

OCTOBER 2022

COMMUNITY NEWSLETTER

CITYVIEW

Where You Live Matters



October
Star Focus
LUCILLE BALL
A Hollywood
Icon

10/14 AND 10/20
**A DAY AT
THE MUSEUM**
A visit to the
Natural History
Museum

Every Thursday
**SCARY ART
SERIES**
EXPLORE HISTORY'S
SCARIEST PAINTINGS

Día de los Muertos Fiesta

Day of the Dead Party

Monday, October 31

Face Painting • Fiesta • Feast • Live Entertainment • Prizes • Sweet Treats



RESIDENT SPOTLIGHT

CAROL M.



Carol lived in Indiana and was a banker there for many years. She worked in almost everything in the banking industry except for as a teller. She has two wonderful sons, and loves art and watercolor painting. She is very outgoing, enjoys playing our Bingo games, participating in our entertainment activities, loves colors and colorful things, and enjoys our morning walks. You can always count on Carol to lend a helpful hand and to present a warm smile to her fellow residents.

RESIDENT HAPPY HOUR

Get to Know OUR RESIDENTS!
Learn more about our Resident of the Month,
Carol M.
on MONDAY, OCTOBER 10 AT 3:00 PM
ENJOY LIVE ENTERTAINMENT!

Celebrate all of our October Birthdays!

Birthday Party Lunch

MONDAY, OCTOBER 17
AT 12:00 PM

RESIDENTS WITH
OCTOBER BIRTHDAYS
ARE INVITED TO BRING ONE GUEST

RESIDENT BIRTHDAYS

Caroline S.	10/07
Martha S.	10/07
Ben G.	10/25
Donna L.	10/30
Patti G.	10/31

HOLIDAY CELEBRATIONS

10/01	Int'l Coffee Day
10/04	Yom Kippur (begins at sundown)
10/09	Sukkot (begins at sundown)
10/10	Indigenous People's Day
10/15	Nat'l <i>I Love Lucy</i> Day
10/16	Shemini Atzeret (begins at sundown)
10/17	Simchat Torah (begins at sundown)
10/26	Nat'l Pumpkin Day
10/31	Halloween Dia de Los Muertos

RELIGIOUS SERVICES

Shabbat Blessings: Fri. at 4:30 p.m.
Prayer Group: Sat. at 2:00 p.m.
Catholic Evening Mass: Sat at 5:00 p.m.

Transportation & Concierge Information

In our communities, complete peace of mind is our priority. Enjoy the journey of senior living starting from the comfort of concierge transportation services.

We offer transportation on Tuesdays and Wednesdays for scheduled appointments. On Thursdays, transportation is provided for scheduled outings and shopping events. There will be a weekly sign up sheet in the lobby with the Concierge.

The Beautician
IS IN

EVERY WEDNESDAY

PLEASE BOOK APPOINTMENTS THROUGH OUR CONCIERGE:
(323) 938-2131

OCTOBER *Activities & Events*



LEAGUE OF WOMEN'S VOTER VISIT

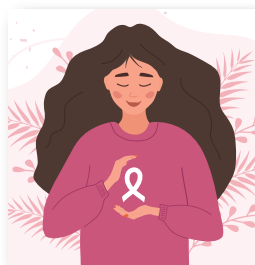
Wednesday, 10/19 | 10:30 am

Take part in a discussion with this non-partisan political group to learn what are the issues on the upcoming November ballot.

MAN'S BEST FRIEND VISIT

Tuesday, 10/11 | 10:00 am

Dogs and humans have developed a deep relationship over history, and we often refer to them as our best friend. And in many ways that matter, they truly are!



WEAR PINK!

Breast Cancer Awareness Month

Thursday, 10/13 | All Day!

In an effort to raise awareness of Breast Cancer, staff and residents are encouraged to wear pink all day today!

THURSDAY TED TALKS

Thursday, 10/06, 13, 20, 27 | 10:00 am

Join us for some interesting TED talk shows and the stimulating discussions that follow.



RESIDENT COUNCIL MEETING

Monday, October 24
11:00 a.m.



“

The secret of staying young is to live honestly, eat slowly, and lie about your age.

~ Lucille Ball



Lady Thistle-down's SOCIETY PAPERS

October 2022

EXTRAORDINARY PEOPLE, EXTRAORDINARY NEWS

Dear Gentle Reader,

As we wish a fond farewell to the lovely Pearl, we've been fortunate to have a former favorite and familiar face taking over the reins here at CityView. Let's all give a hearty hello to the Marvelous Mendy, our new executive director. *Mazel Tov!*

For you history and cinema buffs, during the height of the second Red Scare, there were a lot of loud whispers about a comedic actress with red hair... can you guess who that "fellow traveller" might have been? One hint: a lot of people "love" her.

Cheers and Ta Ta!



EMPLOYEE OF THE MONTH SAMANTHA R. MedTech

Samantha, whom we affectionately call "Sam", is a sweetheart of a person! She is our wonderful Medtech and has been working with City View for years. Sam always fills the room with a positive vibe and a welcoming spirit. Her gentle and patient approach is really something to be admired. She always makes it a point to check in with our residents and staff. We are thrilled to have Sam working with us!



LET'S GO SHOPPING!

FRIDAYS, 10/07, 16 AT 2:00 PM

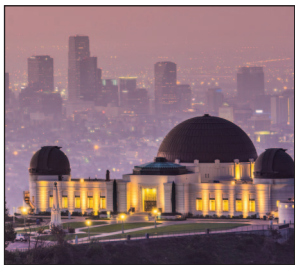
Everyone loves a chance to go shopping, so be sure to join us on a buying adventure at some of your favorite locales!



A DAY AT THE MUSEUM

FRIDAY, 10/14 AT 10:30 AM

Those of you missed August's trip can join us for another one today to the Natural History Museum. Explore nature, culture, dinosaurs, gemstones, pretty much the whole world - from the inside out!



GRIFFITH PARK OBSERVATORY

FRIDAY, 10/21 AT 10:30 AM

Explore the universe for free right here in the heart of Los Angeles! Visit So Cal's gateway to the cosmos!



HALLOWEEN ON OLVERA ST.

FRIDAY, 10/28 AT 2:00 PM

For over 35 years, Olvera Street has celebrated Dia de los Muertos (Day of the Dead), so join us on a visit to their nine day festival that includes entertainment and "Living Muertos"!

JACK-O-PEPPERS

LEARN HOW TO MAKE THESE HOT LITTLE CREATURES!

Taste of Halloween

**THURSDAY
OCTOBER 20
2:00 PM**



CELEBRATING EVERY DAY LIFE!





High Holy Days

Yom Kippur, Sukkot, Simchat Torah

SEPTEMBER 25 TO OCTOBER 18 PM

If the Jewish year were a train, the High Holy Days would be its engine. These ten “Days of Awe” are a fine blend of joy and dignity, feasting and fasting, prayer and dancing, regret, reflection and celebration. The High Holy Days mark the height of the Jewish New Year. The High Holy Days actually began with the Jewish New Year, Rosh Hashanah, back in September 2022, and are followed by the Day of Atonement (Yom Kippur), Sukkot, Shemini Atzeret, and ends with the holiday of Simchat Torah.

At CityView, we recognize this important time of year with several planned events and discussions, so please look to our October calendar if you are interested to join in.

On October 13 at 1:00 pm, our Jewish residents are invited to our fellow community, Garden of Palms, for a celebratory Sukkot Happy Hour!



PICNIC AT THE PARK

THURSDAY, 10/06, 16 AT 10:00AM

Griffith Park offers some fantastic picnic spots including the Crystal Springs area, the Old Zoo, Fern Dell, and even the front lawn of the Griffith Observatory!



SCENIC HOLLYWOOD DRIVE

THURSDAY, 10/13 AT 10:00 AM

Enjoy a relaxing sight-seeing driving tour of Hollywood. Check out the TCL Chinese Theatre, Hollywood and Highland, and don't miss a view of Hollywood's famous sign!



A DAY AT THE MUSEUM

THURSDAY, 10/20 AT 10:30 AM

It's a perfect day for a visit to the Natural History Museum. This is the largest natural history museum in the Western U.S. with a collection of over 35 million specimens and artifacts!



LET'S HAVE LUNCH!

THURSDAY, 10/27 AT 10:30 AM

Join us on a fun lunch at a surprise restaurant! Will it be a deli, Italian, American, Chinese? Be sure to sign up and find out!



EVERY THURSDAY AT 10:00 AM

10/06, 13, 20, 27

To get us in the mood for All Hallows Eve, we'll explore some of history's darkest and creepiest paintings. Paintings such as these offer insights into the depths of humankind's suffering and fears. Whether it be Francisco Goya's powerful *The Witches Flight* (1798), or Hieronymus Bosch's crazy *The Garden of Earthly Delights* (1490 to 1500), these scary paintings are sure to result in some interesting discussions!

Dia De Los Muertos

MONDAY, OCTOBER 31

2:00 PM
DAY OF THE DEAD FACE PAINTING

3:00 PM
DIA DE LOS MUERTOS FIESTA!

5:00 PM
HALLOWEEN EVENING FEAST!

ENJOY!
FACE PAINTING • LIVE ENTERTAINMENT
COSTUMES • DANCE OFF • PRIZES
SWEET TREATS



HALLOWEEN SHORT STORIES
MONDAYS, 10/04 AND 25 AT 11:00 AM

Be sure to tune in with us for a reading and discussion of two horror short stories: Edgar Allen Poe's classic Gothic fiction, *The Tell-Tale Heart* and W.W. Jacob's cautionary tale reminding you to be careful of what you wish for, *The Monkey's Paw*.

A Focus On
Lucille Ball

The Comedy Queen

October 15 is National I Love

Lucy Day, and throughout this month we will celebrate this American actress, comedienne, and producer! She was nominated for 13 Primetime Emmy Awards, winning five times. In the 1940s, she met Cuban bandleader Desi Arnaz, Jr., and they eloped in November 1940. In the 1950s, Ball and her husband created the popular sitcom *I Love Lucy*. Lucy and Desi later divorced in March 1960, after which, she married comedian Gary Morton in 1961. Ball also became the first woman to run a major television studio, Desilu Productions, which also produced two very well-known series, *Mission Impossible* and *Star Trek*.

Mochas and Movie Stars - 11:00 am

10/07, 21 Lucille Ball discussions and trivia

National I Love Lucy Day - 6:30 pm

10/15 Featuring the best of *I Love Lucy* shows

Lucille Ball Matinee Features - 2:30 pm

- 10/07 *The Big Street* (1942)
- 10/14 *Fancy Pants* (1950)
- 10/21 *Lucy and Desi* (2022)
- 10/28 *Best Foot Forward* (1943)

INTERNATIONAL COFFEE DAY

DAY, 10/01 | 4:00 PM

In recognition of International Coffee Day, be sure to enjoy Coffee and Coffee Cake at our Active Living Discussion!



FAREWELL TO THE QUEEN

**QUEEN ELIZABETH
II (1926 TO 2022)**



After living a long and very consequential life, Queen Elizabeth II passed away at the age of 96. Having pledged that her “whole life, whether it be long or short, shall be devoted to your service and the service of our great imperial family to which we all belong.” Elizabeth Windsor was sometimes referred to as the “Servant Queen.” Across the globe, the world pays tribute to this incredible woman, reflecting on the historic sweep of her reign, as she presided over Britain’s colonial empire and eventually, embraced the independence of England’s former dominions.

In London at Westminster Hall, a mile’s long throng of thousands queued up to offer their deep respect and to see their beloved Queen for one final time. The Queen was buried at St. George’s Chapel at Windsor Castle alongside her beloved husband, Prince Phillip, and her father, King George VI, and her mother, Queen Elizabeth The Queen Mother, and her younger sister, Princess Margaret.

Synonymous with Britain itself, and its longest-reigning monarch (seven decades!), we will all miss this unassuming and hardworking Queen. As we mourn, our grief may also likely be colored by the notion that Queen Elizabeth also represents the passage of time in our own lives.

Saturday Sports

HIGHLIGHTS AT 10:00 AM

Sports buffs can look forward every Saturday morning to a discussion about what’s happening in the exciting world of sports! We’ll go over the various highlights, and are happy to delve deeper in the minutiae if you are interested!

- 10/01 Football Highlights
- 10/08 Golf Highlights
- 10/15 Tennis Highlights
- 10/22 Football Highlights
- 10/29 Golf Highlights

CALAVERA PAINTING

DIA DE LOS MUERTOS

SUN, 10/02 AT 4:00 PM

Make your own Dia de los Muertos -inspired artistic skull painting using Acrylics.



MASK MAKING

DIA DE LOS MUERTOS

SUN, 10/16 AT 4:00 PM

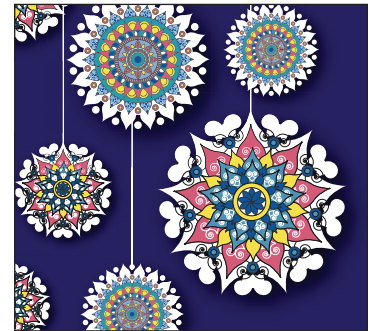
Learn how to make your very own skull mask to wear at our Dia de los Muertos Fiesta!



COLORFUL MANDALAS

SUN, 10/16 AT 4:00 PM

Celebrate Diwali, India’s Festival of Lights making colorful geometric Diwali mandalas!



PUMPKIN PAINTING

DIA DE LOS MUERTOS

WEDS 10/26 AT 3:00 PM

Paint your own pumpkin with a Dia de los Muertos twist!



FLORAL HEADPIECE

DIA DE LOS MUERTOS

SUN, 10/30 AT 4:00 PM

Just how creative and unique can you get with your dead flower crown?



HALLOWEEN CROSSWORD

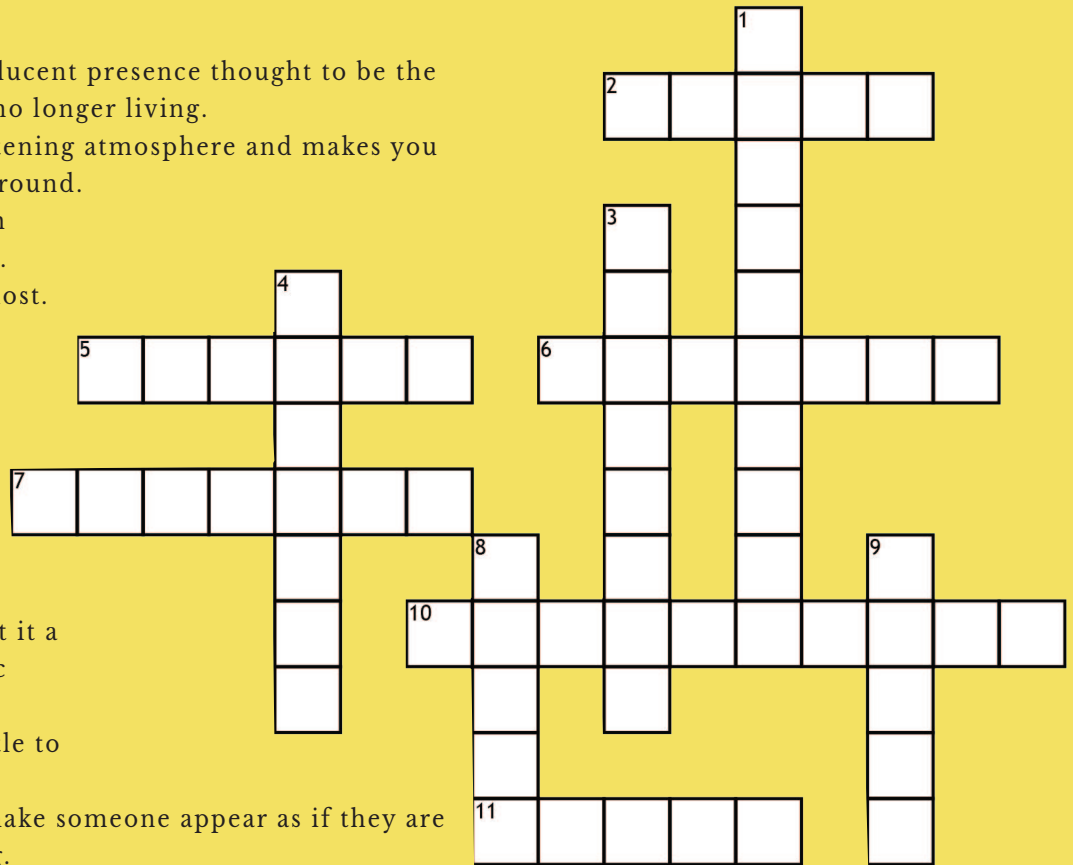
*Crossword answers will be available at the Concierge on the 15th of the month.

ACROSS

- 2 An often invisible to translucent presence thought to be the soul or spirit of someone no longer living.
- 5 A _____ place has a frightening atmosphere and makes you feel like ghosts might be around.
- 6 This winter squash is often orange, smooth and round.
- 7 A place frequented by a ghost.
- 10 While this cleaning tool is regularly used to sweep, a witch uses it to fly upon.
- 11 A mischievous act.

DOWN

- 1 This phrase can mean something is nonsense, but it a phrase often used in magic shows.
- 3 A witch uses this large kettle to boil a brew up in.
- 4 Clothes that are worn to make someone appear as if they are a different person or thing.
- 8 Snack food or candy that is usually high in sugar.
- 9 This person is most often a woman, and is thought to have magical powers.



Check out community photos on our social media.



REACH OUT TO OUR
FAMILY SPECIALIST

Tea Risley

TO ARRANGE FOR A
LUNCH TOUR TODAY!
(323) 938-2131

MEET OUR TEAM

Mendy Ginsburg	Executive Director
Amy Hernandez	Wellness Director
Tea Risley	Family Specialist
Vanita Harris	Business Office Manager
Dawna Butala	Hospitality Specialist
Flor Rodas	Dining Room Director
Marie Moyado	Active Living Specialist
Victoria Herrera	SOUL Specialist
Sergio Ovando	Activity Assistant
Rolando Marín	Environmental Services Director

OUR SERVICE PLEDGE

We understand that we are responsible for the delivery of excellent Resident service. We represent our company, our communities, and myself. At each "service moment", we will initiate a warm and friendly greeting, treat residents with care and understanding, and communicate clearly. We will do our part to implement the essentials of service excellence.

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