

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
9:00 Early Bird Walking Club 9:30 Berry Smoothies and Health Focused Affirmations 10:30 Morning Stretch and Strengthen 1:00 Christmas Wreaths Decoration 2:00 Classical Music Appreciation 3:00 Game On! Bingo 4:00 Gardening on the Patio 5:30 Movies Based on True Stories	9:00 Current Events Chronicle 10:00 Muscle Power Hour 11:00 New Resident Welcome Chat 1:00 Soul Music Sing Along 1:45 Blooms and Blossoms: Floral Arrangements 3:00 Happy Hour and Live Musical Performance 5:30 Classic Love Films	9:00 Beauty Facials 10:00 Zen Body Movement 11:00 Christmas Short Stories: Timeless Christmas 1:00 Spiritual Listening 2:00 Stay Connected 3:00 You, Me and a Cup of Tea 4:00 Family Stories: Fun & Happy Memories 5:30 Hollywood Blockbuster Films	9:00 Morning Affirmations 9:45 Pilates Workout 10:30 Remembering Pearl Harbor 1:00 Bingo 2:00 Acrylic Painting: American Flag 3:00 Technology 101 4:00 Group of Grace 5:30 Classic Television Marathon	9:00 Sound Meditation & Tea 10:00 SOUL Adventures: Picnic at the Park 10:30 Fab Fit and Fun 1:00 Card Sharps: Uno 2:00 Winter Poetry on the Patio 3:00 Bowling on the Go! 5:30 Musical Theatre Movies	9:00 Spa Treatments 10:00 Power Up Gym 11:00 Acting & Improv Series 1:00 Stay Connected 2:00 Christmas Tree Art 4:00 Shabbat Blessings 5:30 Bing Crosby Feature "Holiday Inn"	9:30 Morning Manicures 10:30 Make a Gift for a Friend 1:00 Four Bagger! Tournament 2:00 Ted Talk and Tea Discussions 3:00 Fresh Fruit & Bowling on the Patio! 4:00 The Art of Romance: Couples in Color 5:30 Romantic Comedies
Festival of Holidays				Make a Gift Day		
9:00 Sunday Morning Stroll 10:00 Dance Aerobics 1:00 Making Ugly Christmas Sweaters 2:00 Aromatherapy & Spa 3:00 Game On! Dominoes 4:00 Chalk Pastel Holiday Illustrations 5:30 Movies Based on True Stories	9:00 New Resident Welcome Chat 10:00 Gingerbread Creations 11:00 Cranium Crunches 1:00 Fab, Fit and Fun Workout 3:00 Welcome New Residents! Happy Hour and Live Musical Performance 5:30 Classic Love Films	9:00 Hair Salon Updo's 10:00 Yoga and Stretching 11:00 Music Appreciation & Danceathon 1:00 Shoot the Hoops! Basketball Tournament 2:00 Hot Coco and Poetry on the Patio 3:00 Fall Photos Reminiscence 4:00 Family Prayer 5:30 Hollywood Blockbuster Films	9:00 American Midwest Scenic Tour 9:45 Zumba Workout 10:30 Fashion in the 40's 1:00 Card Game Cafe 2:00 Patio Danceathon 3:00 Art of the Heart Color Sketches 4:00 La Brea's Walking Talkies 5:30 Classic Television Marathon	9:00 Sound Meditation 10:00 SOUL Museum Outing 10:30 Dance Aerobics 1:00 Card Sharps: Uno 2:00 Winter Poetry on the Patio 3:00 Holiday Pictionary 5:30 Musical Theatre Movies	9:00 Spa Treatments 10:00 Power Up Gym 11:00 Acting & Improv Series 1:00 Stay Connected 2:00 Tree of Life Canvas Art Pt.1 4:00 Shabbat Blessings 5:30 Bing Crosby Feature "High Society"	9:30 Morning Affirmations 10:30 Speak and Think 1:00 Ugly Christmas Sweater Holiday Party 2:00 Ted Talk and Tea Discussions 3:00 Toffee Nut Coffee Cafe 4:00 Trivia Night 5:30 Best of I Love Lucy Shows
Gingerbread House Day		National Cocoa Day		National Ugly Sweater Day		
9:00 Early Bird Walking Club 9:30 Green Smoothies and Positive Affirmations 10:30 Morning Stretch and Strengthen 1:00 Di Vinci Paintings Lecture 2:00 Gardening on the Patio 3:00 Game On! Bingo 4:00 Hanukkah Blessings 5:30 Movies Based on True Stories	9:00 Current Events Chronicle 10:00 Muscle Power Hour 11:00 Game of Inquiry 1:00 50's Sing Along 3:00 Happy Hour and Live Musical Performance 4:00 Feeding the SOUL Birds 5:30 Classic Love Films	9:00 Beauty Facials 10:00 Zen Body Movement 11:00 Heartwarming Short Stories: The Christmas Story 2:00 Inspired Watercolor Series: Abstract Inspiration 3:00 Studio Session with DrumBeats 4:00 Family Stories: Warmhearted Memories 5:30 Hollywood Blockbuster Films	9:00 Rat Pack Classics 9:45 Do the Hustle Workout 10:30 Today In Art History 1:00 Bingo 2:00 Group of Grace 3:00 Technology 101 4:00 Zen Meditation 5:30 Classic Television Marathon	9:00 Price is Right 10:00 SOUL Adventures: Scenic Hollywood Drive 1:00 Spiritual Listening 2:00 Christmas Poetry on the Patio 3:00 Smoothies and Cornhole on the Patio 5:30 Musical Theatre Movies	9:00 Aromatherapy Massage 10:00 Stationary Cycling 11:00 Midwest Travelogue: Columbus, Ohio 1:00 Crossword Challenge 2:00 Happy Tappy Tea Party 4:00 Shabbat Blessings 5:30 Bing Crosby Feature "Merry Christmas"	9:30 Beauty Lab 10:30 Soul Music Dance Off 1:00 Puzzle Power 2:00 Ted Talk and Discussion 3:00 Apple Spice Afternoon Tea 4:00 The Art of Fashion: Color Sketches 5:30 Romantic Comedies
Hanukkah Begins				Christmas Eve National Eggnog Day		
9:00 Sunday Morning Stroll 9:30 The Meaning of Christmas 10:30 Fab, Fit, Fun Workout 1:00 Holiday Paintings Lecture 2:00 The Story of Christmas 3:00 Game On! Dominoes 4:00 Chalk Pastel Holiday Illustrations 5:30 Movies Based on Christmas	9:00 Coffee Social Hour 10:00 Zumba Gold 11:00 Game of Inquiry! Conversation 1:45 Blooms and Blossoms: Floral Arrangements 3:00 Kwanzaa Happy Hour & Live Performance 4:00 Seashell Collectors 5:30 Classic Love Films	9:00 Hair Salon Updo's 10:00 Music Appreciation & Danceathon 11:00 Spill the Tea! Bill Crosby Chit Chat 1:00 Shoot the Hoops! Basketball Tournament 2:00 Bingo 4:00 Family Prayer 5:30 Hollywood Blockbuster Film	9:00 American Midwest Tour 9:45 Resistance Band Workout 10:30 Fashion in the 50's 1:00 Card Game Cafe 2:00 Patio Danceathon 3:00 Self Portrait Painting L5 4:00 La Brea's Walking Talkies 5:30 Classic Television Marathon	9:00 Sound Meditation & Tea 10:00 SOUL Museum Outing 10:30 Dance Aerobics 1:00 Baking Apple Turnovers 2:00 Holiday Poetry on the Patio 3:00 Bowling on the Go! 5:30 Musical Theatre Movies	9:00 Spa Treatments 10:00 Power Up Gym 11:00 Acting & Improv Series 1:00 Stay Connected 2:00 Tree of Life Canvas Art Pt.1 4:00 Shabbat Blessings 5:30 Bing Crosby Feature "Paper Moon"	9:30 Morning Manicures 10:30 Name That Tune and Sunbathing on the Patio! 1:00 Beauty Salon Day 2:00 Ted Talk and Tea Discussions 3:00 Musical: A Star is Born 4:00 New Year's Eve Dinner Party 5:30 Best of I Love Lucy Shows
Kwanzaa Begins National Thank You Note Day		Pledge of Allegiance Day		New Year's Eve		