

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



January 2022

						<p>10:00 Paul Eugene Fitness L5 1</p> <p>11:00 Open Forum: Resident Led Discussion L5</p> <p>2:00 Southern Matinee: Muscle Shoals</p> <p>4:00 Sing Along to Rick Hall</p> <p>6:30 Saturday Night Fun Flick: Green Book L5</p> <p>New Year's Day</p>
<p>9:30 Guided Meditation L5 2</p> <p>10:00 Strength Training L5</p> <p>11:00 Bible Study L5</p> <p>1:30 Sunday Matinee: The Help L5</p> <p>3:45 Bingo L5</p> <p>6:30 Classic Television Series: L5 The Carol Burnett Show</p>	<p>9:30 Jokes on Alexa! 3</p> <p>10:00 Dance Aerobics L5</p> <p>11:00 Rummikub Challenge L5</p> <p>2:00 Hedy Lamarr? Wifi? What is the Connection L5</p> <p>3:00 Exploring Southern Music: Ragtime L5</p> <p>3:45 Bingo L5</p> <p>6:00 Modern Film Classic: L5 The Lord of the Rings</p>	<p>9:30 Alexa Podcast: Affirmation Pod L5 4</p> <p>10:00 HASFit Chair Workout L5</p> <p>11:00 Poetry of the American South L5</p> <p>2:00 Tour Dixieland: Explore South Carolina L5</p> <p>3:45 Bingo L5</p> <p>6:30 Tuesday Night Romance: L5 Love Story</p>	<p>10:00 Golden Era Health: Group Fitness Training L5 5</p> <p>11:00 Resident Led Table Topics L5</p> <p>2:00 Happy Hour and Live Musical Entertainment L2</p> <p>3:45 Bingo L5</p> <p>6:30 Netflix Series: L5 The Crown</p>	<p>9:30 NYT The Daily Podcast L5 6</p> <p>10:00 Cardio Circuit Training L5</p> <p>11:00 Game On! Crossword L5</p> <p>2:00 Southern Film Matinee: Sweet Home Alabama</p> <p>3:45 Rummikub L5</p> <p>6:30 Hollywood Golden Age: L5 A Passage to India</p>	<p>9:30 Jazz and Java L5 7</p> <p>10:00 Stretch & Strengthen L5</p> <p>11:00 Current Events L5</p> <p>2:00 Shabbat Service L2</p> <p>3:00 Southern Music Youtube Concert L5</p> <p>3:45 Bingo L5</p> <p>6:30 Friday Evening Ballet: L5 Cinderella</p>	<p>10:00 Ted Talk & Discussion L5 8</p> <p>11:00 Casino Royale: Blackjack</p> <p>1:30 Golden Era Health: Group Fitness Training L5</p> <p>2:30 Dixieland Films: The Birth of a Nation</p> <p>6:30 Saturday Night Fun Flick: My Man Godfrey L5</p>
<p>9:30 Zen Meditation L5 9</p> <p>10:00 Strength Training L5</p> <p>11:00 Bible Study L5</p> <p>2:00 Jewelry Design Course L5</p> <p>3:00 Karaoke to Classics</p> <p>3:45 Bingo L5</p> <p>6:30 Classic Television Series: L5 The Carol Burnett Show</p>	<p>9:30 Radio Humor L5 10</p> <p>10:00 Latin Zumba L5</p> <p>11:00 Game On! Uno L5</p> <p>2:00 Taste of the World: Southern Chicken & Waffles L5</p> <p>3:00 Sinatra Standards L5</p> <p>3:45 Bingo L5</p> <p>6:30 Modern Film Classic: L5 Risky Business</p>	<p>9:30 Alexa Podcast: Affirmation Pod L5 11</p> <p>10:00 Heart and Sole Fitness L5</p> <p>11:00 Resident Council Meeting L2</p> <p>2:00 Tour Dixieland: Explore Alabama L5</p> <p>3:45 Bingo L5</p> <p>6:30 Tuesday Night Romance: L5 From Here to Eternity</p>	<p>10:00 Golden Era Health: Group Fitness Training L5 12</p> <p>11:00 Resident Led Open Forum Discussion L5</p> <p>2:00 Happy Hour and Live Musical Entertainment L2</p> <p>3:45 Bingo L5</p> <p>6:30 Netflix Series: L5 The Crown</p>	<p>9:30 NYT The Daily Podcast L5 13</p> <p>10:00 Cardio Circuit Training L5</p> <p>11:00 Game On! Unscramble L5</p> <p>2:00 Southern Film Matinee: Fried Green Tomatoes</p> <p>3:45 Rummikub L5</p> <p>6:30 Hollywood Golden Age: L5 The Stranger</p>	<p>9:30 Jazz and Java L5 14</p> <p>10:00 Resistance Training L5</p> <p>11:00 World Issue Discussion L5</p> <p>2:00 Shabbat Service L2</p> <p>3:00 Southern Artist Youtube Documentary L5</p> <p>3:45 Bingo L5</p> <p>6:30 Friday Evening Musical: L5 The Sound of Music</p>	<p>10:00 Ted Talk & Discussion L5 15</p> <p>11:00 Casino Royale: Blackjack</p> <p>1:30 Golden Era Health: Group Fitness Training L5</p> <p>2:30 Dixieland Films: The Color Purple</p> <p>6:30 Saturday Night Fun Flick: The Awful Truth L5</p>
<p>9:30 Guided Meditation L5 16</p> <p>10:00 Strength Training L5</p> <p>11:00 Bible Study L5</p> <p>1:30 Sunday Matinee: Walk the Line L5</p> <p>3:45 Bingo L5</p> <p>6:30 Classic Television Series: L5 The Carol Burnett Show</p>	<p>9:30 I Have a Dream Speech 17</p> <p>10:00 Dance Aerobics L5</p> <p>11:00 MLK Jr. Life & Legacy L5</p> <p>2:00 Marilyn: Silver Screen Siren L5</p> <p>3:00 Exploring Southern Music: Jazz and Blues L5</p> <p>3:45 Bingo L5</p> <p>6:30 Holiday Feature Film: L5 Selma</p> <p>Martin Luther King Jr. Day</p>	<p>9:30 Alexa Podcast: Affirmation Pod L5 18</p> <p>10:00 HASFit Chair Workout L5</p> <p>11:00 Poetry of the American South L5</p> <p>2:00 Tour Dixieland: Explore Tennessee L5</p> <p>3:45 Bingo L5</p> <p>6:30 Tuesday Night Romance: L5 Dirty Dancing</p>	<p>10:00 Golden Era Health: Group Fitness Training L5 19</p> <p>11:00 Resident Led Table Topics L5</p> <p>2:00 Happy Hour and Live Musical Entertainment L2</p> <p>3:45 Bingo L5</p> <p>6:30 Netflix Series: L5 The Crown</p>	<p>9:30 NYT The Daily Podcast L5 20</p> <p>10:00 Cardio Circuit Training L5</p> <p>11:00 Game On! Crossword L5</p> <p>2:00 Southern Film Matinee: O Brother, Where Art Thou?</p> <p>3:45 Rummikub L5</p> <p>6:30 Hollywood Golden Age: L5 Four Weddings and a Funeral</p>	<p>9:30 Jazz and Java L5 21</p> <p>10:00 Stretch & Strengthen L5</p> <p>11:00 Current Events L5</p> <p>2:00 Shabbat Service L2</p> <p>3:00 Southern Music Youtube Concert L5</p> <p>3:45 Bingo L5</p> <p>6:30 Friday Night Musical: L5 La La Land</p>	<p>10:00 Ted Talk & Discussion L5 22</p> <p>11:00 Casino Royale: Blackjack</p> <p>1:30 Golden Era Health: Group Fitness Training L5</p> <p>2:30 Dixieland Films: The Coal Miner's Daughter</p> <p>6:30 Saturday Night Fun Flick: Sabrina L5</p>
<p>9:30 Zen Meditation L5 23</p> <p>10:00 Strength Training L5</p> <p>11:00 Bible Study L5</p> <p>2:00 Jewelry Design Course L5</p> <p>3:00 Karaoke to Classics</p> <p>3:45 Bingo L5</p> <p>6:30 Classic Television Series: L5 The Carol Burnett Show</p>	<p>9:30 Radio Humor L5 24</p> <p>10:00 Latin Zumba L5</p> <p>11:00 Game On! Uno L5</p> <p>2:00 Chef Demo: Southern Classics L5</p> <p>3:00 Sinatra Standards L5</p> <p>3:45 Bingo L5</p> <p>6:30 Modern Film Classic: L5 Queen of Katwe</p>	<p>9:30 Alexa Podcast: Affirmation Pod L5 25</p> <p>10:00 Heart and Sole Fitness L5</p> <p>11:00 Chef Committee Meeting L2</p> <p>2:00 Tour Dixieland: Explore Kentucky L5</p> <p>3:45 Bingo L5</p> <p>6:30 Tuesday Night Romance: L5 Bringing Up Baby</p>	<p>10:00 Golden Era Health: Group Fitness Training L5 26</p> <p>11:00 Resident Led Open Forum Discussion L5</p> <p>2:00 Happy Hour and Live Musical Entertainment L2</p> <p>3:45 Bingo L5</p> <p>6:30 Netflix Series: L5 The Crown</p>	<p>9:30 NYT The Daily Podcast L5 27</p> <p>10:00 Cardio Circuit Training L5</p> <p>11:00 Game On! Unscramble</p> <p>2:00 Southern Film Matinee: Steel Magnolias</p> <p>3:45 Rummikub L5</p> <p>6:30 Hollywood Golden Age: L5 Amadeus</p>	<p>9:30 Jazz and Java L5 28</p> <p>10:00 Resistance Training L5</p> <p>11:00 World Issue Discussion L5</p> <p>2:00 Shabbat Service L2</p> <p>3:00 Southern Artist Youtube Documentary L5</p> <p>3:45 Bingo L5</p> <p>6:30 Friday Night Musical: L5 West Side Story</p>	<p>10:00 Ted Talk & Discussion L5 29</p> <p>11:00 Casino Royale: Blackjack</p> <p>1:30 Golden Era Health: Group Fitness Training L5</p> <p>2:30 Dixieland Films: Sounder</p> <p>6:30 Saturday Night Fun Flick: Moonstruck L5</p>
<p>9:30 Guided Meditation L5 30</p> <p>10:00 Strength Training L5</p> <p>11:00 Bible Study L5</p> <p>1:30 Sunday Matinee: To Kill A Mockingbird</p> <p>3:45 Bingo L5</p> <p>6:30 Classic Television Series: L5 The Carol Burnett Show</p>	<p>9:30 Jokes on Alexa! 31</p> <p>10:00 Dance Aerobics L5</p> <p>11:00 Rummikub Challenge L5</p> <p>2:00 The Rise and Fall of the Hollywood Golden Age L5</p> <p>3:00 Exploring Southern Music: Gospel Choir L5</p> <p>3:45 Bingo L5</p> <p>6:30 Modern Film Classic: L5 Deep End of the Ocean</p>					