

Sunday

Monday

Tuesday



Wednesday

Thursday

Friday

Saturday

# April 2020

			<p>9:30 Today in History L5 10:00 Wake Up, Workout #1 L5 <b>10:45 Wake up , Work Out #2 L5</b> 11:30 Spanish 101 L5 <b>1:30 Video Concert Sing along L5</b> <b>3:00 Pokeno #1 L5</b> 4:00 Pokeno #2 L5 <b>6:30 Amazon Classic Cinema L5</b> <i>The Golden Girls</i></p> <p>April Fools' Day</p>	<p><b>9:30 Hazelnut Coffee &amp; Poetry 2</b> 10:00 Boot Camp w/ Arnold#1 L5 10:45 Boot Camp w/ Arnold#2 L5 11:30 Blackjack L5 <b>2:00 Quiz Bowl L5</b> <b>3:00 Bingo #1 L5</b> 4:00 Bingo #2 L5 <b>6:30 Netflix Docuseries: LA 92</b></p>	<p><b>9:30 List 10 Challenge L5 3</b> 10:00 Wake Up, Workout #1 L5 <b>10:45 Wake up , Work Out #2 L5</b> 11:30 Open Forum Discussion L5 2:00 Jeopardy Challenge L5 3:00 Pokeno #1 L5 <b>4:00 Pokeno #2 L5</b> <b>6:30 Amazon Friday Night Fun Flick: American in Paris</b></p>	<p><b>9:30 Mindfulness Meditation 4</b> 10:00 Boot Camp w/ Arnold#1 L5 10:45 Boot Camp w/ Arnold#2 L5 <b>11:30 Spring Planting &amp; Environmental Inventions</b> 1:30 Poker w/Arnold L5 <b>3:00 Bingo #1 L5</b> 4:00 Bingo #2 L5 <b>6:30 Netflix Hollywood Movies: Steve Jobs</b></p>
<p>10:00 Wake up, Work Out! #1 L5 <b>5</b> <b>10:45 Wake up, Work Out #2 L5</b> <b>11:30 Rummikub L5</b> 1:30 Documentary: JFK The Making of a President L5 <b>3:00 Bingo#1 L5</b> 4:00 Bingo #2 L5 <b>6:30 Men's Movie Night Netflix: Good fellas</b></p> <p>Palm Sunday</p>	<p>10:00 Stretch and Strengthen #1 L5 <b>6</b> <b>10:45 Stretch and Strengthen #2 L5</b> <b>2:00 Guided Acrylic Paintings on Canvas L5</b> <b>3:00 Bingo #1L5</b> 4:00 Bingo #2 L5 <b>6:30 Amazon Series: Ken Burns' American Lives</b></p>	<p><b>10:00 Tone and Condition #1 L5 7</b> 10:45 <b>Tone and Condition #2 L5</b> <b>11:30 Spring Planting &amp; Environmentalist Expose</b> <b>1:30 Blackjack L5</b> <b>3:00 Bingo#1 L5</b> 4:00 Bingo #2 L5 <b>6:30 Netflix Cinema: Jerry Maguire</b></p>	<p>9:30 Today in History L5 <b>8</b> 10:00 Wake Up, Workout #1 L5 <b>10:45 Wake up , Work Out #2 L5</b> 11:30 Spanish 101 L5 <b>1:30 Video Concert Sing along L5</b> <b>3:00 Pokeno #1 L5</b> 4:00 Pokeno #2 L5 <b>6:30 Amazon Classic Cinema L5</b> <i>The Golden Girl</i></p> <p>Passover Begins</p>	<p><b>9:30 Hazelnut Coffee &amp; Poetry 9</b> 10:00 Boot Camp w/ Arnold#1 L5 10:45 Boot Camp w/ Arnold#2 L5 11:30 Blackjack L5 <b>2:00 Quiz Bowl L5</b> <b>3:00 Bingo #1 L5</b> 4:00 Bingo #2 L5 <b>6:30 Netflix Docuseries: The Death and Life of Marsha P. Johnson</b></p>	<p><b>9:30 List 10 Challenge L5 10</b> 10:00 Wake Up, Workout #1 L5 <b>10:45 Wake up , Work Out #2 L5</b> 11:30 Open Forum Discussion L5 2:00 Jeopardy Challenge L5 3:00 Pokeno #1 L5 <b>4:00 Pokeno #2 L5</b> <b>6:30 Amazon Friday Night Fun Flick: Seven Brides for Seven Brothers</b></p> <p>Good Friday</p>	<p><b>9:30 Mindfulness Meditation 11</b> 10:00 Boot Camp w/ Arnold#1 L5 10:45 Boot Camp w/ Arnold#2 L5 <b>11:30 Spring Planting &amp; Environmental Inventions</b> 1:30 Poker w/Arnold L5 <b>3:00 Bingo #1 L5</b> 4:00 Bingo #2 L5 <b>6:30 Netflix Hollywood Movies: Julie &amp; Julia</b></p>
<p>10:00 Wake up, Work Out! #1 L5 <b>12</b> <b>10:45 Wake up, Work Out #2 L5</b> <b>11:30 Rummikub L5</b> 1:30 Documentary: Amelia The Tale of Two Sisters L5 <b>3:00 Bingo#1 L5</b> 4:00 Bingo #2 L5 <b>6:30 Men's Movie Night Netflix: Any Given Sunday</b></p> <p>Easter Sunday</p>	<p>10:00 Stretch and Strengthen #1 <b>13</b> <b>10:45 Stretch and Strengthen #2 L5</b> <b>2:00 Guided Acrylic Paintings on Canvas L5</b> <b>3:00 Bingo #1L5</b> 4:00 Bingo #2 L5 <b>6:30 Amazon Series: Ken Burns' American Lives</b></p>	<p><b>10:00 Tone and Condition #1 L5 14</b> 10:45 <b>Tone and Condition #2 L5</b> <b>11:30 Spring Planting &amp; Environmentalist Expose</b> <b>1:30 Blackjack L5</b> <b>3:00 Bingo#1 L5</b> 4:00 Bingo #2 L5 <b>6:30 Netflix Cinema: The Pursuit of Happyness</b></p>	<p>9:30 Today in History L5 <b>15</b> 10:00 Wake Up, Workout #1 L5 <b>10:45 Wake up , Work Out #2 L5</b> 11:30 Spanish 101 L5 <b>1:30 Video Concert Sing along L5</b> <b>3:00 Pokeno #1 L5</b> 4:00 Pokeno #2 L5 <b>6:30 Amazon Classic Cinema L5</b> <i>The Golden Girls</i></p>	<p><b>9:30 Hazelnut Coffee &amp; Poetry 16</b> 10:00 Boot Camp w/ Arnold#1 L5 10:45 Boot Camp w/ Arnold#2 L5 11:30 Blackjack L5 <b>2:00 Quiz Bowl L5</b> <b>3:00 Bingo #1 L5</b> 4:00 Bingo #2 L5 <b>6:30 Netflix Docuseries: Women at War</b></p>	<p><b>9:30 List 10 Challenge L5 17</b> 10:00 Wake Up, Workout #1 L5 <b>10:45 Wake up , Work Out #2 L5</b> 11:30 Open Forum Discussion L5 2:00 Jeopardy Challenge L5 3:00 Pokeno #1 L5 <b>4:00 Pokeno #2 L5</b> <b>6:30 Amazon Friday Night Fun Flick: Born Yesterday</b></p>	<p><b>9:30 Mindfulness Meditation 18</b> 10:00 Boot Camp w/ Arnold#1 L5 10:45 Boot Camp w/ Arnold#2 L5 <b>11:30 Spring Planting &amp; Environmental Inventions</b> 1:30 Poker w/Arnold L5 <b>3:00 Bingo #1 L5</b> 4:00 Bingo #2 L5 <b>6:30 Netflix Hollywood Movies: Rounders</b></p>
<p>10:00 Wake up, Work Out! #1 L5 <b>19</b> <b>10:45 Wake up, Work Out #2 L5</b> <b>11:30 Rummikub L5</b> 1:30 Documentary: How to Win the US Presidency L5 <b>3:00 Bingo#1 L5</b> 4:00 Bingo #2 L5 <b>6:30 Men's Movie Night Netflix: The Shawshank Redemption</b></p>	<p>10:00 Stretch and Strengthen #1 <b>20</b> <b>10:45 Stretch and Strengthen #2 L5</b> <b>2:00 Guided Acrylic Paintings on Canvas L5</b> <b>3:00 Bingo #1L5</b> 4:00 Bingo #2 L5 <b>6:30 Amazon Series: Ken Burns' American Lives</b></p>	<p><b>10:00 Tone and Condition #1 L5 21</b> 10:45 <b>Tone and Condition #2 L5</b> <b>11:30 Spring Planting &amp; Environmentalist Expose</b> <b>1:30 Blackjack L5</b> <b>3:00 Bingo#1 L5</b> 4:00 Bingo #2 L5 <b>6:30 Netflix Cinema: Ali</b></p>	<p>9:30 Today in History L5 <b>22</b> 10:00 Wake Up, Workout #1 L5 <b>10:45 Wake up , Work Out #2 L5</b> 11:30 Spanish 101 L5 <b>1:30 Video Concert Sing along L5</b> <b>3:00 Pokeno #1 L5</b> 4:00 Pokeno #2 L5 <b>6:30C L5</b> <i>The Golden Girls</i></p> <p>Earth Day</p>	<p><b>9:30 Hazelnut Coffee &amp; Poetry 23</b> 10:00 Boot Camp w/ Arnold#1 L5 10:45 Boot Camp w/ Arnold#2 L5 11:30 Blackjack L5 <b>2:00 Quiz Bowl L5</b> <b>3:00 Bingo #1 L5</b> 4:00 Bingo #2 L5 <b>6:30 Netflix Docuseries: Hope one in a Billion</b></p> <p>Ramadan Begins</p>	<p><b>9:30 List 10 Challenge L5 24</b> 10:00 Wake Up, Workout #1 L5 <b>10:45 Wake up , Work Out #2 L5</b> 11:30 Open Forum Discussion L5 2:00 Jeopardy Challenge L5 3:00 Pokeno #1 L5 <b>4:00 Pokeno #2 L5</b> <b>6:30 Amazon Friday Night Fun Flick: Gilda</b></p> <p>Arbor Day</p>	<p><b>9:30 Mindfulness Meditation 25</b> 10:00 Boot Camp w/ Arnold#1 L5 10:45 Boot Camp w/ Arnold#2 L5 <b>11:30 Spring Planting &amp; Environmental Inventions</b> 1:30 Poker w/Arnold L5 <b>3:00 Bingo #1 L5</b> 4:00 Bingo #2 L5 <b>6:30 Netflix Hollywood Movies: Purple Rain</b></p>
<p>10:00 Wake up, Work Out! #1 L5 <b>26</b> <b>10:45 Wake up, Work Out #2 L5</b> <b>11:30 Rummikub L5</b> 1:30 Documentary: S is for Stanley L5 <b>3:00 Bingo#1 L5</b> <b>4:00 Bingo #2 L5</b> <b>6:30 Men's Movie Night Netflix: The Longest Yard</b></p>	<p>10:00 Stretch and Strengthen #1 <b>27</b> <b>10:45 Stretch and Strengthen #2 L5</b> <b>2:00 Guided Acrylic Paintings on Canvas L5</b> <b>3:00 Bingo #1L5</b> 4:00 Bingo #2 L5 <b>6:30 Amazon Series: Ken Burns' American Lives</b></p>	<p><b>10:00 Tone and Condition #1 L5 28</b> 10:45 <b>Tone and Condition #2 L5</b> <b>11:30 Spring Planting &amp; Environmentalist Expose</b> <b>1:30 Blackjack L5</b> <b>3:00 Bingo#1 L5</b> 4:00 Bingo #2 L5 <b>6:30 Netflix Cinema: Driving Miss Daisy</b></p>	<p>9:30 Today in History L5 <b>29</b> 10:00 Wake Up, Workout #1 L5 <b>10:45 Wake up , Work Out #2 L5</b> 11:30 Spanish 101 L5 <b>1:30 Video Concert Sing along L5</b> <b>3:00 Pokeno #1 L5</b> 4:00 Pokeno #2 L5 <b>6:30 Amazon Classic Cinema L5</b> <i>The Golden Girls</i></p>	<p><b>9:30 Hazelnut Coffee &amp; Poetry 30</b> 10:00 Boot Camp w/ Arnold#1 L5 10:45 Boot Camp w/ Arnold#2 L5 11:30 Blackjack L5 <b>2:00 Quiz Bowl L5</b> <b>3:00 Bingo #1 L5</b> 4:00 Bingo #2 L5 <b>6:30 Netflix Docuseries: Quincy</b></p>	 <p>Happy Passover! Happy Easter! Happy Ramadan!</p>	