

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div> <div> <div>City View Menu</div> <div>October 2024</div> </div>  </div>		<div> <div>BREAKFAST</div> <div>Oatmeal, Baked Muffin, Eggs Sausage, Fruit Hot or Cold Cereal</div> <div>LUNCH</div> <div>Cream of Mushroom Egg Salad Croissant Beet Salad, Fresh Fruit Ambrosia Salad</div> <div>DINNER</div> <div>Vegetable Soup Baked Fish Sweet Baked Potato, Roasted Green Beans Banana Bread</div> </div>	<div> <div>BREAKFAST</div> <div>Oatmeal, Blueberry Pancakes Scrambled Eggs, Fruit Hot or Cold Cereal</div> <div>LUNCH</div> <div>Zucchini Soup Meatball Sub Sandwich Curly Fries, Coleslaw, Chocolate Cake</div> <div>DINNER</div> <div>Carrot Sweet Potato Soup Braised Beef Brisket Roasted Glazed Carrot Tzimmes Cinnamon Apple Noodle Kugel, Apple Cake Rosh Hashanah Begins</div> </div>	<div> <div>BREAKFAST</div> <div>Oatmeal, French Toast Scrambled Eggs Sausage Fruit, Hot or Cold Cereal</div> <div>LUNCH</div> <div>Tomato Soup, Cheese Pizza Garden Salad Pound Cake</div> <div>DINNER</div> <div>Creamy Mushroom Soup Honey Garlic Salmon Roasted Beet & Apple Salad Challah, Lekach Rosh Hashanah</div> </div>	<div> <div>BREAKFAST</div> <div>Oatmeal, Danish, Scrambled Eggs Fruit, Hot or Cold Cereal</div> <div>LUNCH</div> <div>Lentil Soup Tuna Melt Sweet Potato Fries, Dill Pickle Spear Tapioca Pudding</div> <div>DINNER</div> <div>Matzo Ball Soup Apple & Sage Roast Chicken Sweet Basmati Rice w/ Raisins Roasted Carrots, Cinnamon Baked Apples Rosh Hashanah</div> </div>	<div> <div>BREAKFAST</div> <div>Oatmeal, Coffee Cake Scrambled Eggs Sausage, Fruit Hot or Cold Cereal</div> <div>LUNCH</div> <div>Garden Salad Chili over Rice Challah Chocolate Rugelach</div> <div>DINNER</div> <div>Baked Tilapia Israeli Couscous, Sweet Baked Potato, Challah Apple Pie</div> </div>
<div> <div>BREAKFAST</div> <div>Oatmeal, Lox & Bagel, Fruit Hot or Cold Cereal</div> <div>LUNCH</div> <div>Minestrone Soup Hot Dog French Fries, Watermelon Strawberry Ice Cream</div> <div>DINNER</div> <div>Cabbage Soup Beef Stuffed Bell Peppers Garden Rice, Mixed Vegetables Lemon Cake</div> </div>	<div> <div>BREAKFAST</div> <div>Oatmeal, Waffles, Scrambled Egg Fruit, Hot or Cold Cereal</div> <div>LUNCH</div> <div>Tortilla Soup Chicken Fajitas Spanish Rice, Refried Beans Vanilla Cake</div> <div>DINNER</div> <div>Pinto Bean Soup Beef Pot Roast Mashed Potatoes Dinner Roll Poached Cinnamon Pears</div> </div>	<div> <div>BREAKFAST</div> <div>Oatmeal, Baked Muffin, Sausage, Fruit, Hot or Cold Cereal</div> <div>LUNCH</div> <div>Egg Drop Soup Hawaiian Meatballs, Steamed Rice Oriental Vegetables Almond Cookies</div> <div>DINNER</div> <div>Cabbage Soup Baked Tilapia Green Beans w/ Cherry Tomatoes Couscous Lemon Cake</div> </div>	<div> <div>BREAKFAST</div> <div>Oatmeal, Blueberry Pancakes Scrambled Eggs, Fruit Hot or Cold Cereal</div> <div>LUNCH</div> <div>Fideo Soup Chicken Tenderloin, Curly Fries Coleslaw, Fruit Salad</div> <div>DINNER</div> <div>Split Pea Soup Pasta Marinara Mixed Vegetables Garlic Bread</div> </div>	<div> <div>BREAKFAST</div> <div>Oatmeal, French Toast Scrambled Eggs, Fruit Hot or Cold Cereal</div> <div>LUNCH</div> <div>Cream of Carrot Vegetable Quiche, Zucchini Bread Strawberry Shortcake</div> <div>DINNER</div> <div>Garbanzo Bean Soup Beef Stroganoff Egg Noodles Roasted Cauliflower Peach Cobbler</div> </div>	<div> <div>BREAKFAST</div> <div>Oatmeal, Danish,Vegetable Omelet Fruit, Hot or Cold Cereal</div> <div>LUNCH</div> <div>White Bean Soup Turkey Sandwich Pasta Salad, Kettle Chips, Cherry Pie</div> <div>DINNER</div> <div>Matzo Ball Soup Moroccan Chicken, Lemon Couscous Rosemary Roasted Mushrooms Honey Cake Yom Kippur Begins</div> </div>	<div> <div>BREAKFAST</div> <div>Oatmeal, Coffee Cake Scrambled Eggs Fruit Hot or Cold Cereal</div> <div>LUNCH</div> <div>Garden Salad Slow Cooked Pot Roast Challah Peach Pie</div> <div>DINNER</div> <div>Baked Fish Baked Sweet Potato Green Beans Banana Cake</div> </div>
<div> <div>BREAKFAST</div> <div>Oatmeal, Lox & Bagel, Fruit Hot or Cold Cereal</div> <div>LUNCH</div> <div>Butternut Squash Soup Tuna Melt, Coleslaw, Dill Pickle Spears Pear Cake</div> <div>DINNER</div> <div>Cabbage & Celery Soup Chicken Francaise Garden Rice, Baby Carrots Vanilla Cake</div> </div>	<div> <div>BREAKFAST</div> <div>Oatmeal, Waffles, Scrambled Eggs Fruit, Hot or Cold Cereal</div> <div>LUNCH</div> <div>Cream of Mushroom Soup Veggie Burger, Three Bean Salad Potato Chips, Carrot Cake</div> <div>DINNER</div> <div>Vegetable Soup Spaghetti w/ Meat Sauce Broccoli & Cauliflower, Garlic Bread Chocolate Chip Cookies Columbus Day (US)</div> </div>	<div> <div>BREAKFAST</div> <div>Oatmeal, Baked Muffin Sausage Fruit, Hot or Cold Cereal</div> <div>LUNCH</div> <div>Tortilla Soup Chicken Taco Salad Banana Bread</div> <div>DINNER</div> <div>White Bean Soup Beef Stew w/ Vegetables Mashed Potatoes Dinner Roll Pineapple Cake</div> </div>	<div> <div>BREAKFAST</div> <div>Oatmeal, Blueberry Pancakes Scrambled Eggs, Fruit Hot or Cold Cereal</div> <div>LUNCH</div> <div>Tomato Cabbage Soup Hamburgers French Fries, Watermelon, Angel Food Cake</div> <div>DINNER</div> <div>Roasted Carrot & Celery Soup Stuffed Bell Peppers Turmeric Rice w/ Golden Raisins Chocolate Babka Sukkot Begins</div> </div>	<div> <div>BREAKFAST</div> <div>Oatmeal, French Toast Scrambled Eggs, Fruit Hot or Cold Cereal</div> <div>LUNCH</div> <div>Zucchini Soup Roast Beef Sandwich Potato Salad, Dill Pickle Spear Ice Cream</div> <div>DINNER</div> <div>Kidney Bean Soup Beef Lasagna Roasted Zucchini & Squash, Garlic Roll Fruit Cobbler</div> </div>	<div> <div>BREAKFAST</div> <div>Oatmeal, Danish Vegetable Omelet Fruit, Hot or Cold Cereal</div> <div>LUNCH</div> <div>Corn Chowder Fish & Chips Carrot Cake</div> <div>DINNER</div> <div>Matzo Ball Soup Oven Braised Brisket Mashed Potatoes, Roasted Carrots Chocolate Cake</div> </div>	<div> <div>BREAKFAST</div> <div>Oatmeal, Coffee Cake Scrambled Eggs Turkey Sausage Fruit, Hot or Cold Cereal</div> <div>LUNCH</div> <div>Tomato & Cucumber Salad Beef Stew & Rice Challah Marble Cake</div> <div>DINNER</div> <div>Rosemary Roasted Chicken Roasted Potatoes, Green Beans Strawberry Cake</div> </div>
<div> <div>BREAKFAST</div> <div>Oatmeal, Lox & Bagel, Fruit Hot or Cold Cereal</div> <div>LUNCH</div> <div>Tomato Basil Soup Ground Beef Pita Curly Fries, Israeli Salad Orange Cake</div> <div>DINNER</div> <div>Minestrone Soup Eggplant Casserole Capri Blend Vegetables Garlic Bread Peach Turnover</div> </div>	<div> <div>BREAKFAST</div> <div>Oatmeal, Waffles, Scrambled Eggs, Fruit, Hot or Cold Cereal</div> <div>LUNCH</div> <div>Tortilla Soup Cheese/Vegetable Quesadillas Refried Beans, Spanish Rice Churros</div> <div>DINNER</div> <div>Pinto Bean Soup Shepherd's Pie Honey Roasted Carrots Dinner Roll Chocolate Cake</div> </div>	<div> <div>BREAKFAST</div> <div>Oatmeal, Baked Muffin, Eggs Sausage, Fruit Hot or Cold Cereal</div> <div>LUNCH</div> <div>Cream of Carrot Tuna Stuffed Tomato Garden Salad Banana Cake</div> <div>DINNER</div> <div>Garbanzo Bean Soup Pasta Bolognese Mixed Vegetables, Garlic Bread Baked Cinnamon Apples</div> </div>	<div> <div>BREAKFAST</div> <div>Oatmeal, Blueberry Pancakes Scrambled Eggs, Fruit Hot or Cold Cereal</div> <div>LUNCH</div> <div>Egg Drop Soup Beef Chow Mein Oriental Vegetables Almond Cookies</div> <div>DINNER</div> <div>Squash Soup Grilled Tilapia Sautéed Green Beans Orzo Pasta</div> </div>	<div> <div>BREAKFAST</div> <div>Oatmeal, French Toast Scrambled Eggs, Sausage Fruit, Hot or Cold Cereal</div> <div>LUNCH</div> <div>Black Bean Soup Ground Beef Shell Tacos Spanish Rice, Refried Beans Bread Pudding</div> <div>DINNER</div> <div>Butternut Squash Soup Moroccan Paprika Fish Roasted Carrots, Couscous Sukkot Begins</div> </div>	<div> <div>BREAKFAST</div> <div>Oatmeal, Danish Vegetable Omelet Fruit, Hot or Cold Cereal</div> <div>LUNCH</div> <div>Fideo Soup Tuna & Egg Salad Platter Garden Salad, Pesto Pita Tapioca Pudding</div> <div>DINNER</div> <div>Matzo Ball Soup Salisbury Steak Mashed Potatoes Green Beans Almondine</div> </div>	<div> <div>BREAKFAST</div> <div>Oatmeal, Coffee Cake Scrambled Eggs Turkey Sausage Fruit, Hot or Cold Cereal</div> <div>LUNCH</div> <div>Stewed Chicken Fajitas Spanish Rice Corn & Avocado Salad Strawberry Cake</div> <div>DINNER</div> <div>Baked Tilapia Red Roasted Potatoes Green Beans Brownie</div> </div>
<div> <div>BREAKFAST</div> <div>Oatmeal, Lox & Bagel, Fruit Hot or Cold Cereal</div> <div>LUNCH</div> <div>Butternut Squash Soup Turkey Patty Melt Sweet Potato Fries, Pickle Spears Yellow Cake</div> <div>DINNER</div> <div>Split Pea Soup Beef & Vegetable Lasagna Roasted Broccoli, Garlic Bread Coffee Cake</div> </div>	<div> <div>BREAKFAST</div> <div>Oatmeal, Waffles Scrambled Eggs Fruit, Hot or Cold Cereal</div> <div>LUNCH</div> <div>Cream of Mushroom Cheese Pizza, Garden Salad Yogurt Parfait</div> <div>DINNER</div> <div>Kidney Bean Soup BBQ Meatloaf, Mashed Potatoes Carrots & Cauliflower Poached Pears</div> </div>	<div> <div>BREAKFAST</div> <div>Oatmeal, Baked Muffin, Eggs Sausage, Fruit Hot or Cold Cereal</div> <div>LUNCH</div> <div>Vegetable Soup Philly Cheesesteak Sandwich, Potato Salad Dill Pickle Spear Fresh Baked Cookies</div> <div>DINNER</div> <div>Roasted Carrot Soup Swedish Meatballs Garlic Butter Egg Noodles Green Beans Almondine, Cherry Pie</div> </div>	<div> <div>BREAKFAST</div> <div>Oatmeal, Blueberry Pancakes Scrambled Eggs, Fruit Hot or Cold Cereal</div> <div>LUNCH</div> <div>Zucchini Soup Italian Chopped Salad Zucchini Bread Angel Food Cake</div> <div>DINNER</div> <div>Lentil Soup BBQ Chicken Baked Beans Corn on the Cob</div> </div>	<div> <div>BREAKFAST</div> <div>Oatmeal, French Toast Scrambled Eggs, Sausage Fruit, Hot or Cold Cereal</div> <div>LUNCH</div> <div>Pinto Bean Soup Tuna Stuffed Tomato over Garden Salad Banana Cake</div> <div>DINNER</div> <div>Pumpkin Soup Spaghetti & Meatballs Steamed Broccoli, Garlic Bread Spooky Brownies Halloween</div> </div>		