

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>MENU</div>		<div> <div>BREAKFAST</div> <div>Oatmeal, Baked Muffin, Cheese Omelet</div> <div>Breakfast Potatoes, Fruit</div> <div>Hot or Cold Cereal</div> <div>LUNCH</div> <div>Minestrone Soup</div> <div>Reuben Sandwich, Potato Salad, Pickle Spear, Peaches & Cream</div> <div>DINNER</div> <div>Lentil Soup, Eggplant Parmesan, Mixed Vegetables, Breadsticks, Chocolate Cake</div> </div> <div>Canada Day</div>	<div> <div>BREAKFAST</div> <div>Oatmeal, Blueberry Pancakes</div> <div>Vegetable Scrambled, Fruit</div> <div>Hot or Cold Cereal</div> <div>LUNCH</div> <div>Black Bean Soup</div> <div>Fish Tacos, Rice & Beans, Churros</div> <div>DINNER</div> <div>Zucchini Soup</div> <div>Meatloaf, Mashed Potatoes, Broccoli</div> <div>Peach Pie</div> </div>	<div> <div>BREAKFAST</div> <div>Oatmeal, French Toast, Scrambled Eggs</div> <div>Fresh Fruit</div> <div>Hot or Cold Cereal</div> <div>LUNCH</div> <div>Split Pea Soup</div> <div>Chicken Tenders, Coleslaw, French Fries, Ambrosia Salad</div> <div>DINNER</div> <div>Vegetable Lasagna</div> <div>Mixed Vegetables, Garlic Bread</div> <div>Bread Pudding</div> </div>	<div> <div>BREAKFAST</div> <div>Oatmeal, Danish, Scrambled Eggs</div> <div>Potatoes, Fruit, Hot or Cold Cereal</div> <div>4th of July Special Lunch</div> <div>BBQ Ribs, Potato Salad, Baked Beans, Corn on the Cob, Watermelon, Blueberry Cobbler</div> <div>DINNER</div> <div>Matzo Ball Soup</div> <div>Breaded Fish, Scalloped Potatoes, Balsamic Glazed Carrots, Banana Bread</div> </div> <div>Independence Day (U.S.)</div>	<div> <div>BREAKFAST</div> <div>Coffee Cake</div> <div>Scrambled Eggs, Hash Browns</div> <div>Fruit, Hot or Cold Cereal</div> <div>LUNCH</div> <div>Garden Salad</div> <div>Beef Stew</div> <div>Marble Cake</div> <div>DINNER</div> <div>Roast Chicken</div> <div>Roasted Potatoes & Carrots</div> <div>Lemon Cake</div> </div>
<div> <div>BREAKFAST</div> <div>Oatmeal, Lox & Bagel, Fruit</div> <div>Hot or Cold Cereal</div> <div>LUNCH</div> <div>Tomato Soup</div> <div>Cheese/Vegetable Quesadillas, Spanish Rice, Refried Beans, Rice Pudding</div> <div>DINNER</div> <div>Cream of Broccoli Soup,</div> <div>Lemon Baked Fish, Asparagus, Couscous, Cheesecake</div> </div> <div>6</div>	<div> <div>BREAKFAST</div> <div>Oatmeal, Waffles, Scrambled Eggs</div> <div>Hashbrown, Fruit, Hot or Cold Cereal</div> <div>LUNCH</div> <div>Vegetable Soup</div> <div>Turkey Wrap</div> <div>Three Bean Salad, Fresh Fruit, Ice Cream</div> <div>DINNER</div> <div>Potato Soup</div> <div>Stuffed Cabbage, Rice Pilaf, Steamed Carrots, Berry Cobbler</div> </div> <div>7</div>	<div> <div>BREAKFAST</div> <div>Oatmeal, Baked Muffin</div> <div>Poached Eggs, Fruit</div> <div>Hot or Cold Cereal</div> <div>LUNCH</div> <div>Chicken Noodle Soup</div> <div>Philly Cheesesteak Sandwich</div> <div>Potato Salad, Watermelon</div> <div>Angel Food Cake</div> <div>DINNER</div> <div>Cream of Cauliflower</div> <div>Grilled Tilapia</div> <div>Couscous, Roasted Vegetables, Strawberries & Cream</div> </div> <div>8</div>	<div> <div>BREAKFAST</div> <div>Oatmeal, Blueberry Pancakes</div> <div>Vegetable Omelet, Fruit</div> <div>Hot or Cold Cereal</div> <div>LUNCH</div> <div>Egg Drop Soup, Chicken Stir-Fry</div> <div>Sauteed Vegetables, White Rice</div> <div>Macaroons</div> <div>DINNER</div> <div>Cabbage Soup</div> <div>BBQ Brisket, Mashed Potato,</div> <div>Baby Carrots</div> <div>Peach Cake</div> </div> <div>9</div>	<div> <div>BREAKFAST</div> <div>Oatmeal, French Toast</div> <div>Scrambled Eggs, Fruit</div> <div>Hot or Cold Cereal</div> <div>LUNCH</div> <div>Cream of Broccoli</div> <div>Smoked Salmon Pasta, Roll</div> <div>Baked Cinnamon Apples</div> <div>DINNER</div> <div>Vegetable Soup, Chicken Cordon Bleu,</div> <div>Mashed Potatoes, Asparagus</div> <div>Vanilla Cake</div> </div> <div>10</div>	<div> <div>BREAKFAST</div> <div>Oatmeal, Danish, Chorizo & Eggs</div> <div>Potatoes, Fruit, Hot or Cold Cereal</div> <div>LUNCH</div> <div>Potato Soup</div> <div>Meatball Sub Sandwich</div> <div>Potato Chips & Coleslaw</div> <div>Ambrosia</div> <div>DINNER</div> <div>Matzo Ball Soup</div> <div>Breaded Trout, Wild Rice</div> <div>Baby Carrots, Cookies & Ice Cream</div> </div> <div>11</div>	<div> <div>BREAKFAST</div> <div>Coffee Cake</div> <div>Scrambled Eggs, Hash Browns</div> <div>Fruit, Hot or Cold Cereal</div> <div>LUNCH</div> <div>Chicken Fajitas, Spanish Rice</div> <div>Refried Beans, Rice Pudding</div> <div>DINNER</div> <div>Salisbury Steak w/Mushroom Gravy</div> <div>Red Roasted Potatoes</div> <div>Steamed Cauliflower</div> <div>Cookies</div> </div> <div>12</div>
<div> <div>BREAKFAST</div> <div>Oatmeal, Lox & Bagel, Fruit</div> <div>Hot or Cold Cereal</div> <div>LUNCH</div> <div>Corn Chowder</div> <div>Tuna Melt, Sweet Potato Fries, Pickle Spears, Carrot Cake</div> <div>DINNER</div> <div>Minestrone Soup</div> <div>Spaghetti Meat Sauce,</div> <div>Broccoli & Cauliflower, Dinner Roll</div> <div>Peach Turnover</div> </div> <div>13</div>	<div> <div>BREAKFAST</div> <div>Oatmeal, Waffles, Scrambled Eggs</div> <div>Fruit, Hot or Cold Cereal</div> <div>LUNCH</div> <div>Tortilla Soup</div> <div>Chicken Taco Salad</div> <div>Strawberry Shortcake</div> <div>DINNER</div> <div>Butternut Squash Soup</div> <div>BBQ Chicken, Mac & Cheese, Baked Beans,</div> <div>Apple Pie</div> </div> <div>14</div>	<div> <div>BREAKFAST</div> <div>Oatmeal, Baked Muffin, Poached Eggs</div> <div>Fruit, Hot or Cold Cereal</div> <div>LUNCH</div> <div>Cabbage Soup</div> <div>Beef Chow Mein</div> <div>Oriental Vegetables, Coconut Macaroons</div> <div>DINNER</div> <div>Mushroom & Barley Soup</div> <div>Vegetable Lasagna</div> <div>Broccoli & Cauliflower, Garlic Bread</div> <div>Orange Cake</div> </div> <div>15</div>	<div> <div>BREAKFAST</div> <div>Oatmeal, Blueberry Pancakes</div> <div>Vegetable Omelet, Fruit</div> <div>Hot or Cold Cereal</div> <div>LUNCH</div> <div>Cream of Carrot, Hot Dog, French Fries, Pickle Spears,</div> <div>DINNER</div> <div>Squash Soup</div> <div>Beef Stuffed Peppers</div> <div>Rice Pilaf, Carrots,</div> <div>Strawberry Shortcake</div> </div> <div>16</div>	<div> <div>BREAKFAST</div> <div>Oatmeal, French Toast, Scrambled Eggs</div> <div>Fruit, Hot or Cold Cereal</div> <div>LUNCH</div> <div>Fideo Soup, Veggie Burger, Curly Fries, Three Bean Salad, Ice Cream</div> <div>DINNER</div> <div>Cream of Mushroom</div> <div>Curry Chicken</div> <div>Basmati Rice, Roasted Carrots</div> <div>Pineapple Pudding</div> </div> <div>17</div>	<div> <div>BREAKFAST</div> <div>Oatmeal, Danish, Scrambled Eggs</div> <div>Fruit, Hot or Cold Cereal</div> <div>LUNCH</div> <div>Zucchini Cilantro Soup</div> <div>Falafel, Pita Bread, Hummus, Israeli Salad,</div> <div>Banana Cream Pie</div> <div>DINNER</div> <div>Matzo Ball Soup</div> <div>Shepherd's Pie</div> <div>Balsamic Roasted Green beans</div> <div>Dinner Roll</div> <div>Chocolate Cake</div> </div> <div>18</div>	<div> <div>BREAKFAST</div> <div>Coffee Cake</div> <div>Scrambled Eggs, Hash Browns</div> <div>Fruit, Hot or Cold Cereal</div> <div>LUNCH</div> <div>Garden Salad</div> <div>Chili Over Rice</div> <div>Challah, Assorted Cookies</div> <div>DINNER</div> <div>Herb Roasted Fish</div> <div>Lemon Couscous</div> <div>Green Beans, Sponge Cake</div> </div> <div>19</div>
<div> <div>BREAKFAST</div> <div>Oatmeal, Lox & Bagel, Fruit</div> <div>Hot or Cold Cereal</div> <div>LUNCH</div> <div>Hamburgers, Potato Salad, Watermelon, Ice Cream</div> <div>DINNER</div> <div>Cream of Broccoli</div> <div>Baked Salmon</div> <div>Hasselback Potatoes, Green Beans</div> <div>Chocolate Cake</div> </div> <div>20</div>	<div> <div>BREAKFAST</div> <div>Oatmeal, Waffles, Scrambled Eggs</div> <div>Fruit, Hot or Cold Cereal</div> <div>LUNCH</div> <div>Garbanzo Bean Soup</div> <div>Turkey Patty Melt</div> <div>Sweet Potato Fries, Coleslaw, Watermelon</div> <div>DINNER</div> <div>Corn Chowder, BBQ Chicken</div> <div>Corn on the Cob, Baked Beans</div> <div>Pineapple Upside-Down Cake</div> </div> <div>21</div>	<div> <div>BREAKFAST</div> <div>Oatmeal, Baked Muffin, Cheese Omelet</div> <div>Breakfast Potatoes, Fruit</div> <div>Hot or Cold Cereal</div> <div>LUNCH</div> <div>Vegetable Noodle Soup</div> <div>Fish & Chips</div> <div>Mango Salad</div> <div>Ambrosia Salad</div> <div>DINNER</div> <div>Lentil Soup, Beef Pot Roast</div> <div>Mashed Potatoes w/Gravy & Dinner Roll</div> <div>Lemon Cake</div> </div> <div>22</div>	<div> <div>BREAKFAST</div> <div>Oatmeal, Blueberry Pancakes</div> <div>Vegetable Scrambled, Fruit</div> <div>Hot or Cold Cereal</div> <div>LUNCH</div> <div>White Bean Soup</div> <div>Cheese Enchiladas, Spanish Rice, Refried Beans, Chocolate Pudding</div> <div>DINNER</div> <div>Italian Wedding Soup,</div> <div>Beef Stroganoff, Egg Noodles</div> <div>Green Beans, Peach Cake</div> </div> <div>23</div>	<div> <div>BREAKFAST</div> <div>Oatmeal, French Toast</div> <div>Scrambled Eggs</div> <div>Fruit, Hot or Cold Cereal</div> <div>LUNCH</div> <div>Egg Drop Soup</div> <div>BBQ Chicken Skewers, Fried Rice, Macaroni Salad</div> <div>Pineapple Upside-Down Cupcakes</div> <div>DINNER</div> <div>Butternut Squash Soup</div> <div>Baked Fish</div> <div>Baked Sweet Potato & Quinoa</div> <div>Tiramisu</div> </div> <div>24</div>	<div> <div>BREAKFAST</div> <div>Oatmeal, Danish, Scrambled Eggs</div> <div>Fruit, Hot or Cold Cereal</div> <div>LUNCH</div> <div>Tomato Basil Soup</div> <div>Egg Salad Pita Pocket, Beet Salad, Fresh Melon, Yogurt Parfait</div> <div>DINNER</div> <div>Matzo Ball Soup, Spaghetti Meatballs,</div> <div>Zucchini & Squash, Garlic Bread</div> <div>Cherry Pie</div> </div> <div>25</div>	<div> <div>BREAKFAST</div> <div>Coffee Cake</div> <div>Scrambled Eggs, Hash Browns</div> <div>Fruit, Hot or Cold Cereal</div> <div>LUNCH</div> <div>Garden Salad, Beef Fajitas</div> <div>Spanish Rice, Refried Beans</div> <div>Assorted Desserts</div> <div>DINNER</div> <div>Lemon Herb Roast Chicken</div> <div>Roasted Potatoes & Carrots</div> <div>Chocolate Cake</div> </div> <div>26</div>
<div> <div>BREAKFAST</div> <div>Oatmeal, Lox & Bagel, Fruit</div> <div>Hot or Cold Cereal</div> <div>LUNCH</div> <div>White Bean Soup</div> <div>Cheese Enchiladas, Spanish Rice, Refried Beans, Tapioca Pudding</div> <div>DINNER</div> <div>Cream of Broccoli Soup,</div> <div>Chicken Cacciatore, Buttered Egg Noodles,</div> <div>Roasted Green Beans</div> <div>Blueberry Cobbler a la Mode</div> </div> <div>27</div>	<div> <div>BREAKFAST</div> <div>Oatmeal, Waffles, Scrambled Eggs</div> <div>Hashbrown, Fruit, Hot or Cold Cereal</div> <div>LUNCH</div> <div>Lentil Soup, Tuna Salad Pita Pocket,</div> <div>Marinated Beet Salad, Fresh Fruit</div> <div>Strawberry Cake</div> <div>DINNER</div> <div>Potato Soup</div> <div>Baked Fish</div> <div>Orzo Pasta</div> <div>Sauteed Zucchini & Squash</div> <div>Assorted Desserts</div> </div> <div>28</div>	<div> <div>BREAKFAST</div> <div>Oatmeal, Baked Muffin, Cheese Omelet</div> <div>Breakfast Potatoes, Fruit</div> <div>Hot or Cold Cereal</div> <div>LUNCH</div> <div>Tortilla Soup</div> <div>Quesadillas, Refried Beans, Spanish Rice</div> <div>Flan</div> <div>DINNER</div> <div>Corn Chowder</div> <div>Chicken Parmigiana w/Pasta</div> <div>Roasted Broccoli</div> <div>Chocolate Pudding</div> </div> <div>29</div>	<div> <div>BREAKFAST</div> <div>Oatmeal, Blueberry Pancakes</div> <div>Vegetable Scrambled, Fruit</div> <div>Hot or Cold Cereal</div> <div>LUNCH</div> <div>Split Pea Soup</div> <div>Tuna Stuffed Avocado</div> <div>Served on a Bed of Mixed Greens</div> <div>Peaches & Cream</div> <div>DINNER</div> <div>Lentil Soup, Meatloaf</div> <div>Mashed Potatoes w/Gravy</div> <div>Green Beans Almondine</div> <div>Peach Turnover</div> </div> <div>30</div>	<div> <div>BREAKFAST</div> <div>Oatmeal, French Toast</div> <div>Scrambled Eggs</div> <div>Fruit, Hot or Cold Cereal</div> <div>LUNCH</div> <div>French Onion Soup, Turkey Sandwich,</div> <div>Cucumber Avocado Salad, Potato Chips, Fruit Tart</div> <div>DINNER</div> <div>Tomato Bisque, Honey Mustard Fish,</div> <div>Vegetable Ratatouille, Dinner Roll,</div> <div>Lemon Meringue Pie</div> </div> <div>31</div>	<div>July 2025</div>	
<div>National Ice Cream Day</div>		<div>National Mango Day</div>		<div>National Avocado Day</div>		