

December 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		BREAKFAST Oatmeal, Fresh Baked Muffin Eggs Any Style, Meat and Fruit LUNCH Zucchini Cilantro Soup Chef's Salad Ham, Turkey, Cheese, Hard Boiled Egg Lettuce, Tomatoes, Wheat Roll Chocolate Éclair DINNER Corn Chowder Beef Bourguignon Mashed Potatoes Peas & Carrots Orange Cake	BREAKFAST Oatmeal, Pancakes, Eggs Any Style, Meat and Fruit LUNCH Cabbage Soup Orange Chicken Rice with Stir Fry Vegetables Fruit Jell-O DINNER Minestrone Pan Seared Atlantic Salmon Orzo Pasta Sautéed Green Beans Warm Apple Cobbler	BREAKFAST Oatmeal, French Toast Eggs Any Style, Meat and Fruit LUNCH Cream of Spinach Hawaiian Meatballs Steamed Rice Broccoli Macadamia Cookies DINNER Split Pea Chicken Cordon Belu Lemon Rice Blended Italian Vegetables Assorted Desserts	BREAKFAST Oatmeal, Assorted Danish Eggs Any Style, Meat and Fruit LUNCH Matzo Ball Soup Cheese Blintz Apple Sauce, Sour Cream Small Side Salad Peaches and Cream DINNER White Bean Soup Roasted Chicken Quarters Steamed Couscous with Butternut Squash Wild Cherry Cake	BREAKFAST Oatmeal, Coffee Cake Eggs Any Style, Meat and Fruit LUNCH Cream of Cauliflower Egg Salad Croissant Tossed Tomato- Onion Salad Fruit Cup DINNER French Onion Soup Beef Goulash Egg Noodle Blended Vegetables Fruit Jell-O
BREAKFAST Oatmeal, Bagel Blast Eggs Any Style, Choice of Meat & Fruit LUNCH Tomato Basil Soup Grilled Cheese sandwich Garlic Fries, Three Beans Salad Berry Sundae Strawberries DINNER Mushroom Barley Lamb Stew Roasted Yukon Potatoes Winter Mix Vegetables Pineapple Cake	BREAKFAST Oatmeal, Waffles Eggs Any Style, Meat and Fruit LUNCH Tortilla Soup Beef Soft Tacos, Spanish Rice, Beans Pico de Gallo Caramel Flan DINNER Seafood Bisque Grilled Lemon pepper White Fish Au Gratin Potatoes Sautéed Zucchini & Squash Assorted Desserts	BREAKFAST Oatmeal, Banana Muffin Eggs Any Style, Meat and Fruit LUNCH Chef's Soup Chicken Caesar Salad Rosemary Bread Peaches & Cream DINNER Italian Wedding Soup Eggplant Casserole Steamed Couscous sautéed Peppers & onions Carrot Cake	BREAKFAST Oatmeal, Pancakes Eggs Any Style, Meat and Fruit LUNCH Mushroom Barley French Dip Sandwich with Horseradish Lyonnais Potatoes Vanilla Chocolate Mousse DINNER Chef's Soup Pulled BBQ Pork Texas Smokey Mac & Cheese Red Cabbage Slaw Pineapple Upside down Cake	BREAKFAST Oatmeal, French Toast Eggs Any Style, Meat and Fruit LUNCH New Orleans Gumbo Soup Fish & Chips Home Fries and Slaw Fruit Jell-O DINNER Soup Du Jour Braised Pot Roast Brown Rice with Steamed Squash Jelly Doughnuts Hanukkah Begins	BREAKFAST Oatmeal, Assorted Danish Eggs Any Style, Meat and Fruit LUNCH Matzo Ball Soup Egg Salad Croissant Sandwich Three Bean Salad, Fresh Fruit Coffee Cake DINNER Far East Vegetable Soup Cornish Hen Winter Mixed Vegetables Au Gratin Potatoes Mango Sorbet	BREAKFAST Oatmeal, Coffee Cake Eggs Any Style, Meat and Fruit LUNCH Tortilla Soup Soft Fish Tacos Rice, Beans, Salsa Banana Cream Pie DINNER Cream of Corn Beef Stew with Vegetables Mashed Redskin Potatoes Pound Cake
BREAKFAST Oatmeal, Bagel Blast, Eggs Any Style, Choice of Meat & Fruit LUNCH Garden Vegetable Egg Salad Croissant Garden Salad Berry Sundae Strawberries DINNER Tomato Bisque Corned Beef and Cabbage German Potato Salad Red Velvet Cake	BREAKFAST Oatmeal, Waffles Eggs Any Style, Meat and Fruit LUNCH Lentil Soup Tuna Melt Sandwich Side Salad with Toast Pie of the Day DINNER Cream of Vegetable Chicken Carbonara Creamy Pasta Mixed Vegetables Orange Muffin	BREAKFAST Oatmeal, Fresh Baked Muffin Eggs Any Style, Meat and Fruit LUNCH Italian Wedding Soup Cobb Salad Flatbread Chocolate Mint Ice Cream DINNER Gumbo Seafood BBQ Baby Back Ribs Corn on the Cob Baked Beans Banana Toffee Cake	BREAKFAST Oatmeal, Pancakes Eggs Any Style, Meat and Fruit LUNCH Vegetable Barley Chili Con Carne Corn Bread Baked Potato with Sour Cream and Chives Assorted Cookies and Fruits DINNER Italian Wedding Soup Veal marsala Noodles, Zucchini Bread Spinach with Tomatoes Fruit Jell-O	BREAKFAST Oatmeal, French Toast Eggs Any Style, Meat and Fruit LUNCH Cream of Broccoli Cobb Salad Wheat Roll Fresh Fruit DINNER Split Pea Baked Apple Pork Loin Mashed Potato with Gravy Brussels Sprouts Mango Sorbet	BREAKFAST Oatmeal, Assorted Danish Eggs Any Style, Meat and Fruit LUNCH Matzo Ball Soup Crab Cakes Cole Slaw Fruit Sponge Cake DINNER Minestrone Roasted Rosemary Chicken Garden Rice California Mixed Vegetables Honey Cake	BREAKFAST Oatmeal, Coffee Cake Eggs Any Style, Meat and Fruit LUNCH Navy Bean Soup Salmon Caesar Salad Garlic Roll Fruit Cup DINNER Mushroom Bisque Meatball Marinara Side Pasta with Garlic Bread Steamed Bok Choy Assorted Desserts
BREAKFAST Oatmeal, Bagel Blast Eggs Any Style, Choice of Meat & Fruit LUNCH Garden Vegetable Vegetable Pizza Garden Salad Carrot Raisin Slaw Berry Sundae Strawberries DINNER Garden Vegetable Soup Dry Rubbed Pork Chops Au Gratin Potatoes Vegetable Mix Cake of the Day	BREAKFAST Oatmeal, Waffles Eggs Any Style, Meat and Fruit LUNCH Chef's Soup Creamy Ravioli Ratatouille Vegetables Wheat Roll DINNER Cabbage Soup Beef & Broccoli Stir Fry Vegetables Steamed White Rice Peach Cobbler Winter Begins	BREAKFAST Oatmeal, Muffin Eggs Any Style, Meat and Fruit LUNCH Chef's Soup Tuna salad Plate Fried Zucchini Sticks Small Beet-Onion Salad Coffee Cake DINNER Navy Bean Soup Cream of Butternut Squash Glazed Cornish Hen Wild Rice with Cranberries sautéed Vegetables Assorted Desserts	BREAKFAST Oatmeal, Pancakes Eggs Any Style, Meat and Fruit LUNCH Cream of Broccoli Grilled Vegetables & Turkey wrap Small Salad Chef's Cake DINNER Navy Bean Soup Baked Trout with Mastered -Wine Sauce Yukon Potatoes Brussels Sprouts Wild Cherry Cake	BREAKFAST Oatmeal, French Toast Eggs Any Style, Meat and Fruit LUNCH Minestrone Teriyaki Chicken Egg Noodle Stir Fry Vegetables Lemon Bars DINNER Black Pea Soup Baked Salmon with Spinach Baked Sweet Potatoes Green Beans Casserole Pecan Pie	BREAKFAST Oatmeal, Assorted Danish Eggs Any Style, Meat and Fruit LUNCH Matzo Ball Soup Apple Salad with Candied Walnuts & Cranberries and Grilled Chicken Fruit Cup DINNER Chef's Soup Prime Rib and Mashed Garlic Potatoes Steamed Root Vegetable Marble Cake Christmas	BREAKFAST Oatmeal, Coffee cake, Eggs Choice of Meat and Fruit LUNCH Turkey Noodle Soup Chicken Pasta Alfredo Rosemary Bread, Garden Salad Berry Fruit Salad DINNER Vegetable Soup Classic Meatloaf Steamed Brown Rice Sautéed mixed Vegetables Assorted Desserts
BREAKFAST Oatmeal, Bagel Blast Eggs Any Style, Choice of Meat & Fruit LUNCH Split Pea Egg Salad Croissant Sandwich Marinated Three Bean Salad Berry Sundae Strawberries DINNER Cream of Spinach Soup BBQ Chicken and Rice Honey Roasted Brussels Sprouts Chocolate Cake	BREAKFAST Oatmeal, Waffles Eggs Any Style, Meat and Fruit LUNCH Garden Vegetables Blue Cheese Hamburger Lettuce, Tomato, Onion with BBQ Sauce French Fries Fruit DINNER Navy Bean Soup Grilled Barramundi, Grilled Vegetables Roasted Yukon Potatoes Sorbet	BREAKFAST Oatmeal, French Toast Egg any Style, Meat and Fruit LUNCH Italian Wedding Soup Chicken and Vegetable Fajitas Rice, Beans and Salsa Caramel Flan DINNER Chef's Soup Lamb Stew Mashed Garlic Potatoes with Gravy Winter Mixed Vegetables Carrot Cake	BREAKFAST Oatmeal, Blueberry Pancake Egg any Style, Meat and Fruit LUNCH White Bean Soup Fish and Chips Coleslaw Fruit DINNER Tomato Rice Soup Spaghetti with Meat Sauce Garlic Bread Broccoli and Cauliflower Assorted Desserts	BREAKFAST Oatmeal, Muffin Egg any Style, Meat and Fruit LUNCH Chef's Soup Baked White Fish Orzo Pasta Rice Pudding DINNER Mushroom Barley Prime Rib Au Jus Baked Potatoes & Brussel Sprouts Cheese Cake New Year's Eve		

Happy Holidays!