


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
		BREAKFAST 1 Oatmeal, Fresh Baked Muffin, Eggs Any Style, Meat and Fruit LUNCH Vegetable Soup Shrimp Po Boy, Coleslaw, Sweet Potato Puffs, Churros DINNER Carrot Ginger Soup, Corn Breaded Catfish Etouffee, Sweet Baked Potato, Cream puffs Mardi Gras	BREAKFAST 2 Oatmeal, Blueberry Pancakes, Eggs Any Style, Meat and Fruit LUNCH Tortilla Soup Chicken Tostada Salad, Spanish Rice, Refried Beans, Guacamole, Flan DINNER Tomato Soup Vegetable Lasagna, Roasted Squash, Garlic Bread, Cheesecake Ash Wednesday	BREAKFAST 3 Oatmeal, French Toast, Eggs Any Style, Meat and Fruit LUNCH Chicken Noodle Soup Sweet&Sour Chicken, Steamed White Rice, Green Beans, Strawberry Shortcake DINNER Cream of Mushroom Soup Grilled Ham Steak, Steamed Broccoli, Mashed potatoes, Chocolate Cake	BREAKFAST 4 Oatmeal, Assorted Danish, Eggs Any Style, Meat and Fruit LUNCH Matzo Ball Soup, Smoked Salmon Pasta, Rosemary Bread, Vanilla Pudding DINNER French Onion Soup, Shrimp Alfredo Pasta, Steamed Broccoli, Dinner Roll, Peach Pie	BREAKFAST 5 Oatmeal, Coffee Cake Eggs Any Style, Meat and Fruit LUNCH White Bean Soup, Grilled Ham & Cheese Sourdough, Three Bean Salad, Watermelon Carrot Cake DINNER Cream of Broccoli, Lemon Garlic Butter Baked Fish, Vegetable Ratatouille, Dinner Roll, Pineapple Upside-Down Cake
BREAKFAST 6 Oatmeal, Bagel Blast, Eggs Any Style, Choice of Meat & Fruit LUNCH Vegetable Soup, Breaded Chicken Tenderloin, Coleslaw, Pickle Spears, Fruit Parfait DINNER Corn Chowder Soup, Swedish Meatballs, California Blend Vegetables, Garden Rice, Marble Cake	BREAKFAST 7 Oatmeal, Waffles, Eggs Any Style, Meat and Fruit LUNCH Lentil Soup, Philly Cheesesteak Sandwich, French Fries, Marinated Beet Salad, Tapioca Pudding DINNER Mushroom & Barley Soup Spaghetti Meat Sauce Grilled Zucchini, Garlic Bread Lemon Bar	BREAKFAST 8 Oatmeal, Banana Muffin, Eggs Any Style, Meat and Fruit LUNCH Lentil Soup, Cheese or Pepperoni Pizza, Caesar Salad, Fresh Sliced Fruit, Chef's Dessert DINNER Potato Leek Soup Beef Stroganoff, Buttered Egg Noodles, Roasted Carrots, Pecan Pie	BREAKFAST 9 Oatmeal, Blueberry Pancakes, Eggs Any Style, Meat and Fruit LUNCH White Bean Soup, Veggie Burgers, French Fries, Marinated Tomato & Onion Salad, Apple Turnover DINNER Chicken Rice Soup Cheese Ravioli, Mixed Vegetables, Garlic Bread, Coconut Cream Pie	BREAKFAST 10 Oatmeal, French Toast, Eggs Any Style, Meat and Fruit LUNCH Cream of Broccoli Soup, Turkey Club Sandwich, Coleslaw, Potato Chips, Triple Decker Brownie DINNER Mushroom & Barley Soup Lemon Chicken Piccata with Pasta, Steamed Broccoli, Dinner Roll, Apple Pie	BREAKFAST 11 Oatmeal, Assorted Danish, Eggs Any Style, Meat and Fruit LUNCH Matzo Ball Soup, Grilled Chicken Caesar Salad, Rosemary Bread, Triple Decker Brownie DINNER Minestrone Soup, Classic Meatloaf, Garlic Mashed Potatoes, Buttered Corn and Peas, Vanilla Cake	BREAKFAST 12 Oatmeal, Coffee Cake Eggs Any Style, Meat and Fruit LUNCH Vegetable Soup, Grilled Egg Plant, Onion Focaccia, Mixed Salad, Potato Chips, Ambrosia Salad DINNER Garbanzo Bean Soup, Lemon Parsley Baked Fish, Rice Pilaf, Grilled Vegetables, German Chocolate Cake
BREAKFAST 13 Oatmeal, Bagel Blast, Eggs Any Style, Choice of Meat & Fruit LUNCH Tomato Bisque, Vegetable Frittata, Garden Salad, Zucchini Bread, Banana Bread DINNER Butternut Squash Soup, Braised Beef Brisket, Mashed Potatoes, Steamed Vegetables, Fruit Cobbler Daylight Saving Time Begins	BREAKFAST 14 Oatmeal, Waffles, Eggs Any Style, Meat and Fruit LUNCH Split Pea Soup, BLT Sandwich, Cucumber Tomato & Avocado Salad, Potato Chips, Banana Mousse DINNER Zucchini Cilantro Soup, Roast Chicken with Potatoes, Grilled Asparagus, Carrot Cake	BREAKFAST 15 Oatmeal, Fresh Baked Muffin, Eggs Any Style, Meat and Fruit LUNCH Zucchini Cilantro Soup, Hawaiian Meatballs, Steamed Rice, Mixed Vegetables, Bananas Foster DINNER Garbanzo Soup, Beef Stew Mashed Potato, Steamed Broccoli, Dinner Roll, Banana Marble Cake	BREAKFAST 16 Oatmeal, Blueberry Pancakes, Eggs Any Style, Meat and Fruit LUNCH Celery & Cabbage Soup Smoked Salmon Bagel Sandwich, Garden Salad, Tiramisu Cake DINNER Cream of Cauliflower Soup Chicken Pot Pie, Roasted Brussel Sprouts, Rosemary Bread, Fruit Cobbler Purim Begins	BREAKFAST 17 Oatmeal, French Toast, Eggs Any Style, Meat and Fruit LUNCH Cream of Spinach Soup Egg Salad Croissant, Onion Rings, Watermelons Slices, Banana Bread DINNER Vegetable Soup, Corned Beef and Cabbage, Boiled Potatoes, Carrots Peach Cake St. Patrick's Day	BREAKFAST 18 Oatmeal, Assorted Danish, Eggs Any Style, Meat and Fruit LUNCH Matzo Ball Soup, Pasta Primavera, Garlic Bread, Chocolate Pudding DINNER French Onion Soup, Chicken Cacciatore over a Bed of Polenta, Grilled Eggplant, Orange Mousse	BREAKFAST 19 Oatmeal, Coffee Cake Eggs Any Style, Choice of Meat and Fruit LUNCH Butternut Squash Soup, Reuben Sandwich, Potato Salad, Watermelon, Strawberry Shortcake DINNER Tomato Bisque, Shrimp Scampi, Steamed Broccoli, Garlic Bread Bread Pudding
BREAKFAST 20 Oatmeal, Bagel Blast Eggs Any Style, Choice of Meat & Fruit LUNCH Chicken Noodle Soup Vegetable Quiche, Pasta Salad, Seasonal Fruit, Peaches & Cream DINNER Minestrone Soup Pork Chops in Mushroom Gravy, Sautéed Green Beans, Mashed Potato, Cinnamon Baked Apple Spring Begins	BREAKFAST 21 Oatmeal, Waffles, Eggs Any Style, Meat and Fruit LUNCH Split Pea Soup, Beef Fajitas, Spanish Rice, Refried Beans, Rice Pudding DINNER Cream of Mushroom Soup BBQ Chicken, Baked Beans, Corn on the Cobb, Pineapple Upside- Down Cake	BREAKFAST 22 Oatmeal, Muffin, Eggs Any Style, Meat and Fruit LUNCH Lentil Soup, Tuna Salad Pita Pocket Marinated Beet Salad, Fresh Melon Slices, Fruit Parfait DINNER Minestrone Soup, Crusted Parmesan Fish, Cranberry Rice, Blistered Cherry Tomatoes Pecan Pie	BREAKFAST 23 Oatmeal, Blueberry Pancakes, Eggs Any Style, Meat and Fruit LUNCH Cream of Broccoli Soup, Oven Baked Crab Cakes, Broccoli & Carrot Slaw, Fresh Fruit, Lemon Jell-O DINNER Italian Wedding Soup, Beef Stuffed Cabbage Rolls, Steamed Rice, Grilled Vegetables, Sweet Potato Cake	BREAKFAST 24 Oatmeal, French Toast, Eggs Any Style, Meat and Fruit LUNCH Chicken Noodle Soup, Trio Salad Plate (Egg, Tuna, Chicken) On a Bed of Mixed Greens, Hawaiian Roll, Banana Mousse DINNER Butternut Squash Soup Chicken Marsala, Mashed Potatoes, Yellow Squash, Peach Turnover	BREAKFAST 25 Oatmeal, Assorted Danish, Eggs Any Style, Meat and Fruit LUNCH Matzo Ball Soup, Tuna Melt, Onion Rings, Marinated Tomato & Cucumber Salad, Boston Cream Pie DINNER Tomato Soup, Shepherd's Pie, Roasted Brussel Sprouts, Glazed Carrots, Chef's Dessert	BREAKFAST 26 Oatmeal, Coffee Cake Eggs Any Style, Choice of Meat and Fruit LUNCH Vegetable Soup Grilled Salmon California Cobb Salad Zucchini Bread, Orange Cake DINNER Zucchini Cilantro Soup, Country Fried Steak, Mashed Potatoes, Steamed Broccoli, Vanilla Chocolate Éclair
BREAKFAST 27 Oatmeal, Bagel Blast, Eggs Any Style, Choice of Meat & Fruit LUNCH Tomato Basil Soup, Blueberry Blintz, Waldorf Salad, Orange Wedges, Chocolate Pudding DINNER Braised Beef Brisket with Lyonnaise Potatoes, Oven Roasted Squash, Tres Leches Cake	BREAKFAST 28 Oatmeal, Waffles, Eggs Any Style LUNCH White Bean Soup Fish Tacos w/ Aioli Sauce, Spanish Rice, Refried Beans, Guacamole, Churros DINNER Butternut Squash Soup Roast Chicken, Honey Glazed Carrots, Wild Rice, Lemon Cake	BREAKFAST 29 Oatmeal, Muffin, Eggs Your Way, Meat and Fruit LUNCH Broccoli Cheddar Soup Fish and Chips, Coleslaw, French Fries, Cocktail sauce, lemon, Ice Cream Sandwich DINNER Cream of Potato Soup, oven Roasted Chicken, Sunflower Rice, steamed Broccoli, Strawberry cheesecake	BREAKFAST 30 Oatmeal, Eggs your way, Blueberry Pancakes, Meat and Fruit LUNCH Chicken Rice Soup, Chicken Salad Croissant, Sweet Potato Fries, Fresh Fruit, Key Lime Pie DINNER Cream of Tomato soup, Crab Cake with lemon Aioli, Mixed Green Salad, Buttered Peas Apple Pie Ala Mode	BREAKFAST 31 Oatmeal. Eggs Your Way, French Toast, Meat, Fruit LUNCH Beef Barley Soup, Grilled Sausage and Onions, Tater Tots, Tomato Salad Chocolate Mousse DINNER Chicken Florentine Soup, Flat Iron Steak, Chimichurri sauce, Green Beans, Mashed Potatoes, Lemon Meringue Pie		