

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

February 2023

City View Memory Care Calendar

			<p>10:00 Dance Fitness 11:00 Parsha of the Week 1:00 Bingo 2:00 Black History Month: Famous Artists 3:00 Aromatherapy Meditation and Spa Treatments 4:00 Rooftop Walk 5:30 Classic Television Marathon The Golden Girls</p>	<p>2 9:30 Strength Training 10:30 SOUL Adventures: Scenic Hollywood Drive 1:30 Old Hollywood Sights and Music Reminiscence 2:30 Black and White Sketching 3:30 Bowling on the Go! 5:30 Musical Theatre Movies Grease Groundhog Day</p>	<p>3 9:30 Move to the Music 10:30 Art for the Heart: Shades of Primary Colors 1:30 Game On! Elimination Dice 2:30 Love Poetry Deconstruction 3:30 Musical Concert 5:30 Tina Turner Feature "Proud Mary"</p>	<p>4 9:30 Breathe Yoga 10:30 The Art of Romance: Couples in Color 1:30 Rat Pack Classics 2:30 English Tea Party 3:30 Bowling on the Patio! 5:30 Classic Comedies Tootsies</p>
<p>5 9:00 Sunday Worship Music 9:30 Morning Stretch & Strengthen 10:30 Songwriting Like Sinatra 1:00 Mindful Meditation 1:30 City View Songbird Painting 2:30 Ted Talk and Discussion 3:30 Game On! Uno 5:30 Classic Films</p>	<p>6 9:30 City Views on the Rooftop 10:00 Best of Van Gogh 11:00 Sing and Swing 1:00 The Meaning of Lovebirds 2:00 Chef Creations: Baking and Decorating Lovebird Cookies 3:00 Happy Hour and Live Musical Performance 5:30 Love in Film: Age of Adeline</p>	<p>7 10:00 Zen Body Movement 11:00 Daily Chronicle 1:00 Karaoke to Jazz Classics 2:00 Inspired Watercolor Series: Abstract Impressions 3:00 You, Me and a Cup of Tea 4:00 Reminiscence Corner: Fun Fifties Memories 5:30 Hollywood Blockbuster Films The Philadelphia Story</p>	<p>8 10:00 Zumba Gold 11:00 Parsha of the Week 1:00 Bingo 2:00 Best of Love in Film History 3:00 Aromatherapy Meditation and Spa Treatments 4:00 La Brea's Walking Talkies 5:30 Classic Television Marathon The Golden Girls</p>	<p>9 9:30 Core Workout 10:30 SOUL Adventures: Park Picnic Lunch and Walk 1:30 Tragic Love on the Titanic 2:30 Chalk Pastel Valentine Guided Designs 3:30 Guess Who? 21 Questions 5:30 Musical Theatre Movies Dirty Dancing</p>	<p>10 9:30 Dance Cardio 10:30 Art for the Heart: Colors of Emotion 1:30 Game On! Pictionary 2:30 World Issue Discussion 3:30 Explore the City of Florence 5:30 Aretha Frankin Feature "Respect"</p>	<p>11 9:30 Seated Stretches 10:30 The Art of Fashion: Color Sketches 1:30 Oldies but Goldies Dance Off 2:30 Red Velvet Cafe 3:30 Puzzle It Out! Jokes and Riddles 5:30 Classic Comedies Bye Bye Birdie</p>
<p>12 9:00 Sunday Worship Music 9:30 Resistance Training 10:30 Songwriting Like Patti Page 1:00 Mindful Meditation 1:30 Canvas Collages of Emotion 2:30 Ted Talk and Discussion 3:30 Super Bowl LVII Watch Party 5:30 Classic Films</p>	<p>13 9:30 City View Skyline Stroll 10:00 Best of Michelangelo 11:00 Fifties Dance Karaoke 1:00 The Love of Your Life 2:00 Chef Creations: Valentine Parfaits 3:00 Welcome New Residents! Happy Hour and Live Musical Performance 5:30 Love in Film: Notting Hill</p>	<p>14 10:00 Yoga and Stretching 11:00 Today in History 1:00 Great American Songbook Love Songs 2:00 Inspired Watercolor Series: Colors of Love 5:00 Our Love is Written in the Stars Valentine's Day Celebration 5:30 Valentine's Day Feature Film: Valentine's Day Happy Valentine's Day!</p>	<p>15 10:00 Dance Fitness 11:00 Parsha of the Week 1:00 Bingo 2:00 Black History Month: Famous Scientists 3:00 Aromatherapy Meditation and Spa Treatments 4:00 Rooftop Walk 5:30 Classic Television Marathon The Golden Girls</p>	<p>16 9:30 Strength Training 10:30 SOUL Adventures: Scenic PCH Drive 1:30 Pacific Coast Sights and Music Reminiscence 2:30 Black and White Sketching 3:30 Bowling on the Go! 5:30 Musical Theatre Movies Footloose</p>	<p>17 9:30 Move to the Music 10:30 Art for the Heart: Kandinsky Shapes and Lines 1:30 Game On! Elimination Dice 2:30 Winter Poetry Deconstruction 3:30 Musical Concert 5:30 Cher Feature "Sunshine on my Shoulders"</p>	<p>18 9:30 Breathe Yoga 10:30 The Art of Romance: Couples in Color 1:30 Rat Pack Classics 2:30 Fruit-Tea Party 3:30 Bowling on the Patio! 5:30 Classic Comedies The Pink Panther</p>
<p>19 9:00 Sunday Worship Music 9:30 Morning Stretch & Strengthen 10:30 Songwriting Like Doris Day 1:00 Mindful Meditation 1:30 Romantic Era Painting 2:30 Ted Talk and Discussion 3:30 Game On! Uno 5:30 Classic Films</p>	<p>20 9:30 City Views on the Rooftop 10:00 Best of Claude Monet 11:00 Sing and Swing 1:00 Favorite President of All Time 2:00 Chef Creations: Baking and Decorating Patriotic Cookies 3:00 Cherry Pie Happy Hour and Live Musical Performance 5:30 Love in Film: Moonstruck Presidents' Day/Cherry Pie Day Happy Birthday Juanita A!</p>	<p>21 10:00 Zen Body Movement 11:00 Daily Chronicle 1:00 Karaoke to Jazz Classics 2:00 Inspired Watercolor Series: Mardi Gras Inspiration 3:00 Mardi Gras Celebration 4:00 Reminiscence Corner: Fun Fifties Memories 5:30 Hollywood Blockbuster Films The Philadelphia Story Mardi Gras</p>	<p>22 10:00 Zumba Gold 11:00 Parsha of the Week 1:00 Bingo 2:00 Film History Clips 3:00 Aromatherapy Meditation and Spa Treatments 4:00 La Brea's Walking Talkies 5:30 Classic Television Marathon The Golden Girls Ash Wednesday</p>	<p>23 9:30 Core Workout 10:30 SOUL Adventures: Picnic Lunch and Stroll 1:30 Famous Pets of Hollywood 2:30 Chalk Pastel Mardi Gras Guided Designs 3:30 Guess Who? 21 Questions 5:30 Musical Theatre Movies Flashdance</p>	<p>24 9:30 Dance Cardio 10:30 Art for the Heart: Portrait Sketches 1:30 Game On! Pictionary 2:30 World Issue Discussion 3:30 Explore the City of Verona 5:30 Dolly Parton Feature "Heartstrings"</p>	<p>25 9:30 Seated Stretches 10:30 The Art of Fashion: Color Sketches 1:30 Oldies but Goldies Dance Off 2:30 Cinnamon Vanilla Cafe 3:30 Puzzle It Out! Cranium Crunches 5:30 Classic Comedies The Three Stooges</p>
<p>26 9:00 Sunday Worship Music 9:30 Resistance Training 10:30 Songwriting Like Elvis Presley 1:00 Mindful Meditation 1:30 Shapes and Colors of Picasso 2:30 Ted Talk and Discussion 3:30 Game On! Bingo 5:30 Classic Films Happy Birthday Eloise K!</p>	<p>27 9:30 City View Skyline Stroll 10:00 Best of Rembrandt 11:00 Fifties Dance Karaoke 1:00 Famous Black Inventors 2:00 Chef Creations: Blueberry Parfaits 3:00 Happy Hour & Live Performance 5:30 Love in Film: Princess Bride</p>	<p>28 10:00 Yoga and Stretching 11:00 Today in History 1:00 Great American Songbook 2:00 Inspired Watercolor Series: Impressions of Nature 3:00 You, Me and a Cup of Tea 4:00 Reminiscence Corner: Life Lessons 5:30 Hollywood Blockbuster Film His Girl Friday</p>				