Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 BREAKFAST Oatmeal, Bagel Blast, Eggs Any Style, Choice of Meat & Fruit LUNCH Lentil Soup, Reuben Sandwich, German Potato Salad, Pickle Spears, Chef's Dessert DINNER Cream of Mushroom, Oven Crisp Fish, Scalloped Potatoes, Balsamic Glazed Carrots, Bananas Foster New Year's Day	2 BREAKFAST Oatmeal, Waffles, Eggs Any Style, Meat and Fruit LUNCH Tortilla Soup, Cheese or Vegetable Quesadillas, Spanish Rice, Refried Beans, Pico de Gallo, Guacamole, Sour Cream, Churros DINNER Cream of Carrot, Chicken Carbonara, Grilled Herbed Zucchini, Garlic Bread, Fruit Cobbler	3 BREAKFAST Oatmeal, Fresh Baked Muffin, Eggs Any Style, Meat and Fruit LUNCH Egg Drop Soup, Shrimp Lo Mein, Stir Fry Vegetables, Coconut Macaroons DINNER French Onion Soup, Beef Pot Roast Served over Mashed Potatoes, Dinner Roll, Bread Pudding	4 BREAKFAST Oatmeal, Pancakes, Eggs Any Style, Meat and Fruit LUNCH White Bean Soup, BLT Sandwich, Carrot Slaw, French Fries, Tapioca Pudding DINNER Corn Chowder Chicken Parmigiana w/ Pasta Roasted Broccoli Chocolate Cake	5 BREAKFAST Oatmeal, French Toast, Eggs Any Style, Meat and Fruit LUNCH Split Pea Soup, Tuna Stuffed Tomato, Garden Salad, Honey Cornbread, Angel Food Cake DINNER Potato Leek Soup, Shepherd's Pie, Roasted Brussel Sprouts, Dinner Roll, Vanilla Cake	6 BREAKFAST Oatmeal, Assorted Danish, Eggs Any Style, Meat and Fruit LUNCH Matzo Ball Soup, Egg Salad Croissant, Beet Salad, French Fries, Ambrosia Salad DINNER Cream of Carrot, Stuffed Cabbage Rolls, Garden Rice, Roasted Cauliflower, Lemon Bar	7 BREAKFAST Oatmeal, Coffee Cake, Eggs Any Style, Meat and Fruit LUNCH Chicken Noodle Soup, Italian Chopped Salad, Zucchini Bread, Fudge Brownie DINNER White Bean Soup,, Pan Grilled Fish, Sweet Baked Potato, Garlic Roasted Green Beans, Orange Cake
8 BREAKFAST Oatmeal, Bagel Blast, Eggs Any Style LUNCH Tomato Basil Soup, Grilled Cheese Sandwich, Balsamic Arugula-Tomato Salad, Fruit Jello DINNER Cream of Spinach, Chicken Cordon Bleu, Mashed Potatoes, Steamed Broccoli, Chocolate Eclair	9 BREAKFAST Oatmeal, Waffles, Eggs Any Style, Meat and Fruit LUNCH Lentil Soup, Tuna Melt, Sweet Potato Fries, Coleslaw, Carrot Cake DINNER Roasted Butternut Squash Soup, Eggplant Casserole, Roasted Carrots & Cauliflower, Pecan Pie	10 BREAKFAST Oatmeal, Fresh Baked Muffin, Eggs Any Style, Meat and Fruit LUNCH Tortilla Soup, Steak Fajitas, Spanish Rice, Refried Beans, Guacamole, Flan DINNER Garbanzo Bean Soup, Lemon Butter Baked Fish, Sauteed Spinach w/ Tomatoes & Onions, Garden Rice, Pound Cake w/ Berry Sauce	11 BREAKFAST Oatmeal, Blueberry Pancakes, Eggs Any Style, Meat and Fruit LUNCH Tomato Soup, Cheese or Pepperoni Pizza, Caesar Salad,, Tres Leches Cake DINNER Pinto Bean Soup, Meatloaf, Garlic Mashed Potatoes w/ Gravy, Roasted Vegetables, Peach Cake	12 BREAKFAST Oatmeal, French Toast, Eggs Any Style, Meat and Fruit LUNCH Mushroom & Barley Soup, Smoked Salmon Pasta, Roll, Coconut Cream Pie DINNER Potato Leek Soup, Open-Faced Hot Turkey Sandwich w/ Gravy, Mashed Potatoes, Sweet Corn, Bread Pudding a la Mode	13 BREAKFAST Oatmeal, Assorted Danish, Eggs Any Style, Meat and Fruit LUNCH Matzo Ball Soup, Chicken Salad Sandwich, Potato Chips, Three Bean Salad, Ambrosia Salad DINNER MInestrone Soup Salisbury Steak, Herbed Rice Pilaf, Sweet & Tangy Carrots, Lemon Meringue Pie	14 BREAKFAST Oatmeal, Coffee Cake, Eggs Any Style, Meat and Fruit LUNCH Cabbage and Celery Soup, Italian Chopped Salad, Zucchini Bread, Peaches & Cream DINNER Butternut Squash Soup, Pork Chops in Mushroom Gravy, Sauteed Green Beans, Mashed Potatoes, Cinnamon Baked Apple
15 BREAKFAST Oatmeal, Bagel Blast, Eggs Any Style, Choice of Meat & Fruit LUNCH Italian Wedding Soup, Tuna Salad Pita Pocket, Marinated Beet Salad, Chef's Dessert DINNER Cream of Carrot, Cheese Ravioli, Mixed Vegetables, Garlic Bread, Fruit Cobbler	16 BREAKFAST Oatmeal, Waffles, Eggs Any Style, Fruit LUNCH Cream of Cauliflower, Chicken Tenderloin, French Fries, Coleslaw, Fruit Jell-O DINNER Navy Bean Soup, Swedish Meatballs, Rice Pilaf, Green Beans Almondine, Peach Turnover Martin Luther King Jr. Day	17 BREAKFAST Oatmeal, Fresh Baked Muffins, Eggs Any Style, Meat and Fruit LUNCH Pinto Bean Soup, Roast Beef Sandwich, Potato Salad, Pickle Spear, Strawberry Shortcake DINNER Cream of Cauliflower, Shepherd's Pie, Balsamic Roasted Brussel Sprouts, Banana Bread	18 BREAKFAST Oatmeal, Pancakes, Eggs Any Style, Meat and Fruit LUNCH Tortilla Soup, Cheese & Vegetable Enchiladas, Refried Beans, Spanish Rice, Pico de Gallo, Sour Cream , Guacamole, Flan DINNER Roasted Carrot & Ginger Soup, Beef Bourguignon Served Over Mashed Potatoes, Orange Cake	19 BREAKFAST Oatmeal, French Toast, Eggs Any Style, Meat and Fruit LUNCH Vegetable Soup, Turkey Club Sandwich, Three Bean Salad, Potato Chips, Chocolate Cake DINNER Split Pea Soup, Vegetable Lasagna, Honey Roasted Carrots, Garlic Bread, Cherry Pie	20 BREAKFAST Oatmeal, Assorted Danish, Eggs Any Style, Meat and Fruit LUNCH Matzo Ball Soup, Quiche Lorraine, Mixed Green Salad, Roll, Lemon cake DINNER Cream of Broccoli, Lemon Butter Baked Fish, Couscous, Roasted Cauliflower, Bread Pudding	21 BREAKFAST Oatmeal, Coffee Cake, Eggs Any Style, Meat and Fruit LUNCH Chicken Noodle Soup, Turkey Croissant, Onion Rings, Cucumber Dill Salad, Tapioca Pudding DINNER Garbanzo Bean Soup, Country Fried Steak, Mashed Potatoes w/ Gravy, Green Beans, Brownie
22 BREAKFAST Oatmeal, Bagel Blast Eggs Any Style, Choice of Meat & Fruit LUNCH Egg Drop Soup, Chinese Chicken Salad, Spring Roll, Almond Cookies DINNER Dumpling Soup, Pork Tenderloin, Roasted Garlic Cauliflower, Whipped Sweet Potato, Moon Cake Chinese New Year (Year of the Rabbit)	23 BREAKFAST Oatmeal, Waffles, Eggs Any Style, Meat and Fruit LUNCH Cabbage & Celery Soup, French Dip Sandwich, Coleslaw, Onion Rings, Fudge Brownies, DINNER African Yam Soup, Jerk Roast Chicken, Couscous, Collard Greens, Sweet Potato Pie Activity Professionals Week	24 BREAKFAST Oatmeal, Fresh Baked Muffins, Eggs Any Style, Meat and Fruit LUNCH Tortilla Soup, Beef Fajitas, Spanish Rice, Refried Beans, Pico de Gallo, Guacamole, Churros DINNER Roasted Carrot & Ginger Soup, Shrimp Scampi, Steamed Broccoli, Garlic Bread, Lemon Meringue Pie	25 BREAKFAST Oatmeal, Blueberry Pancakes, Eggs Any Style, Meat and Fruit LUNCH Zucchini Cilantro Soup, Egg Salad Croissant, Onion Rings, Creamy Dill Cucumber Salad, Vanilla Cake DINNER Lentil Soup, Beef Stroganoff over Egg Noodles, Roasted Garlic Parmesan Cauliflower, Coffee Cake	26 BREAKFAST Oatmeal, French Toast, Eggs Any Style, Meat and Fruit LUNCH Garbanzo Bean Soup, BLT Sandwich, Carrot Slaw, Potato Chips, Brownie DINNER Cabbage Soup, Artichoke Chicken, Red Roasted Potatoes, Broccoli, Sponge Cake Australia Day (observed)	27 BREAKFAST Oatmeal, Assorted Danish, Eggs Any Style, Meat and Fruit LUNCH Matzo Ball Soup, Philly Cheesesteak Sandwich, Onion Rings, Potato Salad, German Chocolate Cake DINNER Vegetable Soup, Sicilian Fish in Tomato Sauce, Couscous, Green Beans, Lemon Bar	28 BREAKFAST Oatmeal, Coffee Cake, Eggs Any Style, Meat and Fruit LUNCH Split Pea Soup, Chicken Taco Salad, Rice Pudding DINNER Pinto Bean Soup, Vegetable Lasagna, Roasted Broccoli & Cauliflower, Garlic Bread, Peach Pie
29 BREAKFAST Oatmeal, Bagel Blast Eggs Any Style, Choice of Meat & Fruit LUNCH Mushroom & Orzo Soup, Cheese or Blueberry Blintz, Apple Slaw, Orange Wedges, Fruit Parfait DINNER Minestrone Soup, Chicken Fettuccine Alfredo, Steamed Broccoli, Garlic Bread, Carrot Cake	30 BREAKFAST Oatmeal, Waffles, Eggs Any Style, Meat and Fruit LUNCH Tomato Soup, Vegetable Quiche, Garden Salad, Zucchini Bread, Coconut Cream Pie DINNER Lentil Soup, Parmesan Crusted Tilapia, Balsamic Roasted Carrots and Potatoes, Chocolate Cake	31 BREAKFAST Oatmeal, Fresh Baked Muffins, Eggs Any Style, Meat and Fruit LUNCH Tortilla Soup, Cheese or Vegetable Quesadillas, Spanish Rice, Refried Beans, Pico de Gallo, Guacamole, Churros DINNER Corn Chowder, Beef Stew over Mashed Potatoes, Dinner Roll, Bread Pudding				

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