

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



<p>BREAKFAST 5 Bagel, Eggs Any Style, Hot & Cold Cereal, Fresh Fruit, Prune Yogurt HANUKKAH LUNCH Matzo Ball Soup Beef Brisket, Veggie Rice Pilaf Sufganiyot- Jelly Donuts DINNER Orange Lentil Soup Noodle Koogel Yogurt Parfait Hanukkah</p>	<p>BREAKFAST 6 Pancakes, Eggs Any Style, Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH Butternut Squash Soup Honey Mustard Chicken Quarter Glazed Carrot/ Prunes, Apple Mint Salad DINNER White Bean Vegetable Soup, Rolled Lasagna with Meat Sauce, Green Beans, Garlic Bread, Berry Pudding</p>	<p>BREAKFAST 7 Hot/Cold Cereal, Eggs Any Style, Toast Fresh Fruit, Prunes LUNCH Noodle Soup Brisket, Roasted Butternut Squash, Brussel Sprouts DINNER Squash Soup Meatloaf, Rice Pilaf, Brussel Sprout Apple Spinach Salad</p>	<p>BREAKFAST 8 Eggs Any Style, Toast, Turkey Sausage Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH Roasted Lentil Vegetable Soup Turkey Enchiladas with Creme sauce, Rice & Lentils, Sherbet DINNER Green Pea Soup Roasted Chicken, Loaded Beet Salad Oatmeal Cranberry Cookie</p>	<p>BREAKFAST 9 Biscuits with Gravy, Home-Style Potatoes with Onions and Peppers, Fruit LUNCH Noodle Soup, Turkey salad Wrap, Roasted Potatoes, Green Salad, Fruit Cake DINNER Potato Mushroom Cream Soup Stuffed Manicotti Zucchini with Peppers, Blueberry Shortcake</p>	<p>BREAKFAST 10 Cream of Wheat, Pancakes Eggs Any Style, Meat, and Fruit LUNCH Brown Rice Soup, Chickpea Chicken Curry with Peppers Cucumbers, Red Onions Pudding Parfait DINNER Squash Onion Soup, Oven Fried Fish Vegetables & Sweet Potato's Smoothie</p>	<p>BREAKFAST 11 Turkey Eggs Benedict, Hot & Cold Cereal, Fresh Fruit, Cottage Cheese LUNCH Vegetable Soup, Hummus, Tuna Wrap, Cole Slaw, Sliced Fruit DINNER Cabbage Soup Quiche, Salad, Garlic Bread Seasonal Fruit Hanukkah</p>
<p>BREAKFAST 12 Bagel, Eggs Any Style, Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH Vegetable Soup, Pasta Primavera, Garlic Bread Sliced Cucumber Fruit DINNER Vegetable Soup, Lemon Herb Chicken, Potatoes, Green Beans</p>	<p>BREAKFAST 13 Pancakes, Eggs Any Style, Beef Sausage Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH Clam Chowder Soup, Fish, Vegetable Rice Bowl, Pear Crisp with Spiced Cream DINNER Vegetable Soup, Assorted Deli Plate, Sliced Fruit</p>	<p>BREAKFAST 14 French Toast, Eggs Any Style, Hot & Cold Cereal, Eggs any Style, Fruit LUNCH Vegetable Soup, Philly Chicken Cheese-steak Sandwich, Potato Wedges, Fruit Ice (Smoothie) DINNER Bean Soup Gourmet Spinach Salad (Vegetarian) Garlic Bread, Blueberry Muffins</p>	<p>BREAKFAST 15 Eggs Any Style, Toast, Beef Sausage Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH French Onion Soup, Vegetable Egg Fried Rice, Egg Roll, Salad, Sherbet DINNER Chicken Soup with Kreplach Gefilte Fish, Waldorf Salad Lemon Herb Chicken Legs Potato Pancakes</p>	<p>BREAKFAST 16 Coffee Cake Muffin, Home-Style Potatoes with Peppers, Eggs Scrambled, Fruit LUNCH Split Pea Vegetable Soup Ground Beef Kabobs Baked Tomato with Dill Rice Jello with fruit DINNER White Bean Vegetable, Rolled Lasagna with Meat Sauce, Green Beans, Garlic Bread, Berry Pudding</p>	<p>BREAKFAST 17 Cream of Wheat, Hash Browns, Eggs Any Style, Meat, and Fruit LUNCH Clam Chowder, Lemon Stuffed Fish, Broccoli & Red Potato's, Chocolate Ice Cream Sundae DINNER Cabbage Vegetable Soup, Turkey Salad Sandwich Parsley Red Onion Salad, Honey Yogurt</p>	<p>BREAKFAST 18 Hot & Cold Cereal, Poached Eggs, Toast Fresh Fruit, Prunes LUNCH Vegetable Soup, Stuffed Peppers, Salad, Lemon Pudding DINNER Pinto Bean Soup Herb Baked Chicken, Sweet Potato Vegetable Salad Watermelon Slice</p>
<p>BREAKFAST 19 Bagel, Eggs Any Style, Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH Vegetable Soup Chicken Egg Noodle Pasta Green Salad Fruit DINNER Beef Vegetable Soup, Sliced Beef with Gravy,, Brown Rice Pilaf</p>	<p>BREAKFAST 20 Pancakes, Eggs Any Style, Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH Garden Soup, Corned Beef, Rye Bread, Macaroni Salad, Jello with Cream DINNER Garlic Knot Challah Split Pea Soup Grilled Chicken Salad Spiced Couscous with Almonds Chef's Dessert</p>	<p>BREAKFAST 21 French Toast, Eggs Any Style, Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH Lima Bean Soup Crispy Chicken Salad with Buttermilk Ranch Dressing, Garlic Bread Ice Cream Sundaes DINNER Lima Bean Soup, Vegetable Pasta Primavera Sliced Beets with Feta Winter Begins</p>	<p>BREAKFAST 22 Eggs Any Style, Toast, Hash Browns, Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH Barley Squash Soup, 1/4 Chicken Roasted Egg Noodles, Vegetables Apple Turnover DINNER Root Vegetable Soup, Pesto Pasta Salad with Sliced Chicken Lemon Cake</p>	<p>BREAKFAST 23 Breakfast Muffins, Hash Browns with Onions and Peppers, Eggs, Fruit LUNCH Chicken Pot Pie Garden Salad Fruit DINNER Country Vegetable, Spaghetti & Meat Balls, Salad, Garlic Bread, Chocolate Pudding</p>	<p>BREAKFAST 24 Blueberry Pancakes, Eggs Any Style, Hot & Cold Cereal, & Fresh Fruit LUNCH Chicken Noodle Soup, Assorted Deli Wraps Potato Chips, Orange Slices Chocolate Chip Cookie DINNER Egg Drop Soup Quiche, Potatoes, Salad Honey Yogurt & Berries Christmas Eve</p>	<p>BREAKFAST 25 Cream of Wheat, Eggs Any Style, Meat, & Fresh Fruit CHRISTMAS LUNCH Navy Bean Soup, Opened-Faced Turkey Sandwich Mashed Potatoes & Gravy Hot Fudge Sunday DINNER Italian Feast Soup Chicken Alfredo, Caesar Salad Tiramisu Christmas</p>
<p>BREAKFAST 26 Bagel, Eggs Any Style, Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH Split Pea Soup, Meatloaf Potato Hash Vanilla Mousse DINNER Sweet Potato Soup, Beef Stew, Egg Noodle, Corn Bread Sugar Cookie Kwanzaa Begins</p>	<p>BREAKFAST 27 Pancakes, Eggs Any Style, Hot & Cold Cereal, Fresh Fruit, Prunes, Cottage Cheese LUNCH Cabbage Soup Fish Fillet, Couscous with Vegetables Baked Blueberry Apple Slices DINNER Vegetable Rice Soup, Warm Turkey Salad Banana Pudding</p>	<p>BREAKFAST 28 French Toast, Eggs Any Style, Hot & Cold Cereal, Fresh Fruit, Prunes LUNCH Tomato & White Bean Soup, Beet & Butternut Squash Salad with Chicken Cream & Puff Pastry DINNER Squash Soup Baked Quiche, Greens with Fruit Dinner Roll, Jello with Fruit</p>	<p>BREAKFAST 29 Hot & Cold Cereal, Bagel, Beef Sausage Boiled Eggs, Fresh Fruit, Prunes LUNCH Tomato Soup Pita Pizza, Tabbouleh Salad Seasonal Fruit & Cheese DINNER Tomato Soup Spinach Grilled Cheese, 3 Bean Salad Root Beer Float</p>	<p>BREAKFAST 30 Hot or Cold Cereal, Breakfast Muffins, Scrambled Eggs with Onions and Peppers, Toast, Fresh Fruit LUNCH Vegetable Soup, Grilled Chicken, Squash with Roasted Potatoes, Sliced Melons DINNER Squash Soup, Macaroni & Cheese Green Salad, Shortbread & Berries</p>	<p>BREAKFAST 31 Hot or Cold Cereal, Yogurt Parfait, Omelets, Toast, with Fresh Fruit NEW YEAR'S EVE LUNCH Clam Chowder, Fish Burger Fries, Lettuce & Tomato, Red Onion Citrus Sorbet DINNER Tomato Soup, Pepper Beef, Rice Herbed Tomato Salad Berries & Cream New Year's Eve</p>	

Dining Hours | Breakfast from 8:00am to 9:30am | Lunch from 12:00pm to 1:30pm | Dinner from 5:00pm to 6:30pm
Menu Subject to Change

We prepare our menu with no added salts or sugars.
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