Easter Egg Hunt! ²⁰ 1:30 Sunday Self Care Special: Sunbathing on the Rooftop! 6:30 Movie: <i>The Storied Life of A.J. Fikry</i> Easter Sunday	10:30 Active Heart Cardio ²¹ 11:15 "Get Well" Volunteer Committee 1:30 Sip & Paint with Anabel: Easter Egg Designs 3:45 Family Game Hour: Sorry! 6:30 Movie: <i>Long Legs</i>	10:30 Chair Champions Boxing ²² 11:15 Prize Bingo 1:30 Earth Day Planting! 3:45 Family Game Hour: Connect 4! 6:30: Movie: <i>The Laundromat</i> Earth Day	10:30 Mindful Yoga ²³ 11:15 Tech Talk 2:00 Holy Communion 2:30 Dessert Making Demo 3:45 Bullseye Darts Challenge 6:30 Movie: <i>The Machine</i> Administrative Professionals Day	10:30 Lift Weights for Longevity! ²⁴ 11:30 Executive Director Chat 1:30 CV Outing: Dollar Tree 3:00 Bubbies and Babies 6:30 Movie: <i>Lion</i>	10:30 Resistance Bands Workout ²⁵ 11:15 Prize Bingo 1:00 Beading Workshop 3:00 Weekly Grocery Run: Target 6:30 Movie: <i>Inside the Mind of a Dog</i> Arbor Day	1:30 Shabbat Kiddush Social 3:45 Salsa Dancing with Chips and Salsa! 6:30 Movie: <i>City of Dreams</i> 8:30 Havdalah Ceremony
1:30 Sunday Self Care Special: Massages and Other Sensory Stimulation ²⁷ 6:30 Movie: <i>Number 24</i>	10:30 Vibrant Cardio Flow ²⁸ 11:15 "Get Well" Volunteer Committee 1:30 Sip & Paint with Anabel: Raindrops on Roses 3:45 Family Game Hour: Rummikub! 6:30 Movie: <i>Odessa</i>	10:30 Zumba Workout ²⁹ 11:15 Prize Bingo 1:30 Proper Tea Party 3:45 Family Game Hour: Jenga! 6:30 Movie: <i>Miracle in Cell No. 7</i>	10:30 Gentle Tai Chi ³⁰ 11:15 Tech Talk 2:00 Holy Communion 2:30 Live Music with Natalie Aley! 3:45 Volleyball Vibes 6:30 Movie: <i>Adolescence</i>	 <h1>April 2025</h1>		