

Activities & Events



Holiday Sugar Cookie Cutting & Decorating

Friday, 12/01

Start this holiday month of December out right by celebrating National Cookie Cutter Day with us. Cut, cook, decorate and eat cookies at this delicious holiday tradition!



Sweet Treat Kitchen

*Wednesday, 12/06 @ 20
at 10:30 am*

Our holiday sweet treat kitchen brings us a chocolate dreidel and gingerbread men on these delightful afternoons!



Hanukkah Crafts

*12/07 at 1:00 pm @
12/13 at 10:00 am*

Celebrate the Festival of lights with our dreidel painting and door wreath crafts.

CITYVIEW

Where You Live Matters



Christmas Day Celebration

Monday, December 25 at 12:00 pm

*Join us as we celebrate Christmas with a traditional holiday lunch,
and a lovely piano performance with Ronnie Jayne!*

RESIDENT SPOTLIGHT

OLLIE T.



*Life is
BETTER
...WHEN YOU...
dance*

Ollie was born in the “Sooner State” of Oklahoma and moved to California in 1953. She had two daughters, but unfortunately, one has passed away. What Ollie loves most about living here at CityView is how friendly and welcoming both the staff and the residents are to everyone. One of Ollie’s favorite things to do is dance! So when you see this light on her feet lovely lady around, don’t forget to ask her for a dance!

Shopping

Excursions

Fridays at 10:00 am

12/01 5 Below

12/08 99¢ Store

12/15 Dollar Tree

12/22 Walmart

12/29 TJ Maxx



**Celebrate Your Birthday with us at our
Resident Birthday Events**

Wednesday, 12/13 (Assisted Living)
Luncheon at 12:00 pm

Thursday, 12/21 (SOUL)
Party at 2:00 pm

RESIDENT BIRTHDAYS

Carol M.	12/02
Charles B.	12/06
Gail M.	12/11
Noel T.	12/20
Winnie H.	12/30
Nikolai O.	12/31

HOLIDAY CELEBRATIONS

12/01	National Cookie Cutter Day
12/04	Cookie Day
12/07	Hanukkah begins at sunset
12/14	Ugly Sweater Day
12/25	Christmas Day
12/31	New Year’s Eve

RESIDENT COUNCIL MEETING

Thursday, December 7 at 2:00 pm

RELIGIOUS SERVICES

Holy Communion: Weds. at 2:00 pm
Shabbat Services: Fri. at 2:00 p.m.
Virtual Sunday Mass: 10:00 am

Transportation & Concierge Info

We offer transportation on Mondays through Fridays for scheduled appointments, scheduled outings and shopping events. There will be a weekly sign up sheet in the lobby with the Concierge.

The Beautician

Every Wednesday

Please book
appointments through
our Concierge:

(323) 938-2131



**EMPLOYEE
OF THE
MONTH**

**CARLOS H.
Cook**

Carlos is one of our wonderful cooks here at CityView. He was born and raised right here in sunny Southern California in Los Angeles. In his free time, Carlos enjoys shooting hoops with his friends. What Carlos likes most about CityView are the important relationships he has built with each of our residents. Thank you, Carlos, for always being there for our residents, and for helping our kitchen to run so smoothly! You’re a great asset to our CityView team!

Making Great Memories!



December SOUL MONTHLY EVENTS

Holiday Tournaments

SUNDAYS, 12/10, 17, 24 & 31 | 3:00 PM

If you enjoy social games like Charades, Mix & Match, Hangman, and Bowling, then you'll want to join in on these entertaining Sunday Holiday Tournament games!



Two Tasty Chef Demos!

CRUMBLE APPLE & DATE PIE

HOLIDAY RICE KRISPY TREATS

FRIDAY, 12/22 & 29 | 2:00 PM

The Chef will show us how to make a delicious Apple and Date Pie, as well as a holiday favorite for many - scrumptious Rice Krispy Treats!



SOUL Xmas Celebration

MONDAY, 12/25 | 10:30 AM - 2:00 PM

SOUL residents will enjoy a Nutcracker-themed Zumba class, the a Secret Santa Gift Exchange, topped off with a visit from the Afternoon Hydration Cart featuring Egg Nog!



New Resident Happy Hour

WEDNESDAY, 12/27 | 1:00 PM

Residents are invited to this special Happy Hour social celebration where we will welcome our newest residents to our community. Enjoy snacks and drinks.



SOUL Adventures!

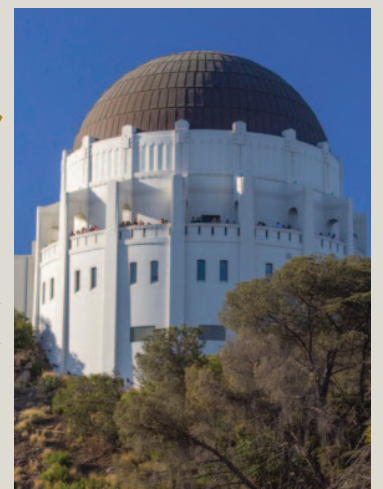
THURSDAYS AT 2:00 PM

12/07: NEIGHBORHOOD LIBRARY

12/14: GRIFFITH OBSERVATORY

12/28: NEIGHBORHOOD

PARK OUTING



SOUL residents can look forward to some very entertaining day trips throughout the month of December! So grab your Winter coats and mittens, and let's go!

Don't miss out on these Assisted Living

Outings on Thursdays



Thursday, 12/07
at 10:30 am
City Wok



Thursday, 12/14
at 10:30 am
Target



Thursday, 12/21
at 2:30 pm
La Brea Tar Pit



Thursday, 12/28
at 10:00 am
In-N-Out Burger

Check out community photos on our social media.



REACH OUT TO OUR
FAMILY SPECIALIST

Dawna Butala
TO ARRANGE FOR A
TOUR TODAY!
(323) 938-2131

OUR SERVICE PLEDGE

We understand that we are responsible for the delivery of excellent Resident service. We represent our company, our communities, and ourselves. At each "service moment", we will initiate a warm and friendly greeting, treat residents with care and understanding, and communicate clearly. We will do our part to implement the essentials of service excellence.

MEET OUR TEAM

Mendy Ginsburg
Marcia McKay
Dawna Butala
Amelia Hernandez
Vanita Harris
Flor Rodas
Amy Hernandez
Alicia Straker
Julie Castro
Rolando Marín
Malou, Irene, April
Manny Tobias

Executive Director
Wellness Director
Family Specialist
Move-In Specialist
Business Office Manager
Culinary Director
Active Living Director
SOUL Specialist
AL Specialist
Environmental Services Director
Concierge
Transportation



Setting & Keeping

New Year's Resolutions

Many of the goals we set every year are great goals, but we rarely ever stick to them. So why not try making your New Year's Resolutions ones that you really can keep? Below are a few resolutions that you likely find easier to stick to.

1. Focus on your passions, the things you enjoy.
2. Exercise to feel good, not to be thinner.
3. Don't gossip - spread positivity.
4. Compliment others.
5. Do random acts of kindness.
6. Read a book.
7. Go somewhere that you've never been.
8. Clear out the clutter... something once a day or week.
9. Reduce your waste.
10. Think of something you're grateful for before you sleep.
11. Don't buy things you don't need.
12. Take the stairs.
13. Let go of grudges.
14. Stay in touch with those who matter.
15. Start a new hobby.