

NOVEMBER 2022

COMMUNITY NEWSLETTER

CITYVIEW

Where You Live Matters

Focus on
ELVIS PRESLEY
in November

11/08
SOUNDBATH
*Experience
these Tibetan
singing bowls*

**THANKSGIVING
LUNCHEON**
11/24

Guests are invited

**VETERAN'S DAY
LUNCHEON**
11/11

*Honoring
our Veteran's*

Festival of Holidays

Thursday, December 1 from 2:00 to 5:00 pm

*You're invited to join us at our special Holiday Open House
and experience multiple traditions and quick bite tasting stations from around the world. Please RSVP.*

RESIDENT SPOTLIGHT SHIRIN C.



Shirin was born and raised right here in the city of Angels. She has worked as a licensed therapist in marriage and family counseling for many years, and was also appointed to the LA County Probation Commission as Commissioner. Shirin loves the care she receives here and her beautiful apartment. Her favorite activities are the live entertainment we feature here, and our wonderful outings to the various cultural and scenic places around Los Angeles. We're happy that Shirin has chosen CityView to live.

RESIDENT HAPPY HOUR

Get to Know OUR RESIDENTS!

Learn more about our Resident of the Month,
Shirin C.

on MONDAY, NOVEMBER 14 AT 3:00 PM
ENJOY LIVE ENTERTAINMENT!



Celebrate all of our
November Birthdays!

Birthday Party Lunch

MONDAY, NOVEMBER 21 AT 12:00 PM

RESIDENTS WITH NOVEMBER BIRTHDAYS
ARE INVITED TO BRING ONE GUEST

RESIDENT BIRTHDAYS

Gwen K. 11/04
Eleanor T. 11/26

HOLIDAY CELEBRATIONS

11/01 Dia de Los Muertos
11/05 American Football Day
11/06 Daylight Savings Ends
11/08 Election Day
11/11 Veteran's Day
11/21 Nat'l Gingerbread Cookie Day
11/24 Thanksgiving Day
11/30 Nat'l Mason Jar Day

faith

RELIGIOUS SERVICES

Shabbat Blessings: Fri. at 4:30 p.m.
Prayer Group: Sat. at 2:00 p.m.
Catholic Evening Mass: Sat at 5:00 p.m.

Transportation & Concierge Information

Complete peace of mind is our priority in all our communities. Enjoy the journey of senior living starting from the comfort of concierge transportation services.

We offer transportation on Tuesdays and Wednesdays for scheduled appointments. On Thursdays, transportation is provided for scheduled outings and shopping events. There will be a weekly sign up sheet in the lobby with the Concierge.

The Beautician IS IN

EVERY
WEDNESDAY

PLEASE BOOK
APPOINTMENTS THROUGH
OUR CONCIERGE:
(323) 938-2131

NOVEMBER *Activities & Events*



ZUMBA WORKOUTS W/SORAYA

11/03, 09, 23 | 10:00 am

If you enjoy Latin music and dance, you'll love Zumba! This fitness program is a wonderful way to burn calories, and as they say in Zumba, to "get fit, stay fit!"

SOUNDBATH EXPERIENCE

Friday, 11/08 | 3:45 pm

Lie down and relax listening to this meditative, healing sound experience of these soothing resonant Tibetan singing bowls.



SATURDAY SPORTS HIGHLIGHTS

Football • Tennis • Golf • Baseball

Saturday, 11/05, 12, 19, 26 | 10:00 am

Sports aficionados and lovers alike, join in on our Saturday morning sports talks!

ROOFTOP GARDENING

Wednesday, 11/09 & 23 | 11:00 am

Time to get out and enjoy the sunshine and grab some valuable vitamin D while planting seeds and tending to our rooftop garden.



RESIDENT COUNCIL MEETING

Monday, November 28
11:00 a.m.



“

Rhythm is something you either have or don't have, but when you have it, you have it all over.

~ Elvis Presley



EMPLOYEE OF THE MONTH EDWARD B. MedTech

Edward B. is a warm-hearted individual that truly loves the community and cares for the well being of each individual resident. Although he has been with City View for a few months the impact he has shown has been tremendous. He's always willing to lend a helping hand whenever and wherever help is needed. Thank you, Edward, for everything you do here!



Lady Thistledown's SOCIETY PAPERS

November 2022

EXTRAORDINARY PEOPLE, EXTRAORDINARY NEWS

Dear Gentle Reader,

Twirling minds what to know who's the employee with the hottest dance moves in the house? Clue #1: she's female and has a very outgoing personality. Clue #2: this dancing dynamo's first name starts and ends with the letter "A".

Residents this month will have a chance to brush up against one of the King of Rock 'n' Roll's carriages during our visit to the Petersen Automotive Museum. It's rumored that this canary yellow 1971 De Tomaso Pantera (a gift for his girlfriend Linda Thompson) was shot three times by the King himself after a particularly tempestuous argument with the ingenue.

Cheers and Ta Ta!

November Monthly Outings



SANTA ANITA PARK

FRIDAYS, 11/04, 16 AT 10:00 AM

What could be more exciting than watching first-hand the world-class Thoroughbred horse races at the world-famous Santa Anita Park racetrack?



PETERSEN AUTOMOTIVE MUSEUM

FRIDAY, 11/11 AT 10:00 AM

This Los Angeles car museum located on Museum Row is home to one of the world's largest collection of cars. Car enthusiasts will be impressed by what's here in our own backyard!



LACMA MUSEUM

FRIDAY, 11/18 AT 10:00 AM

A perennial favorite of LA city folk, CityView residents can never get enough LACMA! Connect with cultures from ancient times to today.



GETTY MUSEUM

FRIDAY, 11/25 AT 10:00 AM

This museum offers everything, from its gorgeous architecture, beautiful gardens, breathtaking views, and an art collection worth billions, prepare to be impressed!



MONDAY MORNING SHOPPING TRIPS

MONDAY, 11/07, 14, 21, 28 AT 10:00 AM

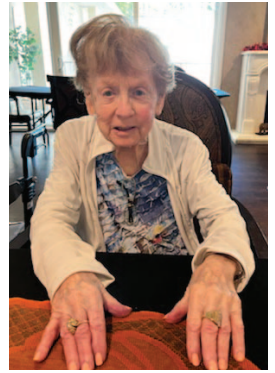
If you're looking to stock up on essentials or toiletries, hop on our transportation van Monday mornings.

THURSDAY AFTERNOONS ON THE PATIO

Join us every Thursday on the SOUL patio for some fresh air, sun, while we relax, enjoy some snacks, poetry readings and games.

11/03	2:00 pm	Fall Poetry on the Patio
11/10	2:00 pm	Autumn Poetry on the Patio
11/17	2:00 pm	Fall Poetry on the Patio
11/24	3:00 pm	Smoothies and Cornhole on the Patio

CELEBRATING EVERY DAY LIFE!





Thanksgiving LUNCHEON

**THURSDAY
NOVEMBER 24
12:00 PM**

Thanksgiving is one of America's most important holidays as this special day represents a time for us to express our gratitude for one another, and for the positive, hopeful things present in our lives. On this day, we invite you to join us for a lovely Turkey Dinner with all the Trimmings!

*Families & guests
are invited to partake!
Please RSVP
\$20 per person*

November Monthly Outings

PICNIC AT THE PARK

THURSDAY, 11/03 AT 10:00AM

Delight your inner child and enjoy the great outdoors... we're going on a picnic!



SCENIC HOLLYWOOD DRIVE

THURSDAY, 11/10, 24 AT 10:00 AM

Enjoy a relaxing sight-seeing driving tour of Hollywood. Check out the TCL Chinese Theatre, Hollywood and Highland, and everything else Hollywood is famous for!



A DAY AT THE MUSEUM

THURSDAY, 11/17 AT 10:00 AM

It's a perfect day for a visit to the Natural History Museum. This is the largest natural history museum in the Western U.S. with a collection of over 35 million specimens and artifacts!



CHALLAH BAKING DEMO

SIMILAR TO BRIOCHE, IT'S A LITTLE
SWEET, A LITTLE SOFT, AND A
WHOLE LOT OF YUMMINESS!

Taste of Jewish Culture

**SATURDAY
NOVEMBER 17
2:00 PM**





EXPERIENCE WORLD TRADITIONS
THURSDAY, DECEMBER 1 | 2:00 to 5:00 pm

Festival of the Holidays

Take in the sights and sounds of different cultures and traditions in joyous celebration of winter holidays from around the world. Let yourself experience this most magical time of the year with all five of your senses!

Festival of Lights ~ Latkes and Sufganiyot



Winter Solstice ~ Dream Tea & Scones



Plaza de la Familia ~ Tamales and Champurrado



Santa's Village ~ Gingerbread Cookies and Eggnog



"May the lights on the lanterns fill your home with love, joy, happiness, and prosperity."

~ Tibetan Saying

6 - November 2022



King of Rock & Roll

Elvis Aaron Presley, known by everyone as Elvis, is considered to be one of the most significant cultural figures of the 20th century. As both an American singer and actor, his energized interpretations of songs and provocative performance style garnered influence across color lines during a transformative time in race relations, leading him to great success.

Pumpkin Spice Latte & Movie Stars - 11:00 am

11/05 Elvis Presley Discussion

Elvis Presley Matinée Features (L5) - 2:30 pm

11/04 *Girl Happy* (1965)

11/11 *G.I. Blues* (1963)

11/18 *King Creole* (1958)

11/25 *Jailhouse Rock* (1957)



Did you know that the original football was actually round, and that the rules stated it could not be picked up or carried. And initially, there were 25 players per team on the field (1869 to 1873), not 11, as there are now. Today, American Football is the most popular sport in the United States. 37% of U.S. adults picked football as their favorite sport to watch, according to Gallup. Join us as we dig into some donuts and details about America's most treasured sport.

NOVEMBER 11

Honoring all who served

VETERANS DAY

CityView recognizes all those who have served in our United States military and we thank you for your sacrifice, dedication and hard work in service to our country.

Please join us at noon on 11/11
for our
Veterans Luncheon.



Sharing our Family Stories



November is Family Stories Month, and as such, represent an opportunity for us to reflect on our valuable memories of family, family traditions, and ancestral stories. Please join us in celebrating our families by taking part in the activities we've planned to help us fondly remember the wonderful times we've shared with them. Join in on our Family Stories Discussions, Family Game Days and Beloved Family Films airing at 6:30 pm on Tuesday evenings.

- 11/03 Growing Up at 3:00 pm
- 11/14 Family Game Day! at 4:00 pm
- 11/24 Family Stories at 3:00 pm
- 11/28 Family Game Day! at 4:00 pm

CRAFT

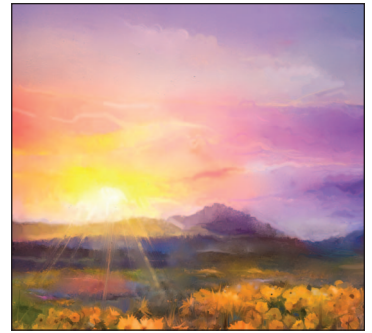
corner



SUNSET ACRYLIC PAINTING

SUN, 11/06 AT 4:00 PM

Celebrate through art that Daylight Savings Time delivers sunsets an hour later for one more year.



TREE OF LIFE ACRYLIC PAINTING

SOUL:

FRIDAY, 11/04, 18 AT 2:00 PM

AL: SUN, 11/20 AT 4:00 PM

Paint your interpretation of our connection to the earth and the heavens.



ART OF THE HEART

WEDNESDAY, 11/09

The heart is the symbol of life, love, courage, and devotion. Express your version of the heart through art.



COOKIE DOUGH CLAY ART

FRIDAY, 11/11, 25

This is the perfect craft for the holidays! These little ornaments look good, and they smell good, too!



MASON JAR CRAFT

SUNDAY, 11/30 AT 3:00 PM

Light up Holidays with your own mason jar craft to decorate your apartment or give as a cheerful gift.



THANKSGIVING CROSSWORD

*Crossword answers will be available at the Concierge on the 15th of the month.

ACROSS

- 3 The process of gathering crops.
5 Game involving two teams of 11 players and an oval inflated ball made of cowhide or rubber.
7 A person who journeys to a sacred place for religious reasons.
9 A game bird native to North America with a bald head and red wattles that is a prized food on festive occasions.
11 A bread made with cornmeal and goes well with honey.
12 The action of eating more food than your body needs.
14 An ornamental container shaped like a horn.

DOWN

- 1 A larger meal in celebration of something.
2 A group of two or more persons related by birth or marriage or adoption who live together.
4 The quality of being thankful.
6 _____ pie topped with whipped cream is a dessert that is most popular at Thanksgiving.
8 The oldest town in New England, and founded by the Pilgrims in 1620.
10 A sauce often made from the juices of meats and is often thickened with flour.
13 This orange-fleshed starchy root is sweet and is central to a type of casserole.

Check out community photos on our social media.



REACH OUT TO OUR
FAMILY SPECIALIST

Tea Risley
TO ARRANGE FOR A
LUNCH TOUR TODAY!
(323) 938-2131

MEET OUR TEAM

Mendy Ginsburg
Amy Hernandez
Teea Risley
Vanita Harris
Dawna Butala
Flor Rodas
Marie Moyado
Sergio Ovando
Rolando Marín
Amanda Negreros
Juan "JC" Chavez

Executive Director
Wellness Director
Family Specialist
Business Office Manager
Hospitality Specialist
Dining Room Director
Active Living Specialist
Activity Assistant
Environmental Services Director
Concierge
Transportation

OUR SERVICE PLEDGE

We understand that we are responsible for the delivery of excellent Resident service. We represent our company, our communities, and myself. At each "service moment", we will initiate a warm and friendly greeting, treat residents with care and understanding, and communicate clearly. We will do our part to implement the essentials of service excellence.

515 North La Brea Avenue, Los Angeles CA 90036 / (323) 938-2131 / license: 198603220

8 - November 2022

www.cityview.care