

Sunday

Monday

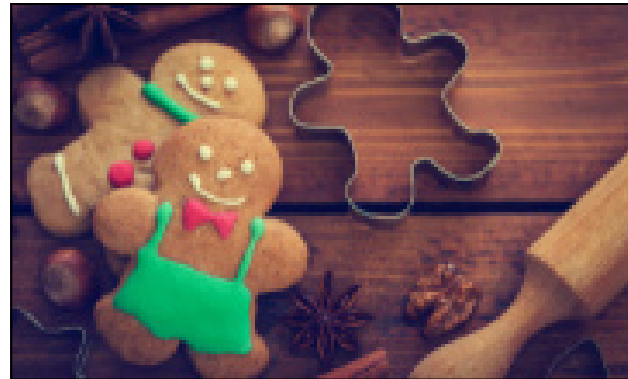
Tuesday

Wednesday

Thursday

Friday

Saturday



CITYVIEW December Menu

<p>BREAKFAST 4 Oatmeal, Bagel Blast, Eggs Any Style, Choice of Meat & Fruit LUNCH Lentil Soup, Tuna Stuffed Tomato, Garden Salad, Honey Cornbread, Chef's Dessert DINNER Cream of Mushroom, Yankee Pot Roast, Buttered Egg Noodles, Baby Carrots, Bread Pudding</p>	<p>BREAKFAST 5 Oatmeal, Waffles, Eggs Any Style, Meat and Fruit LUNCH Split Pea Soup, Cheese or Vegetable Quesadillas, Spanish Rice, Refried Beans, Pico de Gallo, Guacamole, Sour Cream, Churros DINNER Cream of Carrot, Chicken Carbonara, Grilled Herbed Zucchini, Garlic Bread, Fruit Cobbler</p>	<p>BREAKFAST 6 Oatmeal, Fresh Baked Muffin, Eggs Any Style, Meat and Fruit LUNCH Egg Drop Soup, Shrimp Lo Mein, Stir Fry Vegetables, Coconut Macaroons DINNER French Onion Soup, Oven Crisp Fish, Scalloped Potatoes, Peas w/ Red Peppers, Bananas Foster</p>	<p>BREAKFAST 7 Oatmeal, Pancakes, Eggs Any Style, Meat and Fruit LUNCH White Bean Soup, BLT Sandwich, Carrot Slaw, French Fries, Tapioca Pudding DINNER Corn Chowder Chicken Parmigiana w/ Pasta Roasted Broccoli Chocolate Cake</p>	<p>BREAKFAST 8 Oatmeal, French Toast, Eggs Any Style, Meat and Fruit LUNCH Mushroom & Barley Soup, Smoked Salmon Pasta, Roll, Coconut Cream Pie DINNER Potato Leek Soup, Open Faced Hot Turkey w/ Gravy, Mashed Potatoes, Sweet Corn, Chocolate Chip Cookies a la Mode</p>	<p>BREAKFAST 9 Oatmeal, Assorted Danish, Eggs Any Style, Meat and Fruit LUNCH Matzo Ball Soup, Chicken Salad Sandwich, Potato Chips, Three Bean Salad, Ambrosia Salad DINNER Cream of Mushroom Salisbury Steak, Herbed Rice Pilaf, Sweet & Tangy Carrots, Lemon Meringue Pie</p>	<p>BREAKFAST 10 Oatmeal, Coffee Cake, Eggs Any Style, Meat and Fruit LUNCH Cabbage and Celery Soup, Italian Chopped Salad, Zucchini Bread, Peaches & Cream DINNER Butternut Squash Soup, Pork Chops in Mushroom Gravy, Sauteed Green Beans, Mashed Potatoes, Cinnamon Baked Apple</p>
<p>BREAKFAST 11 Oatmeal, Bagel Blast, Eggs Any Style LUNCH Tomato Basil Soup, Grilled Ham & Cheese Sandwich, Balsamic Arugula-Tomato Salad, Fruit Jell-O DINNER White Bean Soup, Chicken Cordon Bleu, Mashed Potatoes, Steamed Broccoli, Chocolate Eclair</p>	<p>BREAKFAST 12 Oatmeal, Waffles, Eggs Any Style, Meat and Fruit LUNCH Lentil Soup, Tuna Melt, Sweet Potato Fries, Coleslaw, Carrot Cake DINNER Roasted Butternut Squash Soup, Eggplant Casserole, Roasted Carrots & Cauliflower, Pecan Pie</p>	<p>BREAKFAST 13 Oatmeal, Fresh Baked Muffin, Eggs Any Style, Meat and Fruit LUNCH Chicken Vegetable Soup, Hot Dogs, French Fries, Coleslaw, Orange Mousse DINNER Garbanzo Bean Soup, Meatloaf, Garlic Mashed Potatoes w/ Gravy, Roasted Vegetables, Peach Cake</p>	<p>BREAKFAST 14 Oatmeal, Blueberry Pancakes, Eggs Any Style, Meat and Fruit LUNCH Tomato Soup, Cheese or Pepperoni Pizza, Caesar Salad,, Tres Leches Cake DINNER Minestrone Soup, Lemon Butter Baked Fish, Sauteed Spinach w/ Tomatoes & Onions, Garden Rice, Pound Cake</p>	<p>BREAKFAST 15 Oatmeal, French Toast, Eggs Any Style, Meat and Fruit LUNCH Vegetable Soup, Turkey Club Sandwich, Three Bean Salad, Potato Chips, Ice Cream DINNER Split Pea Soup, Cheese Ravioli, Steamed Broccoli, Garlic Bread, Cherry Pie</p>	<p>BREAKFAST 16 Oatmeal, Assorted Danish, Eggs Any Style, Meat and Fruit LUNCH Matzo Ball Soup, Vegetable Quiche, Mixed Green Salad, Roll, Lemon cake DINNER Cream of Broccoli, Honey Glazed Ham, Candied Yams, Roasted Brussel Sprouts, Bread Pudding</p>	<p>BREAKFAST 17 Oatmeal, Coffee Cake, Eggs Any Style, Meat and Fruit LUNCH Chicken Noodle Soup, Turkey Croissant, Onion Rings, Cucumber Dill Salad, Tapioca Pudding DINNER Garbanzo Bean Soup, Country Fried Steak, Mashed Potatoes w/ Gravy, Green Beans, Tres Leches Cake</p>
<p>BREAKFAST 18 Oatmeal, Bagel Blast, Eggs Any Style, Choice of Meat & Fruit LUNCH Italian Wedding Soup, Tuna Salad Pita Pocket, Marinated Beet Salad, Chef's Dessert DINNER Cream of Mushroom, Cheese Ravioli, Mixed Vegetables, Garlic Bread, Fruit Cobbler</p>	<p>BREAKFAST 19 Oatmeal, Waffles, Eggs Any Style, Fruit LUNCH Cream of Cauliflower, Chicken Tenderloin, French Fries, Coleslaw, Fruit Jell-O DINNER Minestrone Soup, Swedish Meatballs, Rice Pilaf, Green Beans Almondine, Peach Turnover</p>	<p>BREAKFAST 20 Oatmeal, Fresh Baked Muffins, Eggs Any Style, Meat and Fruit LUNCH Pinto Bean Soup, Roast Beef Sandwich, Potato Salad, Pickle Spear, Strawberry Shortcake DINNER Cream of Cauliflower, Shepherd's Pie, Balsamic Roasted Brussel Sprouts, Banana Bread</p>	<p>BREAKFAST 21 Oatmeal, Pancakes, Eggs Any Style, Meat and Fruit LUNCH Tortilla Soup, Cheese & Vegetable Enchiladas, Refried Beans, Spanish Rice, Pico de Gallo, Sour Cream, Guacamole, Flan DINNER Roasted Carrot & Ginger Soup, Beef Bourguignon Served Over Mashed Potatoes, Orange Cake</p>	<p>BREAKFAST 22 Oatmeal, French Toast, Eggs Any Style, Meat and Fruit LUNCH Garbanzo Bean Soup, BLT Sandwich, Broccoli Slaw, Potato Chips, Brownie DINNER Cabbage Soup, Artichoke Chicken, Red Roasted Potatoes, Broccoli, Sponge Cake</p>	<p>BREAKFAST 23 Oatmeal, Assorted Danish, Eggs Any Style, Meat and Fruit LUNCH Matzo Ball Soup, Philly Cheesesteak Sandwich, Onion Rings, Potato Salad, German Chocolate Cake DINNER Vegetable Soup, Sicilian Fish in Tomato Sauce, Couscous, Green Beans, Lemon Bar</p>	<p>BREAKFAST 24 Oatmeal, Coffee Cake, Eggs Any Style, Meat and Fruit LUNCH Tortilla Soup, Chicken Fajitas, Spanish Rice, Refried Beans, Pico de Gallo, Guacamole, Rice Pudding DINNER Pinto Bean Soup, Vegetable Lasagna, Roasted Broccoli & Cauliflower, Garlic Bread, Peach Pie</p>
<p>BREAKFAST 25 Oatmeal, Bagel Blast, Eggs Any Style, Choice of Meat & Fruit CHRISTMAS FEAST Roasted Butternut Squash Soup Old Fashioned Roasted Turkey, Mashed Potatoes w/ Gravy, Stuffing, Green Bean Casserole, Pumpkin Pie DINNER Special Boxed Dinner</p> <p>Christmas</p>	<p>BREAKFAST 26 Oatmeal, Waffles, Eggs Any Style, Meat and Fruit LUNCH Cabbage & Celery Soup, French Dip Sandwich, Coleslaw, Onion Rings, Fudge Brownies, DINNER African Yam Soup, Jerk Roast Chicken, Couscous, Collard Greens, Sweet Potato Pie</p> <p>Boxing Day (Canada) Kwanzaa Begins</p>	<p>BREAKFAST 27 Oatmeal, Fresh Baked Muffins, Eggs Any Style, Meat and Fruit LUNCH Navy Bean Soup, Fish Tacos, Spanish Rice, Refried Beans, Pico de Gallo, Churros DINNER Roasted Carrot & Ginger Soup, Shrimp Scampi, Steamed Broccoli, Garlic Bread, Lemon Meringue Pie</p>	<p>BREAKFAST 28 Oatmeal, Blueberry Pancakes, Eggs Any Style, Meat and Fruit LUNCH Zucchini Cilantro Soup, Egg Salad Croissant, Onion Rings, Creamy Dill Cucumber Salad, Vanilla Cake DINNER Lentil Soup, Beef Stroganoff over Egg Noodles, Roasted Garlic Parmesan Cauliflower, Coffee Cake</p>	<p>BREAKFAST 29 Oatmeal, French Toast, Eggs Any Style, Meat and Fruit LUNCH Tomato Soup, Grilled Cheese Sandwich, Potato Chips, Caprese Salad, Chocolate Eclair DINNER Cabbage Soup, Chicken Dijon, Lyonnaise Potatoes, French Style Green Beans, Carrot Cake</p>	<p>BREAKFAST 30 Oatmeal, Assorted Danish, Eggs Any Style, Meat and Fruit LUNCH Matzo Ball Soup, Turkey Wrap, Cucumber & Tomato Salad, Pickle Spear, Chocolate Pudding DINNER Cream of Spinach,</p>	<p>BREAKFAST 31 Oatmeal, Coffee Cake, Eggs Any Style, Meat and Fruit LUNCH Chicken Noodle Soup, Cheese or Pepperoni Pizza, Caesar Salad, Chocolate Cake DINNER Cream of Asparagus, Filet Mignon, Garlic and Rosemary Roasted Potatoes, Roasted Broccolini, Cheesecake</p> <p>New Year's Eve</p>