

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

March 2022

<p>9:00 Moving to Motown Classics 6 9:30 Soul's Trivia Frenzy 10:00 Louisiana Cafe & King Cakes 10:30 Amazing Grace Songs & Prayer 1:00 Old town Jewels Jewelry Making 2:00 1... 2... 3 Strike! 3:00 Collaborative Poem Creation 4:00 Resident Spotlight of the Month Article 5:30 MLB Game Replays</p>	<p>9:00 Mindful Meditation 7 9:30 Soul Bird Watching Club 10:00 City View Soul Outing: Scenic Tour of the Pacific Coast 1:00 Soul's Jive Lounge 2:00 Spring Flower Bouquets Arranging 3:00 Jane's Creative Arts Therapy 4:00 Afternoon Outdoor Aerobics 5:30 Most Classic and Loved Films: Casablanca</p>	<p>9:00 Java and Positive Talks 1 9:30 Today in History 10:00 Daily Workout: Strength Training! 1:00 Mardi Gras Celebration Jamboree 2:00 Fact or Fiction Trivia 3:00 Chef's Demo: New Orleans Beignets 4:00 Aromatherapy Relaxation 5:30 Hollywood Blockbuster Films: Red Joan Mardi Gras</p>	<p>9:00 Soul's Unstoppable Walking Club 2 9:30 Facial Skin Care & Massages 10:00 21 or Blackjack? Card Game 10:30 Mysteries Cases Unsolved 1:00 Painting on the Patio 2:00 Live Musical Entertainment 3:00 The History of Ash Wednesday Traditions 4:00 Bingo 5:30 Classic Television Marathon: M.A.S.H Ash Wednesday</p>	<p>9:00 Conducercise! 3 9:30 Collaborative Groupthink 10:00 Soul's HairSalon Day 10:30 Graces and Prayers 1:00 Cesar's Joint Health Exercises 2:00 Nat King Cole's Song Deliberations 3:00 Acting and Improv Series 4:00 Scrabble Challenge! 5:30 Musical Theatre Movies: Hamlet</p>	<p>9:00 Early Bird Stretches 4 9:30 Daily Chronicle Discussion 10:00 Classify and Categorize Magazines 1950s vs. 2022 10:30 Tangram Solving 1:00 Range of Motion Fitness 2:00 Soul's Book Club 3:00 Nostalgic Photos Reminiscence 4:00 Tending the SOUL Garden 5:30 Breaking into the Cinema</p>	<p>9:00 Zen Yoga 5 9:30 Spa Nails and Designs! 10:00 Taking a look into the Wildlife 10:30 States of America Fine Points 1:00 Horse Shoe Challenge 2:00 Soul's Experimenting Lab 3:00 Seasonal Fruit Tasting 4:00 Sing Along to Frank Sinatra 5:30 Romance Movie Marathon: Seventh Heaven</p>
<p>9:00 La Brea's Walking Talkies 13 9:30 Massages & Aromatherapy 10:00 Soul's Words of Affirmation 10:30 Alabama's most finest history 1:00 Fitness Record Beaters 2:00 Painting on the Rooftop 3:00 What's the difference? Daylight savings Discussion 4:00 Cultivating on the Rooftop 5:30 MLB Game Replays Daylight Saving Time Begins</p>	<p>9:00 Power Hour Exercises 8 9:30 Soul's Disambiguation Challenge 10:00 Spring Serenity Salon 1:00 Soul's Stitching House 2:00 Bingo Challenge 3:00 Guess in 10: Wild Animal Edition 4:00 Music Therapy 5:30 Hollywood Blockbuster Films: The Legend of the 1900</p>	<p>9:00 SOUL Neighborhood Stroll 9 9:30 American South Cultural Festival 10:00 Daily Chronicle Discussion 10:30 Chef's Chat with Kevin! 1:00 Shuffleboard Tournament 2:00 Happy Hour with Live Entertainment 3:00 Discovering Southern Street food! 4:00 Soul's rooftop Grow Getters 5:30 Classic Television Marathon: I Love Lucy</p>	<p>9:00 Soul's Soul Food Tasting 10 9:30 Spring Themed Watercolor 10:00 Sara Vaughn works & Appreciation 11:00 Parfait Creations in the Patio 1:00 Cesar's Joint Health Exercises 2:00 Today in History 3:00 Exploring the American South: Louis Armstrong Park 4:00 Soul's Bird Feeding 5:30 Musical Theatre Movies: Annie</p>	<p>9:00 Stationary Cycling 11 9:30 Krispy Kreme and Coffee Talks 10:00 Poetry in Motion 10:30 50s Classics Sing Along 1:00 Heart to Heart Therapy 2:00 SOUL Baker's Emporium 3:00 Four Leaf Clovers & Charm Assembling 4:00 Bingo 5:30 Classic Comedy Films: 9 to 5</p>	<p>9:00 Oldies but Goldies Shake off 12 9:30 Wellness & Rejuvenation 10:00 Soul's Juice Bar Blend it up! 10:30 Call Break "Pitty Pat" Match 1:00 Current Events & Discouse 2:00 Soul's Polymer Clay Creations 3:00 Riddle me This 4:00 Relaxation & Reminiscence Therapy 5:30 Romance Movie Marathon: The Last Time I saw Paris National Plant a Flower Day</p>	
<p>9:00 La Brea's Walking Talkies 13 9:30 Massages & Aromatherapy 10:00 Soul's Words of Affirmation 10:30 Alabama's most finest history 1:00 Fitness Record Beaters 2:00 Painting on the Rooftop 3:00 What's the difference? Daylight savings Discussion 4:00 Cultivating on the Rooftop 5:30 MLB Game Replays Daylight Saving Time Begins</p>	<p>9:00 Java and Positive Talks 15 9:30 Today in History 10:00 Daily Workout: Strength Training! 1:00 Handcrafted Hamantaschen 2:00 Fact or Fiction Trivia 3:00 Poires Belle Hellene Tasting 4:00 Aromatherapy Relaxation 5:30 Hollywood Blockbuster Films: Red Joan Purim Begins</p>	<p>9:00 Soul's Unstoppable Walking Club 16 9:30 Facial Skin Care & Massages 10:00 Purim Groggers make & shake 10:30 Mysteries Cases Unsolved 1:00 Painting on the Patio 2:00 Live Musical Entertainment 3:00 Rediscovering the meaning of Purim 4:00 Bingo 5:30 Classic Television Marathon: M.A.S.H Purim Begins</p>	<p>9:00 Conducercise! 17 9:30 What did St. Patrick do? History & Traditions 10:00 Soul's HairSalon Day 10:30 Graces and Prayers 1:00 Cesar's Joint Health Exercises 2:00 Shamrock Shake Making 3:00 Acting and Improv Series 4:00 Scrabble Challenge! 5:30 Musical Theatre Movies: Annie St. Patrick's Day</p>	<p>9:00 Early Bird Stretches 18 9:30 Daily Chronicle Discussion 10:00 Classify and Categorize Magazines 1950s vs. 2022 10:30 Tangram Solving 1:00 Range of Motion Fitness 2:00 Soul's Book Club 3:00 Nostalgic Photos Reminiscence 4:00 Tending the SOUL Garden 5:30 Breaking into the Cinema</p>	<p>9:00 Zen Yoga 19 9:30 Spa Nails and Designs! 10:00 Taking a look into the Wildlife 10:30 States of America Fine Points 1:00 Horse Shoe Challenge 2:00 Soul's Experimenting Lab 3:00 Seasonal Fruit Tasting 4:00 Ceramic Spring Vase Painting 5:30 Romance Movie Marathon: Seventh Heaven</p>	
<p>9:00 Moving to Motown Classics 20 9:30 Soul's Trivia Frenzy 10:00 Louisiana Cafe & King Cakes 10:30 Amazing Grace Songs & Prayer 1:00 Old town Jewels Jewelry Making 2:00 1... 2... 3 Strike! 3:00 Collaborative Poem Creation 4:00 Ceramic 5:30 MLB Game Replays Spring Begins</p>	<p>9:00 Mindful Meditation 21 9:30 Soul Bird Watching Club 10:00 City View Soul Outing: Poinsettia Recreation Park 1:00 Soul's Jive Lounge 2:00 Spring Flower Bouquets Arranging 3:00 Jane's Creative Arts Therapy 4:00 Afternoon Outdoor Aerobics 5:30 Most Classic and Loved Films: Casablanca World Poetry Day</p>	<p>9:00 Power Hour Exercises 22 9:30 Soul's Disambiguation Challenge 10:00 Spring Serenity Salon 1:00 Soul's Stitch House 2:00 Bingo Challenge 3:00 Guess in 10: Wild Animal Edition 4:00 Music Therapy 5:30 Hollywood Blockbuster Films: The Legend of the 1900</p>	<p>9:00 SOUL Neighborhood Stroll 23 9:30 American South Cultural Festival 10:00 Daily Chronicle Discussion 10:30 Chef's Chat with Kevin! 1:00 Shuffleboard Tournament 2:00 Happy Hour with Live Entertainment 3:00 Discovering Southern Street food! 4:00 Soul's rooftop Grow Getters 5:30 Classic Television Marathon: I Love Lucy</p>	<p>9:00 Soul's Soul Food Tasting 24 9:30 Spring Themed Watercolor 10:00 Sara Vaughn works & Appreciation 11:00 Parfait Creations in the Patio 1:00 Cesar's Joint Health Exercises 2:00 Today in History 3:00 Exploring the American South: Louis Armstrong Park 4:00 Soul's Bird Feeding 5:30 Musical Theatre Movies: Annie</p>	<p>9:00 Stationary Cycling 25 9:30 Krispy Kreme and Coffee Talks 10:00 Poetry in Motion 10:30 50s Classics Sing Along 1:00 Heart to Heart Therapy 2:00 SOUL Baker's Emporium 3:00 Oil Pastel Drawings 4:00 Bingo 5:30 Classic Comedy Films: 9 to 5</p>	<p>9:00 Oldies but Goldies Shake off 26 9:30 Wellness & Rejuvenation 10:00 Soul's Juice Bar Blend it up! 10:30 Call Break "Pitty Pat" Match 1:00 Current Events & Discouse 2:00 Soul's Polymer Clay Creations 3:00 Riddle me This 4:00 Relaxation & Reminiscence Therapy 5:30 Romance Movie Marathon: The Last Time I saw Paris</p>
<p>9:00 La Brea's Walking Talkies 27 9:30 Massages & Aromatherapy 10:00 Soul's Words of Affirmation 10:30 Alabama's most finest history 1:00 Fitness Record Beaters 2:00 Painting on the Rooftop 3:00 What's the difference? Daylight savings Discussion 4:00 Cultivating on the Rooftop 5:30 MLB Game Replays World Theatre Day</p>	<p>9:00 Java and Positive Talks 29 9:30 Today in History 10:00 Daily Workout: Strength Training! 1:00 Handcrafted Hamantaschen 2:00 Fact or Fiction Trivia 3:00 Poires Belle Hellene Tasting 4:00 Aromatherapy Relaxation 5:30 Hollywood Blockbuster Films: Red Joan</p>	<p>9:00 Soul's Unstoppable Walking Club 30 9:30 Facial Skin Care & Massages 10:00 21 or Blackjack? Card Game 10:30 Mysteries Cases Unsolved 1:00 Painting on the Patio 2:00 Live Musical Entertainment 3:00 Rediscovering the meaning of Purim 4:00 Bingo 5:30 Classic Television Marathon: M.A.S.H</p>	<p>9:00 Conducercise! 31 9:30 Collaborative Groupthink 10:00 Soul's HairSalon Day 10:30 Graces and Prayers 1:00 Cesar's Joint Health Exercises 2:00 Nat King Cole's Song Deliberations 3:00 Acting and Improv Series 4:00 Scrabble Challenge! 5:30 Musical Theatre Movies: Hamlet</p>			