

APRIL 2022

COMMUNITY NEWSLETTER

CITYVIEW

Where You Live Matters

BEACH DAY EXCURSION APRIL 21

*What a perfect place to
honor National Earth Day
than a morning at Venice
Beach!*

April 30
**ROOF-TOP
PARTIAL
SOLAR
ECLIPSE**
DON'T MISS THE
FIRST ONE OF
THE YEAR!

PASSOVER SEDER

April 15
SEDER
DINNER
AND A
READING
OF THE
HAGGADAH

EASTER CELEBRATION

*Join us for a traditional Easter Celebration on Sunday, April 17.
Let's decorate Easter Baskets, enjoy a scrumptious Easter Brunch,
and afterwards, take part in an exciting Easter Egg Hunt!*

RESIDENT SPOTLIGHT

WINNIE H.



Winnifred is a fun and bright spirited lady who makes a fashion statement wherever she goes. Winnie, as she is called, grew up in Illinois where she met her husband. They have 5 children. She enjoys art, specifically collages and she enjoys making decoupage out of magazine cuttings. She frequently joins activities that involve her passion.

RESIDENT HAPPY HOUR

Get to Know OUR RESIDENTS!

Learn more about our Resident of the Month,

Winnie H.

on FRIDAY, APRIL 8 at 3:00 PM



HAVE FUN AT THE



BEACH



CELEBRATING NATIONAL EARTH DAY!

THURSDAY, APRIL 21 at 10:30 am

Be sure to sign up for this excursion to Venice Beach with our Concierge.

RESIDENT BIRTHDAYS

There are no resident birthdays in the month of April.

HOLIDAY CELEBRATIONS

- 4/01 April Fool's Day
- 4//07 World Health Day
- 4/15 Passover
- 4/17 Easter
- 4/21 Passover / Good Friday
- 4/21 National Tea Day
- 4/22 Earth Day

RELIGIOUS SERVICES



Shabbat Services
Friday at 2:00 p.m.

Transportation & Concierge Information

In our communities, complete peace of mind is our priority. Enjoy the journey of senior living starting from the comfort of concierge transportation services.

Monday, Thursday, and Friday will have advertised outings and shopping trips. Sign-up for these in the lobby with our Concierge.

Tuesday and Wednesday are available for Medical Appointments. Please make your reservations with our Concierge at (323) 938-2131 today!

The Beautician IS IN

EVERY TUESDAY

PLEASE BOOK APPOINTMENTS THROUGH OUR CONCIERGE: (323) 938-2131

APRIL *Activities & Events*



TASTE OF THE WORLD Homemade Peach Cobbler

Wednesday, April 13 | 2:00 pm

In celebration of National Peach Cobbler Day, learn how people have “cobbled” together this tasty fruit dessert since the 19th century.

PASSOVER SEDER DINNER

Friday, April 15 | at sundown

You're invited to take part in a special Passover Seder dinner on the first night to celebrate the Israelites' liberation from slavery in Egypt.



EASTER CELEBRATION

Sunday, April 17 | 2:00 pm

Decorate lovely Easter baskets perfect for holding all the colorful eggs the Easter bunny has hidden! We'll also enjoy a traditional Easter brunch.



SOLAR ECLIPSE ON ROOFTOP 1st Partial Eclipse of the Year

Saturday, April 30 | 1:00 pm

Join us on the rooftop for this exciting partial solar eclipse due to begin at approximately 11:45 am and to end by about 3:40 pm.



RESIDENT COUNCIL MEETING

**Tuesday, April 19
11:00 a.m.**



“

To plant a garden is to believe in tomorrow.

~ Audrey Hepburn



Lady Thistledown's SOCIETY PAPERS

April 2022

EXTRAORDINARY PEOPLE, EXTRAORDINARY NEWS

As whispered last month, gossip in the dining room is that a bright ray of sunshine has arrived for very special supervisor. And did you know that babies born in March and April are more likely to become CEOs than those born in other months? C-Suite, here he comes!

Grab onto your grandchildren as there's a rumor going 'round that actual dinosaurs are roaming the streets of Montebello! Well, maybe they aren't exactly alive, but the LA rumor mill sure made it seem like they were! Apparently, “Dinos Alive” is like a virtual time machine that takes you back millions of years to the Jurassic era.



**EMPLOYEE OF
THE MONTH
IRENE
PM Receptionist**

Irene is our night-time receptionist at City View and she is a very hard worker! Irene is determined to learn more with every passing day. She greets everyone who comes into the building with her warm, bright smile! Irene makes sure that anyone entering our building forms an excellent first impression. Irene also helps to ensure the safety of our residents by checking in with every person who enters the building.

April 2022

Sunday

Monday

Tuesday

Wednesday



April 2022 MONTHLY MENU

<p>BREAKFAST 3 Oatmeal, Bagel Blast, Eggs Any Style, Choice of Meat & Fruit</p> <p>LUNCH Vegetable Soup, Breaded Chicken Tenderloin, Coleslaw, Pickle Spears, Fruit Parfait</p> <p>DINNER Corn Chowder Soup, Swedish Meatballs, California Blend Vegetables, Garden Rice, Marble Cake</p>	<p>BREAKFAST 4 Oatmeal, Waffles, Eggs Any Style, Meat and Fruit</p> <p>LUNCH Lentil Soup, Philly Cheesesteak Sandwich, French Fries, Marinated Beet Salad, Tapioca Pudding</p> <p>DINNER Mushroom & Barley Soup Spaghetti Meat Sauce Grilled Zucchini, Garlic Bread Lemon Bar</p>	<p>BREAKFAST 5 Oatmeal, Fresh Baked Muffin, Eggs Any Style, Meat and Fruit</p> <p>LUNCH Vegetable Soup Shrimp Po Boy, Coleslaw, Sweet Potato Puffs, Churros</p> <p>DINNER Carrot Ginger Soup, Corn Breaded Catfish Etouffee, Sweet Baked Potato, Cream puffs</p>	<p>BREAKFAST Oatmeal, Blueberry Style, Meat and Fruit</p> <p>LUNCH Tortilla Chicken Tostada Refried Beans, Guacamole</p> <p>DINNER Tomato Vegetable Lasagna Garlic Bread,</p>
<p>BREAKFAST 10 Oatmeal, Bagel Blast, Eggs Any Style, Choice of Meat & Fruit</p> <p>LUNCH Tomato Bisque, Vegetable Frittata, Garden Salad, Zucchini Bread, Banana Bread</p> <p>DINNER Butternut Squash Soup, Braised Beef Brisket, Mashed Potatoes, Steamed Vegetables, Fruit Cobbler</p> <p>Palm Sunday</p>	<p>BREAKFAST 11 Oatmeal, Waffles, Eggs Any Style, Meat and Fruit</p> <p>LUNCH Split Pea Soup, BLT Sandwich, Cucumber Tomato & Avocado Salad, Potato Chips, Banana Mousse</p> <p>DINNER Zucchini Cilantro Soup, Roast Chicken with Potatoes, Grilled Asparagus, Carrot Cake</p>	<p>BREAKFAST 12 Oatmeal, Banana Muffin, Eggs Any Style, Meat and Fruit</p> <p>LUNCH Lentil Soup, Cheese or Pepperoni Pizza, Caesar Salad, Fresh Sliced Fruit, Chef's Dessert</p> <p>DINNER Potato Leek Soup Beef Stroganoff, Buttered Egg Noodles, Roasted Carrots, Pecan Pie</p>	<p>BREAKFAST Oatmeal, Blueberry Eggs Any Style, Meat and Fruit</p> <p>LUNCH White Bean Soup French Fries, Marinated Salad, Apple Pie</p> <p>DINNER Chicken Fajitas Cheese Ravioli, Mixed Bread, Coconut</p>
<p>BREAKFAST 17 Oatmeal, Bagel Blast Eggs Any Style, Choice of Meat & Fruit</p> <p>LUNCH Chicken Noodle Soup Vegetable Quiche, Pasta Salad, Seasonal Fruit, Peaches & Cream</p> <p>DINNER Minestrone Soup Pork Chops in Mushroom Gravy, Sautéed Green Beans, Mashed Potato, Cinnamon Baked Apple</p> <p>Easter Sunday</p>	<p>BREAKFAST 18 Oatmeal, Waffles, Eggs Any Style, Meat and Fruit</p> <p>LUNCH Split Pea Soup, Beef Fajitas, Spanish Rice, Refried Beans, Rice Pudding</p> <p>DINNER Cream of Mushroom Soup BBQ Chicken, Baked Beans, Corn on the Cobb, Pineapple Upside- Down Cake</p>	<p>BREAKFAST 19 Oatmeal, Fresh Baked Muffin, Eggs Any Style, Meat and Fruit</p> <p>LUNCH Zucchini Cilantro Soup, Hawaiian Meatballs, Steamed Rice, Mixed Vegetables, Bananas Foster</p> <p>DINNER Garbanzo Soup, Beef Stew Mashed Potato, Steamed Broccoli, Dinner Roll, Banana Marble Cake</p>	<p>BREAKFAST Oatmeal, Blueberry Eggs Any Style, Meat and Fruit</p> <p>LUNCH Celery & Carrot Smoked Salmon Garden Salad</p> <p>DINNER Cream of Cauliflower Chicken Pot Pie, Sprouts, Rosemary</p>
<p>BREAKFAST 24 Oatmeal, Bagel Blast, Eggs Any Style, Choice of Meat & Fruit</p> <p>LUNCH Tomato Basil Soup, Blueberry Blintz, Waldorf Salad, Orange Wedges, Chocolate Pudding</p> <p>DINNER Braised Beef Brisket with Lyonnaise Potatoes, Oven Roasted Squash, Tres Leches Cake</p>	<p>BREAKFAST 25 Oatmeal, Waffles, Eggs Any Style</p> <p>LUNCH White Bean Soup Fish Tacos w/ Aioli Sauce, Spanish Rice, Refried Beans, Guacamole, Churros</p> <p>DINNER Butternut Squash Soup Roast Chicken, Honey Glazed Carrots, Wild Rice, Lemon Cake</p>	<p>BREAKFAST 26 Oatmeal, Muffin, Eggs Any Style, Meat and Fruit</p> <p>LUNCH Lentil Soup, Tuna Salad Pita Pocket Marinated Beet Salad, Fresh Melon Slices, Fruit Parfait</p> <p>DINNER Minestrone Soup, Crusted Parmesan Fish, Cranberry Rice, Blistered Cherry Tomatoes Pecan Pie</p>	<p>BREAKFAST Oatmeal, Blueberry Eggs Any Style, Meat and Fruit</p> <p>LUNCH Cream of Broccoli Soup Cakes, Broccoli & Carrot Lemon</p> <p>DINNER Italian Wedding Soup, Rolls, Steamed Rice, Sweet Potato</p>

City View Dining Hours | Breakfast from 8:00am to 9:30am | Lunch from 12:00pm to 1:30pm | Dinner from 5:00pm to 9:00pm

Wednesday

Thursday

Friday

Saturday



BREAKFAST 6
 Pancakes, Eggs Any Style, Meat and Fruit
LUNCH
 Chicken Noodle Soup, Potato Salad, Spanish Rice, Guacamole, Flan
DINNER
 Cream of Mushroom Soup, Grilled Ham Steak, Steamed Broccoli, Mashed potatoes, Chocolate Cake

BREAKFAST 7
 Oatmeal, French Toast, Eggs Any Style, Meat and Fruit
LUNCH
 Chicken Noodle Soup, Sweet&Sour Chicken, Steamed White Rice, Green Beans, Strawberry Shortcake
DINNER
 Cream of Mushroom Soup, Grilled Ham Steak, Steamed Broccoli, Mashed potatoes, Chocolate Cake

BREAKFAST 1
 Oatmeal, Assorted Danish, Eggs Any Style, Meat and Fruit
LUNCH
 Matzo Ball Soup, Smoked Salmon Pasta, Rosemary Bread, Vanilla Pudding
DINNER
 French Onion Soup, Shrimp Alfredo Pasta, Steamed Broccoli, Dinner Roll, Peach Pie
 All Fools' Day

BREAKFAST 2
 Oatmeal, Coffee Cake, Eggs Any Style, Meat and Fruit
LUNCH
 White Bean Soup, Grilled Ham & Cheese Sourdough, Three Bean Salad, Watermelon Carrot Cake
DINNER
 Cream of Broccoli, Lemon Garlic Butter Baked Fish, Vegetable Ratatouille, Dinner Roll, Pineapple Upside-Down Cake

BREAKFAST 13
 Berry Pancakes, Eggs Any Style, Meat and Fruit
LUNCH
 Veggie Burgers, Grilled Tomato & Onion Turnover
DINNER
 Rice Soup, Grilled Vegetables, Garlic Mashed Potato Cream Pie

BREAKFAST 14
 Oatmeal, French Toast, Eggs Any Style, Meat and Fruit
LUNCH
 Cream of Broccoli Soup, Turkey Club Sandwich, Coleslaw, Potato Chips, Triple Decker Brownie
DINNER
 Mushroom & Barley Soup, Lemon Chicken Piccata with Pasta, Steamed Broccoli, Dinner Roll, Apple Pie

BREAKFAST 15
 Oatmeal, Assorted Danish, Eggs Any Style, Meat and Fruit
LUNCH
 Matzo Ball Soup, Pasta Primavera, Garlic Bread, Chocolate Pudding
DINNER
 French Onion Soup, Chicken Cacciatore over a Bed of Polenta, Grilled Eggplant, Orange Mousse
 Passover Begins

BREAKFAST 16
 Oatmeal, Coffee Cake, Eggs Any Style, Choice of Meat and Fruit
LUNCH
 Butternut Squash Soup, Reuben Sandwich, Potato Salad, Watermelon, Strawberry Shortcake
DINNER
 Tomato Bisque, Shrimp Scampi, Steamed Broccoli, Garlic Bread Baked Pudding

BREAKFAST 20
 Berry Pancakes, Eggs Any Style, Meat and Fruit
LUNCH
 Potato Soup, Grilled Tomato & Onion Turnover, Tiramisu Cake
DINNER
 Cauliflower Soup, Grilled Brussels Sprouts, Roasted Brussel Sprouts, Fruit Cobbler

BREAKFAST 21
 Oatmeal, French Toast, Eggs Any Style, Meat and Fruit
LUNCH
 Cream of Spinach Soup, Egg Salad Croissant, Onion Rings, Watermelons Slices, Banana Bread
DINNER
 Vegetable Soup, Corned Beef and Cabbage, Boiled Potatoes, Carrots, Peach Cake

BREAKFAST 22
 Oatmeal, Assorted Danish, Eggs Any Style, Meat and Fruit
LUNCH
 Matzo Ball Soup, Tuna Melt, Onion Rings, Marinated Tomato & Cucumber Salad, Boston Cream Pie
DINNER
 Tomato Soup, Shepherd's Pie, Roasted Brussel Sprouts, Glazed Carrots, Chef's Dessert
 Earth Day

BREAKFAST 23
 Oatmeal, Coffee Cake, Eggs Any Style, Choice of Meat and Fruit
LUNCH
 Vegetable Soup, Grilled Salmon California Cobb Salad, Zucchini Bread, Orange Cake
DINNER
 Zucchini Cilantro Soup, Country Fried Steak, Mashed Potatoes, Steamed Broccoli, Vanilla Chocolate Éclair

BREAKFAST 27
 Berry Pancakes, Eggs Any Style, Meat and Fruit
LUNCH
 Chicken Noodle Soup, Oven Baked Crab, Potato Salad, Fresh Fruit, Jelly-O
DINNER
 Beef Stuffed Cabbage, Grilled Vegetables, Potato Cake

BREAKFAST 28
 Oatmeal, French Toast, Eggs Any Style, Meat and Fruit
LUNCH
 Chicken Noodle Soup, Trio Salad Plate (Egg, Tuna, Chicken) On a Bed of Mixed Greens, Hawaiian Roll, Banana Mousse
DINNER
 Butternut Squash Soup, Chicken Marsala, Mashed Potatoes, Yellow Squash, Peach Turnover

BREAKFAST 29
 Oatmeal, Assorted Danish, Eggs Any Style, Meat, Fruit
LUNCH
 Matzo Ball Soup, Turkey Melt, Potato Chips, Sliced Fruit, Cream Puffs
DINNER
 Cream of Asparagus Soup, Beef Stew, Roasted Red Potato, Corn and Peas, Lemon Bars
 Arbor Day

BREAKFAST 30
 Oatmeal, Coffee Cake, Eggs Any Style, Meat, Fruit
LUNCH
 Chicken Rice Soup, Cheese or Pepperoni Pizza, Salad, Ice Cream Sunday
DINNER
 Minestrone Soup, Chicken Pasta Alfredo, Garlic Bread, Steamed Broccoli, Tiramisu

11:00am to 6:30pm | All Menu Items are Subject to Change.

You are invited to attend our

Easter

CELEBRATION

NOSTALGIC
CELTIC THRONE
MEMORIES

Corner



Easter Basket
Decorating, Brunch
& Egg Hunt
Sunday,
April 17, 2022
2:00 pm

Begin your special Easter celebration painting eggs and decorating baskets. Then on Easter, enjoy a scrumptious traditional Easter brunch, followed by a hoppin' fun Easter Egg Hunt to discover just where all those beautiful eggs have been hidden!

Please RSVP to our concierge at (323) 938-2131.





**FRIDAY
APRIL 15**

**AT
SUNDOWN**

Passover Seder Celebration

Join us for our special festive holiday meal as it takes us through the story of slavery to freedom. This Pesach Seder celebrates the Israelites' liberation from slavery in Egypt.



Reminiscence THERAPY

Reminiscence therapy is all about finding meaning in our memories. This is often done by using tangible prompts such as photographs, music, smell, taste, and tactile objects to evoke memories and stimulate conversations. First introduced in the late 1970s, this type of therapy has been found to stimulate the mind and improve one's general well-being. Many people are better able to recall things from their more distant past, and reminiscence therapy is a reaffirming way of helping people regain some mastery over their lost memories. Our SOUL residents can benefit from these sessions, which we feature every month. Below is a listing of dates for our April sessions.

Fridays, April 1, 15, 29

Nostalgic Photos

Saturdays, April 9, 23

Relaxation & Reminiscence Therapy

Taste of the World

PEACH COBBLER

**WEDNESDAY
APRIL 13
2:00 pm**

**JOIN CHEF KEVIN FOR A DEMO
AND TASTING OF THIS DELICIOUS
HOMEMADE ENGLISH AMERICAN
DESSERT!**



EASTER

CROSSWORD

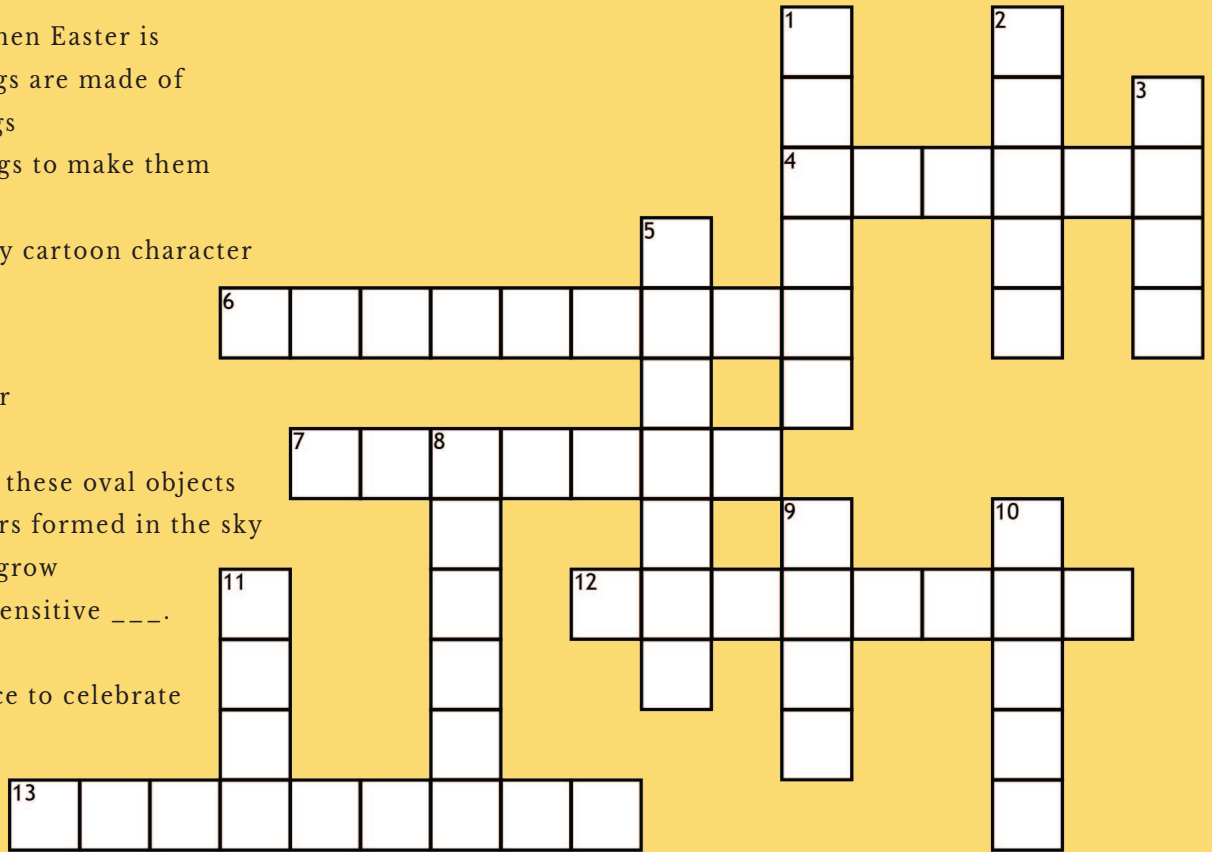
ACROSS

- 4 Time of year when Easter is
- 6 What Easter eggs are made of
- 7 Looking for eggs
- 12 We decorate eggs to make them

- 13 Animated bunny cartoon character
in Loony Tunes

DOWN

- 1 Easter container
- 2 A young bird
- 3 You see a lot of these oval objects
- 5 An arch of colors formed in the sky
- 8 Where flowers grow
- 9 A bunny has a sensitive ____.
- 10 Easter animal
- 11 Religious service to celebrate
Easter



*Crossword answers will be available at the concierge on the 15th of the month.

Check out community photos on our social media.



REACH OUT TO OUR
FAMILY SPECIALIST

Tea Risley
TO ARRANGE FOR A
LUNCH TOUR TODAY!
(323) 938-2131

MEET OUR TEAM

Anita Csukardi	Executive Director
Shirley Rendon	Wellness Director
Tea Risley	Family Specialist
Vanita Harris	Business Office Manager
Flor Rodas	Dining Room Director
Amy Hernandez	Memory Care Activity Director
Rolando Marín	Environmental Services Director

OUR SERVICE PLEDGE

We understand that we are responsible for the delivery of excellent Resident service. We represent our company, our communities, and myself. At each "service moment" we will initiate a warm and friendly greeting; treat residents with care and understanding and communicate clearly. We will do our part to implement the essentials of service excellence.

515 North La Brea Avenue, Los Angeles CA 90036 / (323) 938-2131 / license: 198603220

www.cityview.care