


CITY VIEW MENU

CITYVIEW PREPARES OUR MENU WITH NO ADDED SALTS OR SUGARS.

December 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>1 <u>BREAKFAST</u> Oatmeal, Bagel Blast, Lettuce, Tomato Cucumber, Capers</p> <p><u>LUNCH</u> Beef Stew, Vegetable Soup Vegetable or Cheese Pizza Side of Caesar Salad, Pound Cake</p> <p><u>DINNER</u> Grilled White Fish, Wild Rice Blend Grilled Zucchini, Yellow Squash and Cherry Tomatoes, Assorted Desserts</p>	<p>2 <u>BREAKFAST</u> Oatmeal, Fresh Pancakes Choice of Eggs, Meat and Fruit</p> <p><u>LUNCH</u> Chicken Gumbo Soup, Philly Cheese Steak Sandwich, Crispy Onion Ring Fruit, Sponge Cake w/Topping</p> <p><u>DINNER</u> Stuffed Turkey Breast w/Brown Gravy Bread Stuffing, Steamed Steamed Green Beans, Dessert of the Day</p>	<p>3 <u>BREAKFAST</u> Oatmeal, Fresh Baked Muffin Scrambled Eggs, Sausage</p> <p><u>LUNCH</u> Tortilla Soup, Chicken Vegetable Quesadilla, Guacamole, Pico de Gallo Sour Cream, Chocolate Bbka Cake</p> <p><u>PORTS OF CALL DINNER</u> <u>THAILAND</u> Thai-Style Meatballs over Thai Noodles Asian Vegetable Medley Spicy Cake</p>	<p>4 <u>BREAKFAST</u> Oatmeal, Fresh Waffles Choice of Eggs, Meat and Fruit</p> <p><u>LUNCH</u> Butternut Squash Soup, Chopped Salad Garlic Bread Stick Lemon Cake</p> <p><u>DINNER</u> Shrimp Scampi, Garden Rice Braised Swiss Red Chard, Spinach and Peppers, Assorted Desserts</p>	<p>5 <u>BREAKFAST</u> Oatmeal, French Toast Choice of Eggs, Meat and Fruit</p> <p><u>LUNCH</u> Minestrone Soup, Ricotta Cheese, Spinach in Jumbo Pasta Shells Steamed Mixed Vegetables Banana Split</p> <p><u>DINNER</u> Chicken Chasseur Roasted Sweet Yam, Carrots and Onions Carrot Cake</p>	<p>6 <u>BREAKFAST</u> Oatmeal, Cheese Omelet Hash Browns, Choice of Meat and Fruit</p> <p><u>LUNCH</u> Matzo Ball Soup, Club Sandwich Broccoli Cole Slaw Salad, Fruit Fruit Parfait</p> <p><u>DINNER</u> Beef Brisket, Boiled Red Skin Potatoes Braised Cabbage Chocolate Cake</p>	<p>7 <u>BREAKFAST</u> Oatmeal, Assorted Danish Choice of Eggs, Meat and Fruit</p> <p><u>LUNCH</u> Lentil Soup, Chicken Parmesan Sauteed Corn Souffle Steamed Broccoli, Cookies a la Mode</p> <p><u>DINNER</u> Stuffed Boneless Leg of Lamb Fennel Mashed Potatoes Sauteed Bok Choy w/Pepper & Onions Apple Pie</p>
<p>8 <u>BREAKFAST</u> Oatmeal, Bagel Blast, Lettuce, Tomato Cucumber, Capers</p> <p><u>LUNCH</u> Garbanzo Bean, Mixed Veggie Soup Reuben Sandwich Crispy Zucchini Stick, Watermelon Cookies a la Mode</p> <p><u>DINNER</u> Cranberry Pork Tenderloin Potato Pancakes, Mixed Vegetables Yellow Cake w/Chocolate Frosting</p>	<p>9 <u>BREAKFAST</u> Oatmeal, Fresh Pancake Choice of Eggs, Meat and Fruit</p> <p><u>LUNCH</u> Minestrone Soup, Cobb Salad Dinner Roll, Caramel Flan</p> <p><u>DINNER</u> Lemon Crusted Tilapia Vegetable Rice Steamed Broccoli & Cauliflower Assorted Cake</p>	<p>10 <u>BREAKFAST</u> Oatmeal, Fresh Baked Muffin Choice of Eggs, Meat and Fruit</p> <p><u>LUNCH</u> Puree of Cauliflower Soup, Turkey Melt Crispy Zucchini Sticks, Fruit, Fruit Jell-O</p> <p><u>PORTS OF CALL DINNER</u> <u>THAILAND</u> Beef-Style Pot Steak, Crispy Rice Pancake w/Country Sauce, Grilled Bok Choy, Red Pepper and Onions Chef's Cake of the Day</p>	<p>11 <u>BREAKFAST</u> Oatmeal, Fresh Waffles Choice of Eggs, Meat and Fruit</p> <p><u>LUNCH</u> Vegetable Soup, Grilled Chicken Fajitas Spanish Rice, Beans, and Sour Cream Mixed Fresh Fruit Cup</p> <p><u>DINNER</u> Lamb Osso Bucco Fennel Mashed Potato, Green Beans Strawberry Short Cake</p>	<p>12 <u>BREAKFAST</u> Oatmeal, French Toast Choice of Eggs, Meat and Fruit</p> <p><u>LUNCH</u> Wonton Soup Egg Salad Pocket, Carrot, Raisin, Pineapple, Salad and Watermelon Banana Split</p> <p><u>DINNER</u> Beef Pot Pie, Grilled Zucchini, Yellow Squash, and Carrots, Fruit Salad Baked Pear ala Mode</p>	<p>13 <u>BREAKFAST</u> Oatmeal, Denver Omelet Choice of Meat and Fruit</p> <p><u>LUNCH</u> Matzo Ball Soup, Italian Chopped Salad, Cheese Pizza Bread Orange Cream Cake</p> <p><u>DINNER</u> Grilled Salmon, Stuffed Baked Potato Oriental Vegetables, Carrot Cake</p>	<p>14 <u>BREAKFAST</u> Oatmeal, Assorted Puff Pastry Choice of Eggs, Meat and Fruit</p> <p><u>LUNCH</u> White Bean Soup Quiche Lorraine, Caesar Salad Banana Cup Cakes</p> <p><u>DINNER</u> California Chicken, Macaroni & Cheese Steamed Mixed Vegetables Chocolate Cake</p>
<p>15 <u>BREAKFAST</u> Oatmeal, Bagel Blast Lettuce, Tomato, Cucumber, Capers</p> <p><u>LUNCH</u> Corn Chowder Soup Cobb Salad, Dinner Roll Cheese Cake</p> <p><u>DINNER</u> Catch of the Day Orzo Pilaf, Steamed Broccoli & Cauliflower Chocolate Cake</p>	<p>16 <u>BREAKFAST</u> Oatmeal, Buttermilk Pancake Choice of Eggs, Meat and Fruit</p> <p><u>LUNCH</u> Split Pea Soup, Turkey Patty Melt w/Mushrooms and Onions Side of Crispy Zucchini Sticks, Fruit Cake of the Day</p> <p><u>DINNER</u> Oven BBQ Pork Spare Ribs, Corn on the Cobb, Baked Bean, Assorted Desserts</p>	<p>17 <u>BREAKFAST</u> Oatmeal, Banana Muffin Choice of Eggs, Meat and Fruit</p> <p><u>LUNCH</u> Chicken & Vegetable Soup, Egg Salad Croissant Sandwich, Potato Salad, Fruit Fruit Jell-O</p> <p><u>PORTS OF CALL DINNER</u> <u>THAILAND</u> Thai-Style Roasted Chicken, Carmelized Brussel Sprouts, Paprika Red Potatoes Thai Angel Food Cake</p>	<p>18 <u>BREAKFAST</u> Oatmeal, Buttermilk Waffles Choice of Eggs, Meat and Fruit</p> <p><u>LUNCH</u> Spinach Florentine Soup, Fish & Chips Side of Watermelon Carrot Cake</p> <p><u>DINNER</u> Spaghetti and Meatballs Garlic Bread Malibu Blend Veggies Chocolate Cake</p>	<p>19 <u>BREAKFAST</u> Oatmeal, French Toast Choice of Eggs, Meat and Fruit</p> <p><u>LUNCH</u> Black and White Bean Soup, Dinner Roll Stuffed Tomato Choice: Egg or Chicken Yellow Cake w/Strawberry Topping</p> <p><u>DINNER</u> Chicken Marsala, Polenta Steamed Broccoli and Cauliflower Cookies a la Mode</p>	<p>20 <u>BREAKFAST</u> Oatmeal, Poached Eggs Choice of Meat and Fruit</p> <p><u>LUNCH</u> Matzo Ball Soup, Caesar Salad Vegetable or Cheese Pizza Pineapple Cake</p> <p><u>DINNER</u> London Broil, Red Smashed Potatoes Braised Cabbage Blueberry Cobbler</p>	<p>21 <i>Winter Begins</i> <u>BREAKFAST</u> Oatmeal, Cinnamon Roll Choice of Eggs, Meat and Fruit</p> <p><u>LUNCH</u> Vegetable and Rice Soup Pastrami Sandwich, Cole Slaw Fruit, Sponge Cake w/Chocolate Sauce</p> <p><u>DINNER</u> Cornish Game Hen Rice Pilaf, Steamed Summer Vegetables Banana Cake w/Chocolate Frosting</p>
<p>22 <i>Hanukkah (begins at sundown)</i> <u>BREAKFAST</u> Oatmeal, Bagel Blast Lettuce, Tomato, Cucumber, Capers</p> <p><u>LUNCH</u> Cream of Broccoli Soup Broccoli Quiche, Greek Salad Chocolate Cream Cake</p> <p><u>HAPPY HANUKKAH DINNER</u></p>	<p>23 <u>BREAKFAST</u> Oatmeal, Fresh Pancake Choice of Eggs, Meat and Fruit</p> <p><u>LUNCH</u> Miso Soup, Sloppy Joes Mixed Vegetables, Pie of the Day</p> <p><u>DINNER</u> Turkey Pot Pie, Pasta Salad Fresh Fruit Salad Assorted Cake of the Day</p>	<p>24 <u>BREAKFAST</u> Oatmeal, Fresh Baked Muffin Scrambled Eggs, Sausage</p> <p><u>CHRISTMAS PARTY LUNCH</u> Puree of Asparagus Soup Grilled Salmon, Twice Baked Potato Green Bean Almandine, Cheesecake</p> <p><u>DINNER</u> Reuben Sandwich, Vegetable Cole Slaw Salad, Fresh Fruit Salad Strawberry Short Cake</p>	<p>25 <i>Christmas Day</i> <u>BREAKFAST</u> Oatmeal, Fresh Waffles Choice of Eggs, Meat and Fruit</p> <p><u>LUNCH</u> Butternut Squash Soup, Chicken Lo Mein Chinese Vegetables Egg Custard</p> <p><u>DINNER</u> Rosemary Boneless Leg of Lamb Roasted Root Vegetables Vegetable Capri, Carrot Cake</p>	<p>26 <u>BREAKFAST</u> Oatmeal, French Toast Choice of Eggs, Meat and Fresh Fruit</p> <p><u>LUNCH</u> French Onion Soup, Chef's Salad Pita Bread, Banana Split</p> <p><u>DINNER</u> Shrimp Pasta Primavera Garlic Bread Sticks, Mixed Vegetables Lemon Cake</p>	<p>27 <u>BREAKFAST</u> Oatmeal, Turkey and Cheese Omelet Choice of Meat and Fruit</p> <p><u>LUNCH</u> Matzo Ball Soup, Vegetable or Cheese Enchiladas, Spanish Rice, Beans Sour Cream, Sponge Cake</p> <p><u>DINNER</u> Beef Burgundy Mashed Potatoes, Summer Mixed Vegetables, Pie of the Day</p>	<p>28 <u>BREAKFAST</u> Oatmeal, Coffee Cake Choice of Meat and Fruit</p> <p><u>LUNCH</u> Mushroom and Barley Soup Club Sandwich, Broccoli Cole Slaw Fruit, Ice Cream Sandwich</p> <p><u>DINNER</u> Chicken Cacciatore, Garden Rice Broccoli and Cauliflower German Chocolate Cake</p>
<p>29 <u>BREAKFAST</u> Oatmeal, Bagel Blast, Lettuce, Tomato Cucumber, Capers</p> <p><u>LUNCH</u> Split Pea Soup Vegetable Lasagna, Garlic Bread Spinach and Cherry Tomatoes Pound Cake w/Strawberry Topping</p> <p><u>DINNER</u> Lamb Vegetable Stew Cole Slaw Salad, Mixed Vegetables German Chocolate Cake</p>	<p>30 <u>BREAKFAST</u> Oatmeal, Fresh Baked Pancakes Choice of Eggs, Meat and Fruit</p> <p><u>LUNCH</u> Thai Vegetable Soup Grilled Chicken and Greek Salad Pesto Pita Bread, Pie of the Day</p> <p><u>DINNER</u> Grilled White Fish w/Capers, Lemon Wine Sauce, Roasted Garlic Mashed Potatoes, Green Bean w/Cherry Tomatoes, Assorted Dessert</p>	<p>31 <i>New Year's Eve</i> <u>BREAKFAST</u> Oatmeal, Fresh Baked Muffin Scrambled Eggs, Sausage</p> <p><u>NEW YEAR'S EVE LUNCH</u> Tomato Cream Soup, Filet Mignon Baked Potato, Green Beans w/Roasted Red Pepper and Onions Red Velvet Cake</p> <p><u>DINNER</u> Turkey Croissant Sandwich, Tomato Cucumber Salad, Side of Watermelon Fruit Jello-O</p>	<p></p> <p>BEVERAGES <u>Breakfast</u> Cranberry, Apple, Orange Juices Coffee - Hot Tea Hot Chocolate Milk - Water</p> <p><u>Lunch & Dinner</u> Coffee - Hot Tea Water - Ice Tea Lemonade</p>	<p>THE MONTH OF DECEMBER IS...</p> <p>AIDS Awareness Month Art & Architecture Month Bingo's Birthday Month Car Donation Month Egg Nog Month Fruit Cake Month Learn a Foreign Language Month National Pear Month National Tie Month No Gender December</p> <p>Operation Santa Paws (1-24) Read a New Book Month Root Vegetables & Exotic Fruits Month Safe Toys & Gifts Month Spiritual Literacy Month Stress-Free Family Holidays Month Universal Human Rights Month Worldwide Food Service Safety Month Write A Business Plan Month Write A Friend Month</p>		<p>MENU ALTERNATIVES</p> <p>Hamburger Chicken Salad Plain Omelet Fruit & Cottage Cheese Platter Assorted Sandwiches including Tuna Salad, Turkey, Ham, Peanut Butter & Jelly Grilled Chicken Breast</p>

DINING HOURS Breakfast: 8:00 to 9:30 a.m. / Lunch: 12:00 to 1:30 p.m. / Dinner: 5:00 to 6:30 p.m.

Menu subject to change.
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