Sunday Monday Tuesday Wednesday Thursday Friday Saturday 9:00 Spa Treatments 9:30 Morning Manicures 9:00 Tiles and Tea: Dominoes CITYVIEW 10:00 Power Up Gym 10:00 SOUL Adventures: 10:30 Name That Tune and 11:00 Acting & Improv Series SOUL CALENDAR September 2022 **Picnic at Echo Park Sunbathing on the Patio!** 1:00 InStitches Comedy & 1:00 Four Bagger! Tournament 10:30 Resistance Band Workout Crochet 2:00 Ted Talk and Discussion 1:00 Card Sharps: Uno 2:00 Majestic Autumn Tree 2:00 Summer Poetry on the Patio 3:00 Summer Rose High Tea Mosaic Design Wall Art Pt.1 3:00 Happy Hour and Live 4:00 The Art of Romance: 4:00 Shabbat Blessings **Musical Performance** Couples in Color 5:30 Greta Garbo Feature: 5:30 Musical Theatre Movies 5:30 Romantic Comedies "Grand Hotel" (1932) 9:00 Tiles and Tea: Bananagrams 10 9:00 Current Events Chronicle 9:00 Aromatherapy Massage 10:00 Muscle Power Hour 9:00 Beauty Facials 10:00 Stationary Cycling 9:00 Early Bird Walking Club 11:00 New Resident Welcome Chat 9:00 Rat Pack Classics 10:00 SOUL Adventures: 9:30 SOUL Salon 10:00 Zen Body Movement 11:00 West Coast Travelogue: 9:30 Summer Smoothies and 11:00 Short Stories Book Club 12:00 Labor Day BBQ Lunch 9:45 Today In Art History **Scenic Hollywood Drive** 10:30 Oldies but Goldies Dance Off Portland, Oregon **Health Focused Affirmations** 1:00 Patriotic Sing Along and 1:00 Riddle Me This 10:30 Latin Zumba 10:30 Pilates 1:00 Puzzle Power 1:00 Sudoku Challenge 10:30 Morning Stretch and Strengthen Red, White & Blue Mocktails! 2:00 Jackson Pollock Inspired 1:00 Bingo 1:00 Card Sharps: Roll the Dice! 2:00 Ted Talk and Discussion 2:00 Cookie Dough Clay: 1:00 Appreciating Impressionist 1:45 Blooms and Blossoms: **Watercolor Series** 3:00 Vanilla Bean Cafe 2:00 Karaoke Favorites 2:00 Summer Poetry on the Patio **Night Sky Figures Artists: Monet** 3:00 Soul's Studio Session Floral Arrangements 3:00 Phone Photography 101 3:00 Welcome New Residents! 4:00 The Art of Fashion: 2:00 Crafting Patriotic Flag Wall Art 4:00 Shabbat Blessings 3:00 Bowling on the Go! with DrumBeats **Happy Hour and Live** 4:00 Zen Meditation **Color Sketches** 3:00 Game On! Bingo 4:00 Feeding the SOUL Birds 4:00 Mise en Place Preparation 6:30 Harvest Moon Rooftop 4:00 Gardening on the Patio 5:30 Classic Love Films 5:30 Hollywood Blockbuster Films 5:30 Classic Television Marathon **Musical Performance** 5:30 Romantic Comedies **Festival Autumn Celebration** 5:30 Movies Based on True Stories 5:30 Musical Theatre Movies Labor Day National Read a Book Day Int'l Sudoku Day/ Harvest Moon 17 12 9:30 Morning Manicures 9:00 Spa Treatments 9:00 Tiles and Tea: Dominoes 8:46 Patriot Day Moment of Silence 9:00 Morning News and Views 10:30 Name That Tune and 9:00 American West Scenic Tour 9:00 Hair Salon Updo's 9:00 Sunday Morning Stroll 10:00 Zumba Gold 10:00 SOUL Museum Visit: 10:00 Power Up Gym **Sunbathing on the Patio!** 10:00 Yoga and Stretching 9:45 Fashion in the 50's 9:30 True Patriots Discussion 11:00 Game of Inquiry! Conversation Little Tokyo Japanese-11:00 Acting & Improv Series 1:00 Four Bagger! Tournament 11:00 Spill the Tea! 10:30 Dance Aerobics 1:00 Famous Singers of the 50's: 10:30 Dance Aerobics **American National Museum** 1:00 InStitches Comedy & **Celebrity Gossip Sesh** 2:00 Ted Talk and Discussion 1:00 Card Game Cafe 1:00 Appreciating Impressionist **Ray Charles** 10:30 Resistance Band Workout Crochet 1:00 Shoot the Hoops! 3:00 Taste of the World: 2:00 Patio Danceathon 1:45 Blooms and Blossoms: **Artists: Renoir** 1:00 Card Sharps: Uno **Basketball Tournament** 2:00 Maiestic Autumn Tree **Monte Cristo Sandwiches** 2:00 Grandparent's Day Soda Fountain Floral Arrangements 3:00 Art of the Heart 2:00 Bingo 2:00 Summer Poetry on the Patio Mosaic Design Wall Art Pt.2 3:00 Game On! Dominoes 3:00 Trifle Creations and 4:00 The Art of Romance: **Color Sketches** 3:00 Beach Photos Reminiscence 3:00 Happy Hour and Live 4:00 Shabbat Blessings 4:00 Chalk Pastel Holiday Illustrations **Cornhole on the Patio** Couples in Color 4:00 La Brea's Walking Talkies 4:00 Brain HQ Word Unscramble **Musical Performance** 5:30 Greta Garbo Feature: 5:30 Movies Based on True Stories 4:00 Seashell Collectors 5:30 Romantic Comedies 5:30 Hollywood Blockbuster Films 5:30 Classic Television Marathon 5:30 Classic Love Films 5:30 Musical Theatre Movies "Camille" (1936) National Monte Cristo Day Patriot Day/Grandparent's Day 9:00 Tiles and Tea: Bananagrams 19 20 23 24 21 9:00 Aromatherapy Massage 9:00 Beauty Facials 9:00 Early Bird Walking Club 9:00 Current Events Chronicle 10:00 Zen Body Movement 9:00 Rat Pack Classics 10:00 SOUL Outing: Baskin Robbins 10:00 Stationary Cycling 9:30 SOUL Salon 9:30 Fall Smoothies and 10:00 Muscle Power Hour 11:00 Short Stories Book Club 9:45 Today In Art History 11:00 West Coast Travelogue: 10:30 Oldies but Goldies Dance Off **Autumn Flavors Tasting Positive Affirmations** 11:00 New Resident Welcome Chat 1:00 Riddle Me This 10:30 Latin Zumba 10:30 Pilates San Fran's Famous Homes 1:00 Puzzle Power 10:30 Morning Stretch and Strengthen 1:00 50's Sing Along 2:00 Jackson Pollock Inspired 1:00 Crossword Challenge 1:00 Appreciating Impressionist 1:00 Bingo 1:00 Card Sharps: Roll the Dice! 2:00 Ted Talk and Discussion 1:45 Blooms and Blossoms: **Watercolor Series Artists: Cezanne** 2:00 Karaoke Favorites 2:00 Autumn Poetry on the Patio 2:00 Cookie Dough Clay: 3:00 Pumpkin Spice Cafe Floral Arrangements 3:00 Soul's Studio Session 2:00 Crafting Autumn Wreaths 3:00 Phone Photography 101 3:00 Welcome Autumn! **Fall Leaf Designs** 4:00 The Art of Fashion: 3:00 Bowling on the Go! with DrumBeats 3:00 Game On! Bingo 4:00 Zen Meditation **Happy Hour and Live** 4:00 Shabbat Blessings **Color Sketches** 4:00 Feeding the SOUL Birds 4:00 Mise en Place Preparation 4:00 Gardening on the Patio 5:30 Classic Love Films 5:30 Hollywood Blockbuster Films 5:30 Classic Television Marathon **Musical Performance** 5:30 Greta Garbo Feature: 5:30 Romantic Comedies 5:30 Movies Based on True Stories 5:30 Musical Theatre Movies "Ninotchka" (1939) Autumn Begins 26 27 30 9:00 Morning News and Views 29 9:00 Spa Treatments 9:00 Sunday Morning Stroll 10:00 Zumba Gold 9:00 American West Scenic Tour 9:00 Tiles and Tea: Dominoes 9:00 Hair Salon Updo's 10:00 Power Up Gym 9:30 The Meaning of Rosh Hashanah 11:00 Game of Inquiry! Conversation 10:00 Stretches & Relaxation 10:00 SOUL Adventures: 9:45 Fashion in the 60's 10:30 Dance Aerobics 1:00 Famous Singers of the 50's: 11:00 Acting & Improv Series 11:00 Apple Tea, Honey Cake, and 10:30 Dance Aerobics **Exploring Olvera Street** 1:00 Appreciating Impressionist **Perry Como** 1:00 InStitches Comedy & **Rosh Hashanah Resolutions** 1:00 Card Game Cafe 10:30 Latin Zumba **Artists: Matisse** 1:45 Blooms and Blossoms: Crochet 1:00 Shoot the Hoops! 2:00 Patio Danceathon 1:00 Card Sharps: Uno 2:00 Rosh Hashanah Traditions: Floral Arrangements **Basketball Tournament** 2:00 Majestic Autumn Tree 3:00 Yogurt Parfaits and Round Challah, Apples, & Honey 3:00 Art of the Heart 2:00 Autumn Poetry on the Patio 2:00 Bingo Mosaic Design Wall Art Pt.3 3:00 Game On! Dominoes Cornhole on the Patio **Color Sketches** 3:00 Happy Hour and Live 3:00 Fall Photos Reminiscence 4:00 Shabbat Blessings 4:00 Chalk Pastel Holiday Illustrations 4:00 Seashell Collectors **Musical Performance** 4:00 Brain HQ Holiday Unscramble 4:00 La Brea's Walking Talkies 5:30 Greta Garbo Feature: 5:30 Movies Based on True Stories 5:30 Classic Love Films 5:30 Hollywood Blockbuster Film 5:30 Classic Television Marathon 5:30 Musical Theatre Movies "Christina" (1933) Rosh Hashanah Begins Rosh Hashanah Rosh Hashanah **Broadway Musical Day**