

## — INTERNATIONAL — EARTH DAY 22 APRIL

April 2020 Newsletter

[cityview.care](http://cityview.care)

### A Message from Rosie Julinek, Executive Director

Happy April Everyone! .



There is so much going on these days, both positive and negative. One of the unexpected negatives is the Coronavirus Pandemic that we are going through. It has had serious effects on where we are allowed to go and what we are allowed to do. However, it also has a silver lining in that we have been able to come together and work to prevent the illness from spreading within our community. Our staff is realizing the importance of their work in keeping our residents and fellow staff members safe. Residents and staff are becoming very ingenious with ideas to keep activities going despite our six foot social distance barrier. Despite the trials, we are surviving in the midst of the growing pandemic!

I don't want the pandemic to overshadow the fun parts of April, because there are many important holidays to celebrate this month. From religious celebrations such as Easter and Passover, to environmental awareness days like Earth Day and Arbor Day, to just plain fun holidays like April Fools Day, World Art Day, Poetry Month, we will be trying to celebrate them all! The way we celebrate may look very different this year, but it is just a reminder that we celebrate the meaning of the holidays, not all the trappings that come along with them.

An important April holiday for me is Earth Day. As a child, I recall my elementary school teacher asking the class what Earth Day meant to us. In my child's mind, I equated it to celebrating Earth's birthday. Nowadays, I realize the real struggle we have to actually treat our earth well! Too often we take the easy route of throwing away recyclables in landfills, leaving lights on and water running, and driving a half mile to the gym. In thinking about how to steward the Earth well, it comes down to each of us taking responsibility for ourselves and how we affect the environment. As Voltaire says, "no snowflake in an avalanche ever feels responsible," yet where would the avalanche be without each snowflake? In the same way, our individual and seemingly small habits can combine to have a powerful effect if we focus on each of our small ways to conserve the environment. We can use the time that we are restricted from enjoying our outside environment to think about our world and how beautiful it is and what actions we can take to help protect it for generations to come.

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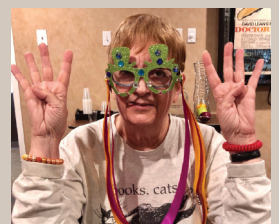
### CityView Snapshots



*Jaye is showing off her handmade Mardi Gras mask!*



*Genesis and Gladys are letting the good times roll with Mardi Gras mask creativity!*



*Tlene is wild about her signature creation!*



## Resident of the Month Ilene C.

Ilene was born in Rochester, NY, alongside her brother Ron. She is close to her cousins Larry and Arlene, as well as her dog named Chipper (featured in her picture). She went to college at CSUN, and achieved her B.A. in English, and then went on to USC to achieve her Masters Degree in Library Science. She enjoyed working in her career as a Children’s Librarian for almost 38 years at the Santa Monica Public Library. Her specialty was storytelling, within which she used her talents in puppeteering and ventriloquism to brighten kids’ days. Her philosophy in life comes from the recitation everyone speaks after reading each book of the torah: “Be strong, be strong, and let us strengthen one another.”

## Birthdays this Month

### Resident Birthdays

Rhonda M.	4/9
Wilhelm H.	4/23
Cheri R.	4/17



Friday, April 24

Arbor Day is an annual observance that celebrates the role of trees in our lives and promotes tree planting and care. Here at City View, we will be celebrating the role of trees in our lives slightly differently this year. Residents and staff members will come together to create a gratitude tree this month, encourage kindness, motivation, and highlighting contributions of individuals from big to small. We will be designing a paper tree on the wall at the beginning of the month, and throughout the month will invite associates, residents, and visitors to write appreciative notes on the “leaves” of appreciation. Together we will work to overcome the negativity of the pandemic with the positivity in our community!



This year Easter takes place on Sunday, April 12th. Easter has special religious significance for those of the Christian faith, commemorating the death and resurrection of Jesus Christ, as well as the forgiveness of sins and hope of eternal life through relationship with Jesus. However, it is also celebrated secularly, with bunnies, eggs, and flowers symbolizing new life and rebirth. For those that honor the Christian faith, we will live stream a celebratory service rejoicing in the Easter message and singing classic hymns.

### Religious Services and Study

Shabbat Services - Friday at 6:30 p.m.  
Bible Study - Saturdays at 1:30 p.m.

# April is Environmental Awareness Month

This April CityView will be observing “Environmental Awareness Month” to celebrate our commitment to environmental awareness. Friday, April 22, is Earth Day, where everyone across the world will celebrate earth and our responsibility toward it.

While promoting environmental initiatives such as recycling and reusing items, we will highlight the accomplishments of various environmentalists all around the world. From people that create art with recycled materials, to musicians that compose lyrics and music emphasizing environmental awareness, to famous inventions that have helped the world become more environmentally friendly, we will explore their contributions and even contribute some of our own this month!

Here are five ideas to show you how you can decrease your environmental footprint!

1. **Walk or Bike**  
*instead of Drive on Weekends*
2. **Recycle**  
*Your Paper and Bottled Goods*
3. *Invest in a*  
**Reusable Coffee Cup**
4. *Always*  
**Turn Off Electronics** *Not in Use*
5. *Bring Your Own*  
**Reusable Grocery Bags**



**PLANT  
MORE  
TREES**

## Meet our new Wellness Director Joseph Bautista



Let's give a warm welcome to our new Wellness Director: Joseph Bautista! He

received his Licensed Vocational Nursing Degree (LVN) from National Career College in 2017. As a nurse, he loves getting to meet people from diverse backgrounds, ages, and walks of life. Both the nursing staff he works alongside, as well as the residents they serve, are more than just a job to him. They are incredibly interesting people that he enjoys interacting with, which makes his job more like an enjoyable hobby.

Joseph originally grew up in the Philippines, and moved to the United States in 2003. Before going to college to earn his degree as a nurse, Joseph spent eight years serving in the U.S. military. He is married to his best friend, Elaine, and together they have three boys: Joshua, Jericho, and Keith. He is an open book and can't wait to get to know everyone.

He has found it surprising that he just started serving as City View's Wellness Director when an international pandemic rose to the fore and has turned life upside down for a lot of places. However, he is prepared and handling the responsibility of communicating necessary information, enacting preventative measures, and committing to sanitation practices. If anyone has any questions, feel free to reach out to [wellness@cityview.care](mailto:wellness@cityview.care). Be safe out there!

CityView to  
**Live Stream**  
**Seder Service**

Thursday,  
April 9th  
evening



Over the past 3,000 years, Passover has endured as the most celebrated and widely observed holiday in the Jewish tradition. Passover commemorates the seminal event in Jewish history — the story of the Exodus which led to the birth of the Jewish nation, Israel. In addition, the most basic and fundamental principles found in Judaism— faith, prayer, deliverance, freedom, and service to God — are woven into this timeless story.

The week of Passover begins the evening of Wednesday, April 8th, and ends the evening of Thursday, April 16th. For those that honor the Jewish faith, we will live stream a Seder service the evening of the 9th rejoicing in the Passover message and offer seder plates with ingredients to participate.

## Employee of the month **Lupe Flores**



Lupe was chosen as the City View Employee of the Month due to her positive attitude and commitment to our community as a Caregiver! Her CNA background helps her provide amazing care to our residents, and her welcoming smile makes her a friend to everyone. She loves that her job allows her to help people in need and bring joy and laughter to their days. We appreciate all your hard work, Lupe!

Lupe grew up in Whittier, California, and loves spending time with her family. She has a daughter, Samantha, that she is raising to be a strong individual. She loves to relax through shopping, scrapbooking, getting manicures; and other enjoyable opportunities. Her philosophy in life is to always mean it when you say, "I love you" - you will never regret it.

### *Message from the Executive Director (cont.)*

Throughout April, we will continue to serve and protect our community, and work to maintain an enjoyable atmosphere despite the difficulties that the pandemic has caused. We will focus on the good, and be grateful that our community is safe and healthy right now.

*Stay safe out there!*

Rosie Julinek

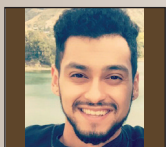
## Our Staff



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