

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# November 2023 City View Menu



<p><b>BREAKFAST</b> 5</p> <p>Oatmeal, Bagel Blast Eggs Any Style, Choice of Meat &amp; Fruit <b>LUNCH</b></p> <p>Lentil Soup, Tuna Stuffed Tomato Garden Salad, Honey Cornbread Chef's Dessert <b>DINNER</b></p> <p>Cream of Mushroom, Beef Brisket Roasted Potatoes &amp; Carrots, Dinner Roll Bread Pudding</p>		<p><b>BREAKFAST</b> 6</p> <p>Oatmeal, Waffles Eggs Any Style, Meat and Fruit <b>LUNCH</b></p> <p>Split Pea Soup, Cheese or Vegetable Quesadillas, Spanish Rice Refried Beans, Pico de Gallo Guacamole, Sour Cream, Churros <b>DINNER</b></p> <p>Cream of Carrot Soup Chicken Carbonara, Garlic Bread Grilled Herbed Zucchini Fruit Cobbler</p>		<p><b>BREAKFAST</b> 7</p> <p>Oatmeal, Fresh Baked Muffin Eggs Any Style, Meat and Fruit <b>LUNCH</b></p> <p>Egg Drop Soup, Beef Chow Mein Stir Fry Vegetables Coconut Macaroons <b>DINNER</b></p> <p>French Onion Soup Eggplant Parmesan Roasted Broccoli Garlic Bread Bananas Foster</p>		<p><b>BREAKFAST</b> 8</p> <p>Oatmeal, Blueberry Pancakes Eggs Any Style, Meat and Fruit <b>LUNCH</b></p> <p>Tomato Soup, Cheese or Pepperoni Pizza, Caesar Salad Tres Leches Cake <b>DINNER</b></p> <p>Minestrone Soup Lemon Butter Baked Fish, Garden Rice Sautéed Spinach w/Tomatoes &amp; Onions Pound Cake</p>		<p><b>BREAKFAST</b> 9</p> <p>Oatmeal, French Toast Eggs Any Style, Meat and Fruit <b>LUNCH</b></p> <p>Mushroom &amp; Barley Soup Smoked Salmon Pasta, Roll Coconut Cream Pie <b>DINNER</b></p> <p>Potato Leek Soup Beef Pot Roast w/Carrots Mashed Potatoes, Dinner Roll Chocolate Chip Cookies a la Mode</p>		<p><b>BREAKFAST</b> 10</p> <p>Oatmeal, Assorted Danish Eggs Any Style, Meat and Fruit <b>LUNCH</b></p> <p>Matzo Ball Soup Italian Chopped Salad, Zucchini Bread Ambrosia Salad <b>DINNER</b></p> <p>Fideo Soup, Moroccan Paprika Fish Couscous, Cauliflower Boston Cream Pie</p>		<p><b>BREAKFAST</b> 11</p> <p>Oatmeal, Coffee Cake Eggs Any Style, Meat and Fruit <b>Veterans Day Special Lunch</b></p> <p>Butternut Squash Soup BBQ Ribs, Corn on the Cob, Baked Beans Apple Pie <b>DINNER</b></p> <p>Zucchini Cilantro Soup Cheese Ravioli, Mixed Vegetables, Garlic Bread, Fruit Jell-O</p> <p>Veterans Day</p>	
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<p><b>BREAKFAST</b> 12</p> <p>Oatmeal, Bagel Blast, Eggs Any Style <b>LUNCH</b></p> <p>Tomato Basil Soup Grilled Ham &amp; Cheese Sandwich Balsamic Arugula-Tomato Salad Fruit Jell-O <b>DINNER</b></p> <p>White Bean Soup, Chicken Cordon Bleu Mashed Potatoes, Steamed Broccoli Chocolate Eclair</p> <p>Diwali (Hindi)</p>		<p><b>BREAKFAST</b> 13</p> <p>Oatmeal, Waffles Eggs Any Style, Meat and Fruit <b>LUNCH</b></p> <p>Lentil Soup, Tuna Melt Sweet Potato Fries, Coleslaw Carrot Cake <b>DINNER</b></p> <p>Roasted Butternut Squash Soup Eggplant Casserole Roasted Carrots &amp; Cauliflower Pumpkin' Spice Cupcakes</p>		<p><b>BREAKFAST</b> 14</p> <p>Oatmeal, Fresh Baked Muffin Eggs Any Style, Meat and Fruit <b>LUNCH</b></p> <p>Chicken Vegetable Soup, Hot Dogs French Fries, Coleslaw Orange Mousse <b>DINNER</b></p> <p>Garbanzo Bean Soup, Meatloaf Garlic Mashed Potatoes w/Gravy Roasted Vegetables Peach Cake</p>		<p><b>BREAKFAST</b> 15</p> <p>Oatmeal, Pancakes, Eggs Any Style, Meat and Fruit <b>LUNCH</b></p> <p>Tortilla Soup, Chicken Enchiladas Refried Beans, Spanish Rice Pico de Gallo, Sour Cream Guacamole, Flan <b>DINNER</b></p> <p>Roasted Carrot &amp; Ginger Soup Beef Bourguignon w/Carrots &amp; Potatoes Served Over Mashed Potatoes Orange Cake</p>		<p><b>BREAKFAST</b> 16</p> <p>Oatmeal, French Toast Eggs Any Style, Meat and Fruit <b>LUNCH</b></p> <p>Vegetable Soup, Turkey Club Sandwich Three Bean Salad, Potato Chips Ice Cream <b>DINNER</b></p> <p>Split Pea Soup Spaghetti Meat Sauce Steamed Broccoli, Garlic Bread Cherry Pie</p>		<p><b>BREAKFAST</b> 17</p> <p>Oatmeal, Assorted Danish Eggs Any Style, Meat and Fruit <b>LUNCH</b></p> <p>Matzo Ball Soup, Vegetable Quiche Mixed Green Salad, Roll Lemon cake <b>DINNER</b></p> <p>Cream of Broccoli Honey Mustard Baked Fish Baked Sweet Potato Roasted Cauliflower Bread Pudding</p>		<p><b>BREAKFAST</b> 18</p> <p>Oatmeal, Coffee Cake Eggs Any Style, Meat and Fruit <b>LUNCH</b></p> <p>Chicken Noodle Soup Hamburgers, French Fries Dill Pickle Spears Tapioca Pudding <b>DINNER</b></p> <p>Garbanzo Bean Soup Roasted Chicken, Honey Glazed Carrots Scalloped Potatoes Tres Leches Cake</p>	
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<p><b>BREAKFAST</b> 19</p> <p>Oatmeal, Bagel Blast Eggs Any Style, Choice of Meat &amp; Fruit <b>LUNCH</b></p> <p>Italian Wedding Soup Tuna Salad Pita Pocket Marinated Beet Salad Chef's Dessert <b>DINNER</b></p> <p>Cream of Mushroom, Cheese Ravioli Mixed Vegetables, Garlic Bread Fruit Cobbler</p>		<p><b>BREAKFAST</b> 20</p> <p>Oatmeal, Waffles Eggs Any Style, Fruit <b>LUNCH</b></p> <p>Cream of Cauliflower Soup Chicken Tenderloin, French Fries Coleslaw, Fruit Jell-O <b>DINNER</b></p> <p>Minestrone Soup Swedish Meatballs Rice Pilaf Green Beans Almondine Peach Turnover</p>		<p><b>BREAKFAST</b> 21</p> <p>Oatmeal, Fresh Baked Muffins Eggs Any Style, Meat and Fruit <b>LUNCH</b></p> <p>Pinto Bean Soup, Garlic Bread Grilled Chicken Caesar Salad Strawberry Shortcake <b>DINNER</b></p> <p>Cream of Cauliflower Soup Shepherd's Pie Balsamic Roasted Brussel Sprouts Banana Bread</p>		<p><b>BREAKFAST</b> 22</p> <p>Oatmeal, Blueberry Pancakes Eggs Any Style, Meat and Fruit <b>LUNCH</b></p> <p>Zucchini Cilantro Soup Egg Salad Croissant, Onion Rings Creamy Dill Cucumber Salad Vanilla Cake <b>DINNER</b></p> <p>Lentil Soup Beef Stroganoff over Egg Noodles Roasted Garlic Parmesan Cauliflower Coffee Cake</p>		<p><b>BREAKFAST</b> 23</p> <p>Oatmeal, French Toast Eggs Any Style, Meat and Fruit <b>Thanksgiving Feast</b></p> <p>Roasted Butternut Squash Soup Old Fashioned Roasted Turkey Mashed Potatoes w/ Gravy, Stuffing Green Bean Casserole Pumpkin Pie <b>DINNER</b></p> <p>Special Boxed Dinner</p> <p>Thanksgiving Day (US)</p>		<p><b>BREAKFAST</b> 24</p> <p>Oatmeal, Assorted Danish Eggs Any Style, Meat and Fruit <b>LUNCH</b></p> <p>Matzo Ball Soup, Philly Cheesesteak Sandwich, Onion Rings, Potato Salad German Chocolate Cake <b>DINNER</b></p> <p>Vegetable Soup Sicilian Fish in Tomato Sauce Couscous, Green Beans Lemon Bar</p>		<p><b>BREAKFAST</b> 25</p> <p>Oatmeal, Coffee Cake Eggs Any Style Meat and Fruit <b>LUNCH</b></p> <p>Tortilla Soup, Chicken Fajitas Spanish Rice, Refried Beans Pico de Gallo, Guacamole Rice Pudding <b>DINNER</b></p> <p>Pinto Bean Soup Vegetable Lasagna. Garlic Bread Roasted Broccoli &amp; Cauliflower Peach Pie</p>	
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<p><b>BREAKFAST</b> 26</p> <p>Oatmeal, Bagel Blast Eggs Any Style, Choice of Meat &amp; Fruit <b>LUNCH</b></p> <p>Cream of Broccoli, Turkey Wrap Potato Chips, Pasta Salad Yellow Cake <b>DINNER</b></p> <p>Split Pea Soup, Apple &amp; Sage Roast Chicken, Basmati Rice Roasted Brussel Sprouts Banana Bread</p>		<p><b>BREAKFAST</b> 27</p> <p>Oatmeal, Waffles, Eggs Any Style, Meat and Fruit <b>LUNCH</b></p> <p>Cabbage &amp; Celery Soup French Dip Sandwich, Coleslaw Onion Rings, Fudge Brownies <b>DINNER</b></p> <p>White Bean Soup Shepherd's Pie, Roasted Eggplant, Roll Red Velvet Cake</p>		<p><b>BREAKFAST</b> 28</p> <p>Oatmeal, Fresh Baked Muffins Eggs Any Style, Meat and Fruit <b>LUNCH</b></p> <p>Navy Bean Soup, Fish Tacos Spanish Rice, Refried Beans Pico de Gallo, Churros <b>DINNER</b></p> <p>Roasted Carrot &amp; Ginger Soup Lemon Butter Baked Fish, Quinoa, Sautéed Zucchini &amp; Squash Lemon Meringue Pie</p>		<p><b>BREAKFAST</b> 29</p> <p>Oatmeal, Blueberry Pancakes Eggs Any Style, Meat and Fruit <b>LUNCH</b></p> <p>Tomato Soup Chef's Salad, Garlic Bread Banana Mousse <b>DINNER</b></p> <p>Mushroom &amp; Barley Soup Pasta Bolognese Sautéed Zucchini &amp; Squash Coconut Cream Pie</p>		<p><b>BREAKFAST</b> 30</p> <p>Oatmeal, French Toast Eggs Any Style, Meat and Fruit <b>LUNCH</b></p> <p>Potato Leek Soup, Egg Salad Croissant, Three Bean Salad, Fresh Melon, Fruit Parfait <b>DINNER</b></p> <p>Minestrone Soup Cornish Hen Red Roasted Potatoes &amp; Carrots Vanilla Cake</p>			
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<p><b>BREAKFAST</b> 5</p> <p>Oatmeal, Bagel Blast Eggs Any Style, Choice of Meat &amp; Fruit <b>LUNCH</b></p> <p>Lentil Soup, Tuna Stuffed Tomato Garden Salad, Honey Cornbread Chef's Dessert <b>DINNER</b></p> <p>Cream of Mushroom, Beef Brisket Roasted Potatoes &amp; Carrots, Dinner Roll Bread Pudding</p>		<p><b>BREAKFAST</b> 6</p> <p>Oatmeal, Waffles Eggs Any Style, Meat and Fruit <b>LUNCH</b></p> <p>Split Pea Soup, Cheese or Vegetable Quesadillas, Spanish Rice Refried Beans, Pico de Gallo Guacamole, Sour Cream, Churros <b>DINNER</b></p> <p>Cream of Carrot Soup Chicken Carbonara, Garlic Bread Grilled Herbed Zucchini Fruit Cobbler</p>		<p><b>BREAKFAST</b> 7</p> <p>Oatmeal, Fresh Baked Muffin Eggs Any Style, Meat and Fruit <b>LUNCH</b></p> <p>Egg Drop Soup, Beef Chow Mein Stir Fry Vegetables Coconut Macaroons <b>DINNER</b></p> <p>French Onion Soup Eggplant Parmesan Roasted Broccoli Garlic Bread Bananas Foster</p>		<p><b>BREAKFAST</b> 8</p> <p>Oatmeal, Blueberry Pancakes Eggs Any Style, Meat and Fruit <b>LUNCH</b></p> <p>Tomato Soup, Cheese or Pepperoni Pizza, Caesar Salad Tres Leches Cake <b>DINNER</b></p> <p>Minestrone Soup Lemon Butter Baked Fish, Garden Rice Sautéed Spinach w/Tomatoes &amp; Onions Pound Cake</p>		<p><b>BREAKFAST</b> 9</p> <p>Oatmeal, French Toast Eggs Any Style, Meat and Fruit <b>LUNCH</b></p> <p>Mushroom &amp; Barley Soup Smoked Salmon Pasta, Roll Coconut Cream Pie <b>DINNER</b></p> <p>Potato Leek Soup Beef Pot Roast w/Carrots Mashed Potatoes, Dinner Roll Chocolate Chip Cookies a la Mode</p>		<p><b>BREAKFAST</b> 10</p> <p>Oatmeal, Assorted Danish Eggs Any Style, Meat and Fruit <b>LUNCH</b></p> <p>Matzo Ball Soup Italian Chopped Salad, Zucchini Bread Ambrosia Salad <b>DINNER</b></p> <p>Fideo Soup, Moroccan Paprika Fish Couscous, Cauliflower Boston Cream Pie</p>		<p><b>BREAKFAST</b> 11</p> <p>Oatmeal, Coffee Cake Eggs Any Style, Meat and Fruit <b>Veterans Day Special Lunch</b></p> <p>Butternut Squash Soup BBQ Ribs, Corn on the Cob, Baked Beans Apple Pie <b>DINNER</b></p> <p>Zucchini Cilantro Soup Cheese Ravioli, Mixed Vegetables, Garlic Bread, Fruit Jell-O</p> <p>Veterans Day</p>	
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