| - Lu | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|----------|---|--|---|---|--|---|--|
| | 10:00 Catholic Mass 11:00 Lift Weights for Longevity! 1:30 Hot Cocoa, Peppermint | 10:00 Cardio with Curtis 11:00 Morning News with Pastries 1:30 Step by Step Twilight Painting 2:30 Spiritual Seekers Book Club: The Alchemist 3:00 Prize Bingo 4:00 Competitive Corner 6:30 Movie: Remember the Titans | 10:00 Sit and Sway Zumba Class 11:00 Movie Meeting with Mocktails 1:30 The Golden Bachelorette Movie Party 2:30 Afternoon Treat: English Toffee with Nuts 3:00 Prize Blngo 4:00 Competitive Corner 6:30 Movie: The Mother | 10:00 Active Aging Arm Workout 11:00 Sports Recap with Pretzels and Beer 1:30 Beading Jewelry Making 2:00 Holy Communion 3:00 Prize Bingo Auction 4:00 Competitive Corner 6:30 Movie: Maestro | 10:00 Silver Strength Weights Workout 11:00 Cute Step by Step Watercolor Bird Painting 1:30 Outing: Docent-led Central Library Art & Architecture Tour 4:00 Competitive Corner 6:30 Movie: Schindlers List | 10:00 Resistance Bands Workout 11:00 Edible Craft: Pine Cones 1:30 This or That Food Tasting Game 3:00 Outing: Ralph's Grocery Run 4:00 Competitive Corner 6:30 Movie: Rocky | 7 10:00 Tai Chi with Amy 11:00 Brain Teasers with Cranberry Goat Cheese with Crackers 1:30 Shabbat Kiddush Social: Parshat Vayeitsei 2:30 Christmas Choir Practice 3:00 Prize Blngo 4:00 Competitive Corner 6:30 Movie: Lean on Me |
| | 10:00 Catholic Mass 11:00 Silver Strength Weights Workout 1:30 Taste Testing Winter Treats 2:30 Tech Class: Downloading Apps 3:00 Prize Bingo 4:00 Competitive Corner 6:30 Movie: The Shawshank Redemption | 10:00 Golden Cardio Moves 11:00 Hydration Hour: Taking Care of Your Skin in the Winter 1:30 Freestyle Acrylic Artworks 2:30 Spiritual Seekers Book Club: The Alchemist 3:00 Prize Bingo 4:00 Competitive Corner 6:30 Movie: The Family Man | 10:00 Punch and Persevere: Boxing 11:00 Activities Discussion 1:30 Make Your Own Pizza 2:30 Resident Birthday Party! 3:00 Prize Blngo 4:00 Competitive Corner 6:30 Movie: The Sound of Music | 10:00 Leg Power Hour 11:00 Make Snowflake Ornaments! 1:30 "Santa Claus is Coming to Town" Photo Booth 2:00 Holy Communion 3:00 Prize Bingo Auction 4:00 Competitive Corner 6:30 Movie: The Holiday | 10:00 Fit Forever Weight Lifting 11:00 DIY Holiday Card Making for Christmas and Hannukah 1:30 Outing: Christmas Gift Shopping at Dollar Tree 4:00 Competitive Corner 6:30 Movie: Happy Gilmore | 10:00 Band Flex Fusion 11:00 Candy Cane Caprese Board and Joke Exchange 1:30 Men's Cigar Circle 1:30 Ladies Glamour Hour 3:00 Outing: Trader Joes Grocery Run 4:00 Competitive Corner 6:30 Movie: Love Hard | 10:00 Mindful Movement: Yoga 11:00 Walk Around the Block with Stop at Winchell's 1:30 Shabbat Kiddush Social: Parshat Vayishlach 2:30 Christmas Choir Practice 3:00 Prize Blngo 4:00 Competitive Corner 6:30 Movie: Meet Me Next Christmas |
| | 10:00 Catholic Mass 11:00 Fit Forever Weight Lifting 1:30 Charcuterie Board and Community Connection 2:30 Tech Class: How to Video Call Your Loved Ones 3:00 Prize Bingo 4:00 Competitive Corner 6:30 Movie: Good Will Hunting | 10:00 Active Heartbeats Cardio Class 11:00 Setting Intentions and Special Seasonal Tea 1:30 Sip & Paint Event 2:30 Spiritual Seekers Book Club: The Alchemist 3:00 Prize Bingo 4:00 Competitive Corner 6:30 Movie: Jaws | 17 10:00 Zumba Workout 11:00 Resident Council Meeting 1:30 Proper Tea Party 2:30 Live Entertainment: Yasha the Violinist! 3:00 Prize Blngo 4:00 Competitive Corner 6:30 Movie: The Parent Trap | 10:00 Strong Core, Strong You! 11:00 Travelogue Series Holiday Celebrations Across the World 1:30 Beading Jewelry Making 2:00 Holy Communion 3:00 Prize Bingo Auction 4:00 Competitive Corner 6:30 Movie: The Dead Poets Society | 10:00 Seated Weights Workout 11:00 Water Color Ornament Painting 1:30 Outing: Hot Cocoa at the Cheesecake Factory 4:00 Competitive Corner 6:30 Movie: The Merry Gentleman | 10:00 Resistance Band Power Hour 11:00 DIY Holiday Chocolate Spoon Making, Tea, and I love Lucy Show 1:30 Massage, Meditation, and Mindful Music 3:00 Outing: Target Grocery Run 4:00 Competitive Corner 6:30 Movie: The Noel Diary | 10:00 Gentle Tai Chi 11:00 Name that Tune! 1:30 Shabbat Kiddush Social: Parshat Vayeishev 2:30 Christmas Choir Practice 3:00 Prize Blngo 4:00 Competitive Corner 6:30 Movie: Fiddler on The Roof Winter Begins |
| | 10:00 Catholic Mass 11:00 Seated Weights Workout 1:30 Fine Swiss Chocolate Tasting and Ted Talk: The Power of Vulnerability 2:30 Tech Class: Managing Email Accounts 3:00 Prize Bingo 4:00 Competitive Corner 6:30 Movie: Scrooge | 10:00 Vibrant Cardio Flow 11:00 Morning News with EnglishCookies and Milk 1:30 Painting Flowers with Acrylics 2:30 Spiritual Seekers Book Club: The Alchemist 3:00 Prize Bingo 4:00 Competitive Corner 6:30 Movie: Home Alone | 10:00 Chair Champions Boxing 11:00 Executive Director Meeting 1:30 New Resident Happy Hour 2:30 Christmas Crossword Puzzles 3:00 Prize Blngo 4:00 Competitive Corner 6:30: Outing: Let's See Christmas Lights Outing! Christmas Eve | 10:00 Upper Body Workout 11:00 Secret Santa Gift Exchange 12:00 Christmas Entertainment: Jacob the Saxophonist! 3:00 Prize Bingo Auction 4:00 Competitive Corner 6:30 Movie: Ira Finkelstein's Christmas Christmas Day Hanukkah begins at sunset | 10:00 Lift Weights for Longevity! 11:00 Patterned Paintings 1:30 Hidden Oil Hannukah Hunt 2:30 Hannukah Singing w/Latkes 4:00 Competitive Corner 6:30 Movie: Full Court Miracle Kwanzaa | 10:00 Resistance Bands Workout 11:00 Earning Hannukah Gelt Game Party 1:30 Hannukah Present Auction 3:00 Outing: Ralph's Grocery Run 4:00 Competitive Corner 6:30 Movie: Good Morning, Vietnam | 10:00 Serenity Yoga Flow 11:00 Edible Craft: Rumballs Reindeer 1:30 Shabbat Kiddush Social: Parshat Miketz 2:30 Walk Around the Block with Stop at Winchell's 3:00 Prize Blngo 4:00 Competitive Corner 6:30 Movie: Escape from Alcatraz |
| 17 1: | 10:00 Catholic Mass 11:00 Weight Lifting Workout! 1:30 Donuts and Good Ol' Dreidel 2:30 Tech Class: | 10:00 Cardio with Curtis! 11:00 Trivia Challenge 1:30 Popcorn, Pink Lemonade, and Paint! | 10:00 Seated Zumba Moves 11:00 Chef Chat 1:30 New Year's Disco Lights Dance Off | | CityView As | sisted Living | . 50 |
| | How to Use "Siri" 3:00 Prize Bingo 4:00 Competitive Corner 6:30 <i>Movie: Rez Ball</i> | 2:30 Spiritual Seekers Book Club: The Alchemist 3:00 Prize Bingo 4:00 Competitive Corner 5:30 Hannukah Dinner Party with Live Entertainment by Yasha! N. La Brea Avenue Los Angel | 2:30 New Years Resolution Wish Wall 3:00 Prize Blngo 4:00 Competitive Corner 6:30 Movie: Doctor Zhivago New Year's Eve | CA lic# 198603220 | December 2024 Calendar | | |