

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	BREAKFAST Oatmeal, Waffles Eggs Any Style, Meat and Fruit Coffee and Tea LUNCH Tortilla Soup Beef Soft Tacos Spanish Rice, Beans, Salsa Caramel Flan DINNER Seafood Bisque Grilled Lemon pepper White Fish Au Gratin Potatoes Sautéed Zucchini & Squash Assorted Dessert	BREAKFAST Oatmeal, Fresh Baked Muffin Eggs Any Style, Meat and Fruit Coffee and Tea LUNCH Cabbage Soup Stir Fry Teriyaki Chicken Noodles with Stir Fry Vegetable Chef's Dessert DINNER Corn Chowder, Beef Bourguignon Mashed Potatoes, Peas & Carrots Orange Cake Groundhog Day	BREAKFAST Oatmeal, Pancakes, Eggs Any Style, Meat and Fruit Coffee and Tea LUNCH Garden Vegetable Corned Beef Reuben Sauerkraut Fruit DINNER Minestrone Pan Seared Atlantic Salmon Orzo Pasta Sautéed Green Beans Warm Apple Cobbler	BREAKFAST Oatmeal, French Toast Eggs Any Style, Meat and Fruit Coffee and Tea LUNCH Cream of Spinach Hawaiian Meatballs Steamed Rice, Broccoli Macadamia Nut Cookies DINNER Split Pea Chicken Cordon Belu Lemon Rice, Blended Italian Vegetables Assorted Desserts	BREAKFAST Oatmeal, Assorted Danish Eggs Any Style, Meat and Fruit Coffee and Tea LUNCH Matzo Ball Cheese Blintz Apple Sauce, Sour Cream, Small Side Salad, Peaches and Cream DINNER Chef's Soup Roasted Chicken Quarters, Steamed Couscous with Butternut Squash Wild Cherry Cake	BREAKFAST Oatmeal, Coffee Cake Eggs Any Style, Meat and Fruit Coffee and Tea LUNCH Chicken Noodle Egg Salad Croissant Tossed Tomato & Onion Salad Fresh Fruit Cup DINNER French Onion Soup Beef Burgundy Egg Noodle Blended Vegetables Sponge Cake
BREAKFAST Oatmeal, Bagel Blast Eggs Any Style, Choice of Meat & Fruit Coffee and Tea LUNCH Tomato Basil Grilled Cheese Sandwich, Garlic Fries, Three Bean Salad Berry Sundae with Strawberries DINNER Mushroom Barley Lamb Stew Roasted Yukon Potatoes, Winter Mixed Vegetables Pineapple Cake	BREAKFAST Oatmeal, Waffles Eggs Any Style, Meat and Fruit Coffee and Tea LUNCH Lentil Soup Tuna Melt Sandwich Side Arugula Salad with Toast Pie of the Day DINNER Cream of Vegetable BBQ Meatloaf Creamy Mashed Potatoes Green Beans Casserole Chocolate Cake	BREAKFAST Oatmeal, Banana Muffin Eggs Any Style, Meat and Fruit Coffee and Tea LUNCH Chef's Soup Chicken Caesar Salad Rosemary Bread Peaches and Cream DINNER Italian Wedding Soup Eggplant Parmesan with Garlic Bread Baked White Fish Sautéed Peppers & Onions Rice Pudding	BREAKFAST Oatmeal, Pancakes Eggs Any Style, Meat and Fruit Coffee and Tea LUNCH White Bean Soup French Dip Sandwich Horseradish Lyonnaise Potatoes Sautéed Onion and Peppers Vanilla & Chocolate Mousse DINNER Okra Gumbo Soup Pulled BBQ Pork, Texas Smokey Mac & Cheese, Red Cabbage Slaw Assorted Ice Cream	BREAKFAST Oatmeal, French Toast Eggs Any Style, Meat and Fruit Coffee and Tea LUNCH Cream of Carrot Fish & Chips Home Fries and Slaw Small Salad Fruit Cup DINNER Soup Du Jour Braised Pot Roast Brown Rice with Steamed Squash Chocolate Éclair	BREAKFAST Oatmeal, Assorted Danish Eggs Any Style, Meat and Fruit Coffee and Tea LUNCH Matzo Ball Soy Glazed Chicken with Ginger Rice, Steamed Bok Choy Cake DINNER Egg Drop Noodle Soup Teriyaki Salmon with Steamed Cabbage Lo Mein Noodles , Dessert Chinese New Year (Year of the Ox)	BREAKFAST Oatmeal, Coffee Cake Eggs Any Style, Meat and Fruit Coffee and Tea LUNCH Tortilla Soup Soft Fish Tacos Rice, Beans, Salsa Banana Cream Pie DINNER Orzo Vegetable Soup Beef Stew with Vegetables Mashed Potatoes Steamed Broccoli and Cauliflower Peach Cobbler
BREAKFAST Oatmeal, Bagel Blast, Eggs Any Style, Choice of Meat & Fruit Coffee and Tea LUNCH Garden Vegetable Tuna Melt on Rye Arugula Tomato Salad Fresh Fruit DINNER Tomato Bisque Prime Rib, Baked Potato, Sour Cream Asparagus, Red Velvet Cake Valentine's Day	BREAKFAST Oatmeal, Waffles Eggs Any Style, Meat and Fruit Coffee and Tea LUNCH Chef's Soup Hamburgers & Hot Dogs German Potato Salad, Coleslaw Chocolate Cake DINNER Cream of Corn Turkey Pot Pie, Mashed Potato, Peas & Carrot Blueberry Cobbler Presidents' Day	BREAKFAST Oatmeal, Fresh Baked Muffin Eggs Any Style, Meat and Fruit Coffee and Tea LUNCH Bean Soup Crab Cakes, Small side Rice Jambalaya King Cake Roll DINNER Gumbo Seafood Braised Beef Brisket Wiled Rice with Green Beans Banana Toffee Cake Mardi Gras	BREAKFAST Oatmeal, Pancakes Eggs Any Style, Meat and Fruit Coffee and Tea LUNCH Vegetable Barley Chili Con Carne, Corn Bread, Baked Potato with Sour Cream and Chives Assorted Cookies DINNER Italian Wedding Soup, Veal marsala Noodles, Zucchini Bread Spinach with Tomatoes Fruit Jell-O	BREAKFAST Oatmeal, French Toast Eggs Any Style, Meat and Fruit Coffee and Tea LUNCH Cream of Broccoli Cobb Salad Wheat Roll Fresh Fruit DINNER Cilantro & Zucchini Soup Stuffed Cabbage Garden Rice Glazed Carrots Pineapple up side down Cake	BREAKFAST Oatmeal, Assorted Danish Eggs Any Style, Meat and Fruit Coffee and Tea LUNCH Matzo Ball Soup Blue Cheese BBQ Burger Garlic Fries Carrot Slaw Cherry Pie DINNER Minestrone, Roasted Rosemary Chicken Garden Rice, California Mixed Vegetable Honey Cake	BREAKFAST Oatmeal, Coffee Cake Eggs Any Style, Meat and Fruit Coffee and Tea LUNCH Zucchini Soup Alfredo Pasta Green Salad Garlic Roll, Fruit Cup DINNER Mushroom Bisque Meatball Marinara Side Pasta with Garlic Bread Steamed Broccolini Assorted Desserts
BREAKFAST Oatmeal, Bagel Blast Eggs Any Style, Choice of Meat & Fruit Coffee and Tea LUNCH Tomato Basil Vegetable & Cheese Pizza Garden Salad, Carrot Raisin Slaw Berry Sundae with Strawberries DINNER Seafood Bisque Dry Rubbed Pork Chops Au Gratin Potatoes Roasted Brussels Sprouts Carrot Cake	BREAKFAST Oatmeal, Waffles Eggs Any Style, Meat and Fruit Coffee and Tea LUNCH Tortilla Soup Chicken Tostadas Tortilla, Avocado, Salsa, Cheese Spanish Cilantro Rice Churros DINNER Butternut Squash BBQ baby Back Ribs Baked Beans, Corn on the Cob Three layer Chocolate Cake	BREAKFAST Oatmeal, Muffin Eggs Any Style, Meat and Fruit Coffee and Tea LUNCH Chef's Soup Tuna Salad Plate, Fried Zucchini Sticks Hawaiian Roll Marble-Lemon Cake DINNER Cream of Butternut Squash, Glazed Cornish Hen, Wild Rice with Cranberries, Steamed Root Vegetables Banana Split	BREAKFAST Oatmeal, Pancakes Eggs Any Style, Meat and Fruit Coffee and Tea LUNCH Cabbage Celery Shrimp Lo Mein Asian Noodle, Stir Fry blended Vegetables Strawberry Ice Cream DINNER Navy Bean Soup Baked Trout with Mastered-Wine Sauce Yukon Potatoes Steamed Cauliflower Assorted Pudding	BREAKFAST Oatmeal, French Toast Eggs Any Style, Meat and Fruit Coffee and Tea LUNCH Minestrone, Teriyaki Chicken Egg Noodle, Stir Fry Vegetables Lemon Bars DINNER Lentil Sausage , Baked White Fish with Spinach, Baked Sweet Potatoes, Green Bean Casserole, Pecan Pie Purim Begins	BREAKFAST Oatmeal, Assorted Danish Eggs Any Style, Meat and Fruit Coffee and Tea LUNCH Matzo Ball Cheese Blintz Apple Sauce/ Sour Cream Small Salad & Dessert DINNER Chef's Soup Braised Leg of Lamb Collard Greens Mashed Garlic Potatoes Mint Ice Cream	BREAKFAST Oatmeal, Coffee cake, Eggs Choice of Meat and Fruit Coffee and tea LUNCH Turkey Noodle Soup Chicken Pasta Alfredo, Garden Salad Rosemary Bread DINNER Vegetable Soup Classic Meatloaf Steamed Brown Rice Peas and Carrots Assorted Cupcakes
BREAKFAST Oatmeal, Bagel Blast Eggs Any Style, Choice of Meat & Fruit Coffee and Tea LUNCH Cream of Mushroom Salmon Caesar Salad Wheat Roll Orange Muffin with Fresh Fruit DINNER Curry Lentil Chicken Kabob with Saffron Rice Grilled Bell Peppers, Eggplant and Onions Lemon Meringue	 <h1>February 2021</h1> <p>HAPPY VALENTINE'S DAY.</p>					