Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Menu	BREAKFAST Oatmeal, Waffles, Scrambled Eggs Hot or Cold Cereal LUNCH Falafel, Pita, Fries, Israeli Salad Strawberry Shortcake DINNER Corn Chowder Shepherd's Pie Garden Salad Peach Cobbler	BREAKFAST Oatmeal, Baked Muffin Eggs Sunny Side-Up Hot or Cold Cereal LUNCH Zuchini Soup Club Sandwich, Pickles, Corn Salad Layered Cake DINNER Bean Soup Curry Chicken, Rice, Roasted Vegetables Cinnamon Baked Apples	BREAKFAST Oatmeal, Blueberry Pancakes Vegetable Omelet Hot or Cold Cereal LUNCH Tortilla Soup Dairy Burrito, Chips & Salsa Dessert DINNER Split Pea Soup Hamburgers, Fries Fruits	BREAKFAST Oatmeal, French Toast Cheesy Scrambled Eggs Hot or Cold Cereal LUNCH French Onion Soup White Mushroom Pasta, Garlic Bread, Italian Salad Cheesecake DINNER Broccoli Soup BBQ Chicken, Baked Potato Roasted Vegetables Pecan Pie	BREAKFAST Oatmeal, Danish Vegetable Frittata Hot or Cold Cereal LUNCH Butternut Squash Soup Chimichurri Beef, White Rice Sponge Cake DINNER Matzo Ball Soup Brisket, Mashed Potato, Salad Chocolate Pie	BREAKFAST Coffee Cake Hard Boiled Egg Salad, Hash Browns Hot or Cold Cereal LUNCH Meat Roast Kugel, Israeli Salad Cookies DINNER Roast Chicken w/ Herbs Roasted Potatoes Green Beans Lemon Cake
BREAKFAST Oatmeal, Lox & Bagel Fresh Fruit Hot or Cold Cereal LUNCH Seven Grain Soup Meatballs, Spaghetti, Pesto Bread, Ice Cream DINNER Tomato Soup Baked Fish, White Rice, Roasted Vegetables Apple Pie	BREAKFAST Oatmeal, Waffles Scrambled Eggs Hot or Cold Cereal LUNCH Egg Drop Soup Sweet & Sour Chicken over Rice Asian Salad Ice Cream DINNER Butternut Squash Soup Swedish Meatballs, Egg Noodles Garden Salad Apple Sauce Cake	BREAKFAST Oatmeal, Baked Muffin Eggs Sunny Side-Up Hot or Cold Cereal LUNCH Soup Chicken Schnitzel, Fries, Israeli Salad Angel Cake DINNER Soup Hamburgers/Hot Dogs Potato Salad, Pickle Spears Fruit	BREAKFAST Oatmeal, Blueberry Pancakes Vegetable Omelet, Fruit Hot or Cold Cereal LUNCH Lentil Soup Pesto Salmon, Baked Potato Garden Salad Dessert DINNER Coconut Curry Chicken Basmati Rice, Green Beans Fruit Salad	BREAKFAST Oatmeal, French Toast Cheesy Scrambled Eggs Hot or Cold Cereal LUNCH Soup Beef Arayes, Fries, Israeli Salad Carrot Cake DINNER Bean Soup Chicken Tacos Corn Avocado Salad Fruit	BREAKFAST Oatmeal, Danish Vegetable Frittata Hot or Cold Cereal LUNCH Roasted Creamy Carrot Soup Falafel, Fries, Israeli Salad, Tahini Lemon Bar DINNER Matzo Ball Soup Roast Chicken Baked Potato, Caramelized Carrots Chocolate Pudding	BREAKFAST Coffee Cake Hard Boiled Egg Salad, Hash Browns Hot or Cold Cereal LUNCH Asian Cabbage Salad Chicken Lo Mein Coconut Macaroons DINNER Beef Burgundy Rice, Salad Fruit
BREAKFAST Oatmeal, Lox & Bagel, Fruit Hot or Cold Cereal LUNCH Sweet Pea Soup Fish Tacos, Pico De Gallo Apple Turnover DINNER Vegetable Soup, Corned Beef Sandwich Sweet Potato Fries, Pickles Pineapple Upside-Down Cake  Hanukkah Begins	BREAKFAST Oatmeal, Waffles Scrambled Eggs Hot or Cold Cereal LUNCH Butternut Squash Soup Chicken Provence, Roasted Potatoes Garden Salad Cookies DINNER Minestrone Soup Beef Lasagna Garden Salad Cake	BREAKFAST Oatmeal, Baked Muffin Eggs Sunny Side-Up Hot or Cold Cereal LUNCH Roasted Tortilla Soup Chicken Burrito Churros DINNER CHANUKAH PARTY Special Meal	BREAKFAST Oatmeal, Blueberry Pancakes Vegetable Omelet, Fruit Hot or Cold Cereal LUNCH Bean Soup Chicken Fajitas, Tortillas Brownies DINNER Cabbage Soup Corned Beef, Baked Potato Garden Salad Fresh Fruits	BREAKFAST Oatmeal, French Toast Cheesy Scrambled Eggs Hot or Cold Cereal LUNCH Chicken Soup Turkey Sandwich, Potato Chips Ice Cream DINNER Yellow Squash Soup Chili con Carne over Rice Cake	BREAKFAST Oatmeal, Danish Vegetable Frittata Hot or Cold Cereal LUNCH Split Pea Soup Hot Dogs, Fries, Coleslaw Bread Pudding DINNER Matzo Ball Soup Meat Roast, Potato Quiche Roasted Vegetables Special Cake	BREAKFAST Coffee Cake  Hard Boiled Egg Salad, Hash Browns Hot or Cold Cereal LUNCH Beef Enchilada Garden Salad Banana Bread DINNER Sweet & Sour Meatballs Rice, Broccoli S'mores Cookies
BREAKFAST Oatmeal, Lox & Bagel, Fruit Hot or Cold Cereal LUNCH Mushroom Soup Fried Chicken Sandwich, Sweet Potato Fries Vegetables, Cut Fruits DINNER Vegetable Soup Beef Stew Mashed Potato, Vegetables Fruit Cobbler Winter Begins	BREAKFAST Oatmeal, Waffles, Scrambled Eggs Hot or Cold Cereal LUNCH Kidney Bean Soup Cheese/Vegetable Quesadillas Corn Avocado Salad DINNER Roasted Carrot Soup Black-Eyed Pea Stew over Rice Fruits	BREAKFAST Oatmeal, Baked Muffin Eggs Sunny Side-Up Hot or Cold Cereal LUNCH Corn Soup Chicken Skewers, Israeli Salad Ptitim, Ice Cream DINNER Broccoli Soup Swedish Meatballs, Egg Noodles Garden Salad, Cake	BREAKFAST Oatmeal, Blueberry Pancakes Vegetable Scrambled, Fruit Hot or Cold Cereal LUNCH Tomato Soup Pizza, Garden Salad, Cinnamon Bun DINNER Ramen Soup Beef Stir Fry & Rice Cake	BREAKFAST Oatmeal, French Toast Cheesy Scrambled Eggs Hot or Cold Cereal CHRISTMAS LUNCHEON Special Meal DINNER Special Boxed Dinner	BREAKFAST Oatmeal, Danish Vegetable Frittata Hot or Cold Cereal LUNCH French Onion Soup Burgers, French Fries Ice Cream DINNER Matzo Ball Soup Chicken Provence , Au Gratin Potatoes Muffins	BREAKFAST Coffee Cake  Hard Boiled Egg Salad, Hash Browns Hot or Cold Cereal LUNCH Pepper Steak & Rice Garden Salad Ice Cream DINNER Chicken Caesar Salad Wrap Cookies
BREAKFAST Oatmeal, Lox & Bagel, Fruit Hot or Cold Cereal LUNCH Minestrone Soup Grilled Chicken Pasta Salad w/ Pesto & Cherry Tomatoes Garden Salad, Fruits DINNER Mushroom & Barley Soup Baked Fish, Sweet Potao, Asparagus Cake	BREAKFAST Oatmeal, Waffles, Scrambled Eggs Hot or Cold Cereal LUNCH Eggplant moussaka Rice , Garbanzo soup DINNER Corn soup Turnip candy chicken, Baked potato wedges Salad,	BREAKFAST Oatmeal, Baked Muffin Eggs Sunny Side-Up Hot or Cold Cereal LUNCH Meet duner , pita Salad , sauce DINNER Soup Baked fish With pesto sauce, patitim Green beans , Vegetable soup	BREAKFAST Oatmeal, Blueberry Pancakes Vegetable Scrambled, Fruit Hot or Cold Cereal LUNCH Fried chicken , fries Sweet pies, Chicken soup DINNER Corn soup Mongolian beef, Green beans, White rice Dessert New Year's Eve		ember 20	025