

FEBRUARY 2023

COMMUNITY NEWSLETTER

# CITYVIEW

FRIDAYS  
ART FOR  
THE HEART  
*SOUL paints with  
all their hearts!*

*Where You Live Matters*

SUPER BOWL  
SUNDAY LVII  
PARTY  
2/12

*Watch the game  
with the gang*

A FOCUS ON  
FASHION & FILM ICON  
AUDREY HEPBURN  
*Throughout February*

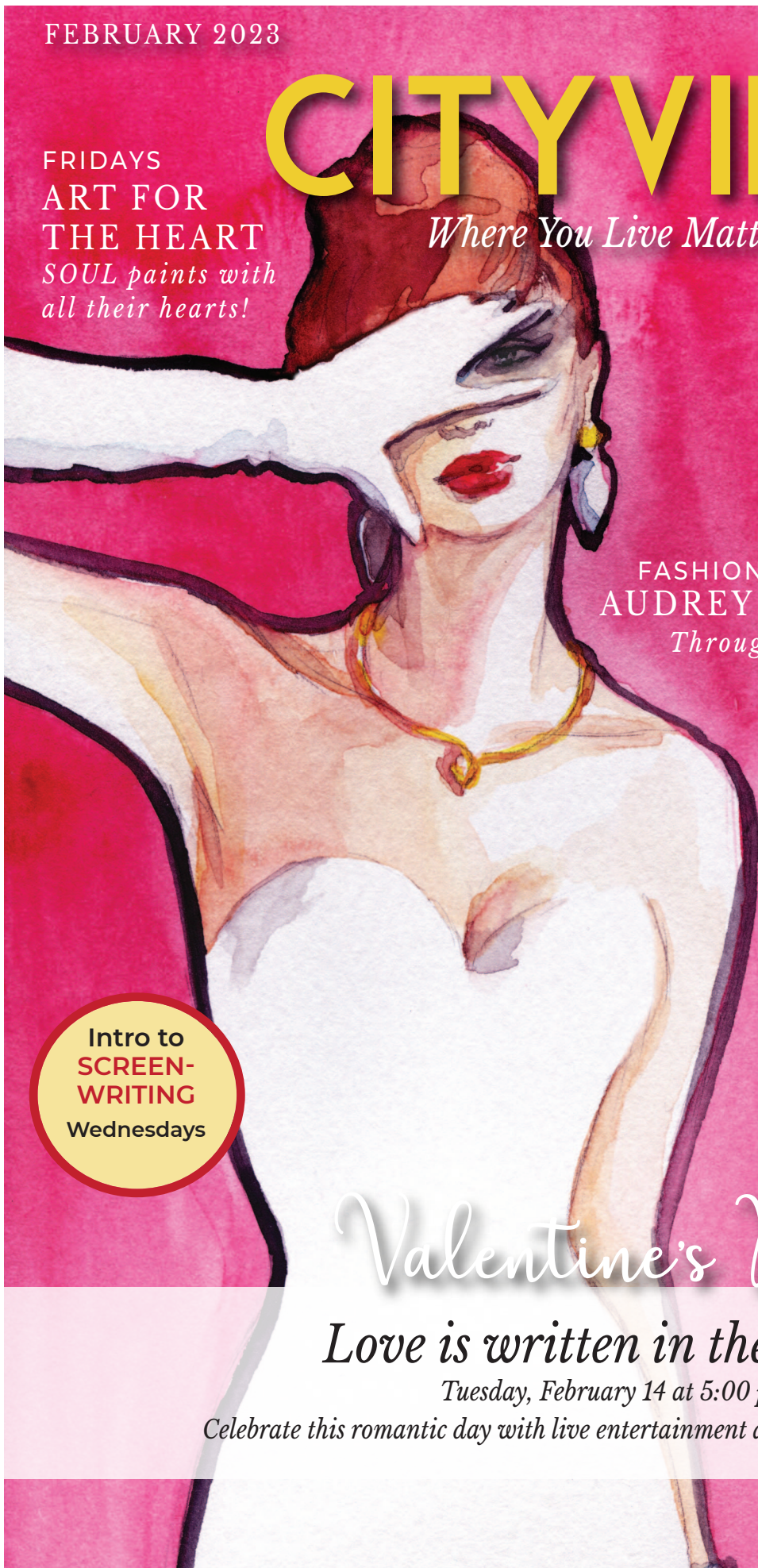
Thursdays  
APPRECIATING  
BLACK MUSIC  
CONTRIBUTIONS

Intro to  
SCREEN-  
WRITING  
Wednesdays

Valentine's Day  
*Love is written in the Stars!*

*Tuesday, February 14 at 5:00 pm*

*Celebrate this romantic day with live entertainment and delicious sweet treats!*





## RESIDENT SPOTLIGHT MAE T.



Born in New York, Mae moved to LA in 1974 when her husband passed. She has 2 daughters, 2 grandchildren and 3 great grandchildren. Mae was a SAG member in Motion Picture Industry. Her hobbies are doing puzzles, jewelry, crafting and crocheting. What Mae likes most about living here is the atmosphere and being around the friendly staff and residents. Mae "believes in setting goals and never giving up!" City View is delighted to have Mae along with her contagious smile living here!

## RESIDENT HAPPY HOUR

Get to Know your fellow residents  
including Mae T.  
MONDAY IN FEBRUARY 13  
AT 3:00 PM  
ENJOY LIVE ENTERTAINMENT!

Celebrate all of our  
February Birthdays!

*Birthday Party Lunch*

MONDAY, FEBRUARY 27 AT 12:00 PM

RESIDENTS WITH FEBRUARY BIRTHDAYS  
ARE INVITED TO BRING ONE GUEST



### RESIDENT BIRTHDAYS

2/12	Queen Ester R.
2/20	Juanita A.
2/21	Geneva C.
2/23	Thomas S.
2/26	Eloise K.

### HOLIDAY CELEBRATIONS

2/03	American Painters Day
2/09	National Bagel Day
2/12	Superbowl LVII
2/13	Galentine's Day
2/14	Valentine's Day
2/15	Susan B. Anthony Day
2/20	National Cherry Pie Day & President's Day
2/21	Mardi Gras
2/24	National Tortilla Chip Day

### RELIGIOUS SERVICES

Shabbat Blessings: Fri. at 2:00 p.m.  
Prayer Group: Sat. at 2:00 p.m.  
Stream Sunday Morning Mass:  
Sundays at 11:00 am  
*Vincent plays organ at Mass!*

## Transportation & Concierge Information

Complete peace of mind is our priority in all our communities. Enjoy the journey of senior living starting from the comfort of concierge transportation services.

We offer transportation on Tuesdays and Wednesdays for scheduled appointments. On Thursdays, transportation is provided for scheduled outings and shopping events. There will be a weekly sign up sheet in the lobby with the Concierge.

*The Beautician*  
IS IN

EVERY  
WEDNESDAY

PLEASE BOOK  
APPOINTMENTS THROUGH  
OUR CONCIERGE:  
(323) 938-2131

# February Activities & Events



## BEADED JEWELRY CREATIONS W/ JUNIPER

Every Tuesday | 10:00 am

This month, join Juniper every Tuesday as she helps us to design and craft our very own lovely jewelry pieces.

## BAGEL TASTING

Thursday, February 9 | 11:00 am

Celebrate the upcoming National Bagel Day and discover its rich history stemming all the way back to the Jewish families of Poland. Savor a bagel and lox treat of these NYC icons!



## CHEF CREATIONS Holiday Inspirations

Monday, 2/06, 13, 20 | 3:00 pm

Your Chef will prepare (with your help!) Valentines-themed delicacies like Lovebird and Patriot Cookies and Valentine's Parfaits.



## INTRO TO SCREENWRITING

Every Wednesday | 3:00 pm

From Faulkner to Tarantino, explore the art of screenwriting with Genevieve. Learn how to put your creative movie idea to paper!



## RESIDENT COUNCIL MEETING

Monday, February 6 at 11:00 am



“

Nothing is impossible,  
the word itself says  
“I’m possible!”

~ Audrey Hepburn



## Lady Thistledown's SOCIETY PAPERS

February 2023

EXTRAORDINARY PEOPLE, EXTRAORDINARY NEWS

There's a strong rumor that former heavyweight Hollywood Honcho Tom Sarnoff resides quietly here away from the media limelight. This behind-the-scenes Macher Mogul has had his hand in so much of what you've seen and heard on television over the years that I'm sure you'd be familiar with his work.

Suffice it to say that after this multi-talented mensch had attended both Princeton and Stanford, he went on to become a blue blood of television aristocracy. The kosher kingpin says that the highlight of his career was working at NBC. One accolade of note (*among many!*) that media mavens may find of interest is that Tom was the recipient of the prestigious Television Academy's Syd Cassyd Founder's Award.

*What a career... what a life!*



## EMPLOYEE OF THE MONTH MARGARIT P. Caregiver

Margarit has been at CityView since June 2022. She was born in Armenia and moved to Los Angeles in 1992. One of her favorite hobbies is swimming. She also enjoys driving for long hours. She loves working at CityView because her passion is helping our residents. Residents and staff love having Margarit at CityView because she is so sweet and caring.



## February AL Monthly Outings



### In-N-Out Burger

**MONDAY, 2/06 AT 10:00 AM**

Bite into Southern California's favorite burger and you'll be transported to Hamburger Heaven! In-N-Out is rated the top fast food chain in California!



### Fish Grill Restaurant

**MONDAY, 2/20 AT 10:00 AM**

If you like fish, then you'll want to join us at this neighborhood restaurant that features the most delicious fresh-caught fish served boatside to tableside every day.

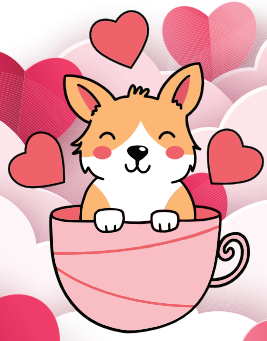


### GALENTINE'S DAY

### Tea Party

**MONDAY, 2/13 AT 1:00 PM**

Galentine's Day means  
Time for Tea with Friends!



## Appreciating

### BLACK MUSIC CONTRIBUTIONS

Thursdays at 2:00 pm

### Arétha Franklin - 2/02

The Queen of Soul has twice placed ninth in the *Rolling Stone's* 100 Greatest Artists of All Time, and in 2023, she placed in there as number one. As a child, Franklin was noticed for her gospel singing at New Bethel Baptist Church in Detroit, Michigan where her father was a minister. Moving from gospel to soul, Franklin won 18 Grammy Awards (from 44 nominations) and a Grammy Awards Living Legend and Lifetime Achievement Award.

### Al Gréen - 2/09

Influenced most by the hip-shaking boys Wilson Pickett and Elvis Presley, Al Green was an American singer, songwriter, pastor and record producer, and is best known for his soul hit singles in the early 1970s. He is the winner of 11 Grammys, including the Grammy Life Achievement Award.

### Billie Holiday - 2/16

Nicknamed "Lady Day", Billy Holiday was an American jazz and swing music singer. She began singing in nightclubs in Harlem, after which she signed recording contract with Brunswick, then with Columbia and Decca. After a short stint in prison, Holiday performed to a sold-out concert at Carnegie Hall. She won four Grammys, but all were awarded posthumously, for Best Historical Album. Inducted into the Rock & Roll Hall of Fame, their website states, "Billie Holiday changed jazz forever."

### Ray Charles - 2/23

American singer, songwriter and pianist Ray Charles pioneered the soul music genre during the 1950s combining blues, jazz, rhythm and blues, and gospel styles into the music he made. Charles cited Nat King Cole as a primary influence, and Frank Sinatra called Charles "the only true genius in show business."





## February SOUL Activities

### Celebrate Black History Month

WEDNESDAY, 2/01, 15 AT 2:00 PM

SUNDAY, 2/27 AT 1:00 PM

February celebrates Black History and in tribute to African American, we'll discuss famous Black artists, scientists and inventors who have made their contributions to our nation.



### Aromatherapy Meditation & Spa Treatments

EVERY WEDNESDAY AT 3:00 PM

Take in the beautiful scent of essential oils while you relax and enjoy spa treatments such as a hand and arm massage and manicure.



### Bingo Wednesdays

EVERY WEDNESDAY | 1:00 PM

This fast-paced game is always a hit with our residents who love the thrill of the Bingo Calls and the opportunity to socialize with their friends and fellow residents.



### Songwriting Like the Stars

SUNDAYS AT 10:30 AM

Every Sunday morning, we'll explore the writing styles of songs sung by various renown singers such as Frank Sinatra, Patti Page, Doris Day and Elvis Presley.



### Outing Adventures

THURSDAYS | 10:30 am

This month, let's take a tour and travel around Los Angeles on a scenic drive of Hollywood, or Pacific Coast Highway, or enjoy a picnic lunch and walk at one of our nearby parks.



### Saturday Afternoon Beverage Bar

EVERY SATURDAY | 2:30 pm

Pour yourself some Saturday afternoon bounce with a delicious tea or coffee and hang out with your fellow residents.





# Super Bowl LVII Party

FEBRUARY 12

KICK OFF

AT 3:30 PM

APPETIZERS • DRINKS



## A Focus On Audrey Hepburn



### Film & Fashion Icon

**B**orn Audrey Kathleen Ruston in 1929 in Brussels, Belgium to a Dutch noblewoman, Baroness Ella van Heemstra and British Joseph Victor Anthony Ruston who had been born in Austria-Hungary. She lived through WWII in Arnhem, Netherlands while on summer vacation with her mother there, which fell under Nazi occupation. During this time, Audrey raised money giving it to the Dutch Resistance with underground silent dance performances, but also suffered from depression and malnutrition. At the end of the war, she was gravely ill with jaundice, anemia, oedema and a respiratory infection. After the liberation, she went to ballet school, then moved on to modeling and film. She worked on Broadway, cast in the title role for *Gigi* from 1951 to 1953, after which she was given her first starring film role in *Roman Holiday* (1953) gaining her instant fame in the United States. She was also given a Best Actress Academy Award for her performance in the film. Over her career, she was nominated for three additional Academy Awards. In 1988, Hepburn became a special ambassador to the United Nations UNICEF fund to help children in Latin America and Africa. *People* magazine named her one of the 50 most beautiful people in the world, and *Empire* magazine named her one of "The Top 100 Movie Stars of All Time".

### Audrey Hepburn February Film Festival

*The Good Nurse*

Friday, 2/03 at 6:30 pm

*My Fair Lady*

Tuesday, 2/07 at 6:30 pm

*Roman Holiday*

Tuesday, 2/21 at 6:30 pm

*Breakfast at Tiffany's*

Tuesday, 2/28 at 6:30 pm

## Art for the Heart SOUL ARTS & CRAFTS

Fridays at 10:30 am

### Shades of Primary Colors

Starting with the simple colors of Red, Yellow and Blue, there are an entire range of colors to see when you mix them with white.

Let's get to painting!

### Colors of Emotion

Time to color what you feel!

### Kandinsky Shapes & Lines

Put your own abstract together using shapes like circles, triangles, and squares using inspiration from the famous Russian artist Kandinsky. These shapes can also be used to reflect what you might be feeling.

### Portrait Sketches

Get your pencils out because we're going to sketch a portrait of an image.



# CRAFT

c o r n e r

## AMERICAN PAINTERS DAY FRIDAY 2/03 AT 11:00 AM

Celebrate the American Painter in you by painting a lovely creation of your own!



## TU' BI SHVAT INSPIRED ART SUNDAY, 2/05 AT 3:00 PM

Celebrate the Jewish version of Arbor Day (also called the New Year of the Trees) using acrylics to paint a lovely tree.



## MARDI GRAS WATERCOLOR SERIES TUESDAY, 2/21 AT 2:00 PM

A watercolor salute to Fat Tuesday, or Mardi Gras, show us what you can do to commemorate this colorful and ebullient occasion!



## NATURE WATERCOLOR SERIES TUESDAY, 2/28 AT 2:00 PM

This is your chance to capture our beautiful nature as you see it in a tribute through watercolor.



## Mardi Gras Carnival

with Live Entertainment!

Tuesday, 2/21  
2:00 pm

Let the good times roll  
as you celebrate Fat Tuesday with us!  
The French Quarter may have  
a lot of Jazz, but our Mardi Gras Party  
will be full of Pizzazz!

*Laissez les bons temps rouler!*



*Monday*  
**TED Talks**

*Monday afternoons at 2:00 pm*

TED Talks are aptly described discussions that began with covering the topics represented by the acronym TED (Technology, Entertainment and Design), and today covers almost every topic from science to global issues.

- 2/06 *The Surprising Science of Happiness*  
by Psychologist Dan Gilbert
- 2/13 *The Brain in Love*  
by Anthropologist Helen Fisher
- 2/20 *Lessons from Past Presidents*  
by Historian Doris Kearns Goodwin
- 2/27 *How Great Leaders Inspire Action*  
by leadership expert Simon Sinek

On every other Wednesday (2/08, 22), news buffs can join us for **Current Events with Joel** at 2:00 pm



# VALENTINES DAY

## CROSSWORD

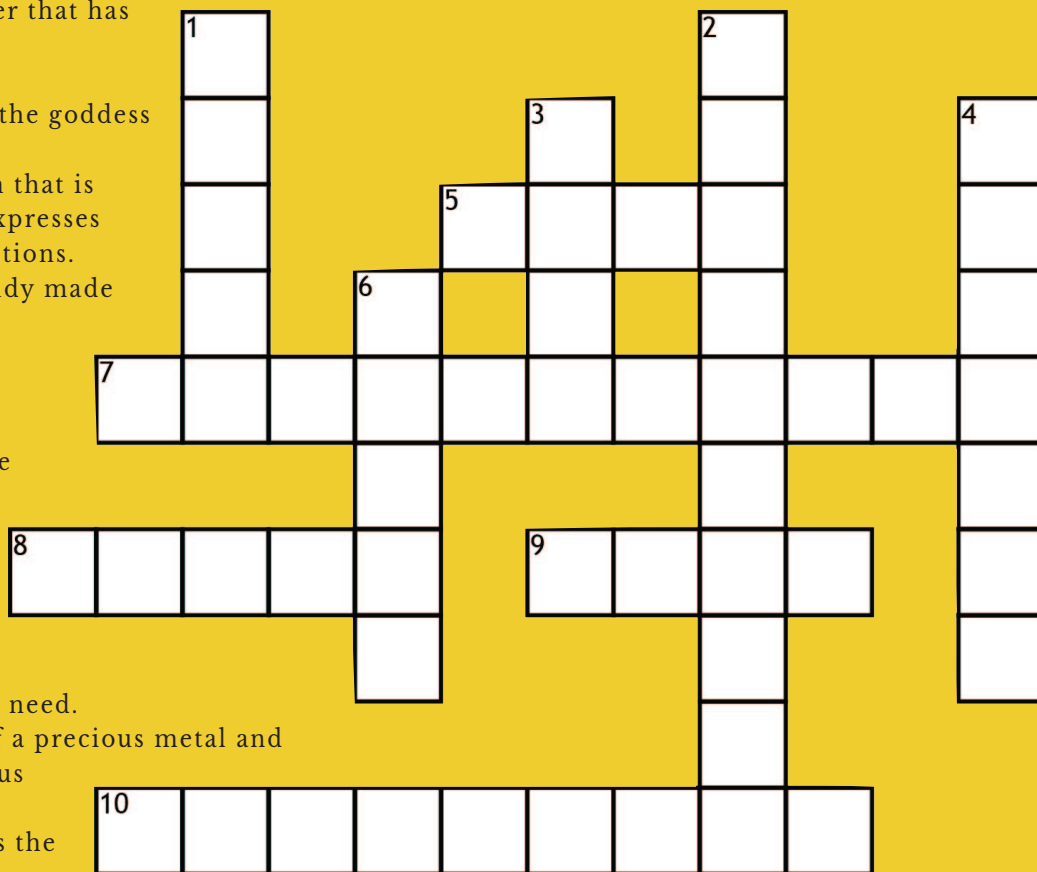
\*Crossword answers will be available at the Concierge on the 15th of the month.

### ACROSS

- 5 A beautiful smelling flower that has sharp thorns on its stem.
- 7 Who is the saint of love?
- 8 The name of the child of the goddess of love?
- 9 A rhythmical composition that is sometimes rhymed and expresses experiences, ideas or emotions.
- 10 An intoxicatingly rich candy made from roasted and ground cacao seed kernels.

### DOWN

- 1 The organ that pumps the blood through your body.
- 2 A person with whom someone is having a romantic relationship.
- 3 An extreme feeling of attachment, affection and need.
- 4 An object usually made of a precious metal and semi-precious and precious stones to adorn the body.
- 6 A confection with sugar as the principal ingredient.



Check out community photos on our social media.



REACH OUT TO OUR  
FAMILY SPECIALIST

*Teea Risley*

TO ARRANGE FOR A  
LUNCH TOUR TODAY!  
(323) 938-2131

#### OUR SERVICE PLEDGE

We understand that we are responsible for the delivery of excellent Resident service. We represent our company, our communities, and myself. At each "service moment", we will initiate a warm and friendly greeting, treat residents with care and understanding, and communicate clearly. We will do our part to implement the essentials of service excellence.

### MEET OUR TEAM

**Mendy Ginsburg**

**Marcia McKay**

**Teea Risley**

**Vanita Harris**

**Dawna Butala**

**Flor Rodas**

**Genevieve Elgrichi**

**Audrey Gillispie**

**Rolando Marín**

**Amanda Negreros**

**Terry Smith**

Executive Director

Wellness Director

Family Specialist

Business Office Manager

Hospitality Specialist

Culinary Director

Active Living Director

Activity Assistant

Environmental Services Director

Concierge

Transportation

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