CITY VIEW February 2023 MENU

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 BREAKFAST Oatmeal, Pancakes, Eggs Any Style, Meat and Fruit LUNCH White Bean Soup, BLT Sandwich, Carrot Slaw, French Fries, Tapioca Pudding DINNER Corn Chowder Chicken Parmigiana w/ Pasta Roasted Broccoli Chocolate Cake	**2** BREAKFAST Oatmeal, French Toast, Eggs Any Style, Meat and Fruit LUNCH Tortilla Soup, Steak Fajitas, Spanish Rice & Refried Beans, Flan DINNER Potato Leek Soup, Pork Chops in Mushroom Gravy, Sautéed Green Beans, Mashed Potatoes, Cinnamon Baked Apple Groundhog Day	**3** BREAKFAST Oatmeal, Assorted Danish, Eggs Any Style, Meat and Fruit LUNCH Matzo Ball Soup, Egg Salad Pita Pocket, Creamy Cucumber Salad, Fresh Melon, Ambrosia Salad DINNER Vegetable Soup, Stuffed Cabbage Rolls, Garden Rice, Roasted Cauliflower, Lemon Bar	**4** BREAKFAST Oatmeal, Coffee Cake, Eggs Any Style, Meat and Fruit LUNCH Chicken Noodle Soup, Cheese or Blueberry Blintz, Apple Slaw, Orange Wedges, Fudge Brownie DINNER Cream of Spinach, Pan Grilled Fish, Sweet Baked Potato, Roasted Zucchini & Squash, Orange Cake
5 BREAKFAST Oatmeal, Bagel Blast, Eggs Any Style, Choice of Meat & Fruit LUNCH Lentil Soup, Tuna Stuffed Tomato, Garden Salad, Honey Cornbread, Chocolate Fondue Strawberries DINNER Butternut Squash Soup with Chickpeas, Yankee Pot Roast, Buttered Egg Noodles, Baby Carrots, Bread Pudding National Chocolate Fondue Day	**6** BREAKFAST Oatmeal, Waffles, Eggs Any Style, Meat and Fruit LUNCH Split Pea Soup, Cheese or Vegetable Quesadillas, Spanish Rice, Refried Beans, Pico de Gallo, Guacamole, Sour Cream, Churros DINNER Cream of Carrot, Chicken Carbonara, Grilled Herbed Zucchini, Garlic Bread, Fruit Cobbler	**7** BREAKFAST Oatmeal, Fresh Baked Muffin, Eggs Any Style, Meat and Fruit LUNCH Vegetable Soup, Grilled Chicken Caesar Salad, Roll, Tapioca Pudding DINNER French Onion Soup, Oven Crisp Fish, Scalloped Potatoes, Peas w/ Red Peppers, Bananas Foster	**8** BREAKFAST Oatmeal, Blueberry Pancakes, Eggs Any Style, Meat and Fruit LUNCH Tomato Soup, Cheese or Pepperoni Pizza, Caesar Salad, Tres Leches Cake DINNER Minestrone Soup, Lemon Butter Baked Fish, Sautéed Spinach w/ Tomatoes & Onions, Garden Rice, Pound Cake	**9** BREAKFAST Oatmeal, French Toast, Eggs Any Style, Meat and Fruit LUNCH Mushroom & Barley Soup, Smoked Salmon Pasta, Roll, Coconut Cream Pie DINNER Potato Leek Soup, Open Faced Hot Turkey with Gravy, Mashed Potatoes, Sweet Corn, Chocolate Chip Cookies a la Mode	**10** BREAKFAST Oatmeal, Assorted Danish, Eggs Any Style, Meat and Fruit LUNCH Matzo Ball Soup, Chicken Salad Sandwich, Potato Chips, Three Bean Salad, Ambrosia Salad DINNER Cream of Mushroom Salisbury Steak, Herbed Rice Pilaf, Sweet & Tangy Carrots, Lemon Meringue Pie	**11** BREAKFAST Oatmeal, Coffee Cake, Eggs Any Style, Meat and Fruit LUNCH Cabbage and Celery Soup, Italian Chopped Salad, Zucchini Bread, Peaches & Cream DINNER Butternut Squash Soup, Pork Chops in Mushroom Gravy, Sautéed Green Beans, Mashed Potatoes, Cinnamon Baked Apple
12 BREAKFAST Oatmeal, Bagel Blast, Eggs Any Style LUNCH Tomato Basil Soup, Grilled Ham & Cheese Sandwich, Balsamic Arugula- Tomato Salad, Fruit Jell-O DINNER White Bean Soup, Chicken Cordon Bleu, Mashed Potatoes, Steamed Broccoli, Chocolate Eclair	**13** BREAKFAST Oatmeal, Waffles, Eggs Any Style, Meat and Fruit LUNCH Lentil Soup, Tuna Melt, Sweet Potato Fries, Coleslaw, Carrot Cake DINNER Roasted Butternut Squash Soup, Eggplant Casserole, Roasted Carrots & Cauliflower, Pecan Pie	**14** BREAKFAST Oatmeal, Fresh Baked Muffin, Eggs Any Style, Meat and Fruit **Valentine's Day Lunch** Egg Drop Soup, Shrimp Lo Mein, Oriental Vegetables, Red Velvet Cake **Our Love is Written in the Stars** **Valentine Dinner** Garbanzo Bean Soup, Meatloaf, Garlic Mashed Potatoes with Gravy, Roasted Vegetables, Peach Cake Valentine's Day	**15** BREAKFAST Oatmeal, Pancakes, Eggs Any Style, Meat and Fruit LUNCH Tortilla Soup, Cheese & Vegetable Enchiladas, Refried Beans, Spanish Rice, Pico de Gallo, Sour Cream , Guacamole, Flan DINNER Roasted Carrot & Ginger Soup, Beef Bourguignon Served Over Mashed Potatoes, Orange Cake	**16** BREAKFAST Oatmeal, French Toast, Eggs Any Style, Meat and Fruit LUNCH Vegetable Soup, Turkey Club Sandwich, Three Bean Salad, Potato Chips, Ice Cream DINNER Split Pea Soup, Cheese Ravioli, Steamed Broccoli, Garlic Bread, Cherry Pie	**17** BREAKFAST Oatmeal, Assorted Danish, Eggs Any Style, Meat and Fruit LUNCH Matzo Ball Soup, Vegetable Quiche, Mixed Green Salad, Roll, Lemon cake DINNER Cream of Broccoli, Honey Glazed Ham, Candied Yams, Roasted Brussel Sprouts, Bread Pudding	**18** BREAKFAST Oatmeal, Coffee Cake, Eggs Any Style, Meat and Fruit LUNCH Chicken Noodle Soup, Turkey Croissant, Onion Rings, Cucumber Dill Salad, Tapioca Pudding DINNER Garbanzo Bean Soup, Country Fried Steak, Mashed Potatoes w/ Gravy, Green Beans, Tres Leches Cake
19 BREAKFAST Oatmeal, Bagel Blast, Eggs Any Style, Choice of Meat & Fruit LUNCH Italian Wedding Soup, Tuna Salad Pita Pocket, Marinated Beet Salad, Chef's Dessert DINNER Cream of Mushroom, Cheese Ravioli, Mixed Vegetables, Garlic Bread, Fruit Cobbler	**20** BREAKFAST Oatmeal, Waffles, Eggs Any Style, Fruit LUNCH Cream of Cauliflower, Chicken Tenderloin, French Fries, Coleslaw, Cherry Pie DINNER Minestrone Soup, Swedish Meatballs, Rice Pilaf, Green Beans Almondine, Peach Turnover Presidents' Day/ Cherry Pie Day	**21** BREAKFAST Oatmeal, Fresh Baked Muffins, Eggs Any Style, Meat and Fruit LUNCH Pinto Bean Soup, Roast Beef Sandwich, Potato Salad, Pickle Spear, Fat Tuesday Donuts **Mardi Gras Celebration Dinner** Cabbage Soup, Chicken and Sausage Jambalaya, Bananas Foster Mardi Gras	**22** BREAKFAST Oatmeal, Blueberry Pancakes, Eggs Any Style, Meat and Fruit LUNCH Zucchini Cilantro Soup, Egg Salad Croissant, Onion Rings, Creamy Dill Cucumber Salad, Vanilla Cake DINNER Lentil Soup, Beef Stroganoff over Egg Noodles, Roasted Garlic Parmesan Cauliflower, Coffee Cake Ash Wednesday	**23** BREAKFAST Oatmeal, French Toast, Eggs Any Style, Meat and Fruit LUNCH Garbanzo Bean Soup, BLT Sandwich, Broccoli Slaw, Potato Chips, Brownie DINNER Cabbage Soup, Artichoke Chicken, Red Roasted Potatoes, Broccoli, Sponge Cake	**24** BREAKFAST Oatmeal, Assorted Danish, Eggs Any Style, Meat and Fruit LUNCH Matzo Ball Soup, Philly Cheesesteak Sandwich, Onion Rings, Potato Salad, German Chocolate Cake DINNER Vegetable Soup, Sicilian Fish in Tomato Sauce, Couscous, Green Beans, Lemon Bar	**25** BREAKFAST Oatmeal, Coffee Cake, Eggs Any Style, Meat and Fruit LUNCH Tortilla Soup, Chicken Fajitas, Spanish Rice, Refried Beans, Pico de Gallo, Guacamole, Rice Pudding DINNER Pinto Bean Soup, Vegetable Lasagna, Roasted Broccoli & Cauliflower, Garlic Bread, Peach Pie
26 BREAKFAST Oatmeal, Bagel Blast Eggs Any Style, Choice of Meat & Fruit LUNCH Roasted Butternut Squash Soup Old Fashioned Roasted Turkey, Mashed Potatoes w/ Gravy, Stuffing, Green Bean Casserole, Pumpkin Pie DINNER Lentil Soup, Shepherd's Pie, Roasted Root Vegetables, Dinner Roll, Vanilla Cake	**27** BREAKFAST Oatmeal, Waffles, Eggs Any Style, Meat and Fruit LUNCH Cabbage & Celery Soup, French Dip Sandwich, Coleslaw, Onion Rings, Fudge Brownies, DINNER African Yam Soup, Jerk Roast Chicken, Couscous, Collard Greens, Sweet Potato Pie	**28** BREAKFAST Oatmeal, Fresh Baked Muffins, Eggs Any Style, Meat and Fruit LUNCH Navy Bean Soup, Fish Tacos, Spanish Rice, Refried Beans, Pico de Gallo, Churros DINNER Roasted Carrot & Ginger Soup, Shrimp Scampi, Steamed Broccoli, Garlic Bread, Lemon Meringue Pie				

City View Senior Living | 515 N La Brea Ave, Los Angeles, CA 90036 | License #198603220 | Alternate dishes are always available. See server for details. Menu is subject to change without notice.