

*Activities & Events*



**Yasha Plays the Violin!**  
Monday, 11/11 at 2:00 pm  
Celebrate Veterans Day with Yasha as he plays patriotic songs on his beloved violin!



**Veronique Van Pelt Live Entertainment!**  
Friday, 11/15 & 29 at 2:00 pm  
Listen to the soulful tunes and upbeat jazz notes of this multi-talented, multi-media artist and coach.



**Angel Ali Performs!**  
Tuesday, 11/19 at 2:00 pm  
Sing along with Ali and her guitar as she belts it out complete with some soul and twang!





# RESIDENT SPOTLIGHT

**NORMA C.**



In September, we welcomed Norma to our CV family! At 18, she left Canada for the excitement of LA, ready to chase her dream of becoming an actress. Determined, she

quickly found an agent, and landed a film role. Between auditions and acting classes, she made lifelong friends and loved the thrill of performing. After a short stint in acting, she shifted her focus to dancing, and that's when she spent a decade in New York, performing two shows a night. At the same time she was also working on a novel about a young girl captivated by movies. Now, one of Norma's goals is to finally finish the book she started years ago.

Don't miss out on these

## Assisted Living Outings



Thursday, 11/07 at 2:00 pm  
Dollar Tree Excursion



Thursday, 11/14 at 11:00 am  
Pickle Tasting at Farmers Market



Thursday, 11/21 at 10:00 am  
Thrifting at Goodwill



Saturday, 11/30 at 3:00 pm  
Window Shopping on Melrose

## Men's Craft Beer & Women's Rose Wine Tasting

Wednesday, 11/06  
at 4:00 pm



### RESIDENT BIRTHDAYS

Jalal E.	11/02
Gwen K.	11/04
Larry A.	11/05
David V.	11/05
Judy M.	11/08
Eric H.	11/19
Moshe S.	11/21

### HOLIDAY CELEBRATIONS

01	Day of the Dead
	Dia de los Muertos
05	Election Day
03	Daylight Savings Ends
11	Veterans Day
28	Thanksgiving Day

### RESIDENT COUNCIL MEETING

Wednesday, 11/26 at 3:00 pm

### RELIGIOUS SERVICES

Holy Communion: Weds. at 2:00 pm  
Shabbat Services: Fri. at 2:00 p.m.  
Virtual Sunday Mass: Thursdays at 11:00 am

### Transportation & Concierge Info

We offer transportation on Mondays through Fridays for scheduled appointments, scheduled outings and shopping events. There will be a weekly sign up sheet in the lobby with the Concierge.

### The Beautician

Every Wednesday

Please book appointments through our Concierge:

**(323) 938-2131**

## November SOUL EVENTS TO NOTE...

**MONDAY, 11/04 AT 3:00 PM**  
**EDIBLE CRAFT: DONUT HOLE ACORNS**

**WEDNESDAY, 11/13 AT 3:00 PM**  
**ART APPRECIATION: PABLO PICASSO**

**FRIDAY, 11/22 AT 3:00 PM**  
**KARAOKE SINGING & DANCE OFF**

**SUNDAY, 11/24 AT 2:00 PM**  
**SOUL PATIO PICNIC**

**SATURDAY, 11/30 AT 3:00 PM**  
**DRUMMING W/SOUL**



## Don't miss out on these Friday Grocery Runs

11/01	Trader Joe's	2:00 pm
11/08	Ralph's Supermarket	2:00 pm
11/15	Target	2:00 pm
11/22	Trader Joe's	2:00 pm
11/29	Ralph's Supermarket	2:00 pm

**Celebrate Your November Birthday with us at our Resident Birthday Celebrations**  
(Assisted Living)  
Tuesday, 11/12 at 2:00 pm

**(SOUL)**  
Thursday, 11/21 Happy Hour at 2:00 pm




### EMPLOYEE OF THE MONTH **TRESAN F. Med Tech**

Meet Tresan F. who originally is from Jamaica. Tresan moved to the U.S. in 2003, living in New

York before making Los Angeles her home in 2013 when her sister relocated here for her husband's army base. She joined CityView in June as a Med Tech and has quickly become a valued team member. Tresan loves working in the med room and appreciates the honest feedback from her bosses who help her to learn and grow. Most of all, she adores the residents. In her free time, she enjoys going to the movies with friends and trying new restaurants, with Red Lobster being a favorite. Committed to serving others, Tresan is also studying to become an LVN, further deepening her ability to make a difference in the lives of those she cares for.

# NOVEMBER *AL Events*



## DAILY 11:00 AM WORKOUTS

Every day | 11:00 am

Everyone knows how important it is to stay active and we've got a line up of many varied and easy workouts designed to get your heart rate going, strengthen your core and better your balance.

## SUNDAY TECH TUTORIALS

Sunday, 11/03 and 17 | 3:00 pm

Have you ever wanted to learn how to use Facetime or text someone? Well if you're not sure how to do it, join us every other Sunday in November to learn how!



## PRESIDENTIAL ELECTION PRAY & PARTY

Tuesday, 11/05 & 20 | 2:00 pm

Election Day is finally here, so we're throwing a party so everyone can celebrate, no matter the outcome!

## BEADING / JEWELRY MAKING

Wednesday, 11/06 & 20 | 3:00 pm

The holidays are fast approaching and this activity gives you the perfect opportunity to make something special for friends and loved ones!



## NEW RESIDENT HAPPY HOUR

Monday, 11/18 | 3:00 pm

This is a fun opportunity to welcome and get to know some of our newest CityView residents!

## THANKSGIVING BANQUET

Thursday, 11/28 | 2:00 pm

The Thanksgiving Feast is probably the best part of this important day, so be sure and join us for this delicious celebratory meal. A Family Gratitude Exchange will follow the feast at 8:00 pm.





# THANKSGIVING CROSSWORD

## ACROSS

- 2 An alternative casserole to mashed potatoes and often topped with marshmallows.
- 5 The roasted centerpiece of the Thanksgiving feast.
- 6 Campbell Soup's festive vegetable casserole.

## DOWN

- 1 What jam-like red sauce pairs well with turkey and stuffing?
- 3 Thanksgiving's most popular dessert pie.
- 4 Mix of bread, cornbread, and sautéed vegetables that is cooked inside the turkey.



Check out community photos on our social media.



### REACH OUT TO OUR FAMILY SPECIALIST

*Dawna Butala*  
TO ARRANGE FOR A  
TOUR TODAY!  
**(323) 938-2131**

### OUR SERVICE PLEDGE

We understand that we are responsible for the delivery of excellent Resident service. We represent our company, our communities, and ourselves. At each "service moment", we will initiate a warm and friendly greeting, treat residents with care and understanding, and communicate clearly. We will do our part to implement the essentials of service excellence.

### MEET OUR TEAM

<b>Mendy Ginsburg</b>	Executive Director
<b>Marcia McKay</b>	Wellness Director
<b>Dawna Butala</b>	Family Specialist
<b>Amelia Hernandez</b>	Move-In Specialist
<b>Vanita Harris</b>	Business Office Manager
<b>Flor Rodas</b>	Culinary Director
<b>Hannah Mousa</b>	SOUL Wellness Coordinator
<b>Blimie Weiss</b>	Director of Community Culture
<b>Brianna Nooner</b>	AL Specialist
<b>Rolando Marín</b>	Environmental Services Director
<b>Malou and Irene</b>	Concierge
<b>Emmanuel Navarro</b>	Transportation

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