

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Menu 2026

				<p><u>BREAKFAST (D)</u> 1</p> <p>Over Easy Eggs, Toast, Cheese, Cereal, Juice, Vegetables <u>LUNCH (M)</u></p> <p>Hot Dogs (Buns), Fries, Sauerkraut <u>DINNER (M)</u></p>		<p><u>BREAKFAST (D)</u> 2</p> <p>Scrambled Eggs, Muffins, Cereal, Juice, Vegetables <u>LUNCH (M)</u></p> <p>Beef Lasagna, Salad <u>DINNER (M)</u></p>	
<p><u>BREAKFAST (D)</u> 3</p> <p>Smoked Salmon, Croissant, Tomato, Cereal, Juice <u>LUNCH (D)</u></p> <p>Burrito (Rice, Beans, Cheese, Guacamole, Salsa), Tomato Soup <u>DINNER (M)</u></p> <p>Beef Arayes, Israeli Salad, Tahini Sauce, Fries</p>	<p><u>BREAKFAST (D)</u> 4</p> <p>Pancakes, Sunny Side Up Eggs, Cereal, Hot Cocoa <u>LUNCH (M)</u></p> <p>Baked Fish, Potato Wedges, Salad <u>DINNER (M)</u></p> <p>Chicken Nuggets, Orzo, Salad, Pea Soup</p>	<p><u>BREAKFAST (D)</u> 5</p> <p>Waffle, Eggs, Cereal, Juice <u>LUNCH (D)</u></p> <p>Pizza, Onion Soup, Salad <u>DINNER (M)</u></p> <p>Chicken Fajitas, Corn Tortillas, Pico de Gallo, Rice, Beans</p>	<p><u>BREAKFAST (D)</u> 6</p> <p>Scrambled Eggs, Pancakes, Cereal, Juice, Cheese <u>LUNCH (M)</u></p> <p>Baked Salmon, Mujadara, Salad <u>DINNER (M)</u></p> <p>Sweet and Sour Meatballs, Egg Noodles, Butternut Squash Soup</p>	<p><u>BREAKFAST (D)</u> 7</p> <p>French Toast, Sunny Side Up Eggs, Cereal, Juice, Cheese, Tomato <u>LUNCH (D)</u></p> <p>Pasta Alfredo, Salad, Dinner Roll <u>DINNER (M)</u></p> <p>Hamburger (Bun), Fries, Vegetables</p>	<p><u>BREAKFAST (D)</u> 8</p> <p>Over Easy Eggs, Toast, Cheese, Cereal, Juice, Vegetables <u>LUNCH (M)</u></p> <p>Turkey Sandwich, Fries, Coleslaw <u>DINNER (M)</u></p>	<p><u>BREAKFAST (D)</u> 9</p> <p>Scrambled Eggs, Muffins, Cereal, Juice, Vegetables <u>LUNCH (M)</u></p> <p>Tuna Sandwich, Chips, Salad, Vegetables <u>DINNER (M)</u></p>	
<p><u>BREAKFAST (D)</u> 10</p> <p>Smoked Salmon, Croissant, Tomato, Cereal, Juice <u>LUNCH (M)</u></p> <p>Falafel, Pita, Israeli Salad, Tahini Sauce, Fries <u>DINNER (M)</u></p> <p>Beef Arayes, Israeli Salad, Tahini Sauce, Fries</p>	<p><u>BREAKFAST (D)</u> 11</p> <p>Pancakes, Sunny Side Up Eggs, Cereal, Hot Cocoa <u>LUNCH (M)</u></p> <p>Tomato Shakshuka, Rice, Salad <u>DINNER (M)</u></p> <p>Stuffed Peppers (Meat and Rice), Salsa, Soup</p>	<p><u>BREAKFAST (D)</u> 12</p> <p>Waffle, Eggs, Cereal, Juice <u>LUNCH (D)</u></p> <p>Moroccan Fish, Rice, Dinner Roll, Vegetable Soup <u>DINNER (M)</u></p> <p>Chicken Tostada Bowl, Soup</p>	<p><u>BREAKFAST (D)</u> 13</p> <p>Scrambled Eggs, Pancakes, Cereal, Juice, Cheese <u>LUNCH (D)</u></p> <p>Cheese Enchiladas, Rice, Beans, Salsa <u>DINNER (M)</u></p> <p>Meat Burgers, Salad, Soup</p>	<p><u>BREAKFAST (D)</u> 14</p> <p>French Toast, Sunny Side Up Eggs, Cereal, Juice, Cheese, Tomato <u>LUNCH (M)</u></p> <p>Sloppy Joes, Fries, Salad <u>DINNER (M)</u></p> <p>Roast Chicken, Rice, Soup</p>	<p><u>BREAKFAST (D)</u> 15</p> <p>Over Easy Eggs, Toast, Cheese, Cereal, Juice, Vegetables <u>LUNCH (M)</u></p> <p>Cheese Lasagna, Salad <u>DINNER (M)</u></p>	<p><u>BREAKFAST (D)</u> 16</p> <p>Scrambled Eggs, Muffins, Cereal, Juice, Vegetables <u>LUNCH (M)</u></p> <p>Turkey Salad Wrap, Chips <u>DINNER (M)</u></p>	
<p><u>BREAKFAST (D)</u> 17</p> <p>Smoked Salmon, Croissant, Tomato, Cereal, Juice <u>LUNCH (D)</u></p> <p>Pasta Pomodoro, Salad <u>DINNER (M)</u></p> <p>Beef Chow Mein, Vegetables, Corn Soup</p>	<p><u>BREAKFAST (D)</u> 18</p> <p>Pancakes, Sunny Side Up Eggs, Cereal, Hot Cocoa <u>LUNCH (D)</u></p> <p>Grilled Cheese Sandwich, Tomato Soup, Salad <u>DINNER (M)</u></p> <p>Beef Kabob, Pita, Rice, Tomato</p>	<p><u>BREAKFAST (D)</u> 19</p> <p>Waffle, Eggs, Cereal, Juice <u>LUNCH (M)</u></p> <p>Massaman Curry Fish, White Rice, Roasted Vegetables <u>DINNER (M)</u></p> <p>Grilled Chicken, Pesto Pasta Salad</p>	<p><u>BREAKFAST (D)</u> 20</p> <p>Scrambled Eggs, Pancakes, Cereal, Juice, Cheese <u>LUNCH (M)</u></p> <p>Sun-Dried Tomato Pasta, Salad <u>DINNER (M)</u></p> <p>Grilled Chicken Breast, Baked Potatoes</p>	<p><u>BREAKFAST (D)</u> 21</p> <p>French Toast, Sunny Side Up Eggs, Cereal, Juice, Cheese, Tomato <u>LUNCH (M)</u></p> <p>Fish Fillet, Baked Potato, Soup <u>DINNER (M)</u></p> <p>Beef Lollipops, Fries, Arabic Salad</p>	<p><u>BREAKFAST (D)</u> 22</p> <p>Over Easy Eggs, Toast, Cheese, Cereal, Juice, Vegetables <u>LUNCH (M)</u></p> <p>Hot Dogs (Buns), Fries, Sauerkraut <u>DINNER (M)</u></p>	<p><u>BREAKFAST (D)</u> 23</p> <p>Scrambled Eggs, Muffins, Cereal, Juice, Vegetables <u>LUNCH (M)</u></p> <p>Tuna Salad Sandwich, Chips, Pickles, Vegetables <u>DINNER (M)</u></p>	
<p><u>BREAKFAST (D)</u> 24</p> <p>Smoked Salmon, Croissant, Tomato, Cereal, Juice <u>LUNCH (D)</u></p> <p>Mac and Cheese, Salad, Soup <u>DINNER (M)</u></p> <p>Beef Tortilla Plate, Rice, Beans</p>	<p><u>BREAKFAST (D)</u> 25</p> <p>Pancakes, Sunny Side Up Eggs, Cereal, Hot Cocoa <u>LUNCH (M)</u></p> <p>Baked Fish, Potato Wedges, Salad <u>DINNER (M)</u></p> <p>Chicken Ballotine, Mashed Potatoes, Green Beans</p>	<p><u>BREAKFAST (D)</u> 26</p> <p>Waffle, Eggs, Cereal, Juice <u>LUNCH (M)</u></p> <p>Baked Salmon, Pasta, Salad <u>DINNER (M)</u></p> <p>Curry Chicken, Yellow Rice, Leek Soup</p>	<p><u>BREAKFAST (D)</u> 27</p> <p>Scrambled Eggs, Pancakes, Cereal, Juice, Cheese <u>LUNCH (M)</u></p> <p>Fish Shawarma Tacos, Arabic Salad, Fries <u>DINNER (M)</u></p> <p>Beef and Eggplant Lasagna, Salad</p>	<p><u>BREAKFAST (D)</u> 28</p> <p>French Toast, Sunny Side Up Eggs, Cereal, Juice, Cheese, Tomato <u>LUNCH (M)</u></p> <p>Pasta Alfredo, Salad, Dinner Roll <u>DINNER (M)</u></p> <p>Hamburger (Bun), Fries, Vegetables</p>	<p><u>BREAKFAST (D)</u> 29</p> <p>Over Easy Eggs, Toast, Cheese, Cereal, Juice, Vegetables <u>LUNCH (M)</u></p> <p>Falafel, Pita, Hummus, Salad, Fries <u>DINNER (M)</u></p> <p>Chicken Soup, Brisket, Mashed Potatoes, Green Beans, Dinner Roll</p>	<p><u>BREAKFAST (D)</u> 30</p> <p>Scrambled Eggs, Muffins, Cereal, Juice, Vegetables <u>LUNCH (M)</u></p> <p>Club Sandwich, Chips, Pickles <u>DINNER (M)</u></p> <p>Dark Chicken, Orzo, Salad</p>	
<p><u>BREAKFAST (D)</u> 31</p> <p>Smoked Salmon, Croissant, Tomato, Cereal, Juice <u>LUNCH (D)</u></p> <p>Burrito (Rice, Beans, Cheese, Guacamole, Salsa), Tomato Soup <u>DINNER (M)</u></p> <p>Beef Arayes, Israeli Salad, Tahini Sauce, Fries</p>							

(D) Dairy Kitchen
(M) Meat Kitchen