Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
WOMEN'S HISTORY MONTH	BREAKFAST Oatmeal, Waffles Eggs Any Style, Meat and Fruit Coffee and Tea LUNCH Tortilla Soup Beef Soft Tacos Spanish Rice, Beans, Salsa Caramel Flan DINNER Far East Vegetable Soup Chicken Piccata Au Gratin Potatoes Sautéed Spinach and Tomatoes Assorted Dessert	BREAKFAST Oatmeal, Fresh Baked Muffin Eggs Any Style, Meat and Fruit Coffee and Tea LUNCH Cabbage Soup Shrimp Lo Mein Noodles with Stir Fry Vegetable Chef's Dessert DINNER Corn Chowder Beef Bourguignon Mashed Potatoes Peas & Carrots Orange Cake	BREAKFAST Oatmeal, Pancakes, Eggs Any Style, Meat and Fruit Coffee and Tea LUNCH Minestrone Vegetable/ Cheese Pizza Waldorf Salad Mango Sorbet DINNER White Bean Soup Pan Seared Atlantic Salmon Orzo Pasta Sautéed Green Beans Warm Apple Cobbler	BREAKFAST Oatmeal, French Toast Eggs Any Style, Meat and Fruit Coffee and Tea LUNCH Cream of Spinach Sweet and Sour Meatballs Steamed Rice, Broccoli Macadamia Nut Cookies DINNER Italian Wedding Soup Chicken Cordon Belu Lemon Rice, Blended Italian Vegetables Assorted Desserts	BREAKFAST Oatmeal, Assorted Danish Eggs Any Style, Meat and Fruit Coffee and Tea LUNCH Matzo Ball Cheese Blintz Apple Sauce, Sour Cream, Small Side Salad, Peaches and Cream DINNER Chef's Soup Braised Leg of Lamb Steamed Couscous with Butternut Squash Wild Cherry Cake	BREAKFAST Oatmeal, Coffee Cake Eggs Any Style, Meat and Fruit Coffee and Tea LUNCH Chicken Noodle Egg Salad Croissant Tossed Tomato & Onion Salad Fresh Fruit Cup DINNER French Onion Soup Beef Burgundy Egg Noodle Blended Vegetables Sponge Cake
BREAKFAST Oatmeal, Bagel Blast Eggs Any Style, Choice of Meat & Fruit Coffee and Tea LUNCH Tomato Basil Grilled Cheese Sandwich, Garlic Fries, Three Bean Salad Berry Sundae with Strawberries DINNER Mushroom Barley Chicken Carbonara Roasted Yukon Potatoes, Winter Mixed Vegetables Pineapple Cake	BREAKFAST Oatmeal, Waffles Eggs Any Style, Meat and Fruit Coffee and Tea LUNCH Lentil Soup Tuna Melt Sandwich Side Arugula Salad with Toast Pie of the Day DINNER Cream of Vegetable BBQ Meatloaf Creamy Mashed Potatoes Green Beans Casserole Chocolate Cake	BREAKFAST Oatmeal, Banana Muffin Eggs Any Style, Meat and Fruit Coffee and Tea LUNCH Chef's Soup Chicken Caesar Salad Rosemary Bread Peaches and Cream DINNER Italian Wedding Soup Eggplant Parmesan with Garlic Bread Baked White Fish Sautéed Peppers & Onions Rice Pudding	BREAKFAST Oatmeal, Pancakes Eggs Any Style, Meat and Fruit Coffee and Tea LUNCH White Bean Soup French Dip Sandwich Horseradish Lyonnaise Potatoes Sautéed Onion and Peppers Vanilla & Chocolate Mousse DINNER Okra Gumbo Soup Pulled BBQ Pork, Texas Smokey Mac & Cheese, Red Cabbage Slaw Assorted Ice Cream	BREAKFAST Oatmeal, French Toast Eggs Any Style, Meat and Fruit Coffee and Tea LUNCH Cream of Carrot Fish & Chips Home Fries and Slaw Small Salad Fruit Cup DINNER Soup Du Jour Braised Pot Roast Brown Rice with Steamed Squash Chocolate Éclair	BREAKFAST Oatmeal, Assorted Danish Eggs Any Style, Meat and Fruit Coffee and Tea LUNCH Matzo Ball Mushroom Spinach Quiche Cherry Tomatoes Arugula Balsamic Salad Wheat Roll Blueberry Pie DINNER Egg Drop Noodle Soup Teriyaki Salmon with Steamed Cabbage Lo Mein Noodles , Dessert Carrot Cake	BREAKFAST Oatmeal, Coffee Cake Eggs Any Style, Meat and Fruit Coffee and Tea LUNCH Split Pea Turkey Wrap with Onion Rings Marinated Three Beans Salad Banana Cream Pie DINNER Orzo Vegetable Soup Beef Stew with Vegetables Mashed Potatoes Steamed Broccoli and Cauliflower Peach Cobbler
BREAKFAST Oatmeal, Bagel Blast, Eggs Any Style, Choice of Meat & Fruit Coffee and Tea LUNCH Garden Vegetable Chef's Salad Garlic Toast, Fresh Fruit Assorted Ice Cream & Cookies DINNER Tomato Bisque Red Wine Braised Brisket Mashed Potatoes with Gravy w/ Carrots  Daylight Saving Time Begins	BREAKFAST Oatmeal, Waffles Eggs Any Style, Meat and Fruit Coffee and Tea LUNCH Chef's Soup Salmon Caesar Salad Toast and Fruit Pound Berries Cake DINNER Cream of Corn Veal Marsala Brown Rice Steamed Broccolini Chef's Cobbler	BREAKFAST Oatmeal, Fresh Baked Muffin Eggs Any Style, Meat and Fruit Coffee and Tea LUNCH Garden Vegetable Blue Cheese & BBQ Hamburger German Potato Salad, Coleslaw Chocolate Cake DINNER Gumbo Seafood Chicken Piccata Au Gratin Potatoes Green Beans Banana Toffee Cake	BREAKFAST Oatmeal, Pancakes Eggs Any Style, Meat and Fruit Coffee and Tea LUNCH Vegetable Barley Corned Beef Sandwich Garlic Fries with Cabbage Irish Apple Cake DINNER Mushroom Bisque Grilled Lemon Butter White Fish Saffron Rice with Mixed Italian Vegetables S† Patrick Day	BREAKFAST Oatmeal, French Toast Eggs Any Style, Meat and Fruit Coffee and Tea LUNCH Cream of Broccoli Turkey Patty Melt, Potato Salad Caesar Salad Assorted Pies DINNER Cilantro & Zucchini Soup Stuffed Cabbage Garden Rice Glazed Carrots Pineapple up side down Cake	BREAKFAST Oatmeal, Assorted Danish Eggs Any Style, Meat and Fruit Coffee and Tea LUNCH Matzo Ball Soup Carrot Slaw Cherry Pie DINNER Minestrone, Roasted Rosemary Chicken Garden Rice, California Mixed Vegetable Honey Cake	BREAKFAST Oatmeal, Coffee Cake Eggs Any Style, Meat and Fruit Coffee and Tea LUNCH Zucchini Soup Chicken Alfredo Pasta Green Salad Garlic Roll, Fruit Cup DINNER French Onion Pan Seared Atlantic Salmon Orzo Pasta, Sautéed Greens, Fresh Fruit
BREAKFAST Oatmeal, Bagel Blast Eggs Any Style, Choice of Meat & Fruit Coffee and Tea LUNCH Tomato Basil Vegetable & Cheese Pizza Garden Salad, Carrot Raisin Slaw Berry Sundae with Strawberries DINNER Seafood Bisque Dry Rubbed Rotisserie Chicken Au Gratin Potatoes Roasted Brussels Sprouts Carrot Cake	BREAKFAST Oatmeal, Waffles Eggs Any Style, Meat and Fruit Coffee and Tea LUNCH Tortilla Soup Beef Tostadas Tortilla, Avocado, Salsa, Sour Cream Spanish Cilantro Rice Churros DINNER Butternut Squash BBQ baby Back Ribs Baked Beans, Corn on the Cob Three layer Chocolate Cake	BREAKFAST Oatmeal, Muffin  Eggs Any Style, Meat and Fruit Coffee and Tea LUNCH Chef's Soup Tuna Salad Plate, Fried Zucchini Sticks Hawaiian Roll Marble-Lemon Cake DINNER Cream of Butternut Squash, Glazed Cornish Hen, Wild Rice with Cranberries, Steamed Root Vegetables Banana Split	BREAKFAST Oatmeal, Pancakes Eggs Any Style, Meat and Fruit Coffee and Tea LUNCH Cabbage Celery Spring Chef's Salad Wheat Roll Ambrosia Salad DINNER Navy Bean Soup Baked Trout with Mastered-Wine Sauce Yukon Potatoes Steamed Cauliflower Assorted Pudding	BREAKFAST Oatmeal, French Toast Eggs Any Style, Meat and Fruit Coffee and Tea LUNCH Minestrone, Teriyaki Chicken Egg Noodle, Stir Fry Vegetables Lemon Bars DINNER Lentil Sausage Stuffed Bell Peppers Lemon Lime Rice Roasted Green Beans Red Velvet Cake	BREAKFAST Oatmeal, Assorted Danish Eggs Any Style, Meat and Fruit Coffee and Tea LUNCH Matzo Ball Cheese Blintz Apple Sauce/ Sour Cream Small Salad & Dessert DINNER Chef's Soup Lamb Curry stew Collard Greens Mashed Garlic Potatoes Mint Ice Cream	BREAKFAST Oatmeal, Coffee Cake, Eggs Choice of Meat and Fruit, Coffee and Tea LUNCH Chef's Soup, Grilled Chicken Greek Salad Rosemary Bread, Fresh Fruit Cups DINNER Matzo Ball Soup Gefilte Fish Beef Brisket Mashed Potatoes, Brussel Sprouts Kugel, Matzah Passover Honey Cake  Passover Begins
BREAKFAST Oatmeal, Bagel Blast Eggs Any Style, Choice of Meat & Fruit Coffee and Tea LUNCH Cream of Mushroom Salmon Caesar Salad Wheat Roll Orange Muffin with Fresh Fruit DINNER Curry Lentil Chicken Kabob with Saffron Rice Grilled Bell Peppers, Eggplant and Onions Lemon Meringue Palm Sunday	BREAKFAST Oatmeal, Waffles Eggs Any Style, Meat and Fruit Coffee and Tea LUNCH Vegetable Rice Soup Roast Beef Sandwich Garlic Fries Small Side Salad Tres Leches Cake DINNER Beef Barley Shepard Pie w/potatoes Steamed Peas & Carrots Wild Chery Pie	BREAKFAST Oatmeal, Muffin Eggs Any Style, Meat and Fruit Coffee and Tea LUNCH Cream of Cauliflower Chef's Salad Egg, Tuna, Turkey Sliced, Cheese Garlic Roll Pecan Pie DINNER Bean Soup Baked White Fish with Dill Maple Brussels Sprouts Assorted Desserts	BREAKFAST Oatmeal, Pancakes Eggs Any Style, Meat and Fruit Coffee and Tea LUNCH Chef's Soup Orange Chicken Egg Noodles , Stir Fry Mixed Vegetables Fruit Jell-O DINNER Minestrone Pasta Marinara with Meat Sauce Garlic- Rosemary Bread Parmesan Zucchini Apple Cake	MARCH 2021		