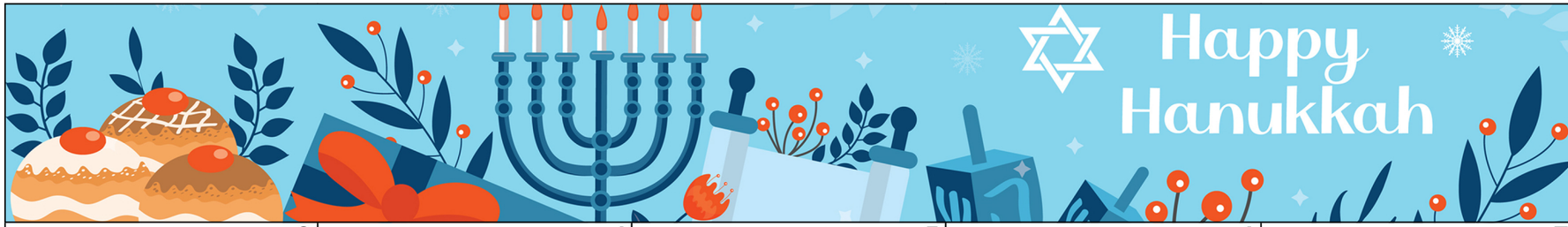

CityView December 2023 Assisted Living Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 **10:00 City View Shopping: 5 Below L1** **1:00 Holiday Sugar Cookie Cutting & Decorating L5** 2:00 Shabbat Blessings L5 3:30 BINGO! L5 6:30 Hulu Musical Movie ***YentL*** National Cookie Cutter Day	**2** 9:30 Morning Tea and Holiday Cookies L5 11:00 Seated Arm Workout L5 2:00 **Knitting Club L5** 3:00 Sports Highlights L5 4:00 Test Your Luck Craps L5 6:30 Amazon Sports Film L5 ***Cutting Edge***
3 9:00 Neighborhood Walk L1 10:00 Catholic Mass Stream L5 11:00 MLB Highlights & Replay L5 **1;00 DIY Holiday Candle Making L5** 2:00 **Muscle Power Hour L5** 3:30 BINGO! L5 6:30 Netflix Romance Film L5 ***Silver Lining Play Book*** National Candle Day	**4** 9:00 Java & Jazz L5 **10:00 Foreign Language Class- L5** 11:00 Scrabble L5 **2:00 E.D Meeting L5** 3:00 Seated Full Body Workout L5 4:00 Uno! L5 6:30 MAX History Film. L5 **As You Like it**	**5** 9:30 City View Sips Cafe L5 **10:00 Jewelry Design w/Brianna L5** **11:00 Dining Services Meeting L5** 3:30 Poker Society L5 4:30 Chair Arm Workout L5 6:30 Hulu Comedy Film L5 ***Deck the Halls***	**6** 9:00 Walk La Brea L1 **10:30 Sweet Treats Kitchen: Chocolate Dreidel L5** 2:00 Holy Communion L5 **3:00 Activity Discussion Meeting L5** 3:30 **Jonathan's Golden Workout** L5 6:30 MAX Action Film L5 ***Dune***	**7** 9:30 Morning Coffee L5 **10:30 City View Outing: City Wok L1** **2:00 Resident Council Meeting L5** **1:00 Winter Wonderland Crafts: Hanukkah Dreidel Painting L5** 3:00 Black Jack L5 4:00 Afternoon Chair Yoga L5 6:30 Netflix Drama Film L5 ***You are my Home*** Hanukkah Begins at Sunset	**8** 9:30 Cranium Crunches L5 **10:00 City View Shopping: 99ct Store** 2:00 Shabbat Blessings L5 3:00 BINGO! L5 4:00 Chair Yoga 6:30 Hulu Musical Movie ***The Nut Cracker***	**9** 9:30 College Football & Coffee L5 1:100 Mindful Stretching 2:00 **Knitting Club L5** 3:00 **Exploring Winter Treats: Fruit Cake L5** 4:00 Test Your Luck Roulette 6:30 Amazon Sports Film L5 ***Pumping Iron***
10 9:30 Early Bird Walk L1 10:00 Catholic Mass Stream L5 11:00 Wish Dove Ornaments 2:00 Current Events Discussion L5 3:00 Jeopardy L5 4:00 Resident Led Rummikub L5 6:30 Netflix Romance Film L5 ***Holidate*** Human Rights Day	**11** 9:30 Music of the World L1 10:00 Full Body Seated Workout L5 **11:00 Morning Winter Refreshments Hot Cider** **2:00 Holiday Winter Color: Holiday Greeting Cards L5** 4:00 Bingo 6:30 MAX History Film. L5 ***Eastern Promises***	**12** 9:00 La Times Reading L5 **10:00 Jewelry Design w/Brianna L5** 11:00 Mid-Morning Stretching L5 **2:00 Tending the Garden** 3:30 Poker Society L5 6:30 Hulu Comedy Film L5 ***Holiday in Handcuffs***	**13** 9:00 Poetry Stroll L1 **10:00 Winter Wonderland Crafts: Hanukkah Door Wreath L5** 11:00 Seated Dance Workout L5 12:00 **Resident Birthday Luncheon** L5 2:00 Holy Communion L5 **3:30 Prize Bingo L5** 6:30 MAX Action Film L5 ***National Lampoon Christmas Vacation***	**14** 9:30 NYT Podcast L5 **10:30 City View Outing: Target L1** **2:00 Winter Themed Watercolor Art: Snowy Wonderland L5** 3:00 Black Jack L5 4:00 Chair HIIT Workout L5 6:30 Netflix Drama Film L5 ***Marriage Story***	**15** 9:30 Morning Crossword L5 **10:00 City View Shopping: Dollar Tree** 2:00 Shabbat Blessings L5 3:00 Bingo! L5 4:00 Soulful Breathing and Stretching L5 6:30 Hulu Musical Movie l5 ***Up Here***	**16** 9:30 Morning Tea and Hot Coco L5 10:30 Seated Arm Workout L5 2:00 **Knitting Club L5** 3:00 Sports Highlights L5 4:00 Test Your Luck Craps L5 6:30 Amazon Sports Film L5 ***Crazy Canucks***
17 9:00 Neighborhood Walk L1 10:00 Catholic Mass Stream L5 11:00 MLB Highlights & Replay L5 2:00 **Muscle Power Hour L5** 3:30 BINGO! L5 6:30 Netflix Romance Film L5 ***Christmas Inheritance***	**18** 9:30 Java & Jazz L5 **10:30 Foreign Language Class L5** 11:00 Chair Yoga 2:00 Classic Karaoke L5 **3:00 Afternoon Refreshments: Non-Alcoholic Egg-Nogg L5** 4:00 Uno L5 6:30 MAX History Film. L5 ***Escape From Kabul***	**19** 9:30 City View Sips Cafe **10:00 Jewelry Design w/Brianna L5** 11:00 Chair Arm Workout 2:00 **Tending the Garden L5** 3:30 Poker Society L5 6:30 Hulu Comedy Film L5 ***Merry Friggin Christmas***	**20** 9:00 Walk La Brea L1 L1 **10:30 Sweet Treats Kitchen: Gingerbread Men** 1:00 Monopoly 2:00 Holy Communion L5 3:30 **Jonathan's Golden Workout** L5 4:00 Rummiqub L5 6:30 MAX Action Film L5 ***Elf*** National Board Game Day	**21** 9:30 Morning Coffee L5 **12:30 CV Winter Wonderland Crafts Painting Christmas Ornaments L5** 2:30 **City View Outing: La Brea Tar Pit** 3:00 Black Jack L5 4:00 **Afternoon Chair Yoga L5** 6:30 Netflix Drama Film L5 ***All the Bright Places*** Winter Begins	**22** 9:30 Cranium Crunches L5 **10:00 City View Shopping: Walmart** 2:00 Shabbat Blessings L5 3:00 BINGO! L5 4:00 Chair Yoga 6:30 Hulu Musical Movie l5 ***The Mistle Toe Musical***	**23** 9:30 College Football & Coffee L5 10:30 Paws to Share: - Pet Therapy L5 1:00 Mindful Stretching 2:00 **Book Club Discussion L5** 3:00 **Exploring Winter Treats: Hot Coco L5** 4:00 Test Your Luck Roulette 6:30 Amazon Sports Film L5 ***Kicking & Screaming***
24 9:30 Early Bird Walk L1 10:00 Catholic Mass Stream L5 11:00 Chair Pilates L5 2:00 **Resident Christmas Stocking Design** 3:00 **Men's Society Club L5** 4:00 Resident Led Rummikub L5 6;30 Netflix Romance Film L5 ***White Christmas*** Christmas Eve	**25** 9:30 Hot Coco L5 10:30 Full Body Seated Workout L5 11:00 Current Discussions 12:00 **Christmas Day Celebration** **3:00 Holiday Winter Color: Decorating Christmas Cookies** 4:00 Bingo 6:30 MAX History Film. L5 ***A Christmas Story*** Christmas	**26** 9:00 La Times Reading L5 **10:00 Jewelry Design w/Brianna L5** 11:00 Mid-Morning Stretching L5 **2:00 Tending the Garden** 3:30 Poker Society L5 6:30 Hulu Comedy Film L5 ***Jack Frost*** Kwanzaa Begins	**27** 9:00 Poetry Stroll L1 **10:00 Winter Wonderland Crafts: New Years Crafted Party Hats** 11:00 Zumba Workout L5 2:00 Holy Communion L5 3:30 **Prize Bingo L5** 6:30 MAX Action Film L5 ***Chronicles of Narnia***	**28** 9:00 NYT Podcast L5 **10:00 City View Outing: In-N-Out Burger L1** 1:00 New Resident Happy Hour L5 **2:00 Winter Themed Painting: New Years Lights L5** 3:00 Poker Society L5 **4:00 Chair HIIT Workout L5** 6:30 Netflix Drama Film L5 ***Endless Love***	**29** 9:30 Morning Crossword L5 **10:00 City View Shopping: Tj Maxx** 2:00 Shabbat Blessings L5 3:00 Bingo! L5 4:00 Soulful Breathing and Stretching L5 6:30 Hulu Musical Movie l5 ***Star Dust***	**30** 9:30 Morning Tea and Hot Coco L5 10:30 Seated Arm Workout L5 2:00 **Knitting Club L5** 3:00 **New Years Resolution Wish Wall** 4:00 Test Your Luck Craps L5 6:30 Amazon Sports Film L5 ***Game Changer***
31 9:30 Early Bird Walk L1 10:00 Catholic Mass Stream L5 11:00 Chair Pilates L5 3:00 **Men's Society Club L5** 4:00 Resident Led Rummikub L5 6:30 Netflix Romance Film L5 ***Legend of the Fall*** New Year's Eve						

City View Assisted Living Activity Calendar | Lic: 198603220 | Please Coordinate Your Appointments for the Beautician (Wed) and Doctor (Tues) with our Concierge; and the Podiatrist (1st Weds) with the Med Room. Thanks!