



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>9:30 Foreign Language Class: Spanish 1</p> <p>10:00 Morning Chair Pilates! L5</p> <p>11:00 Hot Tea &amp; New Year's: L5 Bucket List</p> <p>1:30 Golden Era Health: Group Fitness Training L5</p> <p>2:00 A Taste of New York City Delights L5</p> <p>3:45 Bingo L5</p> <p>6:30 Blockbuster Films: Jaws</p> <p>New Year's Day</p>	<p>10:00 Early Bird Walk with Flor L1 2</p> <p>10:00 Beaded Jewelry Creations with Designer Julie L5</p> <p>11:00 We Love LA Rooftop Painting L6</p> <p>2:00 Exercise Bike Virtual Journey L4</p> <p>3:45 Poker Society with Julie L5</p> <p>6:30 Beloved Family Films: L5 The Karate Kid</p>	<p>10:00 City View Shopping Outing L1 3</p> <p>10:00 Motivational Workout L5</p> <p>11:00 Resident Council Meeting L5</p> <p>2:00 Ted Talk &amp; Discussion w/Julie: The Power of Self Love L5</p> <p>3:00 Happy Hour &amp; Live Musical Entertainment L2</p> <p>4:30 Pictionary L5</p> <p>6:30 Classic Comedies L5 The Wrong Guys</p>	<p>9:30 Sunday Morning Stroll L1 4</p> <p>10:00 Aromatherapy Spa L4</p> <p>11:00 Stream Sunday Morning Mass L5</p> <p>2:00 Casino Royal L5</p> <p>3:00 Fun Day Sunday Workout: L5 Dancing with the Star</p> <p>3:45 Music Bingo with Friends L5</p> <p>6:30 Favorite Television Series L5 I Love Lucy</p>	<p>9:00 Morning Walk to Winchell's L1 5</p> <p>10:00 Do the Hustle Workout L5</p> <p>11:00 Saturday Hockey Highlights L5</p> <p>2:00 Film Committee Meeting L5</p> <p>3:00 Men's Society Club: Sports Talk L5</p> <p>3:45 Prize Bingo L5</p> <p>6:30 Feel Good Movies L5 My Big Fat Greek Wedding</p>	<p>9:00 Breathe Yoga L6 6</p> <p>10:00 City View Outing: L1 Natural History Museum</p> <p>10:00 Theater Style Matinee: Quincy Jones Feature "Quincy" L5</p> <p>11:00 Women's Society L5</p> <p>2:00 Shabbat Blessings L5</p> <p>3:45 Rummikub Tournament L5</p> <p>6:30 Crime Movie L5 Casino</p>
<p>10:00 Spanish Class: Advance L5 7</p> <p>11:00 Yoga &amp; Relaxation</p> <p>2:00 Jeopardy with Friends L5</p> <p>3:00 Golden Era Health Workout L5</p> <p>3:45 Bingo L5</p> <p>6:30 Classic Films L5 The Breakfast Club</p>	<p>9:30 Morning Affirmations L5 8</p> <p>10:00 Zumba Workout L5</p> <p>11:00 Bingo L5</p> <p>2:00 Current Events with Joel L5</p> <p>3:45 Jeopardy with Friends L5</p> <p>6:30 Action Movies &amp; Thrillers L5 Rocky</p>	<p>10:00 Early Bird Walk with Flor L1 9</p> <p>10:00 Beaded Jewelry Creations w/Designer Julie L5</p> <p>11:00 Vision Board Creations L5</p> <p>3:00 Essential Workout L5</p> <p>3:45 Poker Society with Julie L5</p> <p>6:30 Beloved Family Films L5 The Wizard of Oz</p>	<p>10:00 City View Shopping Outing L1 10</p> <p>10:00 Affirmations and Yoga L5</p> <p>11:00 Bingo with Friends L5</p> <p>2:00 Ted Talk and Discussion w/Julie: Empowering Seniors to Step from the Shadows L5</p> <p>4:00 Family Game Day! L5</p> <p>6:30 Classic Comedies L5 National Lampoon's Vacation</p>	<p>9:30 Sunday Morning Stroll L1 11</p> <p>10:00 Chinese New Year Celebration L5</p> <p>11:00 Stream Sunday Morning Mass L5</p> <p>2:00 Poker Society L5</p> <p>3:00 Core Power Workout L4</p> <p>3:45 Bingo with Friends L5</p> <p>6:30 Favorite Television Series: L5 I Love Lucy</p>	<p>9:00 Early Bird Walk L1 12</p> <p>10:00 Keep it Moving Workout L5</p> <p>11:00 Football Highlights L5</p> <p>2:00 Prayer Circle L5</p> <p>3:00 Men's Society Club: Bowling L5</p> <p>3:45 Prize Bingo L5</p> <p>6:30 Feel Good Movies L5 Mamma Mia!</p>	<p>9:00 Essential Workout L4 13</p> <p>10:00 City View Outing: L1 Pizza and a Museum</p> <p>10:00 Concert Style Matinee: L5 Quincy Jones The 75th Birthday Celebration Live</p> <p>11:00 Bingo with Friends L5</p> <p>2:00 Shabbat Blessings L5</p> <p>3:45 Pictionary with Friends L5</p> <p>6:30 Crime Movies L5 Goodfellas</p>
<p>10:00 Morning Coffee and News L5 14</p> <p>11:00 Yoga &amp; Relaxation</p> <p>2:00 Men's Society: L5</p> <p>3:00 Golden Era Health Workout L5</p> <p>3:45 Music Bingo L5</p> <p>6:30 Classic Films L5 Bonnie and Clyde</p>	<p>10:00 Knitting w/Friends L5 15</p> <p>11:00 Afternoon Stretching &amp; Relaxation L5</p> <p>2:00 Current Events w/Julie L5</p> <p>3:00 Music Bingo L5</p> <p>4:00 Pictionary with Friends</p> <p>6:30 Action Movies &amp; Thrillers L5 Die Hard</p> <p>Martin Luther King Jr. Day</p>	<p>10:00 Early Bird Walk w/Flor L1 16</p> <p>10:00 Beaded Jewelry Creations w/Designer Julie L5</p> <p>11:00 Introduction to Spanish L5</p> <p>2:00 Exercise Bike Virtual Journey L4</p> <p>3:45 Poker Society with Mendy L5</p> <p>6:30 Beloved Family Films: L5 Forrest Gump</p>	<p>10:00 City View Shopping Outing L1 17</p> <p>10:00 Motivational Workout L5</p> <p>11:00 Pictionary with Friends L5</p> <p>12:00 Resident Birthday Luncheon L2</p> <p>2:00 Ted Talk and Discussion w/Julie: Growing Old is a Blessing L5</p> <p>3:00 Happy Hour &amp; Live Musical Entertainment L2</p> <p>4:30 Poker Society L5</p> <p>6:30 Classic Comedies L5 Planes, Trains, and Automobiles</p>	<p>9:30 Sunday Morning Stroll L1 18</p> <p>10:00 Aromatherapy Spa L4</p> <p>11:00 Stream Sunday Morning Mass L5</p> <p>2:00 Casino Royal L5</p> <p>3:00 Fun Day Sunday Workout: L5 Dancing with the Star</p> <p>3:45 Music Bingo with Friends L5</p> <p>6:30 Favorite Television Series L5 I Love Lucy</p>	<p>9:00 Morning Walk to Winchell's L1 19</p> <p>10:00 Do the Hustle Workout L5</p> <p>11:00 Saturday Tennis Highlights L5</p> <p>2:00 Film Committee Meeting L5</p> <p>3:00 Men's Society Club: Sports Talk L5</p> <p>3:45 Prize Bingo L5</p> <p>6:30 Feel Good Movies L5 13 Going on 30</p>	<p>9:00 Aromatherapy Breathe Yoga L5 20</p> <p>10:00 Matinee Concert: L5 Quincy Jones Feature "Quincy Jones, Chaka Khan &amp; Simply Red live - Everything Must Change"</p> <p>12:00 City View Outing: L1 Lunch at the Grove</p> <p>2:00 Shabbat Blessings L5</p> <p>3:45 Rummikub Tournament L5</p> <p>6:30 Crime Movies L5 Severance</p>
<p>10:00 Introduction to Spanish L5 21</p> <p>11:00 Dining Room Meeting L5</p> <p>2:00 Rummikub Club</p> <p>3:00 Golden Era Health Workout L5</p> <p>3:45 Bingo L5</p> <p>6:30 Classic Films L5 Breakfast at Tiffany's</p> <p>Activity Professionals Week</p>	<p>9:30 Morning Affirmations L5 22</p> <p>10:00 Zumba Workout L5</p> <p>11:00 Bingo L5</p> <p>2:00 Current Events with Julie L5</p> <p>3:00 Activity Meeting L5</p> <p>3:45 Jeopardy with Friends L5</p> <p>6:30 Action Movies &amp; Thrillers L5 Terminator 2: Judgement Day</p>	<p>10:00 Early Bird Walk with Flor L1 23</p> <p>10:00 Beaded Jewelry Creations w/Designer Julie L5</p> <p>11:00 Essential Workout L5</p> <p>2:00 Rooftop Gardening L6</p> <p>3:00 City View Book Club L5</p> <p>3:45 Poker Society with Julie L5</p> <p>6:30 Beloved Family Films L5 Mary Poppins</p>	<p>10:00 City View Shopping Outing L1 24</p> <p>10:00 Affirmations and Yoga L5</p> <p>11:00 Music Bingo with Friends L5</p> <p>2:00 Ted Talk and Discussion w/Joel: A Blueprint for Better Eye Health L5</p> <p>3:00 Happy Hour &amp; Live Musical Entertainment L2</p> <p>4:00 Family Game Day! L5</p> <p>6:30 Classic Comedies L5 Three Amigos</p> <p>Tu B'Shevat Begins</p>	<p>9:30 Sunday Morning Stroll L1 25</p> <p>10:00 Aromatherapy Spa L4</p> <p>11:00 Stream Sunday Morning Mass L5</p> <p>2:00 Poker Society L5</p> <p>3:00 Core Power Workout L4</p> <p>3:45 Bingo with Friends L5</p> <p>6:30 Favorite Television Series: L5 I Love Lucy</p>	<p>9:00 Early Bird Walk L1 26</p> <p>10:00 Keep it Moving Workout L5</p> <p>11:00 Soccer Highlights L5</p> <p>2:00 Prayer Circle L5</p> <p>3:00 Men's Society Club: Bowling L5</p> <p>3:45 Prize Bingo L5</p> <p>6:30 Feel Good Movies L5 Grease</p> <p>Australia Day (Observed)</p>	<p>9:00 Essential Workout L4 27</p> <p>10:00 City View Outing: L1 California Science Center</p> <p>10:00 Theater Style Matinee: "The Matrix" L5</p> <p>2:00 Shabbat Blessings L5</p> <p>3:45 Pictionary with Friends L5</p> <p>6:30 Crime Movies L5 The Shawshank Redemption</p>
<p>10:00 Morning Coffee &amp; News L5 28</p> <p>11:00 Yoga L5 &amp; Relaxation L5</p> <p>2:00 Documentary: Down to Earth L5</p> <p>3:00 Golden Era Health Workout L5</p> <p>3:45 Music Bingo L5</p> <p>6:30 Classic Films L Casablanca</p>	<p>10:00 Knitting with Friends L5 29</p> <p>11:00 Afternoon Stretching &amp; Relaxation L5</p> <p>2:00 Current Events with Julie L5</p> <p>3:00 Taste of Mama Mia L2</p> <p>3:45 Music Bingo L5</p> <p>6:30 Action Movies &amp; Thrillers L5 Rambo</p>	<p>9:30 Sunday Morning Stroll L1 30</p> <p>10:00 Aromatherapy Spa L4</p> <p>11:00 Stream Sunday Morning Mass L5</p> <p>2:00 Casino Royal L5</p> <p>3:00 Fun Day Sunday Workout: L5 Dancing with the Stars</p> <p>3:45 Music Bingo with Friends L5</p> <p>6:30 Favorite Television Series: L5 I Love Lucy</p>	<p>10:00 Early Bird Walk with Flor L1 31</p> <p>10:00 Beaded Jewelry Creations with Designer Julie L5</p> <p>11:00 Game On - Rummikub! L5</p> <p>2:00 Exercise Bike Virtual Journey L4</p> <p>3:45 Poker Society with Julie L5</p> <p>6:30 Beloved Family Films: L5 Willy Wonka</p>			

## CityView January 2024 Assisted Living Calendar