

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# October 2022

						<p>9:30 Morning Manicures  <b>10:30 Name That Tune and Sunbathing on the Patio!</b>  1:00 Four Bagger! Tournament  <b>2:00 Ted Talk and Discussion</b>  <b>3:00 Cinnamon Bun Coffee Cafe</b>  4:00 The Art of Romance: Couples in Color  5:30 Romantic Comedies</p> <p>National Coffee Day</p>	1						
						<p>9:00 Spa Treatments  10:00 Power Up Gym  <b>11:00 Acting &amp; Improv Series</b>  <b>1:00 InStitches Comedy &amp; Crochet</b>  <b>2:00 Majestic Autumn Tree Canvas Art Pt.1</b>  4:00 Shabbat Blessings  <b>5:30 Lucille Ball Feature "The Big Street" (1942)</b></p>	7						
<p>9:00 Early Bird Walking Club  <b>9:30 Autumn Spice Smoothies and Health Focused Affirmations</b>  10:30 Morning Stretch and Strengthen  <b>1:00 A Brief Introduction to Scary Art</b>  <b>2:00 Día de los Muertos Inspired Calavera Painting L5</b>  3:00 Game On! Bingo  <b>4:00 Gardening on the Patio</b>  5:30 Movies Based on True Stories</p>	2	<p>9:00 Current Events Chronicle  10:00 Muscle Power Hour  <b>11:00 New Resident Welcome Chat</b>  <b>1:00 Soul Music Sing Along</b>  1:45 Blooms and Blossoms: Floral Arrangements  <b>3:00 Happy Hour and Live Musical Performance</b>  5:30 Classic Love Films</p>	3	<p>9:00 Beauty Facials  10:00 Zen Body Movement  <b>11:00 Halloween Short Stories: The Tell-Tale Heart</b>  1:00 Riddle Me This  <b>2:00 Inspired Watercolor Series: October Pumpkin Patch</b>  <b>3:00 Studio Session with DrumBeats</b>  4:00 Mise en Place Preparation  5:30 Hollywood Blockbuster Films</p> <p>Yom Kippur Begins</p>	4	<p>9:00 Rat Pack Classics  <b>9:45 Pilates Workout</b>  <b>10:30 Today In Art History</b>  1:00 Bingo  <b>2:00 Pet Therapy</b>  <b>3:00 Phone Photography 101</b>  4:00 Zen Meditation  5:30 Classic Television Marathon</p>	5	<p>9:00 Tiles and Tea: Dominoes  <b>10:00 SOUL Adventures: Picnic at the Park</b>  10:30 Latin Zumba  1:00 Card Sharps: Uno  <b>2:00 Fall Poetry on the Patio</b>  <b>3:00 Bowling on the Go!</b>  5:30 Musical Theatre Movies</p>	6	<p>9:00 Spa Treatments  10:00 Stationary Cycling  <b>11:00 Midwest Travelogue: Chicago, Illinois</b>  <b>1:00 Sudoku Challenge</b>  <b>2:00 Cookie Dough Clay Art</b>  4:00 Shabbat Blessings  <b>5:30 Lucille Ball Feature "Fancy Pants" (1950)</b></p>	14	<p>9:30 Morning Manicures  <b>10:30 Name That Tune and Sunbathing on the Patio!</b>  1:00 Four Bagger! Tournament  <b>2:00 Ted Talk and Discussion</b>  <b>3:00 Pumpkin Spice Afternoon Tea</b>  <b>4:00 The Art of Fashion: Color Sketches</b>  5:30 Romantic Comedies</p>	8
<p>9:00 Sunday Morning Stroll  <b>9:30 The Meaning of Sukkot</b>  10:30 Dance Aerobics  <b>1:00 The 15 Most Scary Paintings Pt.1</b>  <b>2:00 Celebrating Sukkot: Waving the Lulav and Etrog</b>  3:00 Game On! Dominoes  <b>4:00 Chalk Pastel Holiday Illustrations</b>  5:30 Movies Based on True Stories</p> <p>Sukkot Begins</p>	9	<p>9:00 Morning News and Views: Indigenous People's Day  <b>10:00 Zumba Gold</b>  <b>11:00 New Resident Welcome Chat</b>  1:00 Soul Music Singers: Barry White  <b>3:00 Welcome New Residents! Happy Hour and Live Musical Performance</b>  <b>4:00 Native American Feather Crafting</b>  5:30 Classic Love Films</p> <p>Indigenous People's Day</p>	10	<p>9:00 Hair Salon Updo's  10:00 Yoga and Stretching  <b>11:00 Music Appreciation &amp; Danceathon</b>  1:00 Shoot the Hoops! Basketball Tournament  2:00 Bingo  <b>3:00 Fall Photos Reminiscence</b>  <b>4:00 Brain HQ Word Unscramble</b>  5:30 Hollywood Blockbuster Films</p>	11	<p>9:00 American Midwest Scenic Tour  9:45 Zumba with Soraya  <b>10:30 Fashion in the 50's</b>  1:00 Card Game Cafe  <b>2:00 Patio Danceathon</b>  <b>3:00 Art of the Heart Color Sketches</b>  4:00 La Brea's Walking Talkies  5:30 Classic Television Marathon</p>	12	<p>9:00 Tiles and Tea: Bananagrams  <b>10:00 SOUL Adventures: Scenic Hollywood Drive</b>  10:30 Dance Aerobics  1:00 Card Sharps: LeftCenterRight  <b>2:00 Autumn Poetry on the Patio</b>  5:30 Musical Theatre Movies</p>	13	<p>9:00 Aromatherapy Massage  10:00 Stationary Cycling  <b>11:00 Midwest Travelogue: Chicago, Illinois</b>  <b>1:00 Sudoku Challenge</b>  <b>2:00 Cookie Dough Clay Art</b>  4:00 Shabbat Blessings  <b>5:30 Lucille Ball Feature "Fancy Pants" (1950)</b></p>	14	<p>9:30 Morning Manicures  <b>10:30 Name That Tune and Sunbathing on the Patio!</b>  1:00 Four Bagger! Tournament  <b>2:00 Ted Talk and Discussion</b>  <b>3:00 Toffee Nut Coffee Cafe</b>  4:00 The Art of Romance: Couples in Color  5:30 Best of I Love Lucy Shows</p> <p>National I Love Lucy Day</p>	15
<p>9:00 Early Bird Walking Club  <b>9:30 Fall Fruit Smoothies and Positive Affirmations</b>  10:30 Morning Stretch and Strengthen  <b>1:00 The 15 Most Scary Paintings Pt.2</b>  <b>2:00 Día de los Muertos Halloween Mask Creations</b>  3:00 Game On! Bingo  <b>4:00 Gardening on the Patio</b>  5:30 Movies Based on True Stories</p>	16	<p>9:00 Current Events Chronicle  10:00 Muscle Power Hour  <b>11:00 Game of Inquiry</b>  1:00 50's Sing Along  <b>3:00 Happy Hour and Live Musical Performance</b>  <b>4:00 Feeding the SOUL Birds</b>  5:30 Classic Love Films</p> <p>Simchat Torah Begins</p>	17	<p>9:00 Beauty Facials  10:00 Zen Body Movement  <b>11:00 Halloween Short Stories: The Monkey's Paw</b>  2:00 Inspired Watercolor Series: Tri-Color Fall Leaves  <b>3:00 Studio Session with DrumBeats</b>  4:00 Mise en Place Preparation  5:30 Hollywood Blockbuster Films</p>	18	<p>9:00 Rat Pack Classics  <b>9:45 Latin Zumba with Soraya</b>  <b>10:30 Today In Art History</b>  1:00 Bingo  <b>2:00 Karaoke Favorites</b>  <b>3:00 Phone Photography 101</b>  4:00 Zen Meditation  5:30 Classic Television Marathon</p>	19	<p>9:00 Tiles and Tea: Dominoes  <b>10:00 SOUL Museum Outing</b>  10:30 Dance Aerobics  1:00 Card Sharps: Uno  <b>2:00 Fall Poetry on the Patio</b>  3:00 Bowling on the Go!  5:30 Musical Theatre Movies</p>	20	<p>9:00 Spa Treatments  10:00 Power Up Gym  <b>11:00 Acting &amp; Improv Series</b>  <b>1:00 InStitches Comedy &amp; Crochet</b>  <b>2:00 Majestic Autumn Tree Canvas Art Pt.2</b>  4:00 Shabbat Blessings  <b>5:30 Lucille Ball Feature "Lucy and Desi" (2022)</b></p>	21	<p>9:30 SOUL Salon  <b>10:30 Oldies but Goldies Dance Off</b>  1:00 Puzzle Power  2:00 Ted Talk and Discussion  <b>3:00 Apple Spice Afternoon Tea</b>  <b>4:00 The Art of Fashion: Color Sketches</b>  5:30 Romantic Comedies</p>	22
<p>9:00 Sunday Morning Stroll  <b>9:30 The Meaning of Diwali</b>  10:30 Dance Aerobics  <b>1:00 The 15 Most Scary Paintings Pt.3</b>  <b>2:00 The Story of Diwali and Colorful Lighted Mandala</b>  3:00 Game On! Dominoes  <b>4:00 Chalk Pastel Holiday Illustrations</b>  5:30 Movies Based on True Stories</p>	23	<p>9:00 Morning News and Views  <b>10:00 Zumba Gold</b>  11:00 Game of Inquiry! Conversation  1:00 Soul Music Singers: Stevie Wonder  1:45 Blooms and Blossoms: Floral Arrangements  <b>3:00 Happy Hour &amp; Live Performance</b>  4:00 Seashell Collectors  5:30 Classic Love Films</p> <p>Diwali (Hindi)</p>	24	<p>9:00 Hair Salon Updo's  10:00 Music Appreciation &amp; Danceathon  <b>11:00 Spill the Tea! Lucille Ball Gossip Sesh</b>  1:00 Shoot the Hoops! Basketball Tournament  2:00 Bingo  <b>3:00 Halloween Photos Reminiscence</b>  <b>4:00 Brain HQ Holiday Unscramble</b>  5:30 Hollywood Blockbuster Film</p>	25	<p>9:00 American Midwest Tour  9:45 Resistance Band Workout  <b>10:30 Fashion in the 60's</b>  1:00 Card Game Cafe  <b>2:00 Patio Danceathon</b>  <b>3:00 Painting Día de los Muertos Pumpkins L5</b>  4:00 La Brea's Walking Talkies  5:30 Classic Television Marathon</p> <p>National Pumpkin Day</p>	26	<p>9:00 Tiles and Tea: Bananagrams  <b>10:00 Autumn Poetry on the Patio</b>  10:30 Zumba with Soraya  1:00 Card Sharps: LeftCenterRight  <b>2:00 SOUL Adventures: Scenic Hollywood Drive</b>  <b>3:00 Yogurt Parfaits and Cornhole on the Patio</b>  5:30 Musical Theatre Movies</p>	27	<p>9:00 Aromatherapy Massage  10:00 Stationary Cycling  <b>11:00 Midwest Travelogue: Columbus, Ohio</b>  1:00 Crossword Challenge  <b>2:00 Cookie Dough Clay Art</b>  4:00 Shabbat Blessings  <b>5:30 Lucille Ball Feature "Best Foot Forward" (1943)</b></p>	28	<p>9:30 Morning Manicures  <b>10:30 Name That Tune and Sunbathing on the Patio!</b>  1:00 Four Bagger! Tournament  <b>2:00 Ted Talk and Discussion</b>  <b>3:00 Vanilla Bean Coffee Cafe</b>  4:00 The Art of Romance: Couples in Color  5:30 Romantic Comedies</p>	29
<p>9:00 Early Bird Walking Club  <b>9:30 Autumn Spice Smoothies and Positive Affirmations</b>  10:30 Morning Stretch and Strengthen  <b>1:00 Intro to Día de los Muertos Art</b>  <b>2:00 Crafting Día de los Muertos Floral Headpieces</b>  3:00 Game On! Bingo  <b>4:00 Gardening on the Patio</b>  5:30 Movies Based on True Stories</p>	30	<p>9:00 Current Events Chronicle  10:00 Muscle Power Hour  <b>11:00 New Resident Welcome Chat</b>  2:00 Day of the Dead Face Tattoos  <b>3:00 Día los Muertos Fiesta: Featuring Live Entertainment, Costume Contest, Dance Off, Prizes, and Sweet Treats and Eats</b>  <b>5:00 Halloween Evening Feast</b>  <b>6:30 Day of the Dead Film Feature: Coco</b></p> <p>Halloween</p>	31	<p>CITYVIEW  SOUL CALENDAR  Happy Halloween!</p>									