

# OCTOBER SPOTLIGHTS!



#### PRIYA PERKINS

AL Activities Director

Priya grew up in Boston and discovered her love for senior programming while working at LACMA, where she coordinated an initiative for older adults. Priya admires people who move through the world with purpose and passion. Her comfort food is curry, and one of her bucket list dreams is to visit Japan. If she could choose a superpower for her work here, it would be to multiply herself so she could be everywhere at once, making sure each resident feels included. Priya's favorite way to unwind is cat cuddle time.

#### PAULA ORTIZ

Cityview Resident

From: Peru

**Career:** Missionary and Professor **Hobbies:** Sewing, quilting, cooking

Fun Fact: She loves fashion and even used to

sew her own clothes

Surprising Secret: She once had nine dogs at

the same time!

Music of choice: Melancholic melodies



#### VIRGINIA TURCIOS

Housekeeper

Congratulations to Virginia on being our Employee of the Month!

As a housekeeper, she takes great pride in her work and keeps everything looking its best. But what makes her stand out is how she goes above and beyond her duties—always willing to lend a hand, share a smile, and even offer a hug when a resident needs one. It's no wonder the residents love her!



# Mark Your Calendar

# Monthly Meetings

10.4 Activities
Meeting
10.11 Resident
Council
10.18 ED
Meeting

#### The Beautician

Available Every Wednesday.

Please book appointments through our Concierge at (323) 938-2131.

# Staff Birthdays

Kayla S. 10.17Lillian D. 10.25Hannah M. 10.28

# Resident Birthdays!

Alla C. 10.1 Rodolfo C. 10.3 Naomi F. 10.4 Martha M. 10.7 lennifer L. 10.15 Ledy R. 10.21 10.25 Ben G Korosh P. 10.28 Marilyn G. 10.29 Donna L. 10.30

## October Holidays

Sukkot - October 6 - October 13 Simchat Torah - Tuesday, October 14 Halloween - Friday, October 31

# **Religious Services**

Holy Communion: Wednesdays - 2:00 PM Avi's Torah Class: Wednesdays - 1:00 PM

Bible Study: Thursdays - 1:00 PM Shabbat Services: Fridays - 4:00 PM

## Concierge & Transporation

We provide transportation Monday through Friday for scheduled appointments, outings, and shopping trips organized by our community. Residents must sign up in advance. Weekly sign-up sheets are available with Concierge at the start of each week.



Sukkot is a beautiful holiday that marks the harvest season and commemorates the time when the Jewish people lived in temporary shelters during their journey in the desert. It is a festival of gratitude, community, and celebration

Date: Thursday, October 9

Time: 12:00 PM

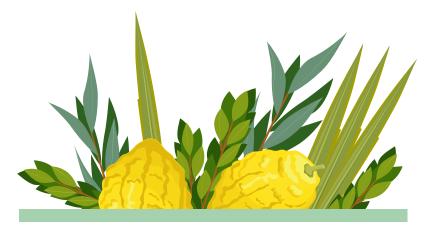
**Location: Dining Room** 

#### Menu Highlights:

Velvety soup in a rustic bread bowl Succulent wine-braised brisket served with tender gnocchi and roasted root vegetables Warm cinnamon bun with ice cream

#### Live Entertainment:

Chazzan Mitzi Schwartz



# Soul October Highlights

#### Bingo Body Warm-Up

Get your blood flowing and your body moving before bingo begins.

Tanna will lead a fun, full-body seated movement class to get your mind and body ready to win prizes.

Puppy Jack comes to spread some silliness and smiles as he romps around the patio. He would love it if you played and pet him, but his favorite is scratches behind his ears!



Puppy Patio Playdate



Witch Hazel's Spooky Stories

Listen to
haunting tales
from Witch
Hazel and join in
seasonal crafts
to welcome the
Halloween spirit.

October 16 3:00 PM

# YOU DON'T WANT TO MISS THESE SPECIALS:

#### Gratitude Chain of Kindness

Add your words of kindness to our paper chain for Sukkot décor.

#### Albert's Tasty Creations

Watch Albert's cooking demo and sample his new treats.

#### Bean Bag Bowling

Stay seated, toss bean bags, and see if you can knock them all down!

#### Trick-or-Treat Bag Decorating

Create spooky bags that will light up the 3rd floor on Halloween.

See calendar for details.

#### LANTERN MAKING

A hands-on, creative workshop where you'll design a lantern that's uniquely yours!

# AL OCTOBER ACTIVITIES HIGHLIGHTS

#### **SPOOKY STORIES**

Gather 'round for Spooky Stories, where eerie tales and ghostly legends will send shivers down your spine and spark your imagination.



#### **HAUNTED HOUSE**

The 5th-floor activities room will be transformed into a haunted wonderland. Walk through Halloween-inspired decorations—and you might even get a sweet treat along the way... Join us for a frightfully fun time!



#### PUMPKIN DECORATING

Get into the fall spirit!
Bring your creativity to life as you paint, design, and personalize your very own festive pumpkin, to enter into our pumpkin decorating competition!



#### **DIA DE LOS MUERTOS**

Celebrate the spirit of Día de los Muertos with a colorful skull-making activity!
Decorate your own vibrant skull with bright designs and patterns as we honor tradition, creativity, and remembrance together.

#### **OCTOBER OUTINGS**

10.2 Trader Joe's & Ralphs

10.23 Target & Dollar Tree

10.30 Goodwill

# HALLOWEEN SPIRIT WEEK

Celebrate the spooky season with fun! Join us for crazy hat day, silly sock day, cozy pajama day, and orange & black day!

#### **WEEKLY WORKOUT CLASSES**

**Monday** Bean Bag Toss & Walk

Tuesday Workout with Dai

Wednesday Tai Chi & Massages

Thursday Yoga & Lemon Water

Friday Zumba & Protein Bars















Reach out to our Family Specialist, **Dawna Butala**, to arrange for a tour today! (323)-938-2131

#### **OUR SERVICE PLEDGE**

We understand that we are responsible for the delivery of excellent Resident service. We represent our company, our communities, and ourselves. At each "service moment", we will initiate a warm and friendly greeting, treat residents with care and understanding, and communicate clearly. We will do our part to implement the essentials of service excellence.

# **MEET OUR TEAM**

Mendy Ginsburg
Dawna Butala
Amelia Hernandez
Marcia McKay
Vanita Harris
Hannah Mousa
Flor Rodas
Rolando Marin
Priya Perkins
Tanna Leap
Irene & Malou

Executive Director
Family Specialist
Move-In Specialist
Wellness Director
Business Office Manager
Soul Wellness Coordinator
Culinary Director
Environmental Services
AL Activities Director
Soul Activities Coordinator
Concierge