

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



**October 2020**  
**Happy Halloween!**

<p>9:30 Morning Walking Club L1 <b>4</b>  <b>10:00 Wake Up, Work Out! #1 L5</b>  <b>11:00 Brain Teasers and Riddles L5</b>            1:30 Beginners Trivia L5  <b>2:30 Bingo#1 L5</b>            4:00 Bingo #2 L5  <b>6:30 Men's Movie Night Amazon: The American President L5</b></p>	<p>9:30 Morning Walking Club L1 <b>5</b>            10:00 Stretch and Strengthen #1 L5  <b>11:00 Jewelry Design with April L5</b>  <b>1:00 Autumn Tastes and Talk L5</b>            2:30 Bingo #1 L5            4:00 Bingo #2 L5  <b>6:30 Netflix Cinema: For Love or Money L5</b></p> <p>Active Aging Week Begins</p>	<p>9:30 Morning Walking Club L1 <b>6</b>  <b>10:00 Tone and Condition #1</b>            11:00 Guess the Tune L5  <b>1:30 Chips and Salsa Social L5</b>            2:30 Bingo#1 L5            4:00 Bingo #2 L5  <b>6:30 Amazon Film: Sabrina(1954)L5</b></p>	<p>9:30 Morning Walking Club L1 <b>7</b>            10:00 Wake Up, Workout L5  <b>11:00 Current Events Hour L5</b>  <b>1:30 Video Concert Sing along L5</b>            2:30 Bingo#1 L5            4:00 Bingo #2 L5  <b>6:30 Netflix Classic Cinema: My Best Friends Wedding L5</b></p>	<p>9:30 Morning Walking Club L1 <b>8</b>            10:00 Boot Camp with Arnold L5  <b>11:00 Pumpkin Spice Coffee Social L5</b>  <b>1:30 Jeopardy L5</b>            2:30 Bingo #1 L5            4:00 Bingo #2 L5  <b>6:30 Amazon Docuseries: Ken Burns' American Lives L5</b></p>	<p>9:30 Morning Walking Club L1 <b>2</b>            10:00 Wake Up, Workout L5  <b>11:00 Tech Time W/ Arnold L5</b>            1:30 You be the Judge L5            2:30 Bingo #1 L5            4:00 Bingo #2 L5  <b>6:30 Amazon Friday Night Fun Flick: La La Land L5</b></p> <p>Sukkot Begins</p>	<p>9:30 Mindfulness Meditation <b>3</b>  <b>10:00 Boot Camp w/ Arnold L5</b>  <b>11:00 Jeopardy Challenge L5</b>            1:30 Afternoon Walking Club L1            2:30 Bingo #1 L5            4:00 Bingo #2 L5  <b>6:30 Netflix Hollywood Movies: One Flew Over the Cuckoo's Nest L5</b></p>
<p>9:30 Morning Walking Club L1 <b>11</b>            10:00 Wake up, Work Out! #1 L5  <b>11:00 Brain Teasers and Riddles L5</b>            1:30 Beginners Trivia L5  <b>2:30 Bingo#1 L5</b>            4:00 Bingo #2 L5  <b>6:30 Men's Movie Night Netflix: Grease L5</b></p>	<p>9:30 Morning Walking Club L1 <b>12</b>            10:00 Stretch and Strengthen #1 L5  <b>11:00 Guided Acrylic Painting L5</b>  <b>1:00 Autumn Tastes and Talk L5</b>            2:30 Bingo #1L5            4:00 Bingo #2 L5  <b>6:30 Amazon Cinema: Key Largo L5</b></p> <p>Columbus Day (US) Thanksgiving Day (Canada)</p>	<p>9:30 Morning Walking Club L1 <b>13</b>  <b>10:00 Tone and Condition #1</b>            11:00 Guess the Tune L5  <b>1:30 Chips and Salsa Social L5</b>            2:30 Bingo#1 L5            4:00 Bingo #2 L5  <b>6:30 Netflix Film: The Founder L5</b></p>	<p>9:30 Morning Walking Club L1 <b>14</b>            10:00 Wake Up, Workout L5  <b>11:00 Current Events Hour L5</b>  <b>1:30 Video Concert Sing along L5</b>            2:30 Bingo#1 L5            4:00 Bingo #2 L5  <b>6:30 Amazon Classic Cinema: Murder on the Orient Express L5</b></p>	<p>9:30 Morning Walking Club L1 <b>15</b>            10:00 Boot Camp with Arnold L5  <b>11:00 Pumpkin Spice Coffee Social &amp; Earthquake Preparedness L5</b>  <b>1:30 Jeopardy L5</b>            2:30 Bingo #1 L5            4:00 Bingo #2 L5  <b>6:30 Netflix Docuseries: Challenger The Final Flight Episode 3 &amp; 4 L5</b></p> <p>International Shakeout Day</p>	<p>9:30 Morning Walking Club L1 <b>16</b>            10:00 Wake Up, Workout L5  <b>11:00 Tech Time W/ Arnold L5</b>            1:30 You be the Judge L5            2:30 Bingo #1 L5            4:00 Bingo #2 L5  <b>6:30 Amazon Friday Night Fun Flick: Going my Way L5</b></p>	<p>9:30 Mindfulness Meditation <b>17</b>  <b>10:00 Boot Camp w/ Arnold L5</b>  <b>11:00 Jeopardy Challenge L5</b>            1:30 Afternoon Walking Club L1            2:30 Bingo #1 L5            4:00 Bingo #2 L5  <b>6:30 Netflix Hollywood Movies: Quartet L5</b></p>
<p>9:30 Morning Walking Club L1 <b>18</b>  <b>10:00 Wake Up, Work Out! #1 L5</b>  <b>11:00 Brain Teasers and Riddles L5</b>            1:30 Beginners Trivia L5            2:30 Bingo #1 L5            4:00 Bingo #2 L5  <b>6:30 Men's Movie Night Amazon: On the Waterfront L5</b></p>	<p>9:30 Morning Walking Club L1 <b>19</b>            10:00 Stretch and Strengthen #1 L5  <b>11:00 Jewelry Design with April L5</b>  <b>1:00 Autumn Tastes and Talk L5</b>            2:30 Bingo #1L5            4:00 Bingo #2 L5  <b>6:30 Netflix Cinema: Glory L5</b></p>	<p>9:30 Morning Walking Club L1 <b>20</b>  <b>10:00 Tone and Condition #1</b>            11:00 Guess the Tune L5  <b>1:30 Chips and Salsa Social L5</b>            2:30 Bingo#1 L5            4:00 Bingo #2 L5  <b>6:30 Amazon Film: Rio Bravo L5</b></p>	<p>9:30 Morning Walking Club L1 <b>21</b>            10:00 Wake Up, Workout L5  <b>11:00 Current Events Hour L5</b>  <b>1:30 Video Concert Sing along L5</b>            2:30 Bingo#1 L5            4:00 Bingo #2 L5  <b>6:30 Netflix Classic Cinema: Frost/ Nixon L5</b></p>	<p>9:30 Morning Walking Club L1 <b>22</b>            10:00 Boot Camp with Arnold L5  <b>11:00 Pumpkin Spice Coffee Social L5</b>  <b>1:30 Jeopardy L5</b>            2:30 Bingo #1 L5            4:00 Bingo #2 L5  <b>6:30 Amazon Docuseries: Ken Burns' American Lives L5</b></p>	<p>9:30 Morning Walking Club L1 <b>23</b>            10:00 Wake Up, Workout L5  <b>11:00 Tech Time W/ Arnold L5</b>            1:30 You be the Judge L5            2:30 Bingo #1 L5            4:00 Bingo #2 L5  <b>6:30 Netflix Friday Night Fun Flick: The Addams Family L5</b></p>	<p>9:30 Mindfulness Meditation <b>24</b>  <b>10:00 Boot Camp w/ Arnold L5</b>  <b>11:00 Jeopardy Challenge L5</b>            1:30 Afternoon Walking Club L1            2:30 Bingo #1 L5            4:00 Bingo #2 L5  <b>6:30 Amazon Hollywood Movies: Stalag 17 L5</b></p>
<p>9:30 Morning Walking Club L1 <b>25</b>  <b>10:00 Wake Up, Work Out! #1 L5</b>  <b>11:00 Brain Teasers and Riddles L5</b>            1:30 Beginners Trivia L5            2:30 Bingo #1 L5            4:00 Bingo #2 L5  <b>6:30 Men's Movie Night Netflix: Back to the Future II L5</b></p>	<p>9:30 Morning Walking Club L1 <b>26</b>            10:00 Stretch and Strengthen #1 L5  <b>11:00 Guided Acrylic Painting L5</b>  <b>1:00 Autumn Tastes and Talk L5</b>            2:30 Bingo #1L5            4:00 Bingo #2 L5  <b>6:30 Amazon Halloween Cinema: Edward Scissor Hands L5</b></p>	<p>9:30 Morning Walking Club L1 <b>27</b>  <b>10:00 Tone and Condition #1</b>            11:00 Guess the Tune L5  <b>1:30 Chips and Salsa Social L5</b>            2:30 Bingo#1 L5            4:00 Bingo #2 L5  <b>6:30 Netflix Film: Ocean's Coneheads L5</b></p>	<p>9:30 Morning Walking Club L1 <b>28</b>            10:00 Wake Up, Workout L5  <b>11:00 Current Events Hour L5</b>  <b>1:30 Video Concert Sing along L5</b>            2:30 Bingo#1 L5            4:00 Bingo #2 L5  <b>6:30 Amazon Classic Cinema: The Graduate L5</b></p>	<p>9:30 Morning Walking Club L1 <b>29</b>            10:00 Boot Camp with Arnold L5  <b>11:00 Pumpkin Spice Coffee Social L5</b>  <b>1:30 Jeopardy L5</b>            2:30 Bingo #1 L5            4:00 Bingo #2 L5  <b>6:30 Netflix Movie: Mary Poppins Returns L5</b></p>	<p>9:30 Morning Walking Club L1 <b>30</b>            10:00 Wake Up, Workout L5  <b>11:00 Face Painting W/ Arnold L5</b>  <b>2:30 Dracula Ball</b>  <b>3:30 Halloween Costume Contest</b>  <b>6:30 Halloween Flick: Dracula L5</b></p> <p>Halloween Celebration</p>	<p>9:30 Mindfulness Meditation <b>31</b>  <b>10:00 Boot Camp w/ Arnold L5</b>  <b>11:00 Jeopardy Challenge L5</b>            1:30 Afternoon Walking Club L1            2:30 Bingo #1 L5            4:00 Bingo #2 L5  <b>6:30 Halloween Flick: Rear Window L5</b></p> <p>Happy Halloween!</p>