	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		CityView August 2024		~	BREAKFAST Oatmeal, French Toast, Scrambled Eggs Sausage, Fruit, Hot or Cold Cereal	BREAKFAST Oatmeal, Danish, Vegetable Omelet Fruit, Hot or Cold Cereal	BREAKFAST Oatmeal, Coffee Cake, Scrambled Eggs Sausage, Fruit Hot or Cold Cereal
		Commun		<b>***</b>	LUNCH Tomato Soup, Cheese Pizza Garden Salad	LUNCH Lentil Soup Summer Chicken Salad	LUNCH Chili over Rice Potato & Mushroom Bourekas
		Commun	ity iv(end	老	Pound Cake <u>DINNER</u>	Garlic Flatbread, Ice Cream <u>DINNER</u>	Olivier Salad, Beet Salad Fresh Fruit
					Garbanzo Bean Soup Beef & Vegetable Stuffed Eggplant Herbed Lemon Quinoa	Matzo Ball Soup Baked Tilapia Roasted Carrots	Challah, Cookies <u>DINNER</u> Tilapia
	KIKII				Peach Cobbler	Couscous Marble Cake	Rice Pilaf Bean Salad, Pasta Salad, Challah Brownie
	BREAKFAST Oatmeal, Lox & Bagel, Fruit Hot or Cold Cereal	BREAKFAST Oatmeal, Waffles, Scrambled Egg Fruit, Hot or Cold Cereal	BREAKFAST Oatmeal, Baked Muffin, Eggs Sausage, Fruit	BREAKFAST Oatmeal, Blueberry Pancakes Scrambled Eggs, Fruit	BREAKFAST Oatmeal, French Toast Scrambled Eggs, Fruit	BREAKFAST Oatmeal, Danish, Vegetable Omelet, Fruit, Hot or Cold Cereal	BREAKFAST Oatmeal, Coffee Cake, Scrambled Eggs, Fruit Hot or Cold Cereal
	<u>LUNCH</u> Tortilla Soup	<u>LUNCH</u> Minestrone Soup, Turkey Sandwich	Hot or Cold Cereal <u>LUNCH</u>	Hot or Cold Cereal <u>LUNCH</u>	Hot or Cold Cereal <u>LUNCH</u>	<u>LUNCH</u> White Bean Soup, Fish Tacos w/Lime Slaw	<u>LUNCH</u> Chicken Tenders
	Chicken Fajitas, Spanish Rice, Refried Beans Churros DINNER	Cucumber & Tomato Salad Potato Chips,Peach Cake DINNER	Cream of Mushroom Egg Salad Croissant Beet Salad, Fresh Fruit	Zucchini Soup Meatball Sub Sandwich Curly Fries, Coleslaw, Chocolate Cake	Cream of Carrot Vegetable Quiche, Zucchini Bread Strawberry Shortcake	Spanish Rice & Refried Beans Rice Pudding <u>DINNER</u>	Coleslaw, Potato Salad Fresh Fruit, Challah Lemon Cookies
	Vegetable Soup Beef Stuffed Bell Peppers Garden Rice	Lentil Soup Beef Pot Roast Mashed Potatoes	Ambrosia Salad <u>DINNER</u> Vegetable Soup	<u>DINNER</u> French Onion Soup Salisbury Steak	<u>DINNER</u> Split Pea Soup Pasta Marinara	Matzo Ball Soup BBQ Chicken Corn on the Cob	<u>DINNER</u> Baked Salmon Lemon Couscous
	Mixed Vegetables Lemon Cake	Dinner Roll Baked Cinnamon Apples	Baked Fish Scalloped Potatoes, Roasted Carrots Banana Bread	Mashed Potatoes Steamed Broccoli Ice Cream	Mixed Vegetables Garlic Bread Bread Pudding	Baked Beans Brownie	Roasted Carrots Apple Cake
	BREAKFAST Oatmeal, Lox & Bagel, Fruit	BREAKFAST Oatmeal, Waffles, Scrambled Eggs	BREAKFAST Oatmeal, Baked Muffin,	BREAKFAST 14 Oatmeal, Blueberry Pancakes	9	BREAKFAST Oatmeal, Danish, Vegetable Omelet, Fruit, Hot or Cold Cereal	BREAKFAST Oatmeal, Coffee Cake
	Hot or Cold Cereal <u>LUNCH</u> Butternut Squash Soup	Fruit, Hot or Cold Cereal <u>LUNCH</u> Cream of Mushroom Soup	Sausage, Fruit, Hot or Cold Cereal <u>LUNCH</u> Egg Drop Soup	Scrambled Eggs, Fruit Hot or Cold Cereal <u>LUNCH</u>	<u>LUNCH</u> Zucchini Soup	<u>LUNCH</u> Corn Chowder	Fruit, Hot or Cold Cereal <u>LUNCH</u>
	Tuna Melt, Coleslaw, Dill Pickle Spears Boston Cream Pie DINNER	Veggie Burger, Three Bean Salad Potato Chips, Carrot Cake DINNER	Hawaiian Meatballs, Steamed Rice Oriental Vegetables Almond Cookies	Tortilla Soup Chicken Taco Salad Churros	Roast Beef Sandwich Sweet Potato Fries, Dill Pickle Spear Ice Cream	Smoked Salmon Pasta Roll, Pound Cake DINNER	Beef Stew & Rice Franks in a Blanket Challah, Fresh Fruit
	Rice Soup Chicken Française	Spaghetti w/ Meat Sauce Broccoli & Cauliflower	DINNER Cabbage Soup	<u>DINNER</u> Garbanzo Bean Soup	DINNER  Kidney Bean Soup, Beef Lasagna	Matzo Ball Soup Oven Braised Brisket	Challan, Fresh Fruit Chocolate Chip Cookies DINNER
	Wild Rice, Baby Carrots  Vanilla Cake	Garlic Bread Chocolate Chip Cookies	Baked Tilapia Green Beans w/ Cherry Tomatoes	Beef Stroganoff Egg Noodles	Steamed Broccoli, Garlic Bread  Banana Cake	Roasted Potatoes & Carrots Sorbet	Rosemary Roasted Chicken Wild Rice
	vanilla cake	Chocolate Chip Cookles	Couscous Lemon Cake	Roasted Cauliflower Peach Cobbler	Ballalla Cake	Sorbet	Roasted Potatoes Strawberry Cake
	BREAKFAST 18 Oatmeal, Lox & Bagel, Fruit	BREAKFAST 19 Oatmeal, Waffles, Scrambled Eggs, Fruit, Hot	BREAKFAST 20 Oatmeal, Baked Muffin, Sausage	BREAKFAST 21 Oatmeal, Blueberry Pancakes	BREAKFAST 22 Oatmeal, French Toast	BREAKFAST Oatmeal, Danish, Vegetable Omelet	BREAKFAST 24 Oatmeal, Coffee Cake
	Hot or Cold Cereal <u>LUNCH</u> Tomato Basil Soup	or Cold Cereal <u>LUNCH</u> Cream of Mushroom	Fruit, Hot or Cold Cereal <u>LUNCH</u> Fideo Soup	Scrambled Eggs, Fruit Hot or Cold Cereal LUNCH	Scrambled Eggs, Sausage Fruit, Hot or Cold Cereal LUNCH	Fruit, Hot or Cold Cereal <u>LUNCH</u> Egg Drop Soup	Scrambled Eggs Turkey Sausage Fruit, Hot or Cold Cereal LUNCH
	Grilled Cheese Sandwich Garden Salad, Fruit Parfait	Egg Salad Pita Pocket Three Bean Salad, Potato Chips	Chicken Tenderloin, Curly Fries Coleslaw, Fruit Salad	Tomato Cabbage Soup Hamburgers	Pinto Bean Soup Tuna Stuffed Tomato	Chicken Teriyaki Steamed Rice	Chicken Tenderloin Potato Kugel
	<u>DINNER</u> Pinto Bean Soup	Fresh Melon <u>DINNER</u>	DINNER White Bean Soup	French Fries, Pickle Spears Watermelon	Garden Salad Banana Cake	Oriental Vegetables, Almond Cookies <u>DINNER</u>	Coleslaw, Oliver Salad Challah, Fresh Fruit
	Shepherd's Pie Honey Roasted Carrots	Minestrone Soup Eggplant Casserole	Beef Stew w/ Vegetables Mashed Potatoes	<u>DINNER</u> Lentil Soup	<u>DINNER</u> Vegetable Soup	Matzo Ball Soup Salisbury Steak	DINNER Baked Tilapia
	Dinner Roll Chocolate Cake	Capri Blend Vegetables Garlic Bread Apple Pie	Dinner Roll Pineapple Cake	Chicken Cacciatore Egg Noodles Roasted Broccoli	Spaghetti w/ Meatballs Broccoli & Cauliflower Garlic Bread	Mashed Potatoes Green Beans Almondine Sorbet	Couscous Carrot Salad Challah
	BREAKFAST 25 Oatmeal, Lox & Bagel, Fruit	BREAKFAST Oatmeal, Waffles, Scrambled Eggs 26	BREAKFAST 27 Oatmeal, Baked Muffin, Eggs	BREAKFAST 28 Oatmeal, Blueberry Pancakes	BREAKFAST 29 Oatmeal, French Toast	BREAKFAST Oatmeal, Danish, Vegetable Omelet	BREAKFAST Oatmeal, Coffee Cake
	Hot or Cold Cereal <u>LUNCH</u> Butternut Squash Soup	Fruit, Hot or Cold Cereal <u>LUNCH</u> Cabbage Celery Soup	Sausage, Fruit Hot or Cold Cereal LUNCH	Scrambled Eggs, Fruit Hot or Cold Cereal <u>LUNCH</u>	Scrambled Eggs, Sausage Fruit, Hot or Cold Cereal <u>LUNCH</u>	Fruit, Hot or Cold Cereal <u>LUNCH</u> Tortilla Soup	Scrambled Eggs Turkey Sausage Fruit, Hot or Cold Cereal <u>LUNCH</u>
-	Turkey Patty Melt Sweet Potato Fries, Pickle Spears	Cheese Pizza Garden Salad	Carrot Soup Ground Beef Shell Tacos	Egg Drop Soup Beef Chow Mein	Celery Soup Vegetable Frittata	Chicken Fajitas Spanish Rice & Refried Beans	Beef Stew & Rice Deli Roll, Challah
	Orange Cake <u>DINNER</u>	Yogurt Parfait <u>DINNER</u>	Spanish Rice, Refried Beans Churros	Oriental Vegetables Chocolate Chip Cookies	Garden Salad Zucchini Bread	Orange Cake <u>DINNER</u>	Lemon Cake <u>DINNER</u>
	Split Pea Soup Beef & Vegetable Lasagna	Kidney Bean Soup BBQ Meatloaf	<u>DINNER</u> Garbanzo Bean Soup	<u>DINNER</u> Squash Soup	Lemon Cake <u>DINNER</u>	Matzo Ball Soup Beef Pot Roast	Roast Chicken Rice Pilaf
	Roasted Broccoli Garlic Bread	Mashed Potatoes Carrots & Cauliflower	Grilled Tilapia Sautéed Green Beans	Pasta Bolognese Mixed Vegetables, Roll	Cream of Cauliflower, Breaded Fish Scalloped Potatoes, Honey Glazed Carrots	Mashed Potatoes Dinner Roll	Roasted Carrots Challah
	Ice Cream	Poached Pears	Lemon Couscous	Baked Cinnamon Apples	German Chocolate Cake	Brownie	Peanut Butter Cookies