

CITYVIEW

Community Newsletter | July, 2025

4TH OF JULY LIBERTY LUNCH!

Join us for a star-spangled luncheon with special holiday dishes and live patriotic tunes!



RESIDENT SPOTLIGHT!



Cynthia R.

Cynthia Rahm moved from Minnesota to Los Angeles at age four and has called it home ever since. She worked as a secretary at a law firm and especially enjoyed learning court reporting. Cynthia has five children and is proud of the family she raised. While she doesn't knit or crochet much anymore, it was once a favorite pastime. Her go-to movie is *When Harry Met Sally*. One of her favorite trips was to New York, where she enjoyed the energy of Broadway and couldn't get enough of the giant hot dogs and hamburgers. She also has a soft spot for places like Disneyland and Knott's Berry Farm. Cynthia brings a friendly, spirited presence to our community and we're lucky to have her!

MEET THE DIRECTOR!

Flor was studying to be a nurse when she spotted a Craigslist ad that led her to CityView back in 2013. She started as a server, then became a cook. Over the years, she's been part of just about every department. The only one she hasn't officially been in is wellness. Today, Flor leads the way as our incredible Culinary Director. But she's so much more. She plans holiday parties, decorates the building for every season, and steps in wherever she's needed. Her creativity touches everything she does. Outside of work, Flor loves watching sports. Fun fact: she once played on a co-ed soccer team! Ask her what she loves most about CityView and she'll tell you—it's the residents. Building those relationships is what makes it all worthwhile.



Flor R.

CULINARY DIRECTOR

EMPLOYEE OF THE MONTH



Tosha M.

CAREGIVER

It's hard to put into words just how special Tosha is, but anyone who's met her knows. She brings warmth, joy, and genuine care to every interaction, and her presence lights up the building. Always smiling, always ready to help, she treats everyone with respect and kindness. "She never makes you feel any less than her, even though she has so much more experience," shared a coworker. "She's a great example for new employees and one of the best people I've worked with." "Tosha is truly interested in our well-being," A resident added. Tosha is a constant source of comfort, compassion, and strength. We're honored to recognize her as this month's Employee of the Month.

Mark Your Calendar

Monthly Meetings

- 7.3 New Resident Meeting
- 7.10 Activities Meeting
- 7.17 Movies Meeting
- 7.24 Resident Council
- 7.30 ED Meeting

Staff Birthdays

Santiago F.	7.08
Alfredo J.	7.12
Jonathan R.	7.24
Zonia P.	7.27

Resident Birthdays

Joyce P.	7.04
Maria M.	7.04
Maria A.	7.05
Mary S.	7.07
Shoshana J.	7.07
Keith B.	7.09
Patricia Z.	7.10
Heidi S.	7.14
Jana R.	7.14
Sara A.	7.24
Emelda B.	7.28
Carol K.	7.30

The Beautician

Available Every Wednesday.

Please book appointments through our Concierge at (323) 938-2131.

Religious Services

Avi's Torah Class: Thursdays - 10:45 AM
Shabbat Services: Fridays - 4:00 PM
Holy Communion: Wednesdays - 2:00 PM
Bible Study: Thursdays - 1:00 PM

Concierge & Transportation

We provide transportation Monday through Friday for scheduled appointments, outings, and shopping trips organized by our community. Residents must sign up in advance. Weekly sign-up sheets are available with Concierge at the start of each week.

July Fitness Challenge!

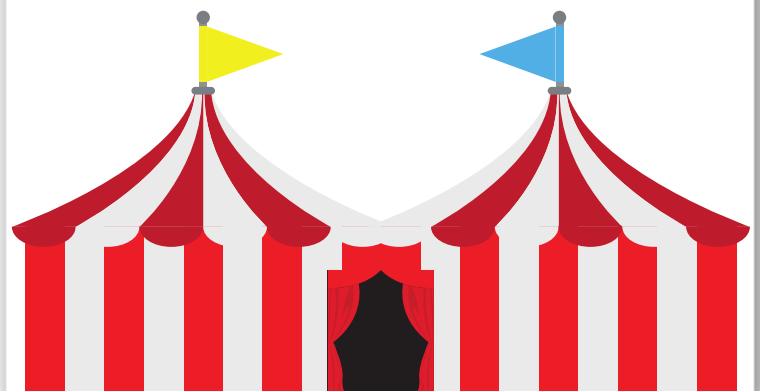
Our June Fitness Challenge was a big hit, and our residents are feeling stronger than ever! With all that great energy, we're keeping the momentum going into July. Join 15 fitness activities this month to earn your spot on a fun group outing to Yogurtland. Let's keep moving!



SUMMER CARNIVAL!

It's the biggest event of the season! Enjoy games, prizes, face painting, cotton candy, popcorn, and other sweet treats. Plus, surprise circus entertainment that will make the day unforgettable!

Tuesday, July 22, 2:30 PM





Honoring Juneteenth with an outing to the African American Museum



We visited the shelter and the animals made our day!



Rolling through Trader Joe's in style!

June Memories At Cityview



When friendship and fashion match perfectly!



Art that's juicy and sweet...



Candle Making Workshop



Enjoying Kitten Love



Cuddle Time!

WEEKEND ACTIVITIES BAG

Keep boredom at bay! Sign up for a personalized activity bag filled with crafts, self-care goodies, word games, and more. Check the flyer for how to choose your favorites!

WHAT IS NEW AT CITYVIEW?

CACTUS ROCK PAINTING

Get creative and paint your very own cactus-themed rock masterpiece. No green thumb needed—just bring your imagination!



DESSERT DEMO WITH ALBERT

Watch, learn, and taste! Our amazing new cook Albert will show us how to make something sweet. Yes, you'll get to enjoy the treats too!



KNITTING CLUB WITH PRIYA

Join Priya for a cozy time creating fun knitting projects! No experience needed—beginners are warmly welcome.



DOCENT TOUR AT CENTRAL LIBRARY

Come along for a special guided tour of the Central Library. Discover hidden gems, history, and more with a knowledgeable docent leading the way.

AL OUTINGS: EVERY THURSDAY

- 7.3 Target Run
- 7.10 Bargain Hunting at Daiso
- 7.17 Picnic at Griffith Park
- 7.24 Central Library Tour
- 7.31 Hollywood Bowl Museum

WEEKLY OUTINGS

PRIOR SIGNUP
REQUIRED

MEMORY CARE OUTINGS: EVERY FRIDAY

- 7.4 Walk to Winchell's
- 7.11 Seven-Eleven Slurpees
- 7.18 Marina Del Rey Water Bus
- 7.25 Dollar Tree

CELEBRATING CULTURE, BUILDING COMMUNITY

We're introducing a vibrant lineup of Jewish cultural activities, now on the calendar each week!

Look out for Torah Classes with Avi, Challah Bakes, Singing, Shabbat Services with Rabbi Jonathon, and Traditional Shabbat Meals.

Open to all! Come experience the warmth, music, and meaning.



Reach out to our Family Specialist, **Dawna Butala**, to arrange for a tour today!
(323)-938-2131

OUR SERVICE PLEDGE

We understand that we are responsible for the delivery of excellent Resident service. We represent our company, our communities, and ourselves. At each "service moment", we will initiate a warm and friendly greeting, treat residents with care and understanding, and communicate clearly. We will do our part to implement the essentials of service excellence.

MEET OUR TEAM

Mendy Ginsburg
Dawna Butala
Amelia Hernandez
Angie Servin
Marcia McKay
Vanita Harris
Hannah Mousa
Flor Rodas
Cruz Serrato
Rolando Marin
Blimie Weiss
Irene & Malou
Jonathan Rosenfeld

Executive Director
Family Specialist
Move-In Specialist
Move-In Specialist
Wellness Director
Business Office Manager
Soul Wellness Coordinator
Culinary Director
Executive Chef
Environmental Services
Activities Director
Concierge
Kosher Supervisor & Driver