

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

MENU FEBRUARY 2026

<u>BREAKFAST</u> Oatmeal, Hot or Cold Cereal Bagels & Lox Fresh Fruit <u>LUNCH</u> White Bean Soup Mac 'n Cheese, Ceasar Salad Ice Cream TU B'SHEVAT DINNER Mushroom Barley Soup Seven Species Harvest Chicken, Couscous Dried Fruits and Nuts Chocolate Bark	<u>BREAKFAST</u> Oatmeal, Hot or Cold Cereal Scrambled Eggs Waffles <u>LUNCH</u> Vegetable Soup Pita & Falafel, Fries, Israeli Salad Strawberry Shortcake <u>DINNER</u> Corn Chowder Shepherd's Pie, Garden Salad Peach Cobbler Groundhog Day	<u>BREAKFAST</u> Oatmeal, Hot or Cold Cereal Eggs Sunny Side-Up Baked Muffin <u>LUNCH</u> Zucchini Soup Club Sandwich, Pickles, Corn Salad Layer Cake <u>DINNER</u> Bean Soup Curry Chicken, Rice, Roasted Vegetables Cinnamon Baked Apples	<u>BREAKFAST</u> Oatmeal, Hot or Cold Cereal Vegetable Omelet Blueberry Pancakes, Fruit <u>LUNCH</u> Tortilla Soup Dairy Burrito, Chips & Salsa Flan <u>DINNER</u> Split Pea Soup Hamburger & Fries Fruit Skewers	<u>BREAKFAST</u> Oatmeal, Hot or Cold Cereal Cheesy Scrambled Eggs French Toast <u>LUNCH</u> French Onion Soup White Mushroom Pasta, Garlic Bread, Italian Leafy Salad Cheesecake <u>DINNER</u> Broccoli Soup BBQ Chicken, Baked Potato Roasted Vegetables Pecan Pie	<u>BREAKFAST</u> Oatmeal, Hot or Cold Cereal Vegetable Frittata Danish <u>LUNCH</u> Butternut Squash Soup Salami Sandwich, Kettle Chips, Pickles Watermelon <u>DINNER</u> Matzo Ball Soup Brisket, Mashed Potato, Salad Chocolate Pie	<u>BREAKFAST</u> Hot or Cold Cereal Hard Boiled Egg Salad, Hash Browns Coffee Cake <u>LUNCH</u> Meat Kugel, Israeli Salad Chocolate Chip Cookies <u>DINNER</u> Roast Chicken w/ Herbs Roasted Potatoes Green Beans Lemon Cake
<u>BREAKFAST</u> Oatmeal, Hot or Cold Cereal Bagels & Lox Fresh Fruit <u>LUNCH</u> Cream of Broccoli Soup Beef Arayes, Fries, Israeli Salad Sliced Melons SUPER BOWL TAILGATE DINNER Veggie Trays w/ Buffalo Dip, BBQ Wings, Hot Dogs, Potato Knishes, Franks 'n Blanks Canned Coke	<u>BREAKFAST</u> Oatmeal, Hot or Cold Cereal Scrambled Eggs Waffles <u>LUNCH</u> Egg Drop Soup Sweet & Sour Chicken over Rice Asian Salad, Ice Cream <u>DINNER</u> Butternut Squash Soup Swedish Meatballs, Egg Noodles Garden Salad Apple Sauce Cake	<u>BREAKFAST</u> Oatmeal, Hot or Cold Cereal Eggs Sunny Side-Up Baked Muffin <u>LUNCH</u> Creamy Carrot Soup Hamburgers/Hot Dogs Potato Salad, Pickle Spears, Fresh Fruit <u>DINNER</u> Vegetable Soup Chicken Schnitzel, Fries, Israeli Salad Angel Food Cake	<u>BREAKFAST</u> Oatmeal, Hot or Cold Cereal Vegetable Omelet Blueberry Pancakes, Fruit <u>LUNCH</u> Lentil Soup Garlic Bread Lasagna, Roasted Cauliflower Sponge Cake VALENTINE'S DAY CELEBRATION Roasted Beet Soup Herb Crusted Salmon, Gnocchi in Pink Sauce, Fresh Greens Strawberry Mousse	<u>BREAKFAST</u> Oatmeal, Hot or Cold Cereal Cheesy Scrambled Eggs French Toast <u>LUNCH</u> Sweet Pea Soup Baked Cod Tacos, Pico De Gallo Apple Turnover <u>DINNER</u> Bean Soup Chicken Tacos Corn Avocado Salad Key Lime Sheet Cake	<u>BREAKFAST</u> Oatmeal, Hot or Cold Cereal Vegetable Frittata Danish <u>LUNCH</u> Roasted Vegetable Soup Falafel, Fries, Israeli Salad, Tahini Lemon Bar <u>DINNER</u> Matzo Ball Soup Roast Chicken Baked Potato, Caramelized Carrots Chocolate Pudding	<u>BREAKFAST</u> Coffee Cake Hard Boiled Egg Salad, Hash Browns Hot or Cold Cereal <u>LUNCH</u> Eggplant Parmesan Grilled Zucchini Strawberry Scones <u>DINNER</u> Beef Kebab, Rice, Lavash Bread, Grilled Tomato, Cucumber Salad Valentines Day Chocolates
<u>BREAKFAST</u> Oatmeal, Hot or Cold Cereal Bagels & Lox Fresh Fruit <u>LUNCH</u> Shakshuka, Toasted Pita, Hummus Chopped Salad Berries and Whipped Cream <u>DINNER</u> Vegetable Soup Hearty Stew Mashed Potatoes, Roasted Vegetables Fruit Cobbler	<u>BREAKFAST</u> Oatmeal, Hot or Cold Cereal Scrambled Eggs Waffles <u>LUNCH</u> Butternut Squash Soup Caprese Sandwich, Fresh Salad Snickerdoodle Cookies <u>DINNER</u> Minestrone Soup Beef Lasagna Garden Salad Fried Oreos	<u>BREAKFAST</u> Oatmeal, Hot or Cold Cereal Eggs Sunny Side-Up Baked Muffin <u>LUNCH</u> Roasted Tortilla Soup Chicken Burrito Churros <u>DINNER</u> Zucchini Soup Grilled Fish, Quinoa Salad Roasted Vegetables Chocolate Cake	<u>BREAKFAST</u> Oatmeal, Hot or Cold Cereal Vegetable Omelet Blueberry Pancakes, Fruit <u>LUNCH</u> Bean Soup Chicken Fajitas, Tortillas Brownies <u>DINNER</u> Cabbage Soup Corned Beef, Baked Potato Garden Salad Cut Fruits	<u>BREAKFAST</u> Oatmeal, Hot or Cold Cereal Cheesy Scrambled Eggs French Toast <u>LUNCH</u> Chicken Soup Turkey Sandwich, Potato Chips, Ice Cream <u>DINNER</u> Yellow Squash Soup Chili Con Carne over Rice Peanut Butter Cake	<u>BREAKFAST</u> Oatmeal, Hot or Cold Cereal Vegetable Frittata Danish <u>LUNCH</u> Split Pea Soup Hot Dogs & Fries Coleslaw, Bread Pudding <u>DINNER</u> Matzo Ball Soup Meat Roast, Potato Quiche Roasted Vegetables Banana Walnut Cake	<u>BREAKFAST</u> Coffee Cake Hard Boiled Egg Salad, Hash Browns Hot or Cold Cereal <u>LUNCH</u> Beef Enchilada Garden Salad Banana Bread <u>DINNER</u> Sweet & Sour Meatballs Rice, Broccoli S'mores Cookies
<u>BREAKFAST</u> Oatmeal, Hot or Cold Cereal Bagels & Lox Fresh Fruit <u>LUNCH</u> Potato Leek Soup Grilled Chicken Pasta Salad w/ Pesto & Cherry Tomatoes Fresh Fruits <u>DINNER</u> Mushroom & Barley Soup Lemon Garlic Tilapia, Roasted Broccoli, Smashed Potatoes Almond Kringle	<u>BREAKFAST</u> Oatmeal, Hot or Cold Cereal Scrambled Eggs Waffles <u>LUNCH</u> Kidney Bean Soup Cheese Vegetable Quesadillas Corn Avocado Salad Rice Pudding <u>DINNER</u> Roasted Carrot Soup, Corned Beef Sandwich Sweet Potato Fries, Pickles Pineapple Upside-Down Cake	<u>BREAKFAST</u> Oatmeal, Hot or Cold Cereal Eggs Sunny Side-Up Baked Muffin <u>LUNCH</u> Corn Chowder Chicken Skewers, Israeli Salad Ptitim, Ice Cream <u>DINNER</u> Broccoli Soup Swedish Meatballs, Egg Noodles Garden Salad Lemon Blueberry Sheet Cake	<u>BREAKFAST</u> Oatmeal, Hot or Cold Cereal Vegetable Omelet Blueberry Pancakes, Fruit <u>LUNCH</u> Tomato Soup Pizza, Garden Salad Warm Cinnamon Bun <u>DINNER</u> Ramen Soup Ground Beef Stuffed Sweet Potatoes with Avocado Chimichurri Chocolate Chip Tahini Shortbread Cookies	<u>BREAKFAST</u> Oatmeal, Hot or Cold Cereal Cheesy Scrambled Eggs French Toast <u>LUNCH</u> Lemon Orzo Soup, Trout Almondine, Creamy Mashed Potatoes French Green Beans Fresh Fruits <u>DINNER</u> Egg Drop Soup Asian Cabbage Salad Chicken Lo Mein Coconut Macaroons	<u>BREAKFAST</u> Oatmeal, Hot or Cold Cereal Vegetable Frittata Danish <u>LUNCH</u> French Onion Soup Burgers & Fries Ice Cream <u>DINNER</u> Matzo Ball Soup Chicken Provence Au Gratin Potatoes Apple Crumble Muffins	<u>BREAKFAST</u> Coffee Cake Hard Boiled Egg Salad, Hash Browns Hot or Cold Cereal <u>LUNCH</u> Chicken Caesar Salad Wrap Fresh Sugar Cookies <u>DINNER</u> Chili Cornbread Crisp Salad Ice Cream