

MAY 2022

COMMUNITY NEWSLETTER

CITYVIEW

Where You Live Matters

CINCO DE MAYO FIESTA

MAY 5

*Celebrate on our
Rooftop the party
everyone will be
Tacoing 'bout!*

May 18

TASTE OF THE WORLD

LEARN HOW TO
MAKE A FRENCH
CHEESE SOUFFLE

MEMORIAL DAY BBQ

Monday, May 30
HONORING THE
MILITARY PEOPLE IN
SERVICE TO OUR
COUNTRY

Mother's Day High Tea

Friday, May 6 at 3:00 pm

*All of our ladies are all invited to join us for this early celebration of
Mother's Day for a delightful afternoon of High Tea.*



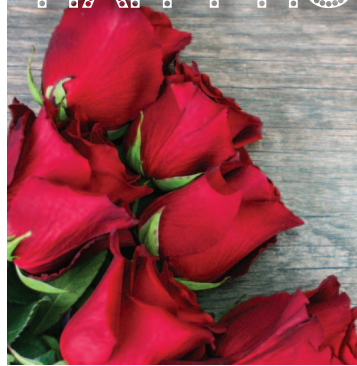
RESIDENT SPOTLIGHT

ELEANOR K.



Eleanor, also known as Ellie, grew up in Los Angeles. Her father was in the film industry and growing up, she spent time on multiple film sets where she developed a passion for films and photography. She later became a professional photographer and also taught 6th grade in middle school. She began a family with her husband and only son. Ellie enjoys almost every activity here at CityView, especially those that involve discussions and art.

RESIDENT HAPPY HOUR



Get to Know
OUR RESIDENTS!

Learn more about our
Resident of the Month,

Ellie

on FRIDAY,
MAY 13 AT 3:00 PM



Celebrate all of our
Residents'
BIRTHDAYS!

on
DAY
DATE AT TIME

RESIDENT BIRTHDAYS

- 5/01 Dorothy McGarry
- 5/23 Leslie Hinman
- 5/29 Daniel Levitt

HOLIDAY CELEBRATIONS

- 5/05 Cinco De Mayo
- 5/08 Mother's Day
- 5/15 National Chocolate Chip Day
- 5/18 National Cheese Souffle Day
- 5/30 Memorial Day

RELIGIOUS SERVICES

faith

Shabbat Services
Friday at 2:00 p.m.

Transportation & Concierge Information

In our communities, complete peace of mind is our priority. Enjoy the journey of senior living starting from the comfort of concierge transportation services.

We offer transportation on Tuesdays and Wednesdays for scheduled appointments. On Thursdays, transportation is provided for scheduled outings and shopping events. There will be a weekly sign up sheet in the lobby with the Concierge.

The Beautician
IS IN

EVERY
TUESDAY

PLEASE BOOK
APPOINTMENTS THROUGH
OUR CONCIERGE:
(323) 938-2131

MOTHER'S DAY HIGH TEA

Friday, May 6

3:00 pm

Celebrate Mother's Day at our lavish Afternoon Tea Party! Enjoy fancy tea party foods like scones, finger sandwiches, macarons while sipping your tea!



APRIL SHOWERS BRING MAY FLOWERS MAKING FLORAL ARRANGEMENTS

Nothing represents the Spring season better than flowers. Arranging flowers can be a real mood lifter, adding beautiful colors and sweet fragrances to the surrounding environment. During these spring and summer months, the availability of local fresh cut spring flowers and greens make flower arranging an extremely satisfying activity.

While beautifying our surroundings, flower arranging also improves manual dexterity, giving fingers, thumbs and hands a gentle "workout" as they are put to work cutting and arranging. These creative sessions also promote sensory stimulation, help to reduce stress, and encourages socialization with others.

Create your own fabulous floral display each month at CityView at our scheduled Floral Arranging activities. This month, make your own eye-catching May Day Basket (May 1) and Fiesta Flower wreath (May 2).

Taste of the World

WEDNESDAY
MAY 18
2:00 pm

CHEESE SOUFFLE

JOIN CHEF KEVIN FOR A DEMO AND TASTING OF THIS 18TH CENTURY FRENCH DELIGHT.



Sunday

Monday

Tuesday

Wednesday

<p>9:30 Morning Flexibility L5 10:00 Muscle Power Hour L5 11:00 May Day Flower Baskets L6 2:00 City View's Poker Club with Refreshments L5 3:00 Life Questions: Proust Book Project L5 3:45 Game On - Bingo! L5 6:30 Classic Netflix Series: Highway to Heaven L5</p> <p style="text-align: right;">1</p> <p style="text-align: center;">May Day</p>	<p>9:30 Coffee & Comedy Club L5 10:00 Shake it off! Zumba Class L5 11:00 Foreign Language Class: Spanish 2:00 Get Creative! Fiesta Flower Wreath L5 3:00 History of the U.S First Colonies L5 3:45 Game On - Bingo! L5 6:30 Modern Film: The Dark Night L5</p> <p style="text-align: right;">2</p>	<p>9:30 Spring Tea & Thoughtful Talks L5 10:00 Finish the Lyrics! L5 11:00 Bowling Tournaments L5 2:00 Afternoon Jeopardy Challenge L5 3:00 World Issue Discussions L5 3:45 Game On - Bingo! L5 6:30 Beloved Family Films: The Goonies L5</p> <p style="text-align: right;">3</p>	<p>9:30 Lady Liberty Ca 10:00 Golden Era Hea Group Fitness T 11:00 Spring Gardeni 2:00 Composing Mex 3:00 Yom Ha'atzmut 3:45 Game On - Bingu 6:30 Feature Film: 365 Days L5</p> <p style="text-align: right;">4</p> <p style="text-align: center;">Yom Ha'd</p>
<p>9:30 Morning Smoothies L5 10:00 Juniper's Jewelry Designs L5 11:00 Painting Spring Bonnets! L5 2:00 City View's Poker Club with Refreshments 3:00 Men's Society Club L5 3:45 Game On - Bingo! L5 6:30 Classic Netflix Series: Highway to Heaven L5</p> <p style="text-align: right;">8</p> <p style="text-align: center;">Mother's Day</p>	<p>9:30 Hot Tea and Classical Music 10:00 Spring Gardening on the rooftop! 11:00 Foreign Language Class: Spanish 2:00 Jeopardy Challenge L5 3:00 New York's Broadway Short Musical L5 3:45 Game On - Bingo! L5 6:30 Modern Film: Fight Club L5</p> <p style="text-align: right;">9</p>	<p>9:30 Morning Words of Affirmations L5 10:00 Guided Meditation L5 11:00 Comparing Fashion Trends Then Vs. Now L5 2:00 Social Media Seminar L5 3:00 The Evolution of Technology Seminar L5 3:45 Game On - Bingo! L5 6:30 Beloved Family Films: Dr. Dolittle L5</p> <p style="text-align: right;">10</p>	<p>9:30 America's Best L 10:00 Golden Era Hea Group Fitness Trainin 11:00 Chef's Committe Executive Chef 2:00 Technology Clas One & One Sess 3:00 Self Portrait Ske 3:45 Game On - Bingu 6:30 Feature Film: The Rental L5 National Tech</p> <p style="text-align: right;">11</p>
<p>9:30 Morning Flexibility L5 10:00 City View's Poker Club with Coffee & Donuts L6 11:00 Chef's Demo: Chocolate Chip Cookies L5 2:00 Painting on the Rooftop! L5 3:00 Proust Book Project L5 3:45 Game On - Bingo! L5 6:30 Classic Netflix Series: Highway to Heaven L5</p> <p style="text-align: right;">15</p> <p style="text-align: center;">Chocolate Chip Day</p>	<p>9:30 Coffee & Comedy Club L5 10:00 Shake it off! Zumba Class L5 11:00 Foreign Language Class: Spanish 2:00 Booms & Blossoms: Floral Arrangements L5 3:00 History of the U.S First Colonies L5 3:45 Game On - Bingo! L5 6:30 Modern Film: Pulp Fiction L5</p> <p style="text-align: right;">16</p>	<p>9:30 Spring Tea & Thoughtful Talks L5 10:00 La Brea's Early Bird Walking Club L5 11:00 Resident Council Meeting L5 2:00 Afternoon Jeopardy Challenge L5 3:00 World Issue Discussions L5 3:45 Game On - Bingo! L5 6:30 Beloved Family Films: The secret life of bees L5</p> <p style="text-align: right;">17</p>	<p>9:30 Lady Liberty Ca 10:00 Golden Era Hea Group Fitness Trainin 11:00 Appreciating E 2:00 Taste of the Wor Souffle L5 3:00 Chair Barre L5 3:45 Game On - Bingu 6:30 Feature Film: Tenet L5</p> <p style="text-align: right;">18</p> <p style="text-align: center;">Cheese So</p>
<p>9:30 Morning Smoothies L5 10:00 Juniper's Jewelry Designs L5 11:00 Photographing on the Rooftop L5 2:00 City View's Poker Club with Refreshments 3:00 Men's Society Club L5 3:45 Game On - Bingo! L5 6:30 Classic Netflix Series: Highway to Heaven L5</p> <p style="text-align: right;">22</p>	<p>9:30 Hot Tea and Classical Music 10:00 Spring Gardening on the rooftop! 11:00 Foreign Language Class: Spanish 2:00 Jeopardy Challenge L5 3:00 New York's Broadway Short Musical L5 3:45 Game On - Bingo! L5 6:30 Modern Film: Forrest Gump L5</p> <p style="text-align: right;">23</p> <p style="text-align: center;">Victoria Day (Canada)</p>	<p>9:30 Morning Words of Affirmations L5 10:00 Guided Meditation L5 11:00 Comparing Fashion Trends Then Vs. Now L5 2:00 Social Media Seminar L5 3:00 Hokey Pokey Dancethon 3:45 Game On! - Bingo 6:30 Beloved Family Films: Daddy Day Care L5</p> <p style="text-align: right;">24</p>	<p>9:30 America's Best L 10:00 Golden Era Hea Group Fitness Trainin 11:00 Active Living D 2:00 Current Events 3:00 Self Portrait Ske 3:45 Game On - Bingu 6:30 Feature Film: Hamilton L5</p> <p style="text-align: right;">25</p>
<p>9:30 Sunday Meditation L5 10:00 City View's Poker Club with Coffee & Donuts L6 11:00 Muscle Power Hour 2:00 Painting on the Rooftop! L5 3:00 Life Questions: Proust Book Project L5 3:45 Game On - Bingo! L5 6:30 Classic Netflix Series: Highway to Heaven L5</p> <p style="text-align: right;">29</p>	<p>9:30 Coffee & Comedy Club L5 10:00 Shake it off! Zumba Class 11:00 Foreign Language Class: Spanish 12:00 Memorial Day Outdoor Barbecue 2:00 Booms & Blossoms: Floral Arrangements L5 3:00 Sing Along to Sinatra! L5 3:45 Game On - Bingo! L5 6:30 Modern Film: Gladiator L5</p> <p style="text-align: right;">30</p> <p style="text-align: center;">Memorial Day</p>	<p>9:30 Spring Tea & Thoughtful Talks L5 10:00 La Brea's Early Bird Walking Club L5 11:00 Bowling Tournaments L5 2:00 Afternoon Jeopardy Challenge L5 3:00 World Issue Discussions L5 3:45 Game On - Bingo! L5 6:30 Beloved Family Films: Hidden Figures L5</p> <p style="text-align: right;">31</p>	

Wednesday

Thursday

Friday

Saturday

<p>Life L5 Health: Training L5 Living on the rooftop! African Maracas L5 Celebration! ! L5</p> <p>atzmaut</p>	<p>4 9:30 NYT The Daily Podcast L5 10:00 Morning Stretching L5 10:30 City View Outings: UCLA Botanical Gardens L1 2:00 MLB Highlights & Discussion L5 3:00 Self Defense Seminar L5 4:00 Poker Society L5 5:30 Cinco de Mayo Fiest-astic Fete!</p> <p>Cinco de Mayo</p>	<p>5 9:30 Morning Maine Café! L5 10:00 Juniper's Jewelry Design L5 11:00 Walk the Block L5 2:00 Shabbat Service L2 3:00 Mother's Day Celebration & High Tea L5 3:45 Game On - Bingo! L5 6:30 Classic Film: It Happened one night L5</p>	<p>6 9:30 Classical Music Cafe L5 10:00 Tai Chi L5 11:00 Heart Stained Mother's Day Collage L5 1:30 Golden Era Health: Group Fitness Training L5 2:00 Salon and Spa: Manicures and Face Masks 3:45 Game On - Bingo! L5 6:30 Blockbuster Films:</p> <p>All about eve L5</p>
<p>oved Poems L5 Health: g L5 e Meeting with f Kevin L5 s: ions L5 atching L5 ! L5</p> <p>anology Day</p>	<p>11 9:30: Music of the World L5 10:00 City View Outings: L1 Shopping Day at Ralph's 2:00 Revisiting Van Gogh's Artwork L5 3:00 TEDTalks & Discussion L5 3:45 Game On - Bingo! L5 6:30 Movies that make us Smile: The Pursuit Of Happiness L5</p>	<p>12 9:30 Morning Maine Café! L5 10:00 Juniper's Jewelry Design L5 11:00 Tell me more: A Game of Inquiry L5 2:00 Shabbat Service L2 3:00 New Resident Welcome Happy Hour L5 3:45 Game On - Bingo! L5 6:30 Classic Film: Citizen Kane L5</p>	<p>13 9:30 Jazz and Java L5 10:00 Yoga & Guided Meditation L5 11:00 Game On - Rummikub! L5 1:30 Golden Era Health: Group Fitness Training L5 2:00 A Taste of New York City Delights L5 3:45 Bingo L5 6:30 Blockbuster Films: Rebecca L5</p>
<p>Life L5 Health: g L5 lla's Most Famous rd Cheese ! L5</p> <p>ufflé Day!</p>	<p>18 9:30 NYT The Daily Podcast L5 10:00 Morning Stretching L5 10:30 City View Outings: The Getty Villa L1 2:00 MLB Highlights & Discussion L5 3:00 Book Club Discussion L5 4:00 Poker Society L5 6:30 Movies that Make us Smile:</p> <p>Because I said So L5</p>	<p>19 9:30 Morning Maine Café! L5 10:00 Special Outing: Smith's Farms Strawberry Field 11:00 Walk the Block L5 2:00 Shabbat Service L2 3:00 Happy Hour! Finger Food & Cocktails! 3:45 Game On - Bingo! L5 6:30 Classic Film: The Wizard of Oz L5</p> <p>National Pick Strawberries Day</p>	<p>20 9:30 Classical Music Cafe L5 10:00 Tai Chi L5 11:00 Game On - Rummikub! L5 1:30 Golden Era Health: Group Fitness Training L5 2:00 Relaxation & Aromatherapy 3:45 Game On - Bingo! L5 6:30 Blockbuster Films: L5</p> <p>His Girl Friday L5</p> <p>Armed Forces Day</p>
<p>oved Poems L5 Health: g L5 discussion L5 atching L5 ! L5</p>	<p>25 9:30: Music of the World L5 10:00 City View Outings: L1 Shopping Day at CVS Pharmacy 2:00 Van Gogh's new exhibit virtual tour L5 3:00 TED Talks & Mocktails L5 4:00 Bingo L5 6:30 Movies that make us Smile: Just Go With It L5</p>	<p>26 9:30 Morning Maine Café! L5 10:00 Juniper's Jewelry Design L5 11:00 Tell Me More: A Game of Inquiry L5 2:00 Shabbat Service L2 3:00 Happy Hour and Live Concert L5 3:45 Game On - Bingo! L5 6:30 Classic Film: Modern Times L5</p>	<p>27 9:30 Jazz and Java L5 10:00 Yoga & Guided Meditation L5 11:00 Game On - Rummikub! L5 1:30 Golden Era Health: Group Fitness Training L5 2:00 Patriotic Candle Holders L5 3:45 Bingo L5 6:30 Blockbuster Films: Rear Window L5</p>



IN (W), DOCTOR (M/W/F) WITH THE FRONT DESK; AND THE PODIATRIST (2ND M) WITH THE MED ROOM-THANKS!

You are invited to attend our

Cinco de Mayo

FIEST-ASTIC FETE



It's Fiesta Time!

Thursday, May 5, 2022

5:30 pm

Commemorate the anniversary of Mexico's victory at the Battle of Puebla! Our Fiesta will include a "nacho" ordinary Taco Bar on our popular city Rooftop. Enjoy Mexican folk dancers, pinatas, while sipping on margaritas.

Please RSVP to our concierge at (323) 938-2131.

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3:00 pm

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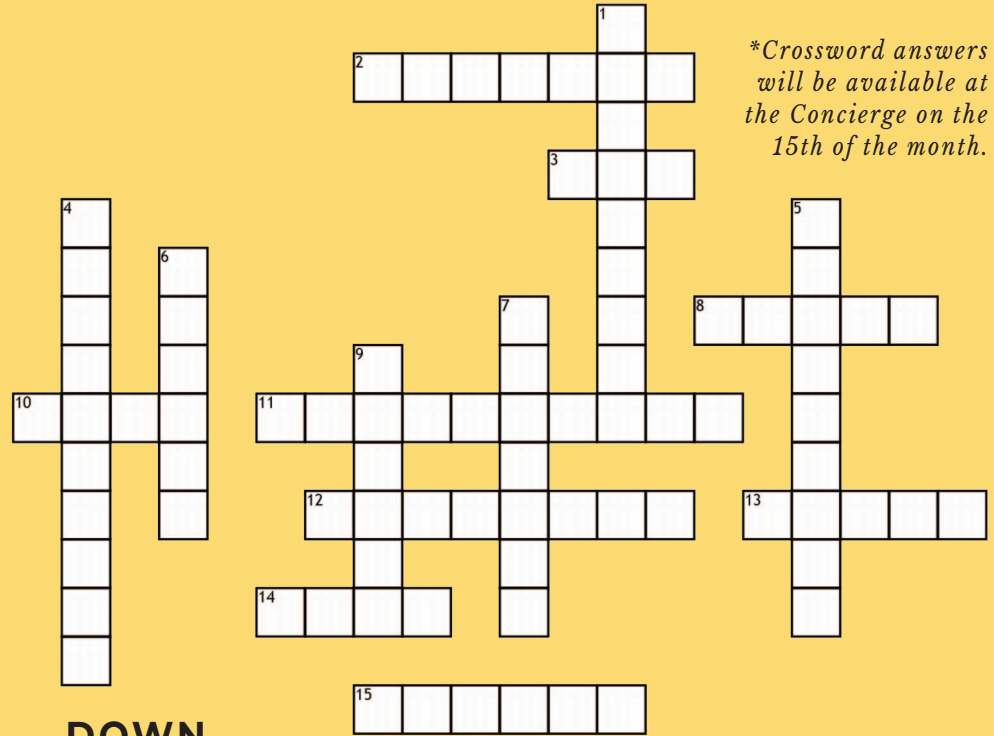


MOTHER'S DAY

CROSSWORD

ACROSS

- 2 Something you can give your mother: a bouquet of _____.
- 3 The month when Spain and the USA celebrate Mother's Day.
- 8 The month when Mother's Day is celebrated in the UK. (Hint: BEFORE Easter).
- 10 A sweet dessert (pastry) you can make for your mother.
- 11 Small and sweet things that you can give your mother as a gift; a box of _____.
- 12 _____ give gifts to the mothers on Mother's Day.
- 13 Thing you give to another person to say thank you to celebrate something.
- 14 A small paper item you can give as a gift to your mother.
- 15 The season when most countries celebrate Mother's Day.



*Crossword answers will be available at the Concierge on the 15th of the month.

DOWN

- 1 _____ in bed; a way to thank your mother on Mother's Day.
- 4 A place to go out and eat.
- 5 A type of flower that represents Mother's Day; a white _____.
- 6 The first people to celebrate mothers were the ancient _____.
- 7 The word for a special day of the year that is celebrated by people.
- 9 The word for a female parent.

Check out community photos on our social media.



REACH OUT TO OUR
FAMILY SPECIALIST

Tea Risley

TO ARRANGE FOR A
LUNCH TOUR TODAY!
(323) 938-2131

MEET OUR TEAM

Pearl Dinkels	Executive Director
Shirley Rendon	Wellness Director
Tea Risley	Family Specialist
Vanita Harris	Business Office Manager
Flor Rodas	Dining Room Director
Amy Hernandez	Memory Care Activity Director
Rolando Marín	Environmental Services Director

OUR SERVICE PLEDGE

We understand that we are responsible for the delivery of excellent Resident service. We represent our company, our communities, and myself. At each "service moment", we will initiate a warm and friendly greeting, treat residents with care and understanding, and communicate clearly. We will do our part to implement the essentials of service excellence.

515 North La Brea Avenue, Los Angeles CA 90036 / (323) 938-2131 / license: 198603220

www.cityview.care