

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|--|--|---|---|
| 9:20 Sunday Stroll L1 10:00 Wake Up, Work Out! L5 11:00 Brain Teasers and Riddles L5 1:30 City View Walking Club L1 2:30 Beginner's Trivia L5 4:00 Bingo L5 6:30 Men's Movie Night Amazon: Some Like It Hot L5 Daylight Saving Time Ends | 9:20 Morning Walking Club L1 10:00 Stretch and Strengthen L5 11:00 Jewelry Design with April L5 1:30 Afternoon Appreciation Walk 2:00 Taste of Fall and Thankfulness Discussion L5 3:00 Card Game Challenge: Uno L5 4:00 Bingo L5 6:30 Netflix Cinema: Fargo L5 | 9:20 Walk the Block L1 10:00 Tone and Condition 11:00 Name That Tune L5 1:30 Midday Walk L1 2:00 Veggie Platter Social L5 3:00 Casino Royale: Poker L5 4:00 Bingo L5 6:30 Amazon Film: Singing in the Rain L5 | 9:20 Heart & Sole Walking Club L1 10:00 Aerobic Conditioning L5 11:00 Current Events Hour L5 1:30 Afternoon Stroll L1 2:00 The Beatles Sing Along 3:00 Family Feud L5 4:00 Bingo L5 6:30 Netflix Classic Cinema: Basic Instinct L5 | 9:20 Morning Stroll L1 10:00 Boot Camp with Arnold L5 11:00 Tea & Coffee Social L5 1:30 City View Walking Crew L1 2:00 Jeopardy L5 3:00 Board Game: Scrabble L5 4:00 Bingo L5 6:30 Amazon Docuseries: Ken Burns' American Lives L5 | 9:20 Step It Up! Walking Club L1 10:00 Exercise with Weights L5 11:00 Tech Time with Arnold L5 1:30 Afternoon Walk L1 2:00 You Be The Judge L5 3:00 Casino Royale: Blackjack L5 4:00 Bingo L5 6:30 Netflix Friday Night Fun Flick: Les Miserables L5 | 9:30 Mindfulness Meditation 10:00 Cardio Chair Fitness L5 11:00 Jeopardy Challenge L5 1:30 City View Walk and Talk L1 2:00 The Life and Music of Elvis Presley 3:00 Card Game Challenge: Uno 4:00 Bingo L5 6:30 Amazon Hollywood Movies: The King and I L5 |
| 9:20 Sunday Stroll L1 10:00 Wake Up, Work Out! L5 11:00 Brain Teasers and Riddles L5 1:30 City View Walking Club L1 2:30 Beginner's Trivia L5 4:00 Bingo L5 6:30 Men's Movie Night Netflix: The Producers L5 | 9:20 Morning Walking Club L1 10:00 Stretch and Strengthen L5 11:00 Guided Acrylic Painting L5 1:30 Afternoon Appreciation Walk 2:00 Taste of Fall and Thankfulness Discussion L5 3:00 Card Game Challenge: Uno L5 4:00 Bingo L5 6:30 Amazon Cinema: Sound of music L5 | 9:20 Walk the Block L1 10:00 Tone and Condition 11:00 Name That Tune L5 1:30 Midday Walk L1 2:00 Veggie Platter Social L5 3:00 Casino Royale: Poker L5 4:00 Bingo L5 6:30 Netflix Film: Tortilla Soup L5 | 9:20 Heart & Sole Walking Club L1 10:00 Aerobic Conditioning L5 11:00 Current Events Hour 1:30 Patriotic Sing Along L5 2:30 Famous Veterans Trivia L5 3:00 Family Feud L5 4:00 Bingo L5 6:30 Amazon Classic Cinema: The Great Escape L5 Veterans Day | 9:20 Morning Stroll L1 10:00 Boot Camp with Arnold L5 11:00 Tea & Coffee Social L5 1:30 City View Walking Crew L1 2:00 Jeopardy L5 3:00 Board Game: Scrabble L5 4:00 Bingo L5 6:30 Netflix Docuseries: Inside Bill's Brain Ep. 1&2 L5 | 9:20 Step It Up! Walking Club L1 10:00 Exercise with Weights L5 11:00 Tech Time with Arnold L5 1:30 Afternoon Walk L1 2:00 You Be The Judge L5 3:00 Casino Royale: Blackjack L5 4:00 Bingo L5 6:30 Amazon Friday Night Fun Flick: The Bodyguard L5 | 9:30 Mindfulness Meditation 10:00 Cardio Chair Fitness L5 11:00 Jeopardy Challenge L5 1:30 City View Walk and Talk L1 2:00 The Life and Music of Freddie Mercury 3:00 Card Game Challenge: Uno 4:00 Bingo L5 6:30 Netflix Hollywood Movies: Indiana Jones and the Last Crusade L5 |
| 9:20 Walking Club L1 10:00 Wake Up, Work Out! L5 11:00 Brain Teasers and Riddles L5 1:30 City View Walking Club L1 2:30 Beginner's Trivia L5 4:00 Bingo L5 6:30 Men's Movie Night Amazon: Psycho (1960) L5 | 9:20 Morning Walking Club L1 10:00 Stretch and Strengthen L5 11:00 Jewelry Design with April L5 1:30 Afternoon Appreciation Walk 2:00 Taste of Fall and Thankfulness Discussion L5 3:00 Card Game Challenge: Uno L5 4:00 Bingo L5 6:30 Netflix Cinema: 28 Days L5 | 9:20 Walk the Block L1 10:00 Tone and Condition 11:00 Name That Tune L5 1:30 Midday Walk L1 2:00 Veggie Platter Social L5 3:00 Casino Royale: Poker L5 4:00 Bingo L5 6:30 Amazon Film: Titanic L5 | 9:20 Heart & Sole Walking Club L1 10:00 Aerobic Conditioning L5 11:00 Current Events Hour L5 1:30 Afternoon Stroll L1 2:00 Andrea Bocelli Sing Along L5 3:00 Family Feud L5 4:00 Bingo L5 6:30 Netflix Classic Cinema: Big Daddy L5 | 9:20 Morning Stroll L1 10:00 Boot Camp with Arnold L5 11:00 Tea & Coffee Social L5 1:30 City View Walking Crew L1 2:00 Jeopardy L5 3:00 Board Game: Scrabble L5 4:00 Bingo L5 6:30 Amazon Docuseries: Ken Burns' American Lives L5 | 9:20 Step It Up! Walking Club L1 10:00 Exercise with Weights L5 11:00 Tech Time with Arnold L5 1:30 Afternoon Walk L1 2:00 You Be The Judge L5 3:00 Casino Royale: Blackjack L5 4:00 Bingo L5 6:30 Netflix Friday Night Fun Flick: Wild Oats L5 | 9:30 Mindfulness Meditation 10:00 Cardio Chair Fitness L5 11:00 Jeopardy Challenge L5 1:30 City View Walk and Talk L1 2:00 The Life and Music of John Lennon 3:00 Card Game Challenge: Uno 4:00 Bingo L5 6:30 Amazon Hollywood Movies: Forest Gump L5 |
| 9:20 Walking Club L1 10:00 Wake Up, Work Out! L5 11:00 Brain Teasers and Riddles L5 1:30 City View Walking Club L1 2:30 Beginner's Trivia L5 4:00 Bingo L5 6:30 Men's Movie Night Netflix: The Ballad of Lefty Brown L5 | 9:20 Morning Walking Club L1 10:00 Stretch and Strengthen L5 11:00 Guided Acrylic Painting L5 1:30 Afternoon Appreciation Walk 2:00 Taste of Fall and Thankfulness Discussion L5 3:00 Card Game Challenge: Uno L5 4:00 Bingo L5 6:30 Amazon Cinema: A Bronx Tale L5 | 9:20 Walk the Block L1 10:00 Tone and Condition 11:00 Name That Tune L5 1:30 Midday Walk L1 2:00 Veggie Platter Social L5 3:00 Casino Royale: Poker L5 4:00 Bingo L5 6:30 Netflix Film: Stranger than Fiction L5 | 9:20 Heart & Sole Walking Club L1 10:00 Aerobic Conditioning L5 11:00 Current Events Hour L5 1:30 Afternoon Stroll L1 2:00 Il Volo Sing Along 3:00 Family Feud L5 4:00 Bingo L5 6:30 Amazon Classic Cinema: Dirty Dancing L5 | 9:20 Morning Walking Club L1 10:00 Boot Camp with Arnold L5 11:00 Gratitude Discussion: 10 Things I'm Grateful For This Year L5 11:30 Thanksgiving Brunch L2 2:30 Thanksgiving Concert L2 4:00 Bingo L5 6:30 Netflix Docuseries: Inside Bill's Brain Ep. 3 L5 Thanksgiving Day (US) | 9:20 Step It Up! Walking Club L1 10:00 Exercise with Weights L5 11:00 Tech Time with Arnold L5 1:30 Afternoon Walk L1 2:00 You Be The Judge L5 3:00 Casino Royale: Blackjack L5 4:00 Bingo L5 6:30 Amazon Friday Night Fun Flick: Gilda L5 | 9:30 Mindfulness Meditation 10:00 Cardio Chair Fitness L5 11:00 Jeopardy Challenge L5 1:30 City View Walk and Talk L1 2:00 The Life and Music of Michel Jackson 3:00 Card Game Challenge: Uno 4:00 Bingo L5 6:30 Netflix Hollywood Movies: Bad News Bears L5 |
| 9:20 Sunday Stroll L1 10:00 Wake Up, Work Out! L5 11:00 Brain Teasers and Riddles L5 1:30 City View Walking Club L1 2:30 Beginner's Trivia L5 4:00 Bingo L5 6:30 Men's Movie Night Amazon: All the President's Men L5 | 9:20 Morning Walking Club L1 10:00 Stretch and Strengthen L5 11:00 Jewelry Design with April L5 1:30 Afternoon Appreciation Walk 2:00 Taste of Fall and Thankfulness Discussion L5 3:00 Card Game Challenge: Uno L5 4:00 Bingo L5 6:30 Netflix Cinema: Mad Max L5 | <h1>November 2020</h1> <h1>Happy Thanksgiving!</h1> | | | | |