

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

APRIL 2023

							<p>10:00 Seated Stretches 1:00 Rooftop Views 2:00 Arts and Crafts 3:00 Bingo 6:00 Movie Madness: <i>Promising Young Lady</i></p> <p>April Fools' Day</p>
<p>9:00 Sunday Worship Music 10:00 Sing and Swing 1:00 Paint it Like You Mean it 2:00 Journaling 3:00 Parsha Class 6:00 Pixar Animated Film: <i>Soul</i></p> <p>Palm Sunday</p>	<p>10:00 Core Strengthening 1:00 Pictionary 2:00 Making Flower Wreaths 3:30 Happy Hour 6:00 Great Film: <i>If Anything Happens, I Love You</i></p>	<p>10:00 Yoga and Lower Back 1:00 Arts & Crafts: Portrait Sketches 2:00 Brain Games 3:00 Current Events Class 6:00 Award Winning Film: <i>Parasite</i></p>	<p>10:00 Zen Body Movement 1:00 Ted Talk and Discussion 2:00 Class on Pesach with Rabbi 3:00 Prayers for Passover 6:00 Oscar Nominated Film: <i>A Marriage Story</i></p> <p>Passover Begins</p>	<p>10:00 Sing and Swing 1:00 Outing: Picnic in the Park 2:30 World Issue Discussion 3:30 Bingo 6:00 Feminine Blockbuster: <i>Bombshell</i></p>	<p>10:00 Zumba Movement 1:00 Love Discussion 2:00 Bingo 3:00 Shabbat Blessings 6:00 Amazing Remake: <i>Little Women</i></p>	<p>10:00 Chair Yoga 1:00 Musical Matinee 3:00 Arts and Crafts: Mandala Coloring 6:00 Award Winning Film: <i>Jojo Rabbit</i></p>	
<p>9:00 Sunday Worship Music 10:00 Mindful Meditation 1:00 Easter Egg Decorating 2:00 Flower Spring Card Making 3:00 Parsha Class 6:00 Musical Classic: <i>Bohemian Rhapsody</i></p> <p>Easter Sunday</p>	<p>10:00 Zumba Workout 1:00 Adam Sandler: Comedy Special 2:00 Flower Arrangements 3:30 Happy Hour 6:00 Movie Night: <i>The Salesman</i></p>	<p>10:00 Leg Fitness Day 1:00 Daily Affirmations 2:00 Dance Off! 3:00 Current Events Class 6:00 Movie Madness: <i>The Big Short</i></p>	<p>10:00 Strength Training 1:00 Pictionary 2:00 Rooftop Views 3:00 Brain Games 6:00 Sundance Film Classic: <i>Whiplash</i></p>	<p>10:00 Dance Off 1:00 Outing: Scenic PCH Drive 2:30 World Issue Discussion 3:30 Brain Games 6:00 Classic Film: <i>The Great Gatsby</i></p>	<p>10:00 Under Arm Strength 1:00 Paint Like Picasso 2:00 Bingo 3:00 Shabbat Blessings 6:00 Shirley Temple Classic Film: <i>The Little Princess</i></p>	<p>10:00 Seated Stretches 1:00 Rooftop Views 2:00 Puzzle It Out: Cranium Crunches 3:00 Bingo 6:00 Classic Film: <i>Searching for Sugarman</i></p>	
<p>9:00 Sunday Worship Music 10:00 Sing and Swing 1:00 Draw it For Me 2:00 Journaling 3:00 Parsha Class 6:00 Heartfelt Film: <i>The Descendants</i></p>	<p>10:00 Core Strengthening 1:00 Pictionary 2:00 Hair/ Makeup Day 3:30 Happy Hour 6:00 Award Winning Film: <i>The Hurt Locker</i></p>	<p>10:00 Yoga and Lower Back 1:00 Arts and Crafts: Portrait Sketches 2:00 Current Events Class 3:00 Bingo 6:00 Pixar Film: <i>Up</i></p>	<p>10:00 Zen Body Movement 1:00 Ted Talk and Discussion 2:00 Daily Affirmations : Think Positive! 3:00 Sing it Out! 6:00 Woody Allen Film: <i>Vicky Christina Barcelona</i></p>	<p>10:00 Sing and Swing 1:00 Outing: Adventurous Views 2:30 World Issue Discussion 3:00 Bingo 6:00 Football Film Favorite: <i>The Blind Side</i></p>	<p>10:00 Zumba Movement 1:00 Friendship Circle 2:00 Bingo 3:00 Shabbat Blessings 6:00 Oscar Nominated Film: <i>The Reader</i></p>	<p>10:00 Chair Yoga 1:00 Musical Matinee 3:00 Arts and Crafts 6:00 Award Winning Film: <i>No Country For Old Men</i></p> <p>Earth Day</p>	
<p>9:00 Sunday Worship Music 10:00 Mindful Meditation 1:00 Flower Spring Card Making 2:00 Mandala Coloring 3:00 Parsha Class 6:00 Sundance Film Classic: <i>Little Miss Sunshine</i></p>	<p>10:00 Zumba Workout 1:00 Comedy 2:00 Flower Arrangements 3:30 Happy Hour 6:00 Fun Film: <i>Pirates of the Caribbean: Dead Man's Chest</i></p>	<p>10:00 Leg Fitness Day 1:00 Daily Affirmations 2:00 Current Events Class 3:00 Prize Bingo! 6:00 Love Film: <i>Eternal Sunshine of The Spotless Mind</i></p>	<p>10:00 Strength Training 1:00 Astrology Class 2:00 Pictionary 3:00 Rooftop Views 6:00 Watergate Film: <i>Dick</i></p> <p>Administrative Professionals Day</p>	<p>10:00 Dance it Up 1:00 Outing: Drive Around Hollywood 2:30 World Issue Discussion 3:30 Brain Games 6:00 Comedy Film: <i>Bridesmaids</i></p>	<p>10:00 Under Arm Strength 1:00 Paint Like Monnet 2:00 Bingo 3:00 Shabbat Blessings 6:00 Shirley temple Classic Film: <i>Just Around The Corner</i></p> <p>Arbor Day</p>	<p>10:00 Seated Stretches 1:00 Rooftop Views 2:00 Puzzle it Out: Cranium Crunches 3:00 Bingo 6:00 Classic Film: <i>Beetlejuice</i></p> <p>National Wish Day</p>	
<p>9:00 Sunday Worship Music 10:00 Sing and Swing 1:00 Draw it For Us 2:00 Journaling 3:00 Parsha Class 6:00 Spielberg Classic Film: <i>Jaws</i></p> <p>International Jazz Day</p>							