

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1 style="margin: 0;">CityView November 2023</h1>			9:00 Walk La Brea L1 <b>10:30 Sweet Treats Kitchen: Mini Pumpkin Pies L5</b> 2:00 Holy Communion L5 <b>3:00 Activity Discussion Meeting L5</b> <b>3:30 Jonathan's Golden Workout L5</b> 6:30 MAX Comedy Film L5 <i>Spy</i>	9:30 Morning Coffee L5 <b>10:00 City View Outing: Huntington Library &amp; Garden</b> <b>11:00 Fall Table: Center Piece Design L5</b> <b>2:00 Resident Council Meeting L5</b> 3:00 Black Jack L5 4:00 Afternoon Chair Yoga L5 6:30 Hulu Drama Film L5 <i>The Intruder</i>	9:30 Morning Crossword L5 <b>10:00 City View Shopping L1 Ralphs</b> 2:00 Shabbat Blessings L5 3:00 BINGO! L5 4:00 Soulful Breathing and Stretching L5 6:30 Netflix Musical Movie <i>Diana the Musical</i>	10:30 Morning Coffee & Fresh Pastries L5 11:00 Seated Arm Workout L5 1:00 <b>Day of the Dead Art: Painting sugar skull masks</b> 3:00 Tennis Highlights L5 4:00 Family Feud L5 6:30 Amazon Sports Film L5 <i>Running the Bases</i>
			All Saints Day			
9:30 <b>Coffee &amp; Winchell's Donuts L5</b> 10:00 Catholic Mass Stream L5 11:00 MLB Highlights & Replay L5 2:00 <b>Muscle Power Hour L5</b> 3:30 BINGO! L5 6:30 Hulu Romance Film L5 <i>Kate &amp; Leopold</i>	9:00 Java & Jazz L5 <b>10:00 Foreign Language Class- L5</b> 11:00 Scrabble L5 <b>2:00 E.D Meeting L5</b> 3:00 Seated Full Body Workout L5 4:00 Uno! L5 6:30 MAX Action Film. L5 <i>Run all Night</i>	9:30 City View Sips Cafe & Fresh Muffins L5 <b>10:00 Jewelry Design w/Brianna L5</b> <b>11:00 Dining Services Meeting L5</b> <b>2:00 Election Day Social: American Mocktails L5</b> 3:30 Poker Society L5 4:30 Chair Arm Workout L5 6:30 Netflix History Film L5 <i>The Queens Gambit</i>	9:00 Poetry Stroll L1 10:00 Fall Fun Crafts: Native American Corn Husk Dolls 11:00 Seated Dance Workout L5 12:00 <b>Resident Birthday Luncheon L5</b> 2:00 Holy Communion L5 <b>3:30 Prize Bingo L5</b> 6:30 MAX Comedy Film L5 <i>Singing in the Rain</i>	9:30 NYT Podcast L5 <b>10:00 City View Outing: Iranian Restaurant</b> <b>2:00 Fall Themed Watercolor Art: Autumn Trees L5</b> 3:00 Black Jack L5 4:00 Chair HIIT Workout L5 6:30 Hulu Drama Film L5 <i>The Upside</i>	9:30 Cranium Crunches L5 <b>10:00 City View Shopping: Target</b> 2:00 Shabbat Blessings L5 3:00 BINGO! L5 4:00 Chair Yoga 6:30 Netflix Musical Movie <i>Tick Tick Boom</i>	9:30 Remembering our Veterans Coffee talk L5 11:00 Mindful Stretching <b>2:00 Knitting Club L5</b> 3:00 Classic Karaoke L5 4:00 Test your Luck Roulette 6:30 Amazon Sports Film L5 <i>The Bad News Bears</i>
National Donut Day Day Light Savings Ends			Election Day	Veterans Day		
9:30 Early Bird Walk L1 10:00 Catholic Mass Stream L5 11:00 Chair Pilates L5 2:00 Current Events Discussion L5 3:00 Jeopardy L5 4:00 Resident Led Rummikub L5 6:30 Hulu Romance Film L5 <i>Little Black Book</i>	9:30 Music of the World L1 10:00 Full Body Seated Workout L5 <b>11:00 Native American Discussion: How Natives Shaped Us L5</b> <b>2:00 Celebration of Native Americans: Creating Dream Catchers L5</b> 4:00 Bingo 6:30 MAX Action Film. L5 <i>Beauty &amp; the Bandit</i>	9:00 La Times Reading L5 <b>10:00 Jewelry Design w/Brianna L5</b> 11:00 Mid-Morning Stretching L5 <b>2:00 Tending the Garden</b> 3:30 Poker Society L5 6:30 Netflix History Film L5 <i>Marco Polo: One Hundred Eyes</i>	9:00 Walk La Brea L1 L1 <b>10:30 Sweet Treats Kitchen: Spice Cake &amp; Cream Cheese frosting</b> 2:00 Holy Communion L5 <b>3:30 Jonathan's Golden Workout L5</b> 4:00 Fall Fever: Button Art Collage L5 6:30 Max Comedy Film. L5 <i>Black Sheep</i>	9:30 Morning Coffee L5 10:00 Ted Talks & Discussion L5 <b>1:00 Outing: Five Below</b> 3:00 Black Jack L5 4:00 Afternoon Chair Yoga L5 6:30 Hulu Drama Film L5 <i>Run</i>	9:30 Morning Crossword L5 <b>10:00 City View Shopping: Trader Joes</b> 2:00 Shabbat Blessings L5 3:00 Bingo! L5 4:00 Soulful Breathing and Stretching L5 6:30 Netflix Musical Movie L5 <i>Whitney Houston: I Wanna Dance with Somebody</i>	9:30 Morning Tea and Biscuits L5 10:30 Seated Arm Workout L5 2:00 Bowling Tournament L5 <b>3:00 Exploring Thanksgiving Treats: How Apple Cider is Made L5</b> 4:00 Family Feud L5 6:30 Amazon Sports Film L5 <i>Saint Ralphs</i>
			National Button Day			
9:00 Neighborhood Walk L1 10:00 Catholic Mass Stream L5 11:00 MLB Highlights & Replay L5 2:00 <b>Muscle Power Hour L5</b> 3:30 BINGO! L5 6:30 Hulu Romance Film L5 <i>Breathe</i>	9:30 Java & Jazz L5 <b>10:30 Foreign Language Class L5</b> 11:00 Chair Yoga 2:00 Classic Karaoke L5 <b>3:00 Creative Color: Leaves That Fall L5</b> 4:00 Uno L5 6:30 MAX Action Film. L5 <i>Edge of Tomorrow</i>	9:30 City View Fresh Muffins L5 <b>10:00 Jewelry Design w/Brianna L5</b> 11:00 Chair Arm Workout <b>2:00 Tending the Garden L5</b> 3:30 Poker Society L5 6:30 Netflix History Film L5 <i>Pompeii</i>	9:00 Poetry Stroll L1 <b>10:00 Friends &amp; Family DIY Thanksgiving Greeting Cards</b> 11:00 Zumba Workout L5 <b>1:00 New Resident Happy Hour L5</b> 2:00 Holy Communion L5 <b>3:30 Prize Bingo L5</b> 6:30 Max Comedy Film L5 <i>Father Figures</i>	9:00 NYT Podcast L5 <b>10:00 Bundle up Beach Pier Outing</b> 1:00 Maze Corn Letter: Thankfulness to Native American Culture L5 <b>2:00 Fall Themed Painting: Hand Turkey L5</b> 3:00 Poker Society L5 <b>4:00 Chair HIIT Workout L5</b> 6:30 Hulu Drama Film L5 <i>The Deep End of the Ocean</i>	9:30 Cranium Crunches L5 <b>10:00 City View Shopping: Outlet Mall</b> 2:00 Shabbat Blessings L5 3:00 BINGO! L5 4:00 Chair Yoga 6:30 Netflix Musical Movie L5 <i>Euro Vision</i>	9:30 Morning Meditation & Aromatherapy L5 10:30 Paws to Share: - Pet Therapy L5 1:00 Mindful Stretching <b>2:00 Book Club Discussion L5</b> 3:00 Classic Karaoke L5 4:00 Test your Luck Roulette 6:30 Amazon Sports Film L5 <i>King Richard</i>
			Thanksgiving Day (US)			
9:30 Early Bird Walk L1 10:00 Catholic Mass Stream L5 11:00 Chair Pilates L5 <b>3:00 Men's Society Club L5</b> 4:00 Resident Led Rummikub L5 6:30 Hulu Romance Film L5 <i>Urban Cowboy</i>	9:00 Music of the World L5 10:00 Full Body Seated Workout L5 11:00 Current Discussions 2:00 Afternoon Refreshments: Mint Cucumber Water L5 <b>3:00 Creative Color: Wind Leaf Chimes L5</b> 4:00 Bingo 6:30 MAX Action Film. L5 <i>The Grey</i>	9:00 La Times Reading L5 <b>10:00 Jewelry Design w/Brianna L5</b> 11:00 Mid-Morning Stretching L5 <b>2:00 Tending the Garden</b> 3:30 Poker Society L5 6:30 Netflix History Film L5 <i>The Irishman</i>	9:00 Walk La Brea L1 L1 <b>10:30 Sweet Treats Kitchen: Cranberry Walnut Scones</b> 2:00 Holy Communion L5 3:30 <b>Jonathan's Golden Workout L5</b> 4:30 Rummikub L5 6:30 Max Comedy Film. L5 <i>The Comedian</i>	<b>10:00 Outing: Good Will</b> 11:00 Ted Talks & Discussion L5 2:00 Movie Trivia : Swinging 60's <b>3:00 End of November Mockail Hour: Saying Goodbye to Fall</b> 6:30 Hulu Drama Film L5 <i>Kate &amp; Leopold</i>	 <h2 style="margin: 0;">Assisted Living Calendar</h2>	