| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
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| | | 9:00 Java and Words of Affirmations 9:30 Today in History 10:00 Latin Zumba Fitness! 1:00 Lunar New Year Lantern Decorating 2:00 Fact or Fiction Trivia 3:00 Soul Southern Cuisine; Sausage Gravy & Biscuits 4:00 Aromatherapy Relaxation 5:30 Lantern Hanging Rooftop Walk Chinese New Year (Year of the Tiger) | 9:00 La Brea's Walking Talkies 9:30 Facial Skin Care & Massages 10:00 Game On! Bridge Tournaments 10:30 Mysteries Cases Unsolved 1:00 Painting on the Patio 2:00 Happy Hour with Live Entertainment 3:00 Groundhog Day Observations 4:00 Bingo 5:30 Classic Television Marathon I Love Lucy Groundhog Day | 9:00 Conductercise! 9:30 Collaborative Groupthink 10:00 Soul's HairSalon Day 10:30 Graces and Prayers 1:00 Cesar's Joint Health Exercises 2:00 Nat King Cole's Song Deliberations 3:00 Acting and Improv Series 4:00 Scrabble Challenge! 5:30 Musical Theatre Movies: Hamlet | 9:00 Early Bird Stretches 9:30 Daily Chronicle Discussion 10:00 Classify and Categorize Automobiles 10:30 Tangram Solving 1:00 Range of Motion Fitness 2:00 Soul's Book Club 3:00 Nostalgic Photos Reminiscence 4:00 Tending the SOUL Garden 5:30 Breaking into the Cinema | 9:00 Zen Yoga 9:30 Spa Nails and Designs! 10:00 Taking a look into the Wildlife 10:30 States of America Fine Points 1:00 Horse Shoe Challenge 2:00 Soul's Experimenting Lab 3:00 Seasonal Fruit Tasting 4:00 Sing Along to Sara Vaughn 5:30 Romance Movie Marathon: Seventh Heaven |
| 9:00 Moving to Motown Classics 9:30 Trivia Frenzy 10:00 Patio Tea and Puff Pastries 10:30 Amazing Grace Songs & Prayer 1:00 Jewelry Design Creations 2:00 History of American Football 3:00 Collaborative Poem Creation 4:00 Resident Spotlight of the Month Article 5:30 NFL Game Replays | 9:00 Mindful Meditation 9:30 Soul Bird Watching Club 10:00 City View Soul Outing: Pan Pacific Park & La Brea Bakery 1:00 I should have known that! Trivia 2:00 World Issue Discussion 3:00 Jane's Creative Arts Therapy 4:00 Afternoon Outdoor Aerobics 5:30 Most Classic and Loved Films: Casablanca | 9:00 Power Hour Exercises 9:30 Blitz Card game match! 10:00 Soul Spa Day 10:30 Felt Rose Bouquet 1:00 Sing Along to Ella Fitzgerald 2:00 Table Talks: Family Edition 3:00 Soul Southern Cuisine: Nashville Chicken Sandwiches 4:00 Soul's Bowl Lanes 5:30 Hollywood Blockbuster Films Forrest Gump | 9:00 SOUL Neighborhood Stroll 9:30 American South Cultural Festival 10:00 Daily Chronicle Discussion 10:30 Chef's Chat with Brian 1:00 Shuffleboard Tournament 2:00 Happy Hour with Live Entertainment 3:00 The History of Southern Music 4:00 Guess in 10 Animal Edition 5:30 Classic Television Marathon: I Love Lucy | 9:00 Enlightening Yoga 9:30 Valentine's Themed Watercolor 10:00 Whiteboard Pictionary 10:30 Superbowl Sugar Cookie Decorating 1:00 Cesar's Joint Health Exercises 2:00 Today in History 3:00 Exploring the American South: Jackson Square 4:00 Soul's Bird Feeding 5:30 Musical Theatre Movies: Annie | 9:00 Stationary Cycling 9:30 Krispy Kreme and Coffee Talks 10:00 Poetry in Motion 10:30 Theatrical Sing Along 1:00 Heart to Heart Therapy 2:00 SOUL Baker's Emporium 3:00 Oil Pastel Drawings 4:00 Bingo 5:30 Classic Comedy Films: 9 to 5 | 9:00 Oldies but Goldies Shake off 9:30 Wellness & Rejuvenation 10:00 Soul's Juice Bar Blend it up! 10:30 Call Break "Pitty Pat" Match 1:00 Current Events & Discouse 2:00 Soul's Polymer Clay Creations 3:00 Riddle me This 4:00 Patio Walk 5:30 Romance Movie Marathon: The Last Time I saw Paris |
| 9:00 SOUL Stretches 9:30 Massages & Aromatherapy 10:00 Heart Yarn Making 10:30 Soul's Words of Affirmation 1:00 Fitness Record Beaters 2:00 Finger Food and Football 3:00 Super Bowl Sunday Screening 4:00 Cultivating on the Rooftop 5:30 NFL Game Replays | 9:00 Salsa Fitness Dance 9:30 Words unscrambled 10:00 City View Soul Outing: Exposition Park Rose Garden 1:00 Patio Ruminations & Tea 2:00 Chocolate Covered Strawberries Making 3:00 Jane's Creative Arts Therapy 4:00 Coin Collector Group Discussion 5:30 Most Classic and Loved Films Citizen Kane | 9:00 Java and Words of Affirmation 59:30 Today in History 10:00 Latin Zumba Fitness! 1:00 Seasonal Pot Decorating 2:00 Fact or Fiction Trivia 3:00 Soul Southern Cuisine; Chicken Pot Pie 4:00 Aromatherapy Relaxation 5:30 Hollywood Blockbuster Films Shutter Island | 9:00 La Brea's Walking Talkies 9:30 Facial Skin Care & Massages 10:00 Game On! Bridge Tournaments 10:30 Mysteries Cases Unsolved 1:00 Painting on the Patio 2:00 Happy Hour with Live Entertainment 3:00 Taking a look into U.S Presidents 4:00 Bingo 5:30 Classic Television Marathon: I Love Lucy | 9:00 Conductercise! 9:30 Collaborative Groupthink 10:00 Soul's HairSalon Day 10:30 Graces and Prayers 1:00 Cesar's Joint Health Exercises 2:00 Nat King Cole's Song Deliberations 3:00 Acting and Improv Series 4:00 Scrabble Challenge! 5:30 Musical Theatre Movies: Les Miserables | 9:00 Early Bird Stretches 9:30 Daily Chronicle Discussion 10:00 Classify and Categorize Automobiles 10:30 Tangram Solving 1:00 Range of Motion Fitness 2:00 Soul's Book Club 3:00 Nostalgic Photos Reminiscence 4:00 Tending the SOUL Garden 5:30 Breaking into the Cinema | 9:00 Zen Yoga 9:30 Spa Nails and Designs! 10:00 Taking a look into the Wildlife 10:30 States of America Fine Points 1:00 Horse Shoe Challenge 2:00 Soul's Experimenting Lab 3:00 Seasonal Fruit Tasting 4:00 Sing Along to Sara Vaughn 5:30 Romance Movie Marathon: Five Feet Apart |
| 9:00 Moving to Motown Classics 9:30 Trivia Frenzy 10:00 Patio Tea and Puff Pastries 10:30 Amazing Grace Songs & Prayer 1:00 Jewelry Design Creations 2:00 History of American Football 3:00 Collaborative Poem Creation 4:00 Resident Spotlight of the Month Article 5:30 NFL Game Replays | 9:00 Mindful Meditation 9:30 Discuss Presidents on your Money 10:00 City View Soul Outing: Hollywood Stars Scenic Tour 1:00 I should have known that! Trivia 2:00 World Issue Discussion 3:00 Jane's Creative Arts Therapy 4:00 Afternoon Outdoor Aerobics 5:30 Most Classic and Loved Films: Presidents' Day | 9:00 Power Hour Exercises 9:30 Blitz Card game match! 10:00 Soul Spa Day 10:30 Soul Scrapbook Assembling 1:00 Sing Along to Ella Fitzgerald 2:00 Table Talks: First Edition 3:00 Soul Southern Cuisine: Bacon Baked Beans 4:00 Soul's Bowl Lanes 5:30 Hollywood Blockbuster Films Wild Wild West | 9:00 SOUL Neighborhood Stroll 9:30 American South Cultural Festival 10:00 Daily Chronicle Discussion 10:30 Chef's Chat with Brian 1:00 Shuffleboard Tournament 2:00 Happy Hour with Live Entertainment 3:00 The History of Southern Music 4:00 Guess in 10 Animal Edition 5:30 Classic Television Marathon: I Love Lucy | 9:00 Enlightening Yoga 9:30 Valentine's Themed Watercolor 10:00 Whiteboard Pictionary 10:30 Superbowl Sugar Cookie Decorating 1:00 Cesar's Joint Health Exercises 2:00 Today in History 3:00 Exploring the American South: Forsyth Park 4:00 Soul's Bird Feeding 5:30 Musical Theatre Movies: La La Land! | 9:00 Stationary Cycling 9:30 Krispy Kreme and Coffee Talks 10:00 Poetry in Motion 10:30 Theatrical Sing Along 1:00 Heart to Heart Therapy 2:00 SOUL Baker's Emporium 3:00 Oil Pastel Drawings 4:00 Bingo 5:30 Classic Comedy Films: The Producers | 9:00 Oldies but Goldies Shake off 9:30 Wellness & Rejuvenation 10:00 Soul's Juice Bar Blend it up! 10:30 Call Break "Pitty Pat" Match 1:00 Current Events & Discouse 2:00 Soul's Polymer Clay Creations 3:00 Riddle me This 4:00 Patio Walk 5:30 Romance Movie Marathon: Waterloo Bridge |
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