

## Activities & Events



### Sweet Treats Kitchen

*Wednesdays at 10:30 am*

Celebrate Autumn at our Sweet Treats Kitchen on Wednesdays with delicious Mini Pumpkin Pies, Spice Cake with Cream Cheese Frosting, and Cranberry Walnut Scones. Yum!



### Jonathan's Golden Workouts

*Wednesdays, 11/01, 15, 29 at 3:30 pm*

Jonathan gets us motivated to stretch, move and exercise to ensure we keep ourselves as healthy as possible.



### Tending the Garden

*Tuesday, 11/14, 21, 28*

*at 2:00 pm*

Tuesdays are our gardening days. So let's get to planting!

# CITYVIEW

*Where You Live Matters*



## Thanksgiving Events

*Join us throughout the month for fun Thanksgiving Crafts & Treats, and a Celebratory Feast on Thanksgiving Day!*

# RESIDENT SPOTLIGHT

DAWN S.



Dawn S. was born and grew up in north

London with her parents and moved to the United States in her early 20s. She was given an exciting career opportunity working as an assistant for Bette Midler for several years. Dawn loves to read and travel, and she's been all over the United States and Europe. Dawn enjoys riding the trains across our country and the entire world, and she loves traveling by train even more with her one true love, Harry, whom she was married to for over 20 years.

## Shopping Excursions

Fridays at 10:00 am

11/03 Ralphs

11/10 Target

11/17 Trader Joes

11/24 Walmart



### RESIDENT BIRTHDAYS

Gwen K.	11/04
Kerry M.	11/05
Judy M.	11/08
Lynette P.	11/16
Eric H.	11/19
Moshe S.	11/21

### HOLIDAY CELEBRATIONS

11/01	All Saints Day
11/05	National Donut Day
11/05	Daylight Savings Ends
11/07	Election Day
11/11	Veterans Day
11/15	National Button Day
11/18	Apple Cider Day
11/23	Thanksgiving Day

### RESIDENT COUNCIL MEETING

Thursday, November 2 at 2:00 pm

### RELIGIOUS SERVICES

Shabbat Services: Fri. at 2:00 p.m.  
Virtual Sunday Mass: 10:00 am

### Transportation & Concierge Info

We offer transportation on Mondays through Fridays for scheduled appointments, scheduled outings and shopping events. There will be a weekly sign up sheet in the lobby with the Concierge.

### The Beautician

Every Wednesday

Please book appointments through our Concierge:

**(323) 938-2131**



### EMPLOYEE OF THE MONTH

**LILIAN "LILY" M. Caregiver**

Lilian moved here to Los Angeles from the Philippines about 12 years ago, and has been working at CityView for over three years now. What "Lily", as we all call her, likes most about working at CityView are the supportive team members and the opportunity to assist our residents. In her free time, Lily enjoys watching television shows and reading. So when you see Lily working, please don't hesitate to greet and congratulate her for the amazing dedication she gives to her job and most importantly, to our residents!



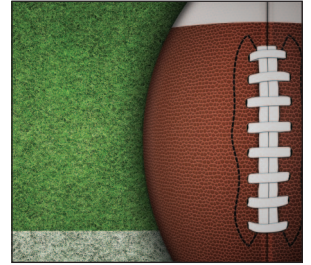


## November SOUL MONTHLY EVENTS

### NFL - Ultimate Sports Recap

SATURDAYS | 1:00 PM

Football fans can get their gridiron on every Saturday as we discuss who the winners and losers are, and which teams are ultimately going to face off at the Super Bowl?



### Jewelry Friendship Bracelet

WEDNESDAY, 11/08 | 2:00 PM

Nothing says friendship better than a beautiful bracelet crafted from your own heart and hands.



### Family Feud Thursdays

THURSDAYS, 11/23 & 30 | 3:00 PM

Join us for a viewing of this riveting game show as two families compete against one another to answer a survey question. Will you be able to get your answers out before the buzzer goes off?



### Chef Demo: Crumble Apple Pie

FRIDAY, NOVEMBER 24 | 2:00 PM

This is your chance to see how the best type of apple pie topped off with a delicious crumb topping gets made!



## SOUL Adventures!

THURSDAYS AT 2:00 PM

11/02: AFRICAN AMERICAN  
HISTORY MUSEUM

11/09: LA ROSE GARDEN

11/16: NEIGHBORHOOD LIBRARY

11/23: LA ART MUSEUM

11/30: GRIFFITH PARK



SOUL residents can look forward to some very interesting day trips throughout the month of November! So grab your Fall hats and sweaters, and let's go!



Don't miss out on these Assisted Living  
**Outings on Thursdays**



Thursday, 11/02  
 10:00 am  
**Huntington Library**



Thursday, 11/09  
 10:00 am  
**Iranian Restaurant**



Thursday, 11/16  
 1:00 pm  
**Five Below**



Thursday, 11/23  
 10:00 am  
**Bundle Up  
 Beach Pier Outing**

November is  
**Native American  
 Heritage Month**



In November, we celebrate Native American Heritage and this gives us an opportunity to acknowledge the rich and diverse cultures, traditions, and histories of the Native American people.

The indigenous people of our nation offer a storied legacy of American Indians and Alaskan Natives, and we celebrate their achievements, contributions, knowledge and ingenuity. Indians helped to bring us rubber, corn, anesthetics and topical pain relievers, baby bottles, raised bed agriculture, cable suspension bridges, goggles, syringes, hammocks, mouthwash, and many more important items that we use in our everyday lives. This year's theme is "Protecting Our People Through Sovereignty: Past, Present, and Future."

On Monday, November 13, join us in celebrating Native American Month as we create a Dream Catcher, a talisman of the Native Americans made to protect sleepers in their dreams, and to act as a filter sending good dreams to the sleeper and bad dreams away.

Check out community photos on our social media.



REACH OUT TO OUR  
**FAMILY SPECIALIST**

*Dawna Butala*  
 TO ARRANGE FOR A  
 TOUR TODAY!  
**(323) 938-2131**

OUR SERVICE PLEDGE

We understand that we are responsible for the delivery of excellent Resident service. We represent our company, our communities, and ourselves. At each "service moment", we will initiate a warm and friendly greeting, treat residents with care and understanding, and communicate clearly. We will do our part to implement the essentials of service excellence.

**MEET OUR TEAM**

**Mendy Ginsburg**  
**Marcia McKay**  
**Dawna Butala**  
**Amelia Hernandez**  
**Vanita Harris**  
**Flor Rodas**  
**Amy Hernandez**  
**Alicia Straker**  
**Brianna Gonzalez**  
**Rolando Marín**  
**Malou Lirag**  
**Manny Tobias**

Executive Director  
 Wellness Director  
 Family Specialist  
 Move-In Specialist  
 Business Office Manager  
 Culinary Director  
 Active Living Director  
 SOUL Specialist  
 AL Specialist  
 Environmental Services Director  
 Concierge  
 Transportation

515 North La Brea Avenue, Los Angeles CA 90036 / (323) 938-2131 / license: 198603220