

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<div> <div>BREAKFAST</div> <div>Oatmeal, Danish, Scrambled Eggs</div> <div>Fruit, Hot or Cold Cereal</div> <div>LUNCH</div> <div>Lentil Soup</div> <div>Philly Cheesesteak Sandwich</div> <div>French Fries, Fresh Sliced Fruit</div> <div>DINNER</div> <div>Matzo Ball Soup</div> <div>Apple &amp; Sage Roast Chicken</div> <div>Sweet Basmati Rice w/ Raisins</div> <div>Roasted Carrots, Cinnamon Baked Apples</div> <div>Dia de los Muertos / Diwali</div> </div> <div>1</div>	<div> <div>BREAKFAST</div> <div>Coffee Cake</div> <div>Scrambled Eggs, Hashbrowns</div> <div>Sausage, Fresh Fruit</div> <div>LUNCH</div> <div>Garden Salad</div> <div>Chili over Rice, Challah</div> <div>Chocolate Rugelach</div> <div>DINNER</div> <div>Baked Tilapia</div> <div>Israeli Couscous</div> <div>Sweet Baked Potato, Challah</div> <div>Apple Pie</div> </div> <div>2</div>
<div> <div>BREAKFAST</div> <div>Oatmeal, Lox &amp; Bagel, Fruit</div> <div>Hot or Cold Cereal</div> <div>LUNCH</div> <div>Minestrone Soup</div> <div>Hot Dog, French Fries, Watermelon</div> <div>Strawberry Ice Cream</div> <div>DINNER</div> <div>Cabbage Soup</div> <div>Beef Stuffed Bell Peppers</div> <div>Garden Rice, Mixed Vegetables</div> <div>Lemon Cake</div> <div>Daylight Saving Time Ends</div> </div> <div>3</div>	<div> <div>BREAKFAST</div> <div>Oatmeal, Waffles, Scrambled Egg</div> <div>Fruit, Hot or Cold Cereal</div> <div>LUNCH</div> <div>Tortilla Soup</div> <div>Chicken Fajitas</div> <div>Spanish Rice, Refried Beans</div> <div>Vanilla Cake</div> <div>DINNER</div> <div>Pinto Bean Soup</div> <div>Beef Pot Roast</div> <div>Mashed Potatoes, Carrots</div> <div>Dinner Roll</div> <div>Poached Cinnamon Pears</div> </div> <div>4</div>	<div> <div>BREAKFAST</div> <div>Oatmeal, Baked Muffin, Eggs</div> <div>Sausage, Fruit</div> <div>Hot or Cold Cereal</div> <div>LUNCH</div> <div>Roast Beef Sandwich, Coleslaw</div> <div>Sweet Potato Fries</div> <div>Chocolate Cake</div> <div>DINNER</div> <div>Vegetable Soup</div> <div>Baked Fish</div> <div>Sweet Baked Potato</div> <div>Roasted Green Beans</div> <div>Banana Bread</div> </div> <div>5</div>	<div> <div>BREAKFAST</div> <div>Oatmeal, Blueberry Pancakes</div> <div>Scrambled Eggs, Fruit</div> <div>Hot or Cold Cereal</div> <div>LUNCH</div> <div>Zucchini Soup</div> <div>Meatball Sub Sandwich</div> <div>Curly Fries, Coleslaw</div> <div>Chocolate Cake</div> <div>DINNER</div> <div>Minestrone Soup</div> <div>Braised Beef Brisket</div> <div>Roasted Potatoes, Glazed Carrots</div> <div>Fruit Cobbler</div> </div> <div>6</div>	<div> <div>BREAKFAST</div> <div>Oatmeal, French Toast</div> <div>Scrambled Eggs Sausage</div> <div>Fruit, Hot or Cold Cereal</div> <div>LUNCH</div> <div>Black Bean Soup, Cheese Enchiladas</div> <div>Refried Beans, Spanish Rice</div> <div>Flan</div> <div>DINNER</div> <div>Tomato Bisque, Honey Mustard Fish</div> <div>Baked Sweet Potato</div> <div>Steamed Broccoli &amp; Cauliflower</div> <div>Bread Pudding</div> </div> <div>7</div>	<div> <div>BREAKFAST</div> <div>Oatmeal, Danish, Vegetable Omelet</div> <div>Fruit, Hot or Cold Cereal</div> <div>LUNCH</div> <div>Celery &amp; Cabbage Soup Tuna Wrap, Potato</div> <div>Chips, Fresh Mixed Fruit</div> <div>Chef's Dessert</div> <div>DINNER</div> <div>Matzo Ball Soup</div> <div>Moroccan Chicken</div> <div>Lemon Couscous</div> <div>Rosemary Roasted Mushrooms</div> <div>Orange Cake</div> </div> <div>8</div>	<div> <div>BREAKFAST</div> <div>Coffee Cake</div> <div>Scrambled Eggs, Hashbrowns</div> <div>Sausage, Fresh Fruit</div> <div>LUNCH</div> <div>Garden Salad</div> <div>Slow Cooked Pot Roast</div> <div>Challah, Peach Pie</div> <div>DINNER</div> <div>Baked Fish</div> <div>Baked Sweet Potato</div> <div>Green Beans</div> <div>Banana Cake</div> </div> <div>9</div>
<div> <div>BREAKFAST</div> <div>Oatmeal, Lox &amp; Bagel, Fruit</div> <div>Hot or Cold Cereal</div> <div>LUNCH</div> <div>Butternut Squash Soup</div> <div>Tuna Melt, Coleslaw</div> <div>Dill Pickle Spears</div> <div>Pear Cake</div> <div>DINNER</div> <div>Mushroom &amp; Barley Soup</div> <div>Chicken Francaise</div> <div>Garden Rice, Baby Carrots</div> <div>Vanilla Cake</div> </div> <div>10</div>	<div> <div>BREAKFAST</div> <div>Oatmeal, Waffles</div> <div>Scrambled Eggs</div> <div>Fruit, Hot or Cold Cereal</div> <div>LUNCH</div> <div>Cream of Broccoli, Hamburger</div> <div>French Fries</div> <div>Watermelon, Brownie</div> <div>DINNER</div> <div>Vegetable Soup</div> <div>BQ Chicken, Baked Beans</div> <div>Corn on the Cob</div> <div>Pineapple Upside-Down Cake</div> <div>Veterans Day</div> </div> <div>11</div>	<div> <div>BREAKFAST</div> <div>Oatmeal, Baked Muffin,</div> <div>Sausage, Fruit, Hot or Cold Cereal</div> <div>LUNCH</div> <div>Egg Drop Soup</div> <div>Hawaiian Meatballs, Steamed Rice</div> <div>Oriental Vegetables</div> <div>Almond Cookies</div> <div>DINNER</div> <div>Cabbage Soup</div> <div>Baked Tilapia</div> <div>Green Beans w/ Cherry Tomatoes</div> <div>Couscous</div> <div>Lemon Cake</div> </div> <div>12</div>	<div> <div>BREAKFAST</div> <div>Oatmeal, Blueberry Pancakes</div> <div>Scrambled Eggs, Fruit</div> <div>Hot or Cold Cereal</div> <div>LUNCH</div> <div>Fideo Soup</div> <div>Chicken Tenderloin, Curly Fries</div> <div>Coleslaw, Fruit Salad, Apple Cake</div> <div>DINNER</div> <div>Split Pea Soup</div> <div>Spaghetti Meat Sauce</div> <div>Sautéed Zucchini &amp; Squash</div> <div>Garlic Bread</div> <div>Baked Pears</div> </div> <div>13</div>	<div> <div>BREAKFAST</div> <div>Oatmeal, French Toast</div> <div>Scrambled Eggs, Fruit</div> <div>Hot or Cold Cereal</div> <div>LUNCH</div> <div>Cream of Spinach</div> <div>Egg Salad Croissant</div> <div>Curly Fries, Melon</div> <div>Strawberry Shortcake</div> <div>DINNER</div> <div>Garbanzo Bean Soup</div> <div>Beef Stroganoff</div> <div>Egg Noodles</div> <div>Roasted Cauliflower</div> </div> <div>14</div>	<div> <div>BREAKFAST</div> <div>Oatmeal, Danish</div> <div>Vegetable Omelet</div> <div>Fruit, Hot or Cold Cereal</div> <div>LUNCH</div> <div>Corn Chowder</div> <div>Fish &amp; Chips</div> <div>Carrot Cake</div> <div>DINNER</div> <div>Matzo Ball Soup</div> <div>Oven Braised Brisket</div> <div>Mashed Potatoes, Roasted Carrots</div> <div>Chocolate Cake</div> </div> <div>15</div>	<div> <div>BREAKFAST</div> <div>Coffee Cake</div> <div>Scrambled Eggs, Hashbrowns</div> <div>Sausage, Fresh Fruit</div> <div>LUNCH</div> <div>Tomato &amp; Cucumber Salad</div> <div>Beef Stew &amp; Rice</div> <div>Challah</div> <div>Marble Cake</div> <div>DINNER</div> <div>Rosemary Roasted Chicken</div> <div>Roasted Potatoes, Green Beans</div> <div>Strawberry Cake</div> </div> <div>16</div>
<div> <div>BREAKFAST</div> <div>Oatmeal, Lox &amp; Bagel, Fruit</div> <div>Hot or Cold Cereal</div> <div>LUNCH</div> <div>Tomato Basil Soup</div> <div>Ground Beef Pita</div> <div>Curly Fries, Israeli Salad</div> <div>Orange Cake</div> <div>DINNER</div> <div>Minestrone Soup</div> <div>Eggplant Casserole</div> <div>Capri Blend Vegetables</div> <div>Garlic Bread</div> <div>Peach Turnover</div> </div> <div>17</div>	<div> <div>BREAKFAST</div> <div>Oatmeal, Waffles, Scrambled Eggs</div> <div>Fruit, Hot or Cold Cereal</div> <div>LUNCH</div> <div>Tortilla Soup</div> <div>Cheese/Vegetable Quesadillas</div> <div>Refried Beans, Spanish Rice</div> <div>Churros</div> <div>DINNER</div> <div>Pinto Bean Soup</div> <div>Shepherd's Pie</div> <div>Honey Roasted Carrots</div> <div>Dinner Roll</div> <div>Chocolate Cake</div> </div> <div>18</div>	<div> <div>BREAKFAST</div> <div>Oatmeal, Baked Muffin</div> <div>Sausage</div> <div>Fruit, Hot or Cold Cereal</div> <div>LUNCH</div> <div>White Bean Soup</div> <div>Chicken Taco Salad</div> <div>Banana Bread</div> <div>DINNER</div> <div>Lentil Soup</div> <div>Beef Stew w/ Vegetables</div> <div>Mashed Potatoes</div> <div>Dinner Roll</div> <div>Pineapple Cake</div> </div> <div>19</div>	<div> <div>BREAKFAST</div> <div>Oatmeal, Blueberry Pancakes</div> <div>Scrambled Eggs, Fruit</div> <div>Hot or Cold Cereal</div> <div>LUNCH</div> <div>Tomato Soup, Cheese/Salami Pizza, Caesar</div> <div>Salad, Chef's Dessert</div> <div>DINNER</div> <div>Roasted Carrot &amp; Celery Soup</div> <div>Stuffed Bell Peppers</div> <div>Turmeric Rice w/ Golden Raisins</div> <div>Lemon Cake</div> </div> <div>20</div>	<div> <div>BREAKFAST</div> <div>Oatmeal, French Toast</div> <div>Scrambled Eggs, Fruit</div> <div>Hot or Cold Cereal</div> <div>LUNCH</div> <div>Zucchini Soup</div> <div>Roast Beef Sandwich</div> <div>Potato Salad, Dill Pickle Spear</div> <div>Ice Cream</div> <div>DINNER</div> <div>Kidney Bean Soup</div> <div>Beef Lasagna</div> <div>Roasted Zucchini &amp; Squash, Garlic Roll</div> <div>Fruit Cobbler</div> </div> <div>21</div>	<div> <div>BREAKFAST</div> <div>Oatmeal, Danish</div> <div>Vegetable Omelet</div> <div>Fruit, Hot or Cold Cereal</div> <div>LUNCH</div> <div>Fideo Soup</div> <div>Tuna &amp; Egg Salad Platter</div> <div>Garden Salad, Pesto Pita</div> <div>Tapioca Pudding</div> <div>DINNER</div> <div>Matzo Ball Soup</div> <div>Salisbury Steak, Mashed Potatoes</div> <div>Green Beans Almondine</div> <div>Yellow Cake</div> </div> <div>22</div>	<div> <div>BREAKFAST</div> <div>Coffee Cake</div> <div>Scrambled Eggs, Hashbrowns</div> <div>Sausage, Fresh Fruit</div> <div>LUNCH</div> <div>Corn &amp; Avocado Salad</div> <div>Chicken Fajitas</div> <div>Spanish Rice</div> <div>Strawberry Cake</div> <div>DINNER</div> <div>Baked Tilapia</div> <div>Red Roasted Potatoes</div> <div>Green Beans</div> <div>Brownie</div> </div> <div>23</div>
<div> <div>BREAKFAST</div> <div>Oatmeal, Lox &amp; Bagel, Fruit</div> <div>Hot or Cold Cereal</div> <div>LUNCH</div> <div>Butternut Squash Soup</div> <div>Turkey Patty Melt</div> <div>Sweet Potato Fries, Pickle Spears</div> <div>Sponge Cake</div> <div>DINNER</div> <div>Split Pea Soup Roasted Chicken</div> <div>Honey Glazed Carrots</div> <div>Scalloped Potatoes</div> <div>Bread Pudding</div> </div> <div>24</div>	<div> <div>BREAKFAST</div> <div>Oatmeal, Waffles</div> <div>Scrambled Eggs</div> <div>Fruit, Hot or Cold Cereal</div> <div>LUNCH</div> <div>Tortilla Soup, Beef Fajitas</div> <div>Spanish Rice Refried Beans</div> <div>Guacamole, Salsa</div> <div>DINNER</div> <div>Kidney Bean Soup</div> <div>BBQ Meatloaf</div> <div>Mashed Potatoes</div> <div>Carrots &amp; Cauliflower</div> <div>Poached Pears</div> </div> <div>25</div>	<div> <div>BREAKFAST</div> <div>Oatmeal, Baked Muffin, Eggs</div> <div>Sausage, Fruit</div> <div>Hot or Cold Cereal</div> <div>LUNCH</div> <div>Cream of Carrot</div> <div>Tuna Stuffed Tomato</div> <div>Garden Salad</div> <div>Banana Cake</div> <div>DINNER</div> <div>Garbanzo Bean Soup</div> <div>Pasta Bolognese</div> <div>Mixed Vegetables, Garlic Bread</div> <div>Baked Cinnamon Apples</div> </div> <div>26</div>	<div> <div>BREAKFAST</div> <div>Oatmeal, Blueberry Pancakes</div> <div>Scrambled Eggs, Fruit</div> <div>Hot or Cold Cereal</div> <div>LUNCH</div> <div>Egg Drop Soup</div> <div>Beef Chow Mein</div> <div>Oriental Vegetables</div> <div>Almond Cookies</div> <div>DINNER</div> <div>Squash Soup</div> <div>Grilled Tilapia</div> <div>Sautéed Green Beans, Orzo Pasta</div> <div>Vanilla Cake</div> </div> <div>27</div>	<div> <div>BREAKFAST</div> <div>Oatmeal, French Toast</div> <div>Scrambled Eggs, Sausage</div> <div>Fruit, Hot or Cold Cereal</div> <div>LUNCH</div> <div>Black Bean Soup, Ground Beef Shell Tacos</div> <div>Spanish Rice, Refried Beans</div> <div>Bananas Foster</div> <div>DINNER</div> <div>Pumpkin Soup, Old Fashioned Roasted Turkey, Mashed Potatoes w/ Gravy, Stuffing</div> <div>Green Bean Casserole, Pumpkin Pie</div> <div>Thanksgiving Day</div> </div> <div>28</div>	<div> <div>BREAKFAST</div> <div>Oatmeal, Danish</div> <div>Vegetable Omelet</div> <div>Fruit, Hot or Cold Cereal</div> <div>LUNCH</div> <div>Vegetable Soup</div> <div>Reuben Sandwich</div> <div>Potato Salad, Fresh Fruit</div> <div>Carrot Cake</div> <div>DINNER</div> <div>Matzo Ball Soup</div> <div>Moroccan Paprika Fish</div> <div>Roasted Carrots, Couscous</div> <div>Cinnamon Apple Turnover</div> </div> <div>29</div>	<div> <div>BREAKFAST</div> <div>Coffee Cake</div> <div>Scrambled Eggs, Hashbrowns</div> <div>Sausage, Fresh Fruit</div> <div>LUNCH</div> <div>Garden Salad</div> <div>Beef Stew &amp; Rice</div> <div>Challah</div> <div>Sponge Cake</div> <div>DINNER</div> <div>Herb Baked Chicken, Sweet Potato</div> <div>Roasted Cauliflower</div> <div>Chocolate Cake</div> </div> <div>30</div>