

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00 Daily Chronicle !Extra! 10:15 Brain Games: Puzzles 10:45 HASfit Chair Exercises 1:00 SOUL Afternoon Walking Club 2:00 Happy Hour: Popsicles 3:00 Family Feud Game 6:00 Feel Good Film: <i>Matilda</i>	9:30 World News Weekly Recap 10:00 Aromatherapy Massages 10:45 Jenga 1:00 SOUL Afternoon Walking Club 1:30 Create Your Own American Flag 3:00 Labor Day Celebration with Live Entertainment 6:00 Feel Good Film: <i>Which Brings Me to You</i>	9:30 Skyscraper Day! Daily Chronicle 10:00 Stretching Exercises with Bands 10:30 Skyscraper Craft 1:00 SOUL Afternoon Walking Club 1:30 Social Engagement with Dr. D 2:30 How Tall Can You Build Your Skyscraper Contest with Magnetic Tiles 6:00 Beloved Family Film: <i>I Give It A Year</i>	9:30 Coffee & Local News 10:00 Manicures & Makeup 10:45 Polka Chair Yoga Dance 1:00 SOUL Afternoon Walking Club 1:30 Modern Calligraphy 2:00 Holy Communion 2:30 Sing Along Karaoke! 6:00 Action Movie: <i>Labor Pains</i>	9:30 Positive Morning Affirmations 10:00 Seated ZUMBA 10:45 Pizza Party! 1:00 SOUL Afternoon Walking Club 1:30 Rock Painting 2:30 Memory Game 6:00 Drama Film <i>Kandahar</i>	9:30 Food Bank Day! Daily Chronicle 10:00 Hand Bells Exercises 10:30 Gratitude List 1:00 SOUL Adventures: Last Licks of Summer! Baskin Robbins! 2:00 Shabbat Singing 2:30 Back to School: Blackboard Greetings Dresser Decor 6:00 Feel Good Movie: <i>Rise of the Planet of the Apes</i>	10:00 Local & World News Roundup 10:15 Seated Dancing Disco 10:30 Bingo with Dr. D 1:00 SOUL Afternoon Walking Club 2:00 Snack Parlor: Sprinkle Cupcakes 3:00 Birthday Cards for Upcoming Birthdays 6:00 Feel Good Film: <i>Dawn of the Planet of the Apes</i>
10:00 Daily Chronicle !Extra! 10:00 A Time for Bowling 10:45 Sing-along Duets 1:00 SOUL Afternoon Walking Club 1:30 Grandparents Day High Tea 3:00 Brain Game: Dot to Dot Art 6:00 Action Film: <i>Rise</i>	9:30 World News Weekly Recap 10:00 A Time for Music: KARAOKE! 10:30 September School Days Reminiscing 1:00 SOUL Afternoon Walking Club 1:30 Brain Games: Word Search 2:30 Stretching Exercises with Bands 6:00 Feel Good Film: <i>Uncharted</i>	9:30 Local News & Coffee 10:00 Football Toss Game 10:30 Thank You Cards for Caregivers 1:00 SOUL Afternoon Walking Club 1:30 Social Engagement with Dr. D 3:00 Card Game: Outburst! 6:00 Feel Good Family Film: <i>Big Momma's House</i>	9:30 Patriot Day Tributes 10:15 1LB Weight Exercises 10:45 A Moment of Silence & Freedom Tower Facts 1:00 SOUL Afternoon Walking Club 1:30 Create Your Own American Flag 2:00 Holy Communion 2:30 Shoulder Massages 6:00 Feel Good Film: <i>Hope Floats</i>	9:30 Positive Morning Affirmations 10:15 Drumstick Dancing 10:45 Paper Flower Making 1:00 SOUL Afternoon Walking Club 1:30 Canvas Painting 2:30 Large Inflatable Dice Game 6:00 Feel Good Film: <i>Maybe I Do</i>	9:30 "Friday the 13th" Daily Chronicle 10:00 Zumba Power the Day 10:30 Friday the 13th Facts & Fiction 1:00 SOUL Adventures: Peterson Auto Museum 2:00 Shabbat Singing 2:30 Toss the Ring Game 6:00 Action Movie: <i>The Big Wedding</i>	10:00 Local & World News Roundup 10:15 Inhale & Exhale breathwork 10:30 Bingo with Dr. D 1:00 SOUL Afternoon Walking Club 2:00 Snack Parlor: English Tea & Biscuits 3:00 Yoga Moves 6:00 Comedy Film: BlackLight
10:00 Daily Chronicle !Extra! 10:15 Stretching Exercises with Bands 10:45 Mexico Themed Coloring 1:00 SOUL Afternoon Walking Club 2:00 Sports Recap 3:00 Happy Hour: Mocktails 6:00 Feel Good Film: <i>The Long Game</i>	9:30 Independence Day in Mexico Daily Chronicle & Facts 10:00 Learn the Mexican National Anthem 10:30 Mexican Flag Color by Number 1:00 SOUL Afternoon Walking Club 1:30 Mexican Dancing ft. Maria, Lucrecia & Jackie 2:30 Button Trees 6:00 Feel Good Film: <i>A Family Affair</i>	9:30 Coffee & Local News 10:00 Mosaic Art 10:45 Positive Letters to Peers 1:00 SOUL Afternoon Walking Club 1:30 Social Engagement with Dr. D 2:30 Pass the Ball, Stop the Music 6:00 Mystery & Thriller Movie: <i>Persuasion</i>	9:30 Rice Krispie Treat Day Chronicle 10:00 Make Your Own Rice Krispie Treats! 10:45 Yoga Ball Exercises 1:00 SOUL Afternoon Walking Club 2:00 Holy Communion 2:30 Scavenger Hunt 6:00 Comedy Favorites: <i>The Hill</i>	9:30 Positive Morning Affirmations 10:00 Manicures & Makeup 10:45 Rowing Exercise 1:00 SOUL Afternoon Walking Club 1:30 Rhyming Game with Prizes 2:30 Create Your Own Mantra Artwork 6:00 Action Movie: <i>Taxi</i>	9:30 National Tradesman Day! Daily Chronicle 10:00 Woodworking Workshop 1:00 SOUL Adventures: Echo Park 2:00 Shabbat Singing 2:30 Game Time: Match the Duck 6:00 Action & Thriller Movie: <i>The King's Man</i>	10:00 Local & World News Roundups 10:30 Bingo with Dr. D 10:30 Summer Memories Conversation 1:00 SOUL Afternoon Walking Club 2:00 Snack Parlor: Oreos & Milk 3:00 Brain Teaser Hour 6:00 Feel Good Film: <i>Simulant</i>
10:00 Daily Chronicle !Extra! 10:15 Chair Yoga Stretch 10:45 Paint by Number: Autumn Addition 1:00 SOUL Afternoon Walking Club 2:00 Hopes & Prayers for the Week 3:00 Happy Hour: Coffee Cake & Tea 6:00 Thriller Movie: <i>Bad Boys 2</i>	9:30 World News Weekly Recap 10:00 Autumn Activity Room Decorating 10:45 1LB Weights Workout 1:00 SOUL Afternoon Walking Club 1:30 September Birthday's Party! 2:45 Pool Duck Matching 6:00 Feel Good Film: <i>Wonder</i>	9:30 Coffee & Local News 10:00 Ted Talk: All it Takes is Ten Mindful Minutes 10:30 Ceramic Painting 1:00 SOUL Afternoon Walking Club 1:30 Social Engagement with Dr. D 2:30 Stretching Exercises with Bands 6:00 Drama Movie: <i>The Wedding Planner</i>	9:30 National Comic Book Day Daily Chronicle 9:45 Create Your Own Comic Book 10:15 Disco Seated Dance Party 1:00 SOUL Afternoon Walking Club 1:30 Comics Story Time 2:00 Holy Communion 2:30 Drumstick Dancing 6:00 Feel Good Film: <i>Kicking & Screaming</i>	9:30 Positive Morning Affirmations 10:00 Autumn Decorate Your Room 10:45 Bee Gees Seated Workout 1:00 SOUL Afternoon Walking Club 1:30 New Residents Happy Hour 2:30 Five Facts About Me 6:00 Feel Good Film: <i>Endless Love</i>	9:30 Daily Chronicle 10:30 A Time to Rhyme! 11:00 Pool Noodle & Balloons Exercise 1:00 SOUL Adventures: Scenic Nature Walk 2:00 Shabbat Singing 3:00 "Eye Spy" Rice Bottles 6:00 Feel Good Film: <i>Old Dads</i>	10:00 Local & World News Roundup 10:30 Bingo with Dr. D 10:30 Makeup Time 1:00 SOUL Afternoon Walking Club 2:00 Snack Parlor: Pumpkin Spice Latte 3:00 Autumn Reminiscing with Art 6:00 Crime Movie: <i>The Blind Side</i>
10:00 Daily Chronicle !Extra! 10:15 Seated Dancing 10:45 Freestyle Art 1:00 SOUL Afternoon Walking Club 1:30 End of Month Sports Recap 2:30 Happy Hour: Oatmeal Cookies 6:00 Crime TV: <i>Law & Order</i>	9:30 Monthly News Recap 10:00 Autumn Sing Along: Karaoke! 10:30 Autumn Flower Arranging 1:00 SOUL Afternoon Walking Club 1:30 Cork Art 2:30 Exercise & Singalong 6:00 Musical/Comedy Movie: <i>Descendants: The Rise of Red</i>	 City View SOUL September 2024 Calendar				